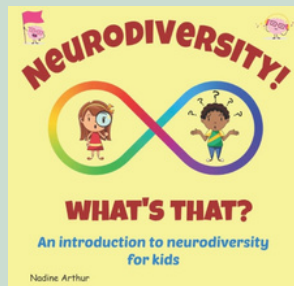
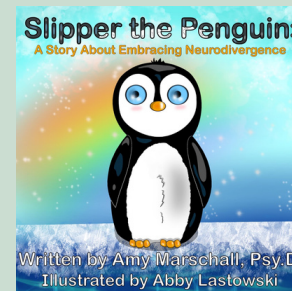




Tip of the week

Neuro-affirming ND picture books



My growing collection





Tip of the week

Neuro-affirming ND picture books

- **My mummy is autistic-** Written by Heath Grace and Joanna Grace
- **Slipper the Penguin-** Written by Amy Marschall, Psy.D.
Illustrated by Abby Lastowski
- **Neurodiversity- What's that?-** Written by Nadine Arthur
- **I am the rainbow-** Written by Alice McSweeney

All neurodivergent Authors





Tip of the week

Neuro-affirming
_picture books

**“What are your favourite
autistic picture books?”**

(Add your favourites in the
comments below)





Tip of the week

To do lists





To do lists

- ★ Can be used for routines, job/chore lists etc.
- ★ These to do lists are small and light.
- ★ The board can also been hung up on the wall.
- ★ You are able to write and re-write what ever you would like on them.





To do lists

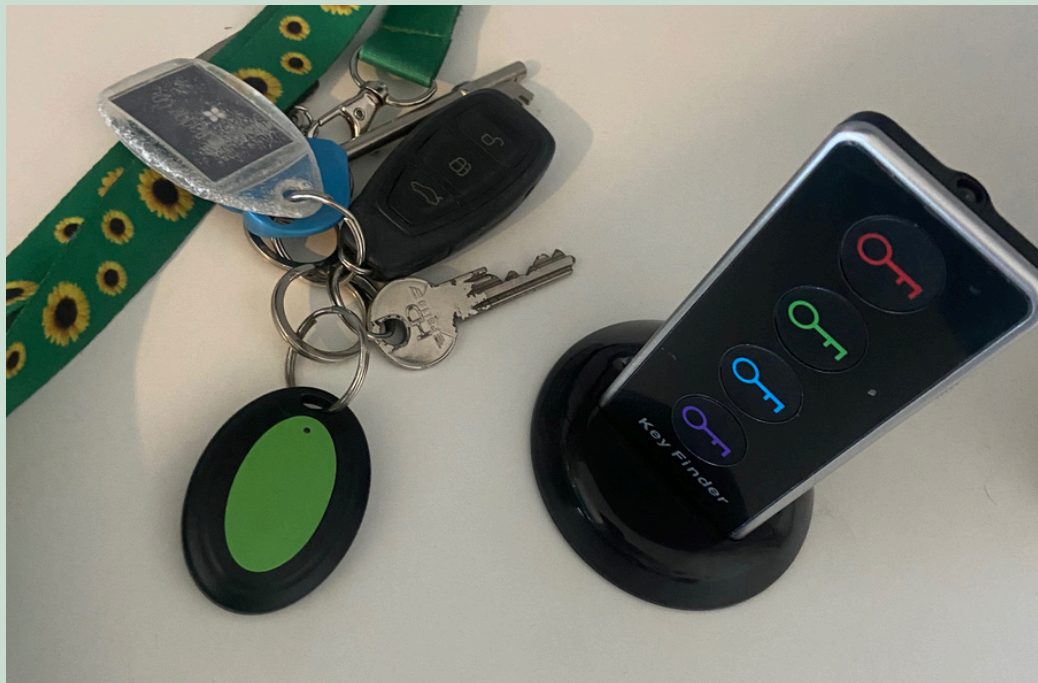
- ★ They are nice pastel colours and come as a set of 4.
- ★ You are able to slide the buttons from ✗ to reveal ☒
- ★ They come with multiple refillable cards to update the list.
- 👉 Available to buy on Amazon! 👉





Tip of the week

Key alarm





Tip of the week

Key alarm

- ★ Wish you could call your missing keys?
- ★ Powered by battery's you can call different sets of keys with this gadget!
- ★ Once the alarm fobs are on the key rings press the button on the remote and an alarm sounds and the fob flashes.





Tip of the week

Key alarm

★ When the batteries are getting low the key fob flashes red for about 48 hours.

★ Warning: Do not be like me and keep saying to yourself you will “change the batteries later” and forget to change them. You will then not be able to call your keys 😊.

👉 Available on Amazon 👉





Tip of the week

Ear loops





Tip of the week

Ear loops

★ Comfortable to wear, come in various colours, very discreet.

★ I found they block out the same amount of sound as ear defenders.





Tip of the week

Ear loops

★ There are different types of sound cancelling loops, depending on the effect you are looking for and the environments your wearing them in.

★ Sizes both for adults and kids (comes with an array of different sized ear buds for the right fit).





Tip of the week

Autism support cards

Autism support card

Name:

Emergency contact:

Information about autism:.....

.....

How to support me:.....

.....





Tip of the week

Autism support cards

★ When buying resources have a look and see what neurodivergent ran buisness sell the items your looking for. “Made by autistics” and “Made by Neurodivergents” Marketplace & community groups are great for this!

★ Viv Dawes Autistic Advocate has Autism support and Autistic burnout cards available on there website.

Links to these in comments 📌

