OCTOBER 2024



10-3 Lily Miller

If your Birthday or Anniversary is missing, incorrect, or if you do not wish to have it posted in the Newsletter please contact the UCPC Office.

Contents

- 1. Pastor's Note, Birthday
- Pastor's Note cont.; Building and Grounds Update; Women's Bible Study
- 3. Calendar
- Presbytery and Boundaries Training information
- 5. Fall events; Shout out
- 6. September Session Minutes
- Session Minutes, cont.; Jelly; Hours
- 8. Peace and Global Witness offering information
- 9. Misc.
- 10. Contacts



UCPC Community Care Line

"We invite all to faith in Jesus Christ and growth in Discipleship through Word, Prayer, and Service."

A Note from the Pastor

Church Words Unpacked—2nd Edition World Communion Sunday – The Tableware Explored

I told myself I wasn't going to do two months back-to-back of definitions and unpacking churchy words. But with World Communion Sunday and a Presbytery Communion Service coming up this month, I thought it might be helpful (or at least interesting) to explore some of the churchy words that surround Holy Communion.

So first up, why do we sometimes call it "**the Eucharist**"? "Eukharistia" is a Greek word still in use today. When I lived there it was the coolest thing every day to use a version of this word multiple times in everyday conversation and be reminded of it's connection to worship. The pre-fix "eu" means "well (or good)" and "charis" means "grace" or "thank" so when we are celebrating "the Eucharist" we are literally practicing a way of "giving thanks *well*." In Greece today, they still use this word to say thank you. ευχαριστώ (eucharisto, pronounced "ev-har-ee-STOW") is Greek for "I thank [you]." Ultimately what this boils down to is that the Eucharistic Meal is one of thanksgiving to God for what Christ did on the Cross, and we receive this gift of God *well*, by surrounding it with rituals and symbols that honor the significance of what Christ did.

One of the ways we honor this gift which we give thanks for in the Eucharist, is by not just using any ol' plate and cup to hold the Elements (the Bread and Wine/Juice) of Christ's Body and Blood. Instead, we use what are called a Paten and Chalice, accompanied by a Pall, Decanter, and Corporal.

The word "**chalice**" comes from the Latin "calix" meaning "mug" and the Greek "kylix" meaning "cup." Chalices are supposed to only hold wine/juice, water, or a portion of the bread/body of Christ and *aren't* to be used for any common day uses. A fun fact about chalices: In the early and medieval church, when a deacon was ordained, they would be handed a chalice during the service as a sign of their ministry. I think this is pretty cool! Next time we ordain a deacon, we could hand them the chalice to hold during that service (and an elder, we could hand the Book of Order or something like that). The **Decanter or Flagon** (**FLAG-un**) is the pitcher-like vessel used to hold the wine/juice before it is poured into the chalice.

The chalice is covered by a **Pall**. You may know the term "pall" as the cloth that covers a coffin or urn during a funeral and internment service. A Funeral Pall is often — but not always — white to symbolize the white clothes worn during baptism and the joyful triumph over death brought about by Jesus' Resurrection. A Eucharistic Pall is a stiffened square card covered with white linen, usually embroidered with a cross. The purpose of this pall is to keep dust and insects from falling into the Eucharistic elements in a chalice. We use the term "pall" for this purpose because we presume that a pall covered the body of Jesus in the tomb, and so, we continue to cover Christ with a pall.

Similar to the chalice, the **paten**, is a simple saucer-like plate or a low bowl which is only to be used to hold the Bread/Body of Christ, nothing else.

Lastly, the **corporal** is the large rectangular white cloth the Deacons place upon the Communion Table before the chalice and paten are brought out when the Eucharist is celebrated. (The corporal is different than an "altar cloth" which is a piece of white linen that stays on the altar at all times to protect the altar from dust or harm, and is seen as a symbol for the shroud of Christ. Since Presbyterians – or at least UCPC – consider the table at the front of the Sanctuary to be more of a "Communion Table," rather than an altar, y'all don't have one of these. And that's okay!)

These pieces of worship: the chalice and pall, decanter, paten, and corporal have all been used for centuries by Christians around the world to honor *well* the gift from God which we give thanks for when we celebrate Holy Communion. This month especially, we lean into this connection with our siblings around the world as we partake of Christ's Body and Blood together, with intention and thanksgiving (or "eukharistia").

Grace and peace to you all!

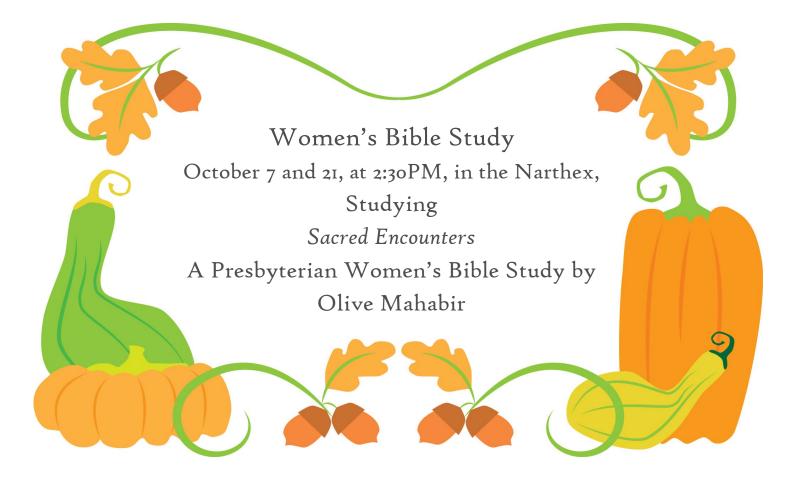
Pastor Erika



LET THERE BE LIGHT!!

Saturday, Sep-21, building stewards replaced over 50 lamps throughout the church complex.

Additionally, the breaker for the basement lift station was replaced and now both pumps are operational.









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 9:30am - 10:15am Adult Bible Study (FH) <u>10:30am - 11:30am Worship Service</u> (S) 2:00pm - 4:00pm Grace Church (S) 6:00pm - 7:00pm 12 Step (MR)	Charly (MR)	1 6:30am - 7:30am Men's Bible Study (N) 12:00pm - 6:00pm Cello Charly (MR) 6:30pm - 8:00pm Boy Scouts (CE) 6:30pm - 9:00pm Great Land Sounds (MR) 8:00pm - 10:00pm 12 Step AA (L)	2 11:00am - 5:00pm Laurie Long (HS) 12:00pm - 6:00pm Cello Charly (MR) 5:30pm - 6:45pm Choir Practice (MR) 6:00pm - 7:00pm Girl Scouts (L) 6:00pm - 9:00pm Red Hackle Pipe Band (CE)	3 11:00am - 4:30pm Cello Charty (MR) 5:30pm - 6:30pm 12 Step (HS) 5:30pm - 7:00pm Deacons Meeting (CR) 6:00pm - 9:30pm Grace Church (MR & FH Classrooms) 6:30pm - 9:00pm Sweet Adelines (CE Basement)	4 2:00pm - 4:00pm Four Winds (MR) 6:30pm - 9:30pm Grace Church (MR) 8:00pm - 10:00pm 12 Step NA (L)	5 1:00pm - 4:00pm D & D (FH Classroom)
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13 9:30am - 10:15am Adult Bible Study (FH) 10:30am - <u>11:30am Worship Service</u> (S) 1:00pm - 5:00pm PRESBYTERY - Native Ministries - SL 2:00pm - 4:00pm Grace Church (S) 6:00pm - 7:00pm 12 Step (MR)	Charly (MR) 5:15pm Finance (CR)	15 6:30am - 7:30am Men's Bible Study (N) 12:00pm - 6:00pm Cello Charly (MR) 6:30pm - 8:00pm Boy Scouts (CE) 6:30pm - 9:00pm Great Land Sounds (MR) 8:00pm - 10:00pm 12 Step AA (L)	12:00pm - 6:00pm Cello Charly (MR) 5:30pm - 6:45pm Choir Practice (MR)	FH Classrooms) 6:30pm Session (SL)	18 2:00pm - 4:00pm Four Winds (MR) 6:30pm - 9:30pm Grace Church (MR) 8:00pm - 10:00pm 12 Step NA (L)	19 11:00am - 1:00pm Grace Church (SL) 1:00pm - 4:00pm D & D (FH Classroom)
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Yukon Fresbytery Fall Meeting October 10 – 12, 2024

UCPC is the host church for the fall meeting of Yukon Presbytery. This is a time when pastors, elders, and others from the churches of the Presbytery get together for decision making, learning, and fellowship. Average attendance is 50 – 70 people with the majority coming from out of town.

We need YOUR HELP. We will need to house attendees, provide transportation, and feed people, including one meal, breakfast goodies, and snacks during the day. We will need help setting up (sanctuary, narthex, and fellowship hall), cleaning up, which includes daily checks on garbage cans and bathrooms. There will be other odds and ends of jobs that can be done as well if you don't have lots of time. New Hope Presbyterian Church and Korean Presbyterian Church will be helping with certain meals and housing as well.

Friday at 5:30 will be a worship service to which all are invited and encouraged to attend. This is a way to worship with other Presbyterians in our state.

Forms for helping will be available at the worship services or in the narthex for the next few weeks. If you have questions, contact Sarah Lanstra 378-3929 or Muffie Durst 907-251-6849 or 479-8191.



Special Opportunity—Boundaries Training

There will be a Boundaries Training for Fairbanks on the afternoon of Saturday, October 12th, from 1PM to 4PM. This training will take place after lunch at the end of the Presbytery meeting.

STAR (Standing Together Against Rape) will host/present the training on the topics of Sexual Misconduct and Preventing Child Sexual Abuse, as they did at the February Presbytery meeting in Anchorage.

The training is designed for Teaching Elders, Ruling Elders, Christian Educators, Youth Pastors, Sunday School Teachers, etc.—basically *anyone* in the congregation is welcome to attend.

Completing a "Boundaries Training" is required by the Book of Order *for all Teaching and Ruling Elders.* This will be a great opportunity to meet this requirement; please consider taking this training with other Presbyterian colleagues, as we work *together* to make our church safe and strong.

Fall Events

(Save the Dates!)

10/6-World Communion Sunday (Peace and Global Witness offering received)

- 10/6 Adult Bible Study starts for the year
- 10/10-12-Presbytery
- 10/11—Presbytery Communion Service, 5:30PM
- 10/12-Boundaries Training
- 10/21—Committee Reports DUE for inclusion in the Annual Report
- 10/27—Reformation Sunday
- 11/3—All Saints' Day; Annual Report available for review
- 11/10-Annual Congregational Meeting
- 11/24-Thanksgiving Potluck AND Ministry Faire
- 11/30-Decorate for Advent
- 12/1—First Sunday of Advent
- 12/8—Worship Service with Communion
- 12/24—Christmas Eve service—time(s) TBA

Some of these events have more information elsewhere in this newsletter, others will be explained further in the newsletter for the month they will occur.





SHOUT OUT

to Marji Illingworth For her faithful oversight of the Prayground!



September 19, 2024 at 6:30 pm, 2nd floor Student Lounge

Present: Rev. Erika Bergh, Doreen McNeill, Matthew Bierer, Joe Krizek, Jim Durst, Roger Smith, Pat Babcock, Paula Long.

Absent: None

Guests: Deacon President, Judy Fowler-Morris, Deacon Sarah Lanstra

Prayer: Moderator, Rev. Erika Bergh opened in prayer at 6:31 pm.

Scripture and Devotion: Pat Babcock let a devotion based on Psalm 18.

A quorum was declared

It was moved and seconded to adopt the Consent Agenda, consisting of the following items. Motion was AP-PROVED by Unanimous Consent.

- The docket
- Approve the Minutes of the August 2024 meeting of the Session
- Receipt of Written Reports:

Pastor	Interim Search Ad Hoc Committee
Deacons	Hospitality, Fellowship & Membership
Clerk of Session	Mission and Outreach
Building Stewards	Personnel
Faith Development	Nominating
Finance & Stewardship	Worship

Orders of the Day (7 p.m.)

Deacons' report. Judy reported that former Deacon president, Will Haight, safely moved to Colorado. Deacons have redistributed his care list to other deacons and added two families. Communion will be the first Sunday in October (World Communion Sunday). They are helping to plan the October Presbytery meeting, which will be held at UCPC. Deacons will help where needed, including possibility of helping some participants make it up the steps. Meals were taken to a member's home after her knew replacement. Deacons touched on health, joys, and needs and thanked the Elders for their work. Deacons were thanked for their wonderful work
 Comments from the Congregation – none were received.

Clerk's Report. In addition to the written report, Doreen discussed updates regarding Presbytery, and Sara helped to keep track of them. The presbytery schedule is being refined and revised, so food needs are also changing. Sarah reported that New Hope Presbyterian Church (PC) is providing Friday's lunch and Muffie has talked with New Hope and the Korean PC about providing some housing. Sign and electronics needs were discussed. Snacks, especially breakfast snacks, are needed throughout the meeting.

New Business:

Discussion of Committee Reports.

Finance: Roger will circulate the 2025 draft spending plan to committees and groups within UCPC to solicit input about whether their budgeted spending amounts are adequate so that the budget can be completed. **Mission Committee** motions:

- That 25% of the Peace & Global Witness Offering on World Communion Sunday goes to HopeLink, the Fairbanks warming center. Motion was APPROVED by unanimous consent.
 - That CP Lois Hildenbrand be allowed to sell jelly in the Narthex on October 20 and 27, with 100% of proceeds going to Christian Motorcyclists Association's <u>Run for the Son (RFS)</u>. It was moved and seconded to amend the motion to add "and during the Presbytery meeting on October 11 and 12". Amended motion was APPROVED by unanimous consent. RFS annually supports local motorcycle

missions (40%), the Jesus Film Project (20%), Global Relief Mission which helps persecuted Christians (20%), and Missionary Ventures which supports global rural pastors with transportation (20%).

To appoint a second person as UCPC's Red Cross Shelter contact person (Muffie Durst is the only contact person for UCPC). The motion was TABLED pending receipt of a bulleted list or brief statement that lists the duties. Session members will entertain/ consider names to be voted on at the October Session meeting. Roger will announce this need on Sunday during announcements.

It was moved and seconded that the proceeds from the October 11 Presbytery Worship Service offering will be given to Stone Soup Meals Program. Motion was APPROVED by unanimous consent.

Old Business

- General Assembly (GA) booklets explaining Proposed amendments to the Book of Order. Session approved to
 use these booklets. However, advice from General Assembly is that a better booklet is coming and should be
 used instead. Doreen will attend a meeting about this topic on September 30. Use of the booklets was TABLED
 until the next Session meeting, pending further information.
- Mission Study. **Matthew** will compile the large sheets from the last Mission Study Potluck and bring it to the October Session Meeting for review by the Session.
- Annual Meeting Planning for November 10.
- Joe will solicit volunteers for set-up.
- **Doreen** will compile reports into one document and work with Melissa to finalize it. Her plan is to send it to Dateline for photocopying and have the Annual Meeting Report ready for members by October 27.
- **Doreen** will alert the sound team of the date and that sound will be needed.
- **Pat** will work with the Fellowship committee to use the \$713.00 in the Fellowship fund to purchase food.
- Doreen and Pastor Erika will work on the docket. The docket will include Mission Study summaries and formation of a committee that will use those summaries to formulate, revise, update, or affirm UCPC's Mission and Vision statements.
- Everyone will help with cleanup.
- Pain/grief letting go service planning. Pastor Erika outlined plans for a grief/letting go of hurts service.
- Planning for Maternity Leave. The session discussed possible strategies while Pastor Erika is on maternity leave during February, March, and April. Needs include sermons, communion, day-to-day needs, Holy Week, session moderator, and consideration of an amount to pay pastors as an honorarium when they preach. An ad hoc committee was formed, consisting of chairs of Finance (Roger), Worship (Jim), and the Clerk (Doreen) to bring proposals to the full session. The committee will try to meet during the second half of October.

Meeting Schedule Next meetings:

October 3 at 5:30 pm: Deacons' Meeting – Paula Long October 17 at 6:30 pm: in-person regular Session meeting November 7: Deacon's meeting

November 10 after Worship: Annual Congregational Meeting & lunch in Fellowship Hall October Devotional and Elder of the Month: **Paula Long**

Adjourn. It was moved to ADJOURN at 8 Closing prayer

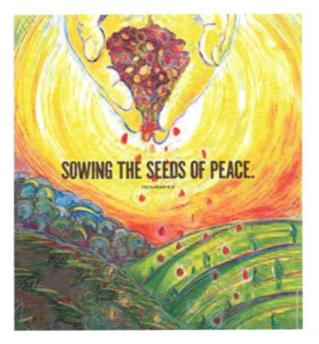


UCPC's Session has allowed CP Lois Hildenbrand to sell jelly in the Narthex on Oct. 11-12, 20 and 27, with 100% of the proceeds going to Christian Motorcyclists Association's Run for the Son (RFS). RFS gives 40% of its annual intake to local motorcycle missions; 20% benefits the Jesus Film Project; another 20% goes to Global Relief Mis-

sion which helps persecuted Christians; and the final 20% goes to Missionary Ventures, which supports rural pastors with transportation so they can make their circuits more frequently.

UCPC Fall Office Hours:

9-1 M-F



Peace and Global Witness Offering World Communion Sunday October 6, 2024

The prophet Zechariah casts a vision for peace. He shows forth a world where each person — old and young, all genders and races, people from north, south, east and west — lives without enmity, fear and destruction. In Zechariah's vision, there is "a sowing of peace" where the world is restored, made whole and abides in peace. People in Zechariah's prophecy bind themselves together in love for one another, imbued in them by God, where all people have dignity and worth.

Carmen Elena Diaz helps coordinate the Reformed Church of El Salvador's (IRCES) migrant ministry with deported and displaced people. Addressing the terror and pain of migrants in a country characterized by high rates of violence, political volatility, high unemployment and escalating poverty entails looking not only at immediate solutions but also at other root causes that have led so many in El Salvador to flee their homeland.

Joseph Russ, Presbyterian World Mission's coordinator for migration issues, advocacy and mission in the Northern Triangle of Central America, which includes El Salvador, Honduras and Guatemala, first came to El Salvador in 2016 as a young adult. Now he works in close partnership with Carmen and her colleagues and is dedicated to offering leadership training in nonviolence and investing in peacemaking to help reduce migration.

Through a shelter program for internally displaced people and returnees, run in collaboration with the International Red Cross Committee, IRCES reduced people's exposure to violence and poverty and helped them find stability amid difficult and even dangerous situations. In addition, through community farming programs, they support sustainable agriculture efforts for families, so they have healthier food as well as the opportunity to generate income.

This is just one of the programs where our money for Peace and Global Witness Offering is being spent. In addition, 25% of this offering goes to a local program of our choice. This year we have decided to help Fairbanks HopeLink, a new low barrier warming shelter program, get people out of the cold on our winter nights. Started last year, it has given people a safe, warm place where people are treated with respect. This keeps them from sleeping in doorways and out of the emergency room for cold related injuries. With a reliable place to stay warm, two people last year gave up their drinking, found a job, and were able to obtain housing.

Thank you for prayerfully considering giving to the Peace and Global Witness Offering this year.



Reformation Sunday is on October 27. Everyone is invited to wear RED to celebrate the holiday! This year, in discernment with Rev. Heather James (UCPC's Mission Study Consultant), the Session has agreed that we need a time of acknowledging and letting go of past hurts, pains and griefs both in our collective life as a church and / or in our personal lives. Part of the ongoing reformation (or re-

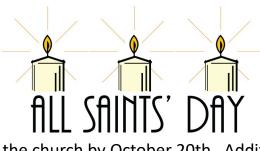


forming_)of the church is letting go of all that holds us back, even if it offers us comfort. This is the work we will do on October 27—we will join with God in naming, releasing and moving forward, so that our work together can be fruitful as we move into the next phase of our Mission Study plan to call our next pastor.



UCPC Thanksgiving Potluck and Ministry Fair on November 24!!

What will you bring to the table?



On All Saints' Sunday, November 3rd, we'll be celebrating and remembering the lives of those who have died recently. If you would like a candle lit in memory of a loved one, and their name read aloud during worship on that day, please send Pastor Erika the name and the person's relationship to you, your family or

the church by October 20th. Additionally, we may be able to incorporate photos into the slides on that day. If you would like a photo included, please send that as well to Pastor Erika by October 20th. On November 3rd, we would like to hold space with you, as we collectively grieve the loss of your loved one and celebrate their life again, so please do send in your loved ones' names so we can honor and remember them together.

Annual Meeting and Report Information

- The Annual Congregational and Corporation Meeting will be held on November 10, immediately following worship, in the Fellowship Hall. Part of what will be happening at the Annual Meeting is the creation of a team to work on a new Mission and Vision Statement for UCPC, based on the conversations and information gathered at the Mission Study potlucks that took place this past year. Please be considering if you would be willing to serve on this team or if you know of someone who would be great for this role.
- All committee or ministry group reports are due by October 21.
- The final draft of the Annual Report will be published Friday, *November 1*, so it will be available at worship the week before the meeting.

University Community Presbyterian Church



3510 College Road, Fairbanks, AK 99709

Website: www.ucpcfairbanks.org

Phone: (907) 479-6728

Office Hours

9:00AM to 2:00PM, Monday - Thursday

Pastor Erika is in the office Monday, Wednesday and Thursday, 10AM-2PM



Contacts

Supply Pastor. Rev. Erika Bergh

1-(907)-717-5015

Email: rev.erikabergh@gmail.com

Email: admin@ucpcfairbanks.org

Admin Assistant: Melissa Bierer

(907) 479-6728

Session Elders and Committee Leaders

Doreen McNeill ('24)	388-0544 Clerk of Session
Joe Krizek ('24)	460-4294
Pat Babcock ('25)	978-7187
Matthew Bierer ('25)	474-0106
Jim Durst ('26)	590-9024
Paula Long ('26)	687-7444
Roger Smith ('26)	322-2595

Board of Deacons

Judy Fowler-Morris ('26) Carol Nielsen ('25) Sarah Lanstra ('25) Melissa Bierer ('24) Janet Johnson ('24) Marijo Larson ('26)

Worship Service Leaders

Matthew Bierer Kathy Dohner Curtis McNeill Theresa Reed

Video Manager Organist/Pianist Sound Manager Choir Director

388-8154

378-3929

474-0106

687-7148

322-9425

