

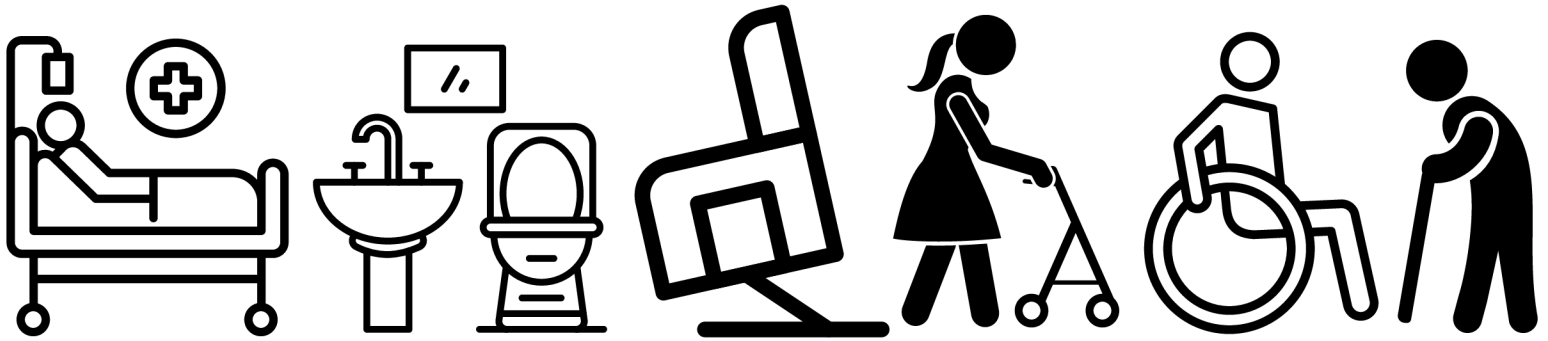


Comfort Mobility
Home Health Care

GET YOUR HOME SAFE AND SECURE FOR YOUR LOVED ONES

HOME SAFETY ASSESSMENT

Helpful Checklist and Equipment Recommendations



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There are so many considerations when setting up a safe, comfortable home. Walk through your home and use the following safety assessment to help you make necessary changes or recognize what is already working well in key areas of your home. On the following pages, you will find home safety equipment products available to you from Comfort Mobility Home Health Care.

Yes No

Front Door

- ☐ ☐ Do you have or require a hand railing for stairs or ramp?
- ☐ ☐ Do you have any uneven steps or require pavement repairs?
- ☐ ☐ Does your door entrance have a threshold that requires a threshold ramp?
- ☐ ☐ Is your entrance lit up so you can safely see at night?

Recommendations: Comfort Mobility offers custom solutions including Threshold ramps, permanent ramp systems, portable folding ramp systems (up to 10 ft) and hand railing and/or grab bar installations. Porch Lift systems are also available.

Yes No

Main Living Areas and Hallways

- ☐ ☐ Do you have proper lighting that is easy to turn on when entering the room?
- ☐ ☐ Is your home tidy and free of clutter that you could trip over?
- ☐ ☐ Do you have an uneven or slippery floor?
- ☐ ☐ Do you have any electrical cords across the floor that could be a tripping hazard?
- ☐ ☐ Do you have a Lift Chair or something to assist you with getting up?

Recommendations: Wall switch extension handles, grab bars, rollator walker, remove any and all tripping hazards where possible. Lift Chairs, Uplifting Devices, Couch Cane, E-Z Stand N Go.

Yes No

Bedroom

- ☐ ☐ Do you have clearance around your bed for assistive devices?
- ☐ ☐ Is your bedroom tidy and free of clutter that you could trip over?
- ☐ ☐ Do you have any assistive devices to help you in and out of bed?
- ☐ ☐ Are you able to safely get up at night to use the washroom?

Recommendations: Bed Rail, Reacher, wall switch extension handle, rollator walker, cane, bedside commode, night light, fall mat.

Yes No

Bathroom

- ☐ ☐ Do you have a bath mat or anti-slip strips inside and outside your tub or shower?
- ☐ ☐ Do you have something to hold onto while getting in and out of your tub or shower?
- ☐ ☐ Do you find you need to sit down on the tub or shower? If so, do you have any devices for this?
- ☐ ☐ Do you have a toilet tall enough to easily get on and off of?
- ☐ ☐ Do you have something to hold onto while using the toilet?

Recommendations: Bath Mat, Anti-slip strips, tub rail, bath bench, chair or stool, floor to ceiling pole, raised toilet seat or versa frame.

Aids for Daily Living



Power Lift Chair

Proper measurement is crucial for a Lift Chair. See our measurement guide for details.



Uplift Cushion

Available as hydraulic or powered lift, the uplift cushion can be placed on any flat surface to assist you in getting up.



Couch Cane or EZ Stand n Go

Secured by the weight of your furniture, a couch cane or EZ Stand n Go can give you a hand in getting up. Couch Cane - option to add swivel tray



Handy Bar

Add an extra handle to your vehicle for assistance in and out. The handy bar doubles also as a safety device. Use it to smash a window or cut your seatbelt incase of an accident.



Long Handle Shoe Horn

For assistance putting on your shoes



Reacher

For assistance grabbing small items that are out of reach



Large Handle Key Turners

Struggling with dexterity? Get help with your keys with these large handle key turners



Expandable Door Hinges

Having trouble fitting your devices through narrow doorways? An expandable door hinge widens the entry creating a flush opening with your door frame.



Grip Socks

Can't avoid slippery surfaces in your home? Non-Slip socks are the solution. Available in different colours and sizes.



Sock Aids



Button/Zipper Aids



Night Light



Foot Stool with Handle



Dressing Sticks



Leg Lifter



Wall Switch Extension



Other: _____



Adjustable Bed

Power adjustable head and foot with options to add specialty features, rails and mattress.



Hospital / HomeCare Bed

Power adjustable head and foot with height adjustability for caregivers and ease of exit/entry.



Half Rails



Full Rails



Foam Mattress



Air Mattress



Bed Rail (M-Rail)

For assistance in and out of bed. For use on regular beds, post goes between mattress and base with strap for added security,



Halo Safety Rail

Approved as entrapment safe for long-term care homes, the halo safety rail comes in a single or a pair.



Fall Mat



Bedside Commode



Trapeze Bar



Bed Rope Ladder



Other: _____



Mobility



Walker

Available with no wheels or 2 front wheels and rear glides. Walkers do not have brakes.

☐ No Wheels

☐ Front Wheels



Rollator

Typically prescribed through ADP, rollators increase independence and provide a resting spot when fatigued.

☐ Type 2 (indoor only)

☐ Type 3 (indoor/outdoor)



Cane

☐ Single Post

☐ Mini Quad

☐ Small Base Quad

☐ Large Base Quad



Transport Wheelchair

Designed for transport into and outside of the home, a transport chair is a lightweight solution for transporting your loved one. Transport chairs fold up to fit in most vehicles. Transport Chairs are not recommended for those needing a wheelchair full time. Sling seating can cause long-term issues when used too often.

☐ 17" Wide

☐ 19" Wide

☐ 22" Wide (Heavy Duty)

☐ Other Specifications Needed:

Bathroom Safety



☐ Stationary Commode

For use independently or over the toilet for added height and stability. Comes with both a bucket and splash guard.



☐ Raised Toilet Seat or Seat Riser

Add 2-6" of height to your toilet with a Raised Toilet Seat or raise your existing toilet seat 3.5" with a riser.

Available with or without handles.



☐ Versa/Toilet Safety Frame

Add support of either side of you while on the toilet with a Versa Frame.



Bath Chair/Bench

For use in a shower or tub during bathing.

☐ With Back

☐ No Back

☐ HD/Bariatric

☐ with Arms



Transfer Bench

Sits half inside, half outside the bath tub for safe transfer in and out.

☐ Standard

☐ Padded

☐ HD/Bariatric

☐ with Curtain Guard



Grab Bars

☐ 12"

☐ 16"

☐ 18"

☐ 24"

☐ 32"

☐ Other

Specify size &

Location: _____



☐ Anti-Slip Strips

☐ Bath Mat

☐ Tub Rail

☐ Handheld Shower Head 84"L Hose

☐ Floor to Ceiling Pole

☐ ^Add Horizontal Bar

☐ Other: _____

