

## Contract with an Individual

The following represents the Contract between **Jewelz Positively Living**, hereinafter “the Life Coach” and \_\_\_\_\_, hereinafter “the Client”. The Services contracted shall be that of life coaching, as set out below (The Services).

### Contract Period

The Contract shall be in force for a period of \_\_\_\_\_ months, beginning the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_, and ending the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

### The Services

The Life Coach shall assist the Client in clarifying their personal or career goals, and in working out a plan of action, as determined by the Client, to help achieve such goals. The Coach will accomplish this by carefully listening to the Client’s concerns, providing open, honest feedback, and asking questions intended to elicit responses from the Client that will lead them to decide what steps to take to achieve the desired results.

The Services will be delivered by telephone, Zoom or in person (or other method agreed upon by the Life Coach and Client), for a period of \_\_\_\_\_ minutes each week, at a mutually-agreed time. The schedule may be modified, if necessary, and if both Parties agree to such modification. Either the Client or the Life Coach may terminate the Services at any time, with 48 hours notice of termination, with no further obligation, and the Client shall receive a full refund of all fees paid for the Services not yet delivered. At the end of the Contract Period, the Contract may be renewed if both Parties are agreed.

### Payment for Services

Payment for the Services shall be \$\_\_\_\_\_, payable in monthly installments of \$\_\_\_\_\_, each installment to be paid in full on the first day of each month. Payment may be made using cash, money order, check, Venmo or PayPal. The Client shall be billed for any and all missed sessions if at least 24 hours notice is not given for cancellation of the session(s).

**Confidentiality and Limit of Liability**

Any information divulged to the Life Coach by the Client shall remain completely confidential, except in the event of the Life Coach’s knowledge of any illegal activity by the Client, or admission by the Client of the intent to commit an illegal act. The Client acknowledges the obligation of the Life Coach to cooperate fully with law enforcement and other authorities as required by law.

The Client acknowledges that the Life Coach is not in the business of providing advice, medical, legal or otherwise, and the Client should retain the services of a qualified professional in any particular area where such qualified advice is required. Furthermore, the Life Coach does not provide therapy or mental health counseling. Clients with psychological or other medical problems should consult a qualified health care professional. Any action taken in regard to therapy, medical advice, or mental health counseling, or any other activity not directly related to the Services provided to the Client by the Life Coach will be at the sole discretion of and will remain the sole responsibility of the Client, and the Life Coach will not be held accountable and shall remain blameless for any consequences arising as a result of any professional therapy, counseling or any other activity not directly related to the Services provided by the Life Coach.

**Entire Agreement**

This Contract constitutes the entire agreement between the Client and the Life Coach and the Life Coach shall not be held liable and shall remain blameless for any adverse or other consequences, including but not limited to financial, personal, employment or other losses, arising out of decisions or actions the Client may make as a result of the Services provided by the Life Coach.

\_\_\_\_\_  
Life Coach

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

