

NGNV-RRZ-C

01 October 2020

MEMORANDUM FOR Record

SUBJECT: Request for retention waiver

- 1. References.
 - a. NGR 600-200, Enlisted Personnel Management, dated 25 March 2021.
 - b. AR 600-9, The Army Body Composition Program, date 16 July 2019.
- SGT Jones wishes to extend his current contract with an ETS date of 06 November 2020 but is not authorized due to participation in the Army Body Composition Program:
 - a. Per NGR 600-200, Table 8 Rule F, Soldiers in the Army Body Composition Program who are making satisfactory progress to meet body composition requirement of AR 600-9 may extend for whole months but not to exceed a total of 12 months.
 - b. Approval authority: First COL in the Soldier's chain of command.
- 3. Soldier is making satisfactory progress in the Army Body Composition Program, is an asset to the Unit and I am recommending approval of the waiver.
- 4. The point of contact for this memorandum is SFC Jim Condon at (775) 238-2594 or jim.s.condon.mil@army.mil.

MILES C. DAVIS CPT, MS Commanding

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