



**Class Title:** Blue/Orange

A Bridgerton Tea Time: Bible Study for girls / Through Lies Girls Believe & The Truth That Sets Them Free (Ages 9-13)

**Teacher Name:** Priscila Dolack

**Class Day:** Monday

**Class Size:** 12

**Class Supply Fee:** \$65

**Class Fee:** \$96

**Ages or color group served:** Blue/ Orange Ages 9-13

**What level is this class:** Level 2

**Prerequisites:** NA

**Homework Requirements:** Memorize a Bible verse a week.

**Graduation Requirements:** At the end of the semester, students will participate in a story time and book recap. They will dress in semi-formal English tea time attire as they reflect on the book/class and enjoy their tea time snacks in a formal dining setting. Students will be expected to share their biggest takeaways and most important lessons learned throughout the course. We will summarize the truths learned and commit to living them out. The students will reflect on their journey, share personal insights, and set goals for applying the 20 truths that set them free.


*Attire is optional, and any associated costs will be borne by the parents, should they choose to participate. You may opt for small accessories such as gloves, hats, etc.*





Please see Graduation Attire example:



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### Class Description:

This class will be a special tea time around the table, where girls can engage in meaningful conversation, share their thoughts, and discover the empowering truth that will shape their lives. We will go through the book *Lies Girls Believe* by Dannah Gresh,



we will explore the common lies that girls face today and uncover the powerful truths that will help them navigate the world with confidence.

My goal is to create a warm and inviting space where girls feel valued, encouraged, and equipped to embrace their true identity. As we sip tea, enjoy tea cookies, share stories, and learn together, girls will grow in their understanding of who they are in Christ and be inspired to live out their purpose with boldness and grace.

### **Week 1:**

Introduction – Where do lies come from?

Chapter 1: A snake told the first lie

Scripture Focus: Genesis 3:1-6

### **Week 2:**

Where do lies get their power?

Chapter 2: A woman wanted some fruit

Scripture Focus: Genesis 3:1-7

### **Week 3:**

Who can set you free?

Chapter 3: Jesus is truth

### **Week 4:**

Chapter 4: Lies about God

Truth #1 – God Loves You All the Time, No Matter What.



Truth #2 – God Is All You Need

Truth #3 – You Are a Christian if You Believe in Jesus and Receive Him as Your Savior

**Week 5:**

Chapter 5: Lies about Myself

Truth #4 – God Chose You

Truth #5 – The Beauty That Matters Most to God Is on the Inside

Truth #6 – You're Ready for More Responsibility

**Week 6:**

Chapter 6: Lies about Family

Truth #7 – Your Family Is Different, and That Is Good

Truth #8 – You Can Be Happy Even in a Broken Family

Truth #9 – God Gives You Joy When You Honor Your Parents

**Week 7:**

Chapter 7: Lies about Sin

Truth #10 – Sin Separates You from God

Truth #11 - Hiding sin sets you up for failure

Truth #12 - Everything we see or hear should be true, noble, right, pure, lovely, worthy of respect, excellent and praiseworthy.

Protect your ears and eyes!



What is a doorway? Different blood lines/families have different doors

### **Week 8:**

Truth #13 – God Created Two Genders: Male and Female  
Truth #14 – Your Ability to Create Life Is Something to Celebrate

### **Discussion:**

In Matthew 22:37-40 and Leviticus 19:18, Jesus commands us to love God first and love our neighbor as ourselves. This second commandment is **above all others**, except for putting God first. Loving others **supersedes everything**. We are called to love, not judge. Each person's journey is unique, and we are to love and support, not judge.

### **Week 9:**

Chapter 9: Lies about boys

Truth #15 - You can say "No" to boy craziness

Truth #16 - You will never outgrow the need for wise advice

### **Week 10:**

Chapter 10: Lies about Friendship

Truth #17 - We all need faithful friends, and the best way to find one is to become one

Truth #18 - Every word you speak and every thought you think about someone should please God

Homework- Read Chapter 11

Truth #19: being a wife and a mom is a good and important job

Truth #20 - You are becoming what you will be.



**Week 11:**

Chapter 12: Your thoughts are the boss of your feelings

**Week 12:**

Embracing the Truth That Sets You Free

Chapter #13 - Jesus wants to be the boss of your thoughts.

Chapter #14 - Wear the Belt of Truth

We will summarize the truths learned and commit to living them out.

We will reflect on the journey, share personal insights, and set goals for applying the 20 truths that sets them free.