



Class Title: Orange/ Red Knitting

Teacher Name: Rebecca Slone

Class Day: Monday

Class Size: 10

Class Supply Fee: \$91

Class Fee: \$96

Ages or color group served: Orange/ Red

What level is this class: Level 2

Prerequisites: You don't need any knitting experience, you just need to know how to count and measure with a ruler. ;)

Graduation Requirements: Students will complete 3-6 knitting projects.

Homework Requirements: Students will be expected to work on their knitting projects outside of class. It's easier to get the hang of knitting if one practices consistently. Students should work at home to the best of their ability, but it's okay to pause and wait for help if they're stuck or frustrated.

Class Description:

Knitting is a hobby that allows you to make accessories and clothing for yourself and others. But the benefits of knitting extend far beyond keeping your fingers warm in a pair of handmade mittens!

Learning to knit can provide the following benefits:

- Improve fine motor skills & hand-eye coordination
- Reduce stress & anxiety
- Provide opportunities for social connection
- Improve focus, concentration, and memory
- Boost self-esteem
- Build critical thinking and problem-solving skills

In this class, students will learn the two stitches that make up all knitting projects. After mastering these two stitches, students will learn slight variations that will allow them to



make more complex projects. Students will learn to select projects, read patterns, and fix mistakes.

Students will aim to finish 3-6 projects during the semester, but those who catch on may complete additional projects, or a larger, more complex project.

The skills we will learn are listed below. Keep in mind that some skills can't be covered until knitters have a good grasp of previous skills. New skills may be introduced at different times based on student progress & the time they put into each project.

Students will receive all materials needed to complete at least 5 projects. Depending on their choice of individual project(s), knitters/parents may need to purchase some additional yarn (with parent approval).

At the end of the class, students will have a knitting kit consisting of needles in 2 sizes, stitch markers, tapestry needle, crochet hook, and a collection of patterns so they can continue to use their new knitting skills!

Week 1:

The Knit Stitch

Knitted Bunnies (Garter Stitch)

Week 2:

Knitted Bunnies ("Leap Frog" Bind-Off & Sewing Seams)

Casting On, Increases & Decreases, Reading a Pattern

Week 3:

Casting On, The Purl Stitch, Reading a Pattern

Sunday Mug Rug

Week 4:

Tassels, Another Decrease Variety

Everlasting Headband

Week 5:

Project Choice: Easy fingerless Mitts or Math Class Mitts (Long-Tail Cast-On)

Week 6:



Choosing Individual Projects: Yarn, Needles, Pattern
Continue working on Mitts

Week 7:

Three-Needle Bind Off & Using Circular Needles
Cast On for Individual Projects

Week 8:

For the second half of the semester, students will work on one (or more) projects of their choice (from a provided list). Knitting techniques will be taught as needed to complete these projects

Week 9:

Individual Projects & Relevant Techniques

Week 10:

Individual Projects & Relevant Techniques

Week 11:

Individual Projects & Relevant Techniques

Week 12:

Individual Projects/Knitters' Showcase