



Class Title: Orange Study Like A Pro

Teacher Name: Rebecca Healy

Class Day: Friday

Class Size: 15

Class Cost: \$70

Class Fee: \$96

Ages or color group served: Orange

What level is this class: Level 3

Prerequisites: Read fluently with good pacing and expression.

Student should understand main ideas and inferences. Students need to know how to read and write adequately.

Graduation Requirements: Passing grade on final project demonstrating proficiency in a strategy you have learned. Adherence to HCU standards and requirements.

Homework Requirements: Yes, homework will be required every week.

Class Description:

Study Like A Pro will provide students with effective study techniques, various note-taking styles, strategies for reciting information, and reading comprehension skills. This class will be interactive, incorporating discussions, hands-on activities, and practical applications of the concepts learned.

Week 1:

- Intro to class and expectations
- Intro to Study Skills - How the Brain Learns
 - Overview of course structure
- Understand the importance of effective study habits
 - Common challenges

Week 2:

- Time Management
 - time blocking
 - the Pomodoro method
- deep work vs distracted studying
 - digital distraction audit

Week 3:

Note-Taking Style #1 – Cornell Method

Week 4:

Note-Taking Style #2 – Outline Method

Week 5:

Note-Taking Style #3 – Mind Mapping

Week 6:

Note-Taking Style #4 – Charting & Comparison Notes

Week 7:

Memory Hacks & Retention Tricks

Week 8:

How to Recite & Recall Information Confidently

-The Feynman Technique

Week 9:

Reading Comprehension Mastery

- SQ3R method (Survey, Question, Read, Recite, Review)

- annotating effectively

Week 10:

Test-Taking Strategies

Week 11:

Study Systems for Different Subjects

Break down:

- math studying strategy

- science studying strategy
- history studying strategy
- literature studying strategy
- students build a personalized study system.

Week 12:

Final Project – Teach What You Learned

PARTY!!