

Class Title: Orange/ Red PE II

Teacher Name: Laura Lewis

Class Day: Monday

Class Size: 20

Class Supply Fee: \$33

Class Fee: \$96

Ages or color group served: Orange/ Red

What level is this class: Level 1

Prerequisites: NA

Graduation Requirements: Class participation

Homework Requirements: Some homework will be given.

Class Description:

I am so excited to have fun this semester in PE with you!

We're going to play games you might be really good at and some you might never have played. Doing your best, good sportsmanship and teamwork are the skills I want everyone to walk away with!

Week 1:

Expectations for the class

Fitness goals

Get to know you and teamwork games

Week 2:

Fitness assessment

Baseball

Week 3:



Hockey

Week 4: Volleyball

Week 5: Passing & catching drills

Week 6: Fitness assessment Flag football

> Week 7: Soccer

Week 8: Racquet games

Week 9: Capture the flag

Week 10: Basketball drills

Week 11: Fitness assessment Dodgeball

Week 12:
Favorite games
End of semester celebration

