



Class Title: BLUE/ORANGE Herbal Medicine: Natural Hygiene Edition

Teacher Name: Jen Trask

Class Day: Monday

Class Size: 19

Class Cost: \$16

Ages or color group served: Blue & Orange

What level is this class: Level 2

Prerequisites: N/A

Graduation Requirements: N/A

Homework Requirements: N/A

Class Description:

Natural Hygiene will be all about making our own products at home!! They will learn how easy it is to make tooth powders, mouthwash, deodorant, soap, etc without all the extra chemicals in them!

Week 1:

We will be starting our class off with introductions and learning about the things they are most interested in making.

Week 2:

We will be learning about the difference between store bought and homemade items such as soap, mouthwash, lotions, and more!

Week 3:

We will be starting hands on!! First on the list will be tooth powder!

Week 4:

We will be making lotion bars



HOMESCHOOL
COLLABORATORS
UNITED
CO-OP & HYBRID ACADEMY 

Week 5:

We will be making soap.

Week 6:

We will be making deodorant.

Week 7:

We will be making mouthwash

Week 8:

We will be making lip balm

Week 9:

We will be doing research on what type of roll ons they want to make. Such as one for calming, night-time, focus, etc.

Week 10:

We will be making our roll ons.

Week 11:

We will be going over all the things we have made and see what things they enjoyed most.

Week 12:

We will be seeing if they have noticed any differences while using their homemade items. Good or bad.