



Class Title: GREEN/BLUE Survivor Ninja & Nerf champs

Teacher Name: Kelly Coyle

Class Day: Monday

Class Size: 15

Class Cost: \$225

Ages or color group served: Green & Blue

What level is this class: Level 0

Prerequisites: Bring your own nerf gun, bullets (no more than 10 w/ initials) & eye goggles. Wear comfortable clothes, sneakers. No crocs or flip flops!

Graduation Requirements: N/A

Homework Requirements: N/A

Class Description:

Survivor Ninja skills and nerf Target shooting while maneuvering around obstacles, various courses and each class.

Learn about social skills, discipline and awareness in team settings and individual skills.

Having fun with fitness, agility, confidence and safety in a challenging & safe environment.

Gain strength, coordination with great attitudes & a positive social atmosphere.

Character. Attitude. Respect.

Week 1:

Character & confidence skills

Week 2:

Positive attitudes and agility courses



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Week 3:

Respectful team players while challenging one another while shooting targets.

Week 4:

How to have a healthy lifestyle and share my greatest outcomes.

Week 5:

Being social in team games, courses and sharing ideas & goals.

Week 6:

Focus on positive behaviors while following directions skills from each team .

Learning how teamwork is beneficial for your own success.

Week 7:

Learning how one can become strong and engage in cardio & physical skills while participating in the courses and challenging activities.

Week 8:

Fitness and fun skills .

Sharing ideas on how we have fun while targeting shooting and reaching our goals for each daily challenge.

Week 9:

Learn how we can be safe in our class with others while we are moving around the courses and reaching goals individually & with our teams.

Week 10:

Be able to show your own game or course that the class would enjoy trying out.

We will help each student develop and design a course that is challenging & fun.

Week 11:

Each student will learn how to gain knowledge & learn life skills that will help them in other settings while safely target shooting & challenging oneself in many environments.

Week 12:



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Each student will set up a course that will challenge the teams in the class.
Learn the best ideas, activities and courses that offer each student successful & positive skills that they can carry on in other life situations.