**Class Title:** MONDAY Blue/Orange/Red Herbal Medicine: Self Care

**Teacher Name:** Jen Trask

**Class Day**: Monday

**Class Size:** 25

**Class Cost:** $33

**Ages or color group served:** Blue/Orange/Red

**What level is this class:** Level 2

**Prerequisites:** Just eager to learn.

**Graduation Requirements:** N/A

**Homework Requirements:** N/A

**Class Description:**

This is a self care edition of my Herbal classes. We will be learning how to make our own items like shampoo, conditioner, sugar scrubs, and so much more!

**Week 1:**

Introduction to the class and go over what these kids are excited most about making.

**Week 2:**

We will be making sugar scrubs.

**Week 3:**

We will be making shampoo

**Week 4:**

We will be making conditioner

**Week 5:**

We will be making cologne/perfume

**Week 6:**

We will be making hair oils

**Week 7:**

We will be making hyperpigmentation cream

**Week 8:**

We will be making shaving cream

**Week 9:**

We will be making shower steamers

**Week 10:**

We will be making all in 1 (shampoo,conditioner, body wash)

**Week 11:**

We will be making face masks

**Week 12:**

We will be going over everything we have made and what they liked and disliked. Also if they have continued using certain things.