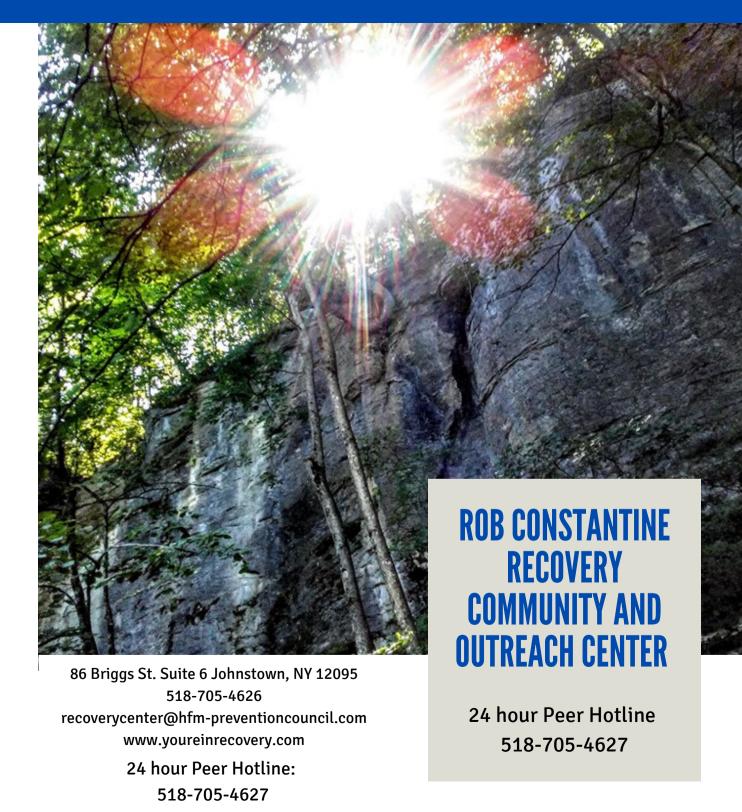
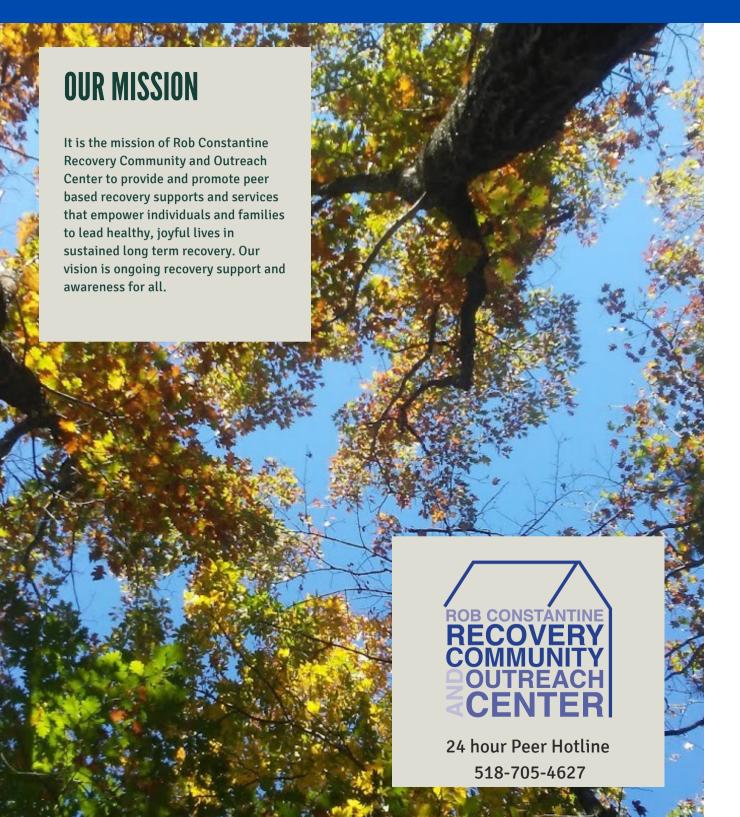
Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

**SAMSHA** 





# HOW CAN WE HELP YOU WITH YOUR RECOVERY?

# **RECOVERY CENTER**

Our focus is to aid individuals and their families to improve health, wellness, and sustain long term recovery by providing a meeting location, support groups, sober social and recreational activities, and referrals for area services. We provide peer-driven and peer-delivered support services.

## PEER ENGAGEMENT SPECIALIST

The Specialists use their own experience with substance use disorder and recovery to be resources for others. They know where to find help and how to effectively engage with individuals who want to enter into recovery. They provide information and education regarding substance use disorder and recovery, and assist individuals with accessing treatment.

## **FAMILY SUPPORT NAVIGATOR**

The Family Support Navigator utilizes their own family recovery expertise to engage with families who have loved ones with a substance use disorder. They assist with navigating barriers to treatment services. They provide information and education about substance use disorder and recovery, and help friends and family members connect to support services.

## **OPIOID OVERDOSE PREVENTION**

We train community members, professionals, peers and their families on how to recognize, respond, and give naloxone (Narcan) to prevent an opioid overdose from being fatal.