

# Our Catholic Prayers

## The Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

## Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be,  
world without end. Amen.

## Hail Mary

Hail Mary, full of grace,  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

## Prayer to the Holy Spirit

Come, Holy Spirit,  
fill the hearts of your faithful.  
And kindle in them the fire of your love.  
Send forth your Spirit  
and they shall be created.  
And thou shall renew  
the face of the earth. Amen.



## Our Father

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.  
Thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us,  
and lead us not into temptation,  
but deliver us from evil. Amen.

## Act of Contrition

O my God, I am heartily sorry  
for having offended Thee,  
and I detest all my sins,  
because I dread the loss of heaven,  
and the pains of hell;  
but most of all  
because they offend Thee, my God,  
Who art all good and  
deserving of all my love.  
I firmly resolve,  
with the help of Thy grace,  
to confess my sins, to do penance,  
and to amend my life. Amen.

## Prayer to the Holy Spirit

St. Michael the Archangel, defend us  
in battle. Be our protection against the  
wickedness and snares of the devil.  
May God rebuke him, we humbly pray;  
and do thou, O Prince of the heavenly  
hosts, by the power of God, thrust into  
hell Satan and the other evil spirits  
who prowl about the world seeking  
the ruin of souls. Amen.

I am with you always  
*until the end of the age.*

- MATTHEW 28:20

## The Apostles' Creed

I believe in God the Father almighty,  
Creator of heaven and earth.  
And in Jesus Christ,  
His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell; on the third day  
He rose again from the dead;  
He ascended into heaven, and is seated  
at the right hand of God the Father  
almighty, from there He will come  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body  
and life everlasting. Amen.

## The Ten Commandments

1. I am the Lord your God: You shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## The Greatest Commandment

You shall love the Lord your God  
with all your heart,  
and with all your soul,  
and with all your mind.

You shall love your neighbor  
as yourself.



## Hail, Holy Queen

Hail, holy Queen, Mother of mercy!  
Our life, our sweetness, and our hope!  
To thee do we cry,  
poor banished children of Eve,  
to thee do we send up our sighs,  
mourning and weeping  
in this valley of tears.  
Turn, then, most gracious advocate,  
thine eyes of mercy toward us;  
and after this our exile  
show unto us the blessed fruit  
of thy womb Jesus;  
O clement, O loving,  
O sweet virgin Mary.

*Pray for us, O holy Mother of God.*

**R/.** That we may be made worthy  
of the promises of Christ. Amen.

## The Seven Sacraments

### Sacraments of Christian Initiation

1. Baptism
2. Confirmation
3. Eucharist

### Sacraments of Healing

4. Reconciliation
5. Anointing of the Sick

### Sacraments of Service

6. Matrimony
7. Holy Orders

## Corporal Works of Mercy

- Feed the hungry.
- Give drink to the thirsty.
- Clothe the naked.
- Shelter the homeless.
- Care for the sick.
- Visit the imprisoned.
- Bury the dead.

## Spiritual Works of Mercy

- Counsel the doubtful.
- Instruct the ignorant.
- Admonish the sinner.
- Comfort the sorrowful.
- Forgive injuries.
- Bear wrongs patiently.
- Pray for the living and the dead.