

My Catholic Prayers

The Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be,
world without end. Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour
of our death.
Amen.



Our Father

Our Father, who art in heaven,
hallowed be Thy name.
Thy kingdom come.
Thy will be done,
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us,
and lead us not into temptation,
but deliver us from evil.
Amen.

Act of Contrition

O my God, I am sorry for my sins.
In choosing to sin,
and failing to do good,
I have sinned against You
and Your church.
I firmly intend,
with the help of Your Son,
to make up for my sins
and to love as I should.
Amen.

*Your light must shine before
others, that they may see your
good deeds and glorify your
heavenly Father.*

MATTHEW 5:16

The Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
His only Son, our Lord,
who was conceived
by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died
and was buried.
He descended into hell;
on the third day
He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of
God the Father almighty;
from there He will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Ten Commandments

1. I am the Lord your God:
You shall not have strange gods
before me.
2. You shall not take the name
of the Lord your God in vain.
3. Remember to keep holy the
Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness
against your neighbor.
9. You shall not covet your
neighbor's wife.
10. You shall not covet your
neighbor's goods.

The Marks of the Church

When we pray the Nicene Creed, we hear what are the four marks of the Church. These marks are qualities that Jesus shares with his Church through the Holy Spirit. The marks of the Church are that it is:

- one
- holy
- catholic
- apostolic



The Church is One - Just as God is one in the Father, Son, and Holy Spirit, so also is the Church one. We are one family with God.



The Church is Holy - The Church lives in union with Jesus Christ, the source of holiness.



The Church is Catholic - *Catholic* means "universal." All baptized people are part of the Church and the Church's mission is to proclaim Christ to the entire human race.



The Church is Apostolic - The Church traces its tradition directly from the *apostles*. The pope and bishops are the successors of the apostles.