

Lesson Review

- 1. We call Mary "Our Lady of Sorrows" because she experienced sadness but stayed strong and trusted God.**
 - a. True
 - b. False
- 2. Which of the Seven Sorrows do you think was the hardest for Mary?**
 - a. When she saw Jesus carrying the cross.
 - b. When she had to travel to Egypt.
 - c. When she lost Jesus in the temple.
- 3. How do you think Mary felt when she found Jesus in the temple after he had been lost for three days?**
 - a. She was mad and didn't talk to him.
 - b. She was very happy but also worried.
 - c. She didn't care because he was safe.
- 4. How can we ask Mary, Our Lady of Sorrows, to help us when we're feeling sad or scared?**
 - a. By ignoring our feelings.
 - b. By praying to her and asking for her help.
 - c. By thinking of happy things only.
- 5. What can we learn from Mary's faith and courage during the times when Jesus suffered?**
 - a. That we should always be happy, no matter what.
 - b. That we can be sad but still trust God.
 - c. That Mary never felt sad because she knew everything would be fine.



THE FEAST OF OUR LADY OF SORROWS

NAME:

THE SEVEN SORROWS OF MARY

Our Lady of Sorrows is another way of talking about Mary, the mother of Jesus. We call her this special name because it reminds us of how much she loved Jesus and how she was very sad when Jesus suffered and died. Even though it was hard for her, Mary stayed strong and trusted God through all the difficult moments in her life.

The seven swords piercing her heart represent the intense suffering of our Mother Mary. We celebrate the Feast of Our Lady of Sorrows on September 15.

Even though Mary was very sad, she never lost her faith in God. We remember her as a mother who loves us just like she loved Jesus!

The Seven Sorrows of Mary are special moments when Mary, the mother of Jesus, felt very sad because of things that happened in her life.



Why do you think Mary's example as Our Lady of Sorrows can help us when we face difficult times in our lives?

The Prophecy of Simeon – When baby Jesus was brought to the temple, a man named Simeon told Mary that one day, she would feel great sadness because of what would happen to Jesus.

The Flight into Egypt – Mary and Joseph had to take baby Jesus and run away to Egypt to keep him safe from King Herod, who wanted to harm him.

The Loss of Jesus in the Temple – When Jesus was 12 years old, Mary and Joseph couldn't find him for three days. They were worried, but then they found him in the temple, teaching the people.

Mary Meets Jesus on the Way to the Cross – When Jesus was carrying his heavy cross, Mary saw him. She felt so sad seeing him in pain but could only watch and pray.

The Crucifixion of Jesus – Mary stood by the cross as Jesus died. This was one of the hardest moments for her because she loved him so much.

The Body of Jesus is Taken Down from the Cross – After Jesus died, his body was taken down from the cross, and Mary held him in her arms. It was a very sad moment for her.

The Burial of Jesus – Mary watched as Jesus was placed in a tomb. Even though she was very sad, she still trusted in God.

These sorrows remind us of how much Mary loved Jesus and how she stayed strong, even during tough times.

