

Yoga For EveryBody

Guthrie Southside
 2nd Floor
 65 Pennsylvania Ave
 Binghamton, NY 13903

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>June 30</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
	5:30pm - Joe	NO CLASSES	NO CLASS	NO CLASS	9:30am - Joe	
<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
	5:30pm - Joe	NO CLASSES	NO CLASS	NO CLASS	9:30am - Joe	
<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>
	5:30pm - Joe	NO CLASSES	NO CLASS	NO CLASS	9:30am - Joe	
<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>
	5:30pm - Joe	NO CLASSES	NO CLASS	NO CLASS	9:30am - Joe	
<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>	<u>August 1</u>	<u>2</u>	<u>3</u>
	5:30pm - Joe	NO CLASSES	NO CLASS	9:30am - Lynda	9:30am - Joe	

Lynda Durst-Schmid - LDSyoga2@gmail.com ZOOM & Studio
Joe Yezzi - jyezzi@stny.rr.com Studio Only
Karen Catalano - kareninnerspace@aol.com ZOOM only EXCEPT
First Tuesday of every month in Studio Only

Class Pricing - Drop in \$18
 Paid in Advance 4 or more classes - \$15 per class
 2 Classes per week w/Same Teacher - \$12 per class
 All Sound Healing and Reiki sessions are \$20