



HEALING ARTS

SPOTLIGHT

Cartier Tracy



ASTROLOGY + HUMAN DESIGN READINGS INTUITIVE TAROT READINGS

Cartier Tracy is a professional Astrologer, Human Design Analyst, and Tarot Reader with a Master of Divinity degree from Emory University. She offers personalized Astrology, Human Design, and Tarot Readings, along with her signature Activation Readings, which combines Astrology and Human Design into a thoughtful understanding of your unique nature, gifts, and life path.

Her work is deeply informed by more than two decades of yoga, meditation, and contemplative practice, bringing a grounded, compassionate presence to every session.

Her readings help clients cultivate greater self-understanding, self-trust, and alignment with their own natural timing.



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Q&A WITH CARTIER:

Tell us about your healing arts offerings at All That Matters yoga + wellness

I am the in-house Astrologer, Tarot Card Reader and Human Design Guide here at ATMY+W since the Spring of 2023.

What do you enjoy most about the ATMYW community/environment?

I thrive in the friendly, upbeat vibe of All That Matters. I started my yoga journey at a spiritually-based yoga center in Atlanta, GA when I was 23 years old. All That Matters has always felt, to me, like a cousin of that yoga-center, (both Yoga Centers point to Kripalu as a source of inspiration, ethical guidance, and spiritual understanding).

This connection makes me feel very at-home at All That Matters. Every one here is warm-hearted and eager to learn, open and grow, and that keeps the community feeling joyful and connected.

Which of your offerings are you most passionate about?

I am equally passionate about all three the modalities I offer: Tarot, Astrology and Human Design. Human Design is my newest conquest and it has made a huge difference in my own healing journey. It has helped me understand my emotional patterns, my up & down energy, and how to truly trust the natural flow of my energy.

Is there a specific population you are passionate about working with?

The focus of my work, in all my modalities, is to empower people, to help them come into clarity around their authenticity and potential so they can take inspired action in their lives and discover their true joy and purpose. So, I really like clients who find themselves at a crossroads of some kind and are seeking to go deeper in their personal journey.

What are you "into"...what do you love to do outside of your work?

Oh I am Permaculture Designer and Regenerative Landscaper - which is a fancy way of saying I love gardening - but the gardening I do is just as much about creating healthy habitat as it is about creating beauty and good things to eat. I am also working on writing my Memoir!

Besides gardening, I am into make-up as an artform. Give me some glittery eye-shadow and I'll give you my best Fairy-impression!

I am also a memoir writer and active member of LitArtsRI which is a nonprofit creative workspace studio for writers up in Providence.

Favorite Food + Drink?

I am a foodie and it shows! My favorite is Ethiopian! Indian food is a close second! Drink-wise, I am hooked on Scottish Breakfast tea at the moment.

Any hidden talents?

I was once given the "Deacon Lunchbox" award for exceptional contributions to the creative arts culture of Atlanta, Georgia. I was a music producer at the time and my compilation LP "CrossedWires" introduced the wider music scene to Atlanta's hidden musical geniuses. I am actually quite a charismatic performer and have performed customized dance numbers in Cabarets up in Providence.

What is your favorite place in the world to be?

I consider Glastonbury, England to be my spiritual home. When I visited the sacred sites of Avalon there, I felt such a deep resonance in my soul, it broke my heart to leave. My other favorite place is coastal Ireland. Someday I will retire there and garden with the Leprechauns!

Who/What Inspires You?

I am inspired by tree-huggers, habitat-protectors and organic gardeners in my community and everywhere. I am inspired by new visions of what community can look like when it is shaped around an abiding reverence for Nature.

What are you looking forward to?

I am looking forward to 2027.

The Human Design system - which is similar to Astrology in some ways - predicts profound changes in the World starting then, and I am excited to see what happens!

I won a Writing Scholarship to spend a week at the Creative Writing Institute on Martha's Vineyard in September. I am very excited about this!

Scroll down to learn more about Cartier's Offerings.
To book your Astrology, Human Design or Tarot Reading with Cartier
reach out to the ATMY+W Front Desk:
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