

Canugga oo Guriga Keli looga Tago?



*Goorma Ayey Sax tahay?
Adigu Is-weydii...*

- *Canuggaagu jir ahaan iyo maxkas ahaanba ma awoodaa inuu/inay isdaryeelo/daryeesho?*
- *Canugaagu ma u hoggaansamaa sharciga, go'aano wanaagsana ma sameeyaa?*
- *Canuggaagu ma ku qanacsanyahay mise wuu ka baqdaa inuu geligiis guriga joogo?*
- *Gurigaagu Ammaan ma yahay aan halis lahayn?*
- *Canuggaagu ma yaqaan halka aad jirto sida goor kasta oo kuula soo xariiri karo?*



Qorshe Sammee!

- *Wakhti tijaabo ah sammee. Wakhti gaaban canuggaaga guriga uga tag adiga oo aan guriga ka fogaanin.*
- *Kaalinta canugga isku day. Tijaabooyin sammeee u eg xaaladaha dhici karo oo dhan.*
- *Sharchiyo dajiso. Xaqiji inuu canuggaagu yaqaano waxa (Loo ama aan) loo oggolayn marka aanad guriga joogin.*
- *Marba soo hubi/kasoo wardoon. Soo wac canuggaaga marka aad ka maqantahay.*
- *Haka badbadinin. Xitaa carruurta yara-koray, masuulka ah waa ina aanay kaligood wax badan guriga kaligood joogin.*

*War-galintan ku socota waalidka waxay idinkaga timid Hay'adda Adeegyada carruurta ee Degmada Franklin, halkaasoo aan u doodno inay canug kasta helo ammaan, hoy joogta ah iyo caafimaad hagaagasan.
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