







## Leaving a Child at Home Alone

## When is it OK? Ask yourself...

- Is your child physically and mentally able to care for himself / herself?
- Does your child obey rules and make good decisions?
- Does your child feel comfortable or fearful about being home alone?
- Is your home safe and free of hazards?
- Does your child know where you are and how to contact you at all times?

## Make a plan!

- Have a trial period. Leave the child alone for a short time while staying close to home.
- Role play. Act out possible situations.
- Establish rules. Make sure your child knows what is (and is not) allowed when you are not home.
- Check in. Call your child while you are away.
- Don't overdo it. Even a mature, responsible child shouldn't be home alone too much.

These parenting tips are courtesy of **Franklin County Children Services** where we advocate for each child's safety, permanency and well-being. childrenservices.franklincountyohio.gov • (614) 275-2523

