

The Importance of Time and Distance when Providing Close Protection

Learning Outcomes	
By the end of this course, participants will be able to:	
1. Understand the Fundamental Concepts of Time and Distance	<ul style="list-style-type: none"> • Explain the relationship between time and distance in close protection. • Recognise how reaction time impacts protective measures. • Apply the principles of time and distance in security planning.
2. Conduct Effective Threat and Risk Assessments	<ul style="list-style-type: none"> • Identify key factors in threat assessment. • Recognise potential vulnerabilities in different environments. • Apply protective intelligence techniques to anticipate threats.
3. Enhance Situational Awareness and Behavioural Detection	<ul style="list-style-type: none"> • Identify pre-attack indicators and anomalous behaviours. • Apply counter-surveillance techniques. • Improve vigilance and positioning for optimal threat detection.
4. Develop Rapid Reaction and Decision-Making Skills	<ul style="list-style-type: none"> • Utilise the OODA Loop (Observe, Orient, Decide, Act) in real-time threat scenarios. • Improve response efficiency in high-stress environments. • Reduce cognitive lag and hesitation in crisis situations.
5. Apply Defensive and Physical Intervention Tactics	<ul style="list-style-type: none"> • Implement effective close-quarters defensive techniques. • Execute physical intervention strategies in response to direct threats. • Assess and apply the appropriate level of force in a protective context.

6. Analyse and Apply the 21-Foot Rule in Close Protection	<ul style="list-style-type: none"> • Explain the significance of the 21-foot rule and its implications. • Conduct practical applications of the rule in simulated scenarios. • Position effectively to mitigate the risks of close-range threats.
7. Implement Protective Strategies for Public Appearances	<ul style="list-style-type: none"> • Plan security for podium events, meet-and-greets, and public engagements. • Establish and maintain secure buffer zones. • Apply best practices for crowd control and access management.
8. Recognise the Attack Cycle and Disrupt Threat Planning	<ul style="list-style-type: none"> • Explain the stages of the attack cycle and identify intervention points. • Apply counter-surveillance measures to detect hostile intent early. • Utilise proactive security strategies to prevent attacks.
9. Develop Strategies for High-Risk Environments	<ul style="list-style-type: none"> • Implement security protocols for political figures, celebrities, and executives. • Adjust protective strategies for different public and private settings. • Analyse historical case studies to refine tactical approaches.
10. Understand Legal and Ethical Considerations in Close Protection	<ul style="list-style-type: none"> • Comply with legal constraints on the use of force and self-defence. • Adhere to professional standards and ethical responsibilities. • Ensure accountability in security decision-making.
11. Engage in Scenario-Based Training and Practical Application	<ul style="list-style-type: none"> • Participate in practical exercises simulating real-world threats. • Assess response times and effectiveness in live drills. • Develop muscle memory through force-on-force training.