



Name:

Date:

Patient Instructions

“Why Skin Typing is Important in Your Medical and Surgical Options”

Skin responses to therapy, whether medical or surgical, that may have an adverse effect on the outcome of a procedure or treatment based on a person’s race/nationality can be discussed. This information is for medical reasons only to help achieve the optimum outcome of your treatment.

Please answer the following questions by circling the number which best describes you. This form is important for treating you appropriately.

Table with 2 columns: Question (My ethnic origin is closest to: (check one)) and Answer options (I. Very fair, II. Fair-skinned, III. Fair-skinned, IV. Olive-skinned, V. Dark-skinned, VI. Very dark-skinned) with corresponding empty boxes for selection.

Table with 2 columns: Question (My eye color is:) and Answer options (Light blue, Blue/light green, Green/gray/golden, Hazel/light brown, Brown (Medium to Dark)) with corresponding scores (0-4).

Table with 2 columns: Question (My natural hair color at age 18 was: (or currently if under 18)) and Answer options (Red, Blonde, Light brown, Dark brown, Black) with corresponding scores (0-4).

Table with 2 columns: Question (The color of my skin that is not normally exposed to sun is:) and Answer options (Pink to reddish, Very pale, Pale with a beige tint, Light brown, Medium to dark brown, Dark brown-black) with corresponding scores (0-5).

Table with 2 columns: Question (If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:) and Answer options (Burn, blister and peel, Burn, then when the burn resolves there is little or no color change, Burn, but then turns to tan in a few days, Get pink, but then turns to tan quickly, Just tan, Just get darker) with corresponding scores (0-5).

Total Score:

Summary table with 7 columns: My Score is, 0-2, 3-6, 6-9, 10-13, 14-16, 17-18 and 7 rows: My Skin Type is, I, II, III, IV, V, VI.

Specific Ethnic Background: (i.e. Scottish, Italian, American Indian, Asian, Middle Eastern, Eastern Indian, etc)