

Whitepaper

Rapid Start Dermatology Study with 3 Screenings in a Week

A Stryde Research case study on agile recruitment
in a time-sensitive Dermatology Trial

01 Executive Summary

Dermatology trials often operate within tight enrollment windows, face stiff competition for eligible patients, and must start screening immediately after site activation. Industry insights suggest that patient recruitment alone can account for nearly 30% of a clinical trial's duration.

In this case, Stryde Research enabled a dermatology study to reach three qualified screenings within one week of activation. Through careful coordination, precise outreach, and operational flexibility, this effort illustrates how Stryde's agile recruitment model meets the demands of dermatology trials.

02 Problem

Time-Sensitive Recruitment in Dermatology Studies

Many dermatology protocols are limited by seasons, episodic flare-ups, or brief eligibility windows. Common hurdles include:

1. COMPETITIVE POOL

Many sponsors compete for the same limited group of dermat patients, increasing recruitment pressure.

2. LOST TIME

Delays in site activation or patient outreach can shut the recruitment window before screening even begins.

3. LOW READINESS

Sites lacking agile outreach and screening capabilities struggle to act within narrow enrollment timelines.



These challenges introduce greater risk for sponsors and often lead to prolonged timelines or added site burdens.

03 **Solution:**

Stryde's Rapid Start Recruitment Model

Stryde's approach is tailored for speed and precision, particularly in dermatology studies. Core elements include:

01

Pre-identifying participants via prior study records, EMR filters, and referring physicians.

02

Launching outreach efforts at the moment activation is confirmed, using digital channels and provider alerts.

03

Offering flexible appointment times and fast eligibility checks to boost early screening.

04

Operating within a unified workflow that connects recruitment, clinical, and operations teams to avoid lag.

This framework allowed Stryde to act within days and secure multiple qualified screenings in the first week.

04 Case Example: Dermatology Trial

In one study with a very short recruitment window,
Stryde delivered:

3

Qualified screenings
in week one

1

Week from
activation to pre-
screening launch

↑ Enrollment

Improved rates with
early eligibility checks
& flexible scheduling



- Three qualified screenings in the first week post-activation.
- Launch of pre-screening activity during activation week.
- Improved enrollment rates, supported by early eligibility assessments and flexible scheduling.

05 Key Takeaways



Early outreach and pre-screening are essential in short-window dermatology studies.



Flexible operations allow for screening to begin as soon as sites are live.



Integrated team models remove bottlenecks between activation and recruitment.



Sponsors gain from a proactive, execution-ready site network.

Contact

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About Stryde Research

Stryde Research partners with sponsors and CROs to accelerate clinical development through operational excellence, patient-centric recruitment strategies, and therapeutic-area expertise.