

FEBRUARY 2025 Community Connections

MONTHLY NEWSLETTER



HOLIDAY PROGRAM RESULTS

During the holidays the Santa's Anonymous and food hamper program served 54 households and gifts for 140 individuals. We recognize everyone who helped make this annual program a success, from our donors to volunteers (gift wrapping and assembling hampers), thank you all for your generosity. Provided by: B.D.S.S. and Bashaw & District Food Bank
Program Partners: Alberta Food Banks, Lionel's No Frills, Heartland Colony and Bashaw Groceries

You Know Best & We Are Here for You

Don't wait, reach out. If you are feeling overwhelmed, please do not hesitate to seek help and access resources. At Bashaw CRC we have programs to help manage day-to-day challenges and designated staff who can help create a personalized plan, so that your concerns are addressed and needs/ goals can be met. We can help with navigating systems and provide support that is kind, empathetic, consistent and is a revolving door for anyone accessing services. We can help connect you to a wide range of community, social, health, and government services. Walk-in or make an appointment.
Free & Confidential. 780-372-4074

ANNOUNCING... BASHAW PRIMARY CARE HEALTH HUB

Thank you so much to those who attended the community engagement session on January 30, 2025. We were excited to share the new model of care coming soon, to Bashaw.

The Bashaw Wellness Team has been developing a collaborative model of health to complete the circle of services for the community. Thanks to Dr. Nischuk, the team had the ability to spend the time to develop this model because he continued to care for this community when he had planned to retire. The new model will be operational in late March with a team of physicians and health practitioners offering care to the region at the current Bashaw Medical Clinic. Please read more details on page 3 & 4...

→ **IMPORTANT: UPDATED CONTACT** ←

Victim Services - Crisis Support

For more information, contact Central Alberta Regional Victim Serving Society, 780-372-3687.

We thank our partners and community! Your generosity means everything to us and to the people we serve...

On Friday, January 17, 2025, the Bashaw RCMP Detachment hosted a Charity Hockey Game in Bashaw where Deputy Commissioner, Rob Hill graced us with his presence as the Honored Puck Drop Guest. RCMP Members and friends from around the province joined in the fun including 2 retired NHL players, Nick Holden and Erik Christensen. The Camrose Vikings U18AA team came out victorious against the RCMP and Friends team. The Charity Game was named "The Buffalo Cup", a tribute to both the RCMP Buffalo as well as Buffalo Lake near Bashaw.





Thank You



Sponsors

Alberta Prairie Railway	Coffee Tree Coffee Shop
Bashaw Esso	County Waters Kayaking
Bashaw Farm & Building Supplies	Dallas & Taryn Bergstrom
Bashaw Groceries	Dani Zietarsky – Re/Max
Bashaw Hotel	Dyberg Farms
Bashaw Liquor Town	Edmonton Oilers
Bashaw Meats	Ember Resources
Bashaw Royal Purple	Erin Elder
Bashaw RCMP	Fresh Start Studio
Bashaw Sports	Gully's Rescue Removal
Bashaw UFA	Hometown Beauty
Brimacombe Family Farm LLP	Jayden DeJonge
Calgary Flames	Krista Dubitz
Calgary Sports & Entertainment	Majek Well Servicing
Camrose County	Nick Holden
Camrose Nutters	Nutrition By Michelle
Camrose Superstore	Stettler Boston Pizza
Canyon Ski Resort	Stettler Ramada
Carley Dolan	Ted and Jennifer Lee
Cash Chem	The Sweat Shop Bashaw
Central Veterinary Clinic Bashaw	Tooth Travellers – Victoria Prichard
Cliff's Drilling	Town of Bashaw
Central AB Regional Victim Serving Society	
Calgary Sports & Entertainment - Dustin Edwards	

Volunteers

Amanda Lyle	Dorien DeJonge	Lissa Wieland
Aubrey Wilson	Duncan Ball	Loretta Paget
Brodie Thierman	Erin Elder	Sarah Clark
Carley Dolan	Hayden Breitmeier	Sheila Seale
Carman Meger	Heather Zygmunt	Tammy Ball
Cecile Dykstra-Scott	Jackie Northey	Tony Bourdages
Charlee Walker	Jeanna Roy	Trent Cleveland
Cole Fankhanel	Krista Dubitz	Trish Breitmeier
D.J. Ilg	Kyle Nielson	Ty Wilson
	Central AB Regional Victim Serving Society	

"The Bashaw RCMP would like to express their sincerest gratitude to all the sponsors and volunteers who helped create such a wonderful night at our first ever Buffalo Cup! The evening was full of fun, socializing and great hockey. Together we raised over \$5,000 for the Bashaw Community Resource Centre!"



Bashaw Primary Care Health Hub

Bashaw Wellness Team

(created the Bashaw Collaborative Response Model)

- Sgt. Trent Cleveland (Justice)
- Craig Dimond (Education)
- Robin King (Spiritual)
- Eric and Georgina Gaudet (Health)
- Annamarie Fuchs (Health Consultant)
- Christine Buelow (Social Services)
- Jackie Northey (Advanced Education)

The team works together to support individuals and families in different ways. By connecting, making decisions as a team, and acting early, they can spot problems before they get worse. By building trust, offering help, and tackling challenges together, they not only solve issues right away but also make the community stronger for the future, helping everyone live safer and healthier lives.

The Bashaw Wellness Team has been developing a collaborative model of health to complete the circle of services for the community. Thanks to Dr. Nischuk, the team had the ability to spend the time to develop this model because he continued to care for this community when he had planned to retire. The new model will be operational in late March with a team of physicians and health practitioners offering care to the region at the current Bashaw Medical Clinic.

Bashaw's Interdisciplinary Care Team will include:

- Physician Group
- Nurses (LPN, RN)
- Clinical Pharmacist
- Mental Health Consultants
- Behavioural Health Consultant
- Community Navigator
- Medical Office Assistants

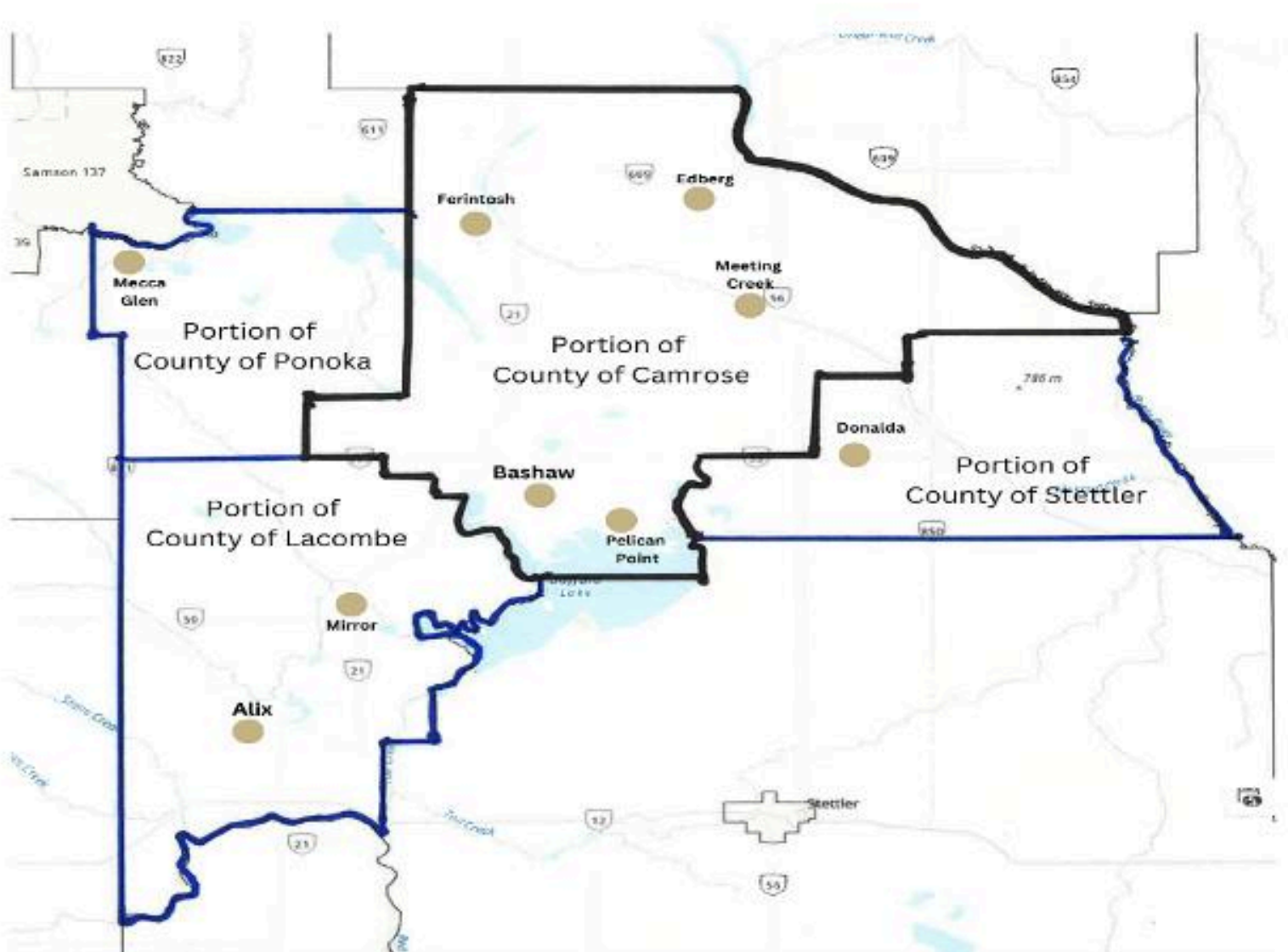
What does team-based care look like?

Each team member plays a role in caring for a patient's health, from identifying problems, to treatment, recovery, and prevention. This approach puts the patient first, focusing on their overall well-being rather than just treating individual symptoms.

Bottom line: Our expert team - including nurses, pharmacists, mental health practitioners and physicians - works together seamlessly to ensure timely access to exceptional care, right in our own community.

Regional Service Area

Created using the boundaries of the RCMP Detachment Area



Over the next weeks watch for communication from the health model team about enrolling as a patient in the clinic. Our target population will be the region we serve (shown above). We will schedule the enrollments based on the communication in this region.

Have any questions?

Please email: bashawprimarycarehub@gmail.com

NEW: Snow Angels Program

Providing FREE shoveling this winter.

Offered by Mr.Middleton and Bashaw Rebels School Teams.

Available during school days at 11:30AM. Email to arrange, amiddleton@brsd.ab.ca.

Aging Well in Your Community

If you are an older adult, needing extra support at home or with your daily routines, we may be able to help. Programming for older adults includes Meals on Wheels, Home Support Outreach (learn more below) and transportation.

Please note Meals on Wheels fees will increase to \$10 per meal, as of March 1, 2025.

How does it work? Hot meals are delivered to your door, on Mon, Wed & Fri.

A 3-course lunch prepared at Bashaw Meadows. Call to place your order!

Do you need help to get to your medical appointments? The Bashaw Regional Transportation program is a door to door service designated to support Healthy Aging in the region. Eligible riders are those age 50+ who live within the areas of Bashaw, Donalda, Alix, Mirror, Mecca Glen, Ferintosh, Edberg, Meeting Creek and everywhere in between; those who need transportation services to medical and other health related appointments, who do not drive, or do not drive in the cities where their appointments may be and who are attending short-term appointments.

Priority to those who do not have other supports, family members or means of transportation available. Each service request is evaluated on a case-by-case basis and must meet screening prior to approval. **Set Round Trip Fees Apply.** *

To find out more and to book, please call us at (780) 372-4074, or email frontdesk.bdss@gmail.com.



Home Support Outreach

expanded services now available

Programming now includes:

- Light Housekeeping

AND

- Yard/Garden Maintenance - light duty
- Friendly Visiting - includes home visits, social events, outdoor activities, leisure activities, etc.
- Menu Planning & Preparation
- Errands & Social Outings - includes grocery shopping, mail delivery or pick up, medication delivery or pick up, and even delivering that birthday gift to special friend.
- Support Liaison - staff are able to attend appointments with you to be an extra set of ears/ eyes so that information is understood, documented, and if necessary shared with your support people.



We look forward to creating Customized Service plans for every client, tailored to your preferences.

Available to anyone living in the Bashaw and Area region.

Cost: \$25 / hour flat rate

Fee update as of Jan 1, 2025

(Mileage is temporarily subsidized)

We are proud to be a part of local area residents Healthy Aging plan!



A smile is a curve that sets everything straight.

Feb 2025

OPEN Monday to Friday... Drop-in after school until 5:30PM
(unless otherwise specified)

sunday	mild monday	crafty tuesday	movement wednesday	theme thursday	boardgame friday	saturday
26	27 MOVIE DAY Family Resource Network: 0-6, Drop-in Playgroup, 10AM-12PM	28 WINTER CRAFT	29 BOUNCY HOUSE	30 PUZZLE DAY	31 NO SCHOOL DROP-IN UNTILL NOON AND THEN SWIM OUTING 10:30AM-4:30PM SWIMMING	1
2	3 MOVIE DAY	4 VALENTINE CRAFT	5 SCAVENGER HUNT	6 BIRTHDAY DAY	7 MYSTERY DAY	8
9	10 FIRE SAFETY JEOPARDY Family Resource Network: 0-6, Drop-in Playgroup, 10AM-12PM	11 VALENTINE CARDS	12 BOUNCY HOUSE	13 NO SCHOOL DROP-IN 10:30AM-3PM SNOW PAINTING	14 NO SCHOOL DROP-IN 10:30AM-3PM SKATING	15
16	17 CLOSED	18 FINGER PAINTING	19 DANCE PARTY	20 TELL A STORY DAY	21 DOG DAY	22
23	24 PLAY DOUGH Family Resource Network: 0-6, Drop-in Playgroup, 10AM-12PM	25 JELLYFISH CRAFT	26 MUSICAL CHAIRS	27 GUMDROP DAY	28 BINGO	

SUBJECT TO CHANGE



Your support means so much!!

Thank you 2024 donors, volunteers, program partners & participants, everyone who utilized our space and showed up to events. We recognize your attendance and sponsorship of the Summer Program and outings throughout the year; Summer Sizzle Online Auction- donors and bidders; Festival of Trees- Adopt a Tree, those who purchased raffle tickets and enjoyed the occasion with us. **Many thanks for your presence & generosity throughout the year.**

Fundraising Opportunity:

FündScrip

How does it work? Pay for your everyday expenses & gifts with gift cards bought from FundScrip... www.fundscrip.com

Each purchase automatically includes a donation to the campaign. You are not out of pocket, and can shop where you would normally shop. Support us during Feb 3-24, forms available at BYC.

info.bashawyouthcentre@gmail.com or 403-373-2706
4903 50 Ave., Bashaw, AB

f @bashawyouthcentre.byc
#bashawyouthcentre

BYC Update

February 2025



Healthy Families

WHO: Families expecting a baby or have a child up to 6 years of age.

As a further extension we support Women who are pregnant or up to 6 months postpartum, that self report alcohol and/or drug use during pregnancy.

WHAT CAN YOU EXPECT?

- Support for prenatal care and its role in a healthy pregnancy
 - Prenatal Education with topics such as: Changes in Pregnancy, Healthy Eating, Physical & Emotional Fitness, Labor & Birth, Breastfeeding, Postpartum Changes & Newborn Care & Safety

If you or someone you know could benefit from the support of the Healthy Families Program of the Camrose Association For Community Living, please contact the Healthy Families Facilitator in your area.

Bashaw, Mirror, Ferintosh, Donalda and Area
4909 50 Street Bashaw
Office 7803724074
Cell 78067988066
Email: alyle@cafcl.org



NO SCHOOL OUTING & DROP-IN:

Remember to watch for special drop-in days when there is no school and for planned outings during select no school days. (MUST register & fees apply.)

This month drop-in for free & fun activities on Feb 13 & 14!

Drop In Play Group

At Bashaw Youth Centre

Feb 10 & 24

From 10-12



4903 50th Ave.
call 578 844 6800 for more info.

Alberta Provincial Family Resource Networks

Are you concerned about your child/teen experiencing Anxiety?

Being a Parent to a child/teenager who is experiencing anxiety can be tough. Join us in a series of small group sessions once a week, where together we will discuss strategies and tools to support your child in being better able to cope with anxiety.

Tuesdays Feb 4 - March 11th
8:00pm - 9:30pm Via Zoom

Register
<https://www.camrosefrc.com/registration>



Group Teen Triple P

The teenage years come with a host of new challenges for your teen and for you. By learning - and using - positive strategies that really work, you can help your teen find solutions for all kinds of situations. They may be getting older, but you can still influence their behaviour!



Parents learn new skills through a process of observation, discussion, practice, and feedback, and between sessions complete homework tasks designed to reinforce the content of the group sessions. text

4 Virtual weekly group sessions

Wednesdays

Feb 5, 12, 19, 26th

7:30 pm - 9:30pm

To register go to
www.camrosefrc.com/registration
or call 780 672 0141

Limited Spots Available!



Alberta Provincial Family Resource Networks

Bashaw & Area Families

Community wellness services include information & referral, resource navigation and one-on-one support. Access supports and resources for all ages, activities & events, food hampers, seasonal programs, transportation, volunteer services and more. Copy, fax, print and technology services are available.

Contact Bashaw and Area Community Resource Centre to learn more.
780-372-4074.

JULY 3 - AUGUST 27

2024 Summer Recap Regional Youth Programs

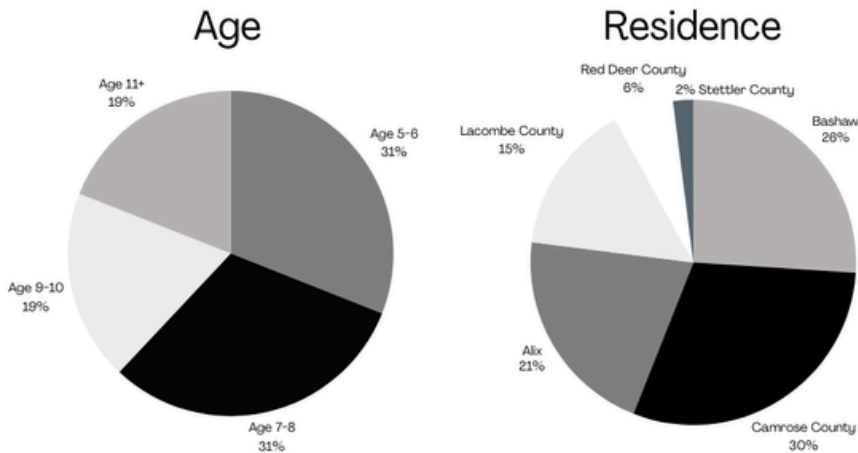
For school-aged children, offered at Bashaw Youth Centre
and Alix and Area Community Resource Centre.

87 MONTHLY PARTICIPANTS REGISTERED

(# of Children:
17 July, 26 August, 44 Both)

AND 20 DROP-IN PARTICIPANTS REGISTERED

(Each child attended
1-3 times during July to August)



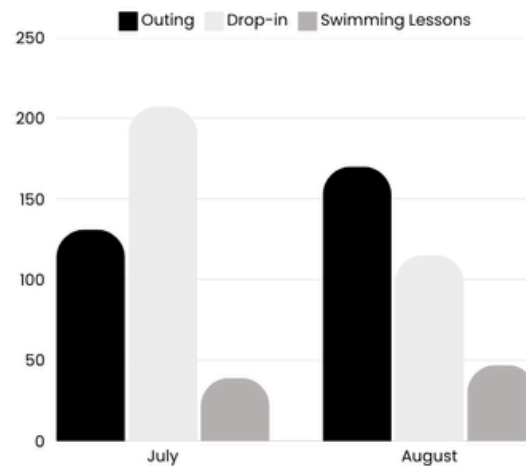
Night at the Centre

JULY Glow in the Dark: 17 Youth
AUGUST Tie Dye Party: 37 Youth

Outings to:

- ~Barney's Adventure Drumheller
- ~Deer Valley Meadows
- ~Leduc Alexandra Outdoor Pool & Spray Park
- ~Blackfalds Abbey Centre
- ~Edmonton Valley Zoo
- ~Alix Wagon Wheel Museum
- ~Stettler Town & Country Museum

Total Attendance



Thank you for helping make Summer 2024 programs possible:

- ~Bashaw & District Support Services~
- ~Alix Mirror Wellness Supports Society~
- ~Bashaw Youth Drop-in Foundation~
- ~Canada Summer Jobs~
- ~AB Lottery Grant~
- ~Ember Resources~
- ~Bashaw & Area Recreation Board~
- ~Alix Village Shoppe~
- ~CIP Special Projects~



We partner to offer local youth a safe and engaging program, when school is out during July & August.

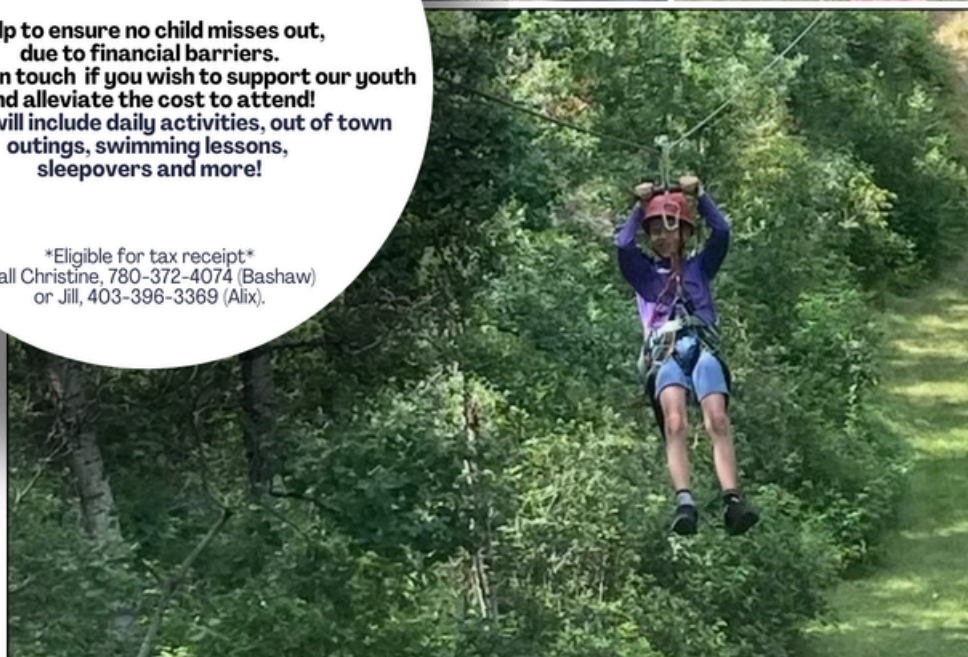
Did you know?
We serve an area including towns, villages and a rural population bordered by four counties!



We are looking for
Summer 2025 Sponsors.

Help to ensure no child misses out,
due to financial barriers.
Please get in touch if you wish to support our youth
and alleviate the cost to attend!
The fun will include daily activities, out of town
outings, swimming lessons,
sleepovers and more!

Eligible for tax receipt
Call Christine, 780-372-4074 (Bashaw)
or Jill, 403-396-3369 (Alix).



What did the kids think?

Feedback from Alix Youth-

Dawson: I liked making paper mâché octopus.

Lawrence: I love the Deer Valley Meadows zipline.

DJ: My favorite was the Leduc waterpark!

Benny: I loved ziplining.

Adriaunna: I loved the Edmonton Zoo.

Roux: The ziplining was my favorite part of summer!

Gracelynn: I liked the Edmonton Zoo.

Luke: Deer Valley Meadows was really fun.

Jayden: I loved the tie dye sleepover, I had a blast.

Feedback from Bashaw Youth-

Fynn: The sleepovers were the best with staying overnight, the glow in the dark and tie dye.

Adeline: Hanging out with the staff (Claire), in the summer.

Shelby: We went to Deer Valley Meadows and swimming lessons and it was a bunch of fun.

Fletcher: Deer Valley Meadows was the best part. I loved the zipline and slip and slide.

Kahless: I really liked all of the games especially the glow in the dark party.

Gabby: My favorite was Barney's Adventure Park and rock climbing.

To learn more about what we do, visit online:
www.alixcrc.com www.bashawcrc.com

Create a new Sensory Craft each week from the comfort of your own home. All supplies will be provided by us!!

Ages 7-10 yrs



Join Us

In our Virtual Sensory Craft Workshop



Thursdays
Feb. 27-March 13
4:00-4:30pm via ZOOM

REGISTER TODAY

www.camrosefrc.com



Alberta Provincial Family Resource Networks



REWRITING REACTIONS YOUTH ANGER MANAGEMENT

Wednesdays, 7:00pm - 8:30pm
Starts February 26, 2025
Online

This 8-week program focuses on teaching youth, ages 12-16, about managing intense emotions, healthy coping strategies and improving relationships with peers and family.

For more information or to register:

587-844-6811

abby@changing-ways.ca



stronger together

Kids Have Stress T00!



This workshop will provide parents and caregivers with the resources and tools to manage stress in their children.

- 01 Learn how to recognize stress in children
- 02 Help children learn how to manage stress
- 03 Explore ways to use the KHST strategies at home

6:30-8:30
March 13
online or in person

To register
www.camrosefrc.com
or call 780 672 0141



Alberta Provincial Family Resource Networks



BASHAW & AREA COMMUNITY HAPPENINGS

Immaculate Heart of Mary

Catholic Church

Mass Saturday 5:30PM, 1st Sunday- 9AM
Each month, Tues- Mass 5PM

Times Posted Outside Church.

Community Connections

Bashaw CRC

Next Deadline:

Feb 24

Contact us to have your content included in next month's newsletter.

780-372-4074,
fax 780-372-3951 or email
frontdesk.bdss@gmail.com.

Pickleball:

Seniors Welcome!

Ag Buildings

Tues/ Thurs/ Sat

9:30AM - 11:30AM

Contact Chris Brosinsky,
780-372-3936.

Bashaw Legion #38: Updates

Heading into 2025, we would like to thank all who have supported us throughout 2024. You have made an impact on the Legion's ability to help Veterans and their families.

It is because of you that Canadians continue to honour and keep the spirit of Remembrance alive.

The Legion continues having Wed. night bingo's and Friday night Dart's.

All are welcome.

Come talk and see what else the Legion has to offer.

The Bashaw branch team of Bob and Pat Dart won District 4 Seniors Crib, and went to provincials, and placed fourth in the province.

Garbage Pick-up & Recycling.

Feb 10 & 24

Recycling pick-up is Every 2nd Monday.

Feb 3, 10, 17, 24

Garbage pick-up is Every Monday.

Regular Council Meetings

Held on the first and third Wed of the month

Everyone is welcome.

*Contact to confirm location or Zoom links,
780-372-3911.*



OUR COMMUNITY COULD WIN AN NHL® GAME AND \$250,000 TO BUILD HOCKEY DREAMS!

We're still climbing and getting closer to the top.

This round goes until March 3, so lots of time to get there!

If you want to feel the feels today - read some of the stories that have been submitted. It will make your heart swell. Keep it up!

<https://hockeyville.kraftheinz.com/community/11eebe611aee6400ab522e1c8893781e>

Stories submitted as of January 29, 2025 – 9:30 am

Placing	Community	Province	Population	# Stories
1	Sackville	NS	51,749	324
2	Trout Creek	ON	458	308
3	Bashaw	AB	892	166
4	Honeywood	ON	8,994	96
5	Marystown	NL	5,307	56
6	Oxbow	SK	1,286	52
7	Saint Boniface	QC	5,336	48
8	Petitcodiac	NB	1,619	44
9	Bancroft	ON	4,065	40
10	Crossfield	AB	3,941	40
11	Redvers	SK	1,420	40
12	Arborg	MB	1,279	36

Bashaw Community Church

"A lighthouse of God's
Love and Grace."



We want to invite you to join us for our weekly praise and worship service as we dig deeper in God's word. We are a church where you can come and be touched by the transforming presence of God and experience his presence and goodness as we worship together.

Our service is held every Sunday at 10:00 AM

5119 50St.

Pastor Roberto Angelone

780-298-9355

"Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us."

Romans 8:34





***ROBOTICS SESSION ***

"TROUBLE WITH TRIBBLES"

MARCH 27 @ 10:30-11:30

IN THIS EXCITING PROGRAM, YOU'LL CREATE YOUR VERY OWN FLUFFY POM-POM TRIBBLE, GIVE IT A NAME, AND LEARN TO MAKE IT DANCE WITH THE HELP OF SIMPLE CODING USING A MICRO:BIT PROCESS AND A HUMMINGBIRD KIT



FOR AGES 7-10

ONLY EIGHT SPOTS AVAILABLE

REGISTER TODAY @ THE BASHAW LIBRARY

(780) 372-4055



"ECOSYSTEM IN A JAR"

MARCH 27 @ 1:00-2:00

DISCOVER THE MAGIC OF TERRARIUMS AND LEARN HOW TO BUILD A SELF-SUSTAINING MINI-ECOSYSTEM.



PERFECT FOR NATURE LOVERS AND CREATIVITY ENTHUSIASTS!

FOR AGES 7-10

ONLY EIGHT SPOTS AVAILABLE

REGISTER TODAY @ THE BASHAW LIBRARY

(780) 372-4055



Look for order forms at:
 Bashaw & Area Community Resource Centre
 Bashaw Meats & Sausage Ltd.
 Hairz Amore Salon
 Iris at Bashaw Meadows
 Marc DeCnodder

All orders and payment must be
 completed by: Thursday, February 27, 2025

For every basket sold...\$10 goes towards the
 Bashaw Meadows Residents Association

*Pick up will be mid- May after Mother's Day
 in the South Parking Lot
 at Bashaw Meadows
 Watch for dates and details!*

2025
BASHAW MEADOWS
SPRING FUNDRAISER IS BACK !!!
Partnering with the Barn Garden Center

Order your Spring Baskets
 just in time
 for your May long weekend planting!



**Thank you for Fundraising with
 Bashaw Meadows**



						
12" Sun Hanging Basket A mix of sun loving annual flowers. Flower colors will vary. \$38.00	12" Shade Hanging Basket A mix of shade loving annual flowers. Flower colors will vary. \$38.00	12" Strawberry Hanging Basket Ever bearing strawberry plants that will produce all summer \$28.00	12" Tomato Hanging Basket Tumbling cherry tomato that will produce 100's of tomatoes \$32.00	10" Herb Hanging Basket A variety of edible herbs including basil, thyme, chives, sage, and mint. \$28.00	12" Mosquito Repel Planter A variety of fragrant plants known to repel mosquitos and bugs. \$36.00	12" Pepper Planter Assorted pepper plants. Perfect for small patios and gardens. \$32.00

Seller Name: _____ Seller Phone Number: _____

Kindly have the form completed with payment by: **Thursday, February 27th, 2025** to Iris at Bashaw Meadows. *****Please make cheque payable to: Bashaw Meadows Residents Association. Thank you.**

Customer Name & Phone Number:	12" Sun Hanging Basket \$38.00	12" Shade Hanging Basket \$38.00	12" Strawberry Hanging Basket \$28.00	12" Tomato Hanging Basket \$32.00	10" Herb Hanging Basket \$28.00	12" Mosquito Repel Planter \$36.00	12" Pepper Planter \$32.00	Customer Total (\$)
Ex) Jane Doe 123-456-7890	1		1		1		1	\$126

BASHAW UNITED CHURCH



whoever you are, however you are, wherever you find yourself in life, we affirm you as YOU - we are ALL loved!

You're invited!

Why not drop in and visit with us on a Sunday morning at 10:30 am? We promise a warm welcome and an engaging hour. In person is best or online on the Rising Spirit Ministry YouTube channel (links also on Facebook and our website). We have Soup and a Bun lunch after service on the first Sunday of the month, Potluck Lunch on the third Sunday. Bashaw United Church Kids (BUCK) children's program each Sunday with Lori.

COFFEE TIME THURSDAYS AT 11 AM

Join us for coffee or tea, great snacks and great conversation. Everyone welcome!

FEBR ARY

MOVIE NIGHT, FEBRUARY 7, 7 PM

Conclave (2024, PG, 120 mins.) When a Cardinal is tasked with overseeing the selection of a new Pope, he finds himself at the centre of a conspiracy that could shake the very foundation of the Roman Catholic Church. It's Free. Popcorn provided, please bring a drink.

gathering, THURSDAY, FEBRUARY 20, 7 pm

An hour of live music, media, message and conversation. This month's theme: difficult love.

DINNER AND A FAMILY MOVIE, FEBRUARY 21

Light supper at 5:30, followed by a movie at 6 - **Wicked** (2024, PG, 160 mins.). The musical that tells the beginning of the story of Elphaba and Galinda and the Wizard of Oz. It's Free. Children 9 and under must be accompanied by a parent. (May not be suitable for very small children because of length.)



BASHAW UNITED CHURCH
A Partner in Rising Spirit Ministry
780 372-3891 • Facebook

risingspiritministry.com • bashawunited@gmail.com

Friends of the Majestic Theatre

Invites you to attend the
Annual General Meeting

Sunday February 23, 2025
4 pm followed by Pot Luck Supper at 5:30

Everyone Welcome

Memberships only \$5 which gives
voting privileges for the Board of Executives & Directors
and an opportunity to join in bringing
our community together for a variety of fun entertainment:
Dinner Theatre, Tribute Artists, Music
Jam/Dance
and more

Prize: Dinner Theatre Tickets for 2 have
been generously donated

We will have 2 draws for the upcoming Spring Play
Join us for a fun evening – bring a dish: salad, veg, main,
dessert

Your choice – we're sure it will be good!

MON. FEB. 3RD, 2025 ART-VENTURES

CONNECT & CREATE

FOR FAMILIES WITH CHILDREN 0-7



DATES: 1ST AND 3RD MONDAYS
TIME: 10:00-11:00 AM
PLACE: BASHAW LIBRARY



FEB 2025

OPEN Monday to Friday, 9AM-4PM.

Closed all statutory holidays.



4909 50 Street, Bashaw, AB

Bashaw Adult Learning
Bashaw & District Food Bank
Bashaw & District
Support Services (B.D.S.S.)
Bashaw Bus Society
Bashaw Community
Wellness Team

Ph. 780-372-4074
Fx. 780-372-3951

(S) 26	(M) 27	(T) 28	(W) 29	(T) 30	(F) 31	(S) 1
2	Art-ventures, 10AM-11AM @ Library	3 Bashaw Bus 9AM	4 Circle of Serenity Parenting, 10:30AM-11:45AM Community Coffee Drop-in, 1:30PM-3PM @ Lutheran Church	5 Camrose Bus 9AM	6 Tooth Traveller Dental Hygiene, by Appointment Coffee Time, 11AM @ Bashaw United Church (BUC)	7 8
9	10 Family Resource Network: 0-6, Drop-in Playgroup 10AM-12PM @ BYC	11 Bashaw Bus 9AM Circle of Serenity Parenting, 10:30AM-11:45AM Community Coffee Drop-in, 1:30PM-3PM @ Lutheran Church	12 Tooth Traveller Dental Hygiene, by Appointment	13 Foot Care by Kaitlin Clinic, by Appointment Coffee Time, 11AM @ Bashaw United Church (BUC)	14	15
16	17 CLOSED	18 Bashaw Bus 9AM Circle of Serenity Parenting, 10:30AM-11:45AM Community Coffee Drop-in, 1:30PM-3PM @ Lutheran Church	19	20 Camrose Bus 9AM Tooth Traveller Dental Hygiene, by Appointment Coffee Time, 11AM @ Bashaw United Church (BUC)	21	22
23	24 • March Newsletter Deadline Bus. & Non-Profit Workshops: Marketing Part 2 Time & Location TBD Family Resource Network: 0-6, Drop-in Playgroup 10AM-12PM @ BYC	25 Bashaw Bus 9AM Circle of Serenity Parenting, 10:30AM-11:45AM Community Coffee Drop-in, 1:30PM-3PM @ Lutheran Church	26 Tooth Traveller Dental Hygiene, by Appointment	27 Foot Care by Kaitlin Clinic, by Appointment Coffee Time, 11AM @ Bashaw United Church (BUC)	28	29

BASHAW BUS SOCIETY

Bashaw Bus - \$6

Camrose Bus - \$15

Charter Bus - \$30/hour + \$1/km

Call 780-372-3631 to book your spot.

We offer info & referral, resource navigation, one-on-one support and programs for all ages.
Visit online for a complete list of services and program details, www.bashawcrc.com.

~Access food hampers Monday to Friday, 9AM-4PM

~Virtual AHS Mental Health Appointments: Book on Monday through Friday, at 10AM-12PM & 1PM-2PM. Call to make an appointment.

Subject To Change

Partner Programs:

~For more info on the Community Coffee Drop-in at the Bashaw Lutheran Church (BLC), contact Leanne Walton, 403-505-3436 or 403-784-3437.

~For more info on Bashaw Youth Center (BYC) programs contact, 403-373-2706.

~To book with Foot Care by Kaitlin or for more info please contact, 587-377-6099.

~For more information on Bashaw United Church (BUC). Coffee Time contact, 780-372-3891.

~For more info on Family Resource Network events and programs contact, 578-844-6800.

Introducing Mental Health supports offered by,



Prairieland Psychology

Jessica Harvey,
M.A., CCPA

More about my services...

Primary modalities used are Acceptance and Commitment Therapy, Existential Therapy, Solution-Focused, and Emotion-Focused.

For adults, kids, teens, couples, families.

Services billable to health insurance as of April.

Areas of focus:

- Mood Concerns & Disorders
- Behavioral Concerns & Disorders
- Grief/Loss
- Substance Use/Addiction
- Relationship Concerns
- Abuse/Trauma
- Life Transition
- Identity Concerns & Disorders
- Eating Concerns
- Workplace/School Concerns
- Aging
- Existential Concerns



Book alternating Wednesdays

Contact the Alix and Area
Community Resource Centre
403-396-3369, for assistance.
Or connect the provider directly:

780- 691-7962

Prairielandpsychology.janeapp.com

prairielandpsychology@gmail.com

Bay 1, 5008 50 Ave, Alix AB



**NOW
AVAILABLE!**

Introducing

**FREE
Mental Health
Counseling
for All Ages**



- 50 min sessions
- For children, youth, families, adults and couples
- Available in- person by appointment
- Located at the Alix and Area Community Resource Centre

Trish Rasmussen, RPC-C

Registered Professional Counsellor and founder of Healthy Minds Online offers an integrative approach to therapy, distinctly tailored to fit your needs and address your issues or concerns, including:

- Stress management
- Anxiety
- Depression
- Develop coping strategies
- Improve communication skills
- Empowerment
- Learn how to make healthier choices
- Fresh insights on your life
- Help increase sleep time
- Career enhancement
- Self-esteem issues

**If interested,
email direct to book:**

trish@healthymindsonline.ca

www.healthymindsonline.ca



Bay 1, 5008 50 Ave, Alix, AB
403-396-3369

TOWN OF BASHAW DIRECTORY

ATB Financial Bashaw	(780) 372-3030	4909 50 St.	Bank, Chequing and Savings Accounts, Credit Accounts, Investments and Loans.
B.P.O.E. - Elks	bashawelks175@gmail.com		Service Club.
Bashaw & Area Community Resource Centre	(780) 372-4074	4909 50 St.	Community Wellness Services Comprise of Information & Referral, Resource Navigation and One-on-One Support. Supports and Resources for all Ages, Activities and Events, Food Hampers, Seasonal Programs, Transportation, Volunteer Services and More.
Bashaw & District Agricultural Grounds	(780) 781-6451	4750 45 Ave.	Rental Facility.
Bashaw & District Chamber of Commerce	(780) 678-9000		Member's Volunteer Efforts Promote Community and Local Businesses.
Bashaw & District Food Bank	(780) 372-4074	4909 50 St.	Food Hampers. Proud partner of Bashaw & Area Community Resource Centre.
Bashaw & District Preschool	(780) 372-2053	5020 52 Ave.	Play-Based Preschool Program. Proud partner of Bashaw & Area Community Resource Centre.
Bashaw & District Regional Health and Wellness Foundation	(780) 372-3087		Health and Wellness Organization.
Bashaw & District Support Services	(780) 372-4074	4909 50 St.	Community Based, Preventative Social Programs & Services. Proud partner of Bashaw & Area Community Resource Centre.
Bashaw & District Thrift Store Society	(780) 372-3718	5008 50 St.	Used Clothes, Movies, Games and Small Furniture.
Bashaw 4-H Beef Club	(780) 678-6341		Youth Organization. Beef.
Bashaw 4-H Multi Club	(780) 678-6963		Youth Organization. Horse, Woodworking, Sewing, Dog, Photography and Foods.
Bashaw Adult Learning Council	(780) 372-3648	4909 50 St.	Adult Education. Proud partner of Bashaw & Area Community Resource Centre.
Bashaw Ag Society	(780) 781-6451	4750 45 Ave.	Bookings, Cattle Barns, Outdoor/Indoor Show Rings, Race Track and Rodeo Facilities.
Bashaw Arena	(780) 372-3763	5020 52 St.	Rental Facility.
Bashaw Art Club	(780) 372-4341 or (780) 372-3562		Fine Art, Courses, Art Shows and Displays.
Bashaw Autobody	(780) 372-0132	4920 49 St.	Custom, Collision and Restoration.
Bashaw Bottle Depot	(780) 372-2282	4720 49 Ave.	Bottle Return.
Bashaw Bus Society	Board (780) 372-2211 or Rental (780) 372-3631	4909 50 St.	Wheelchair Accessible Transportation. Proud partner of Bashaw & Area Community Resource Centre.
Bashaw Canada Post	(780) 372-3033	5118 50 St.	Sending and Receiving Mail, Gift Cards.
Bashaw Cemetery	(780) 372-3911	NW 28-41-21-W4	Cemetery.
Bashaw Community Centre Board	(780) 372-3634	5020 52 St.	Contact for Hall Bookings.
Bashaw Community Church	(780) 298-9355	5119 50 St.	Worship Services.
Bashaw Community Hall	(780) 372-4487	5020 52 St.	Wheelchair Accessible Facility, Banquet Capacity- 250 People.
Bashaw Community Health Centre	(780) 372-3731	5308 53 St.	Home Care, Lab and X-Ray.
Bashaw Community Theatre	(780) 372-3648		Arts & Entertainment, Theatre Productions.
Bashaw Concrete Products Ltd.	(780) 372-3854	5102 48 St.	Landscaping Supplies including Topsoil, Mulch, Red Shale, Fire Pits & Landscape Fabric, Ready Mix Cement, Gravel, Sand, Limestone and Compost.
Bashaw Crop Services	(780) 372-3036	5115 48 St.	Farm Crop Services and Fertilizer.
Bashaw Curling Club	(780) 372-3817	5019 50 St.	Sports Club and Arena & Sports Venue.
Bashaw Disaster Services	(780) 372-3911	5011 52 Ave.	Disaster Services.
Bashaw Esso	(780) 372-4106	HWY 21 & HWY 53, 53 St.	Gas, Diesel, General Car Maintenance Supplies, Air Compressor Available for Car Tires and Car Wash.
Bashaw Farm and Building Supplies Ltd.	(780) 372-4104	4603 45 Ave.	Hand Tools, Power Tools, Fasteners, Hardware, Paint, Electrical, Plumbing, Heating & Cooling, Housewares, Lawn & Garden, Pet Supplies, Farm Supplies, Automotive, Outdoor Living and Outdoor Sports. Purolator Pickup Location.
Bashaw Farmers Market	(780) 781-0998	Bashaw Ag Ground	Seasonal Market.
Bashaw Fire Department	Fire Chief (780) 350-9140	4911 52 Ave.	Fire Protection Service.
Bashaw Fire Hall Museum		5018 50 St.	Artifacts and Local History.
Bashaw Food Town	(780) 372-0000	5011 50 St.	Grocery Store, Food and General House Supplies.
Bashaw Funeral Home	(780) 372-2353	5016 50 Ave.	Caskets, Urns and Funeral Planning.

Bashaw Golf and Country Club	(780) 372-2333		Golf and Country Club.
Bashaw Groceries	(780) 372-3535	5019 50 St.	Grocery Store, Food and General House Supplies.
Bashaw Home Hardware	(780) 372-3889	5102 50 St.	Hand Tools, Power Tools, Fasteners, Hardware, Paint, Electrical, Plumbing, Heating & Cooling, Housewares, Lawn & Garden, Pet Supplies, Farm Supplies, Automotive, Outdoor Living and Outdoor Sports.
Bashaw Hotel	Bar (587) 322-9335 or Restaurant (587) 322-9555	5016 50 St.	Hotel Rooms, Restaurant and Bar.
Bashaw Laundromat		4905 50 St.	Washing Machines and Clothing Dryers.
Bashaw Legion Hall	(780) 372-3595	5115 50 St.	Rental Facility. Leave a message for bookings.
Bashaw Library Board	(780) 372-4055	5112 52 St.	Governing Board for Bashaw Municipal Library.
Bashaw Liquor Store	(780) 372-3860	4520 50 St.	Beer, Wine and Spirits.
Bashaw Meadows	(780) 372-2056	5502 56 Ave.	Both Lodge and Designated Supportive Living Accommodation.
Bashaw Meats and Sausage	(780) 372-3517	4903 51 Ave.	Beef Products, Pork Products, Chicken Products, Fish & Shellfish, Ice Cream in the Summer, Rice and Soup.
Bashaw Medical Clinic	(780) 372-3740	5308 53 St.	Medical Services.
Bashaw Municipal Campground	(780) 372-3911	Next to Bashaw Ag Grounds	Camping- 16 Un-Serviced Sites, Self Registration, \$20 Per Night, Trailer Dump Station and Washrooms.
Bashaw Royal Purple	(780) 372-3634		Service Club.
Bashaw Pharmasave	(780) 372-3503	5010 50 St.	Various Pharmas, Prescription Drug Pickup and Vaccines.
Bashaw R.C.M.P. Detachment	(780) 372-3793	5017 52 St.	Police Services.
Bashaw Recreation Board	(403) 741-2630		Recreation, Arts and Culture.
Bashaw Rentals & Sales	(780) 679-7297	5011 46 Ave.	Trailer and Skid Steer Attachments, Power Tools, Hand Tools, Local Products and More.
Bashaw School	(780) 372-3800	5112 52 Ave.	K-12, Battle River School Division.
Bashaw Seed Cleaning Association Ltd.	(780) 372-3868	5111 48 St.	Feed Pellets, Seed Cleaning, Separation and Sorting.
Bashaw Skating Club	(403) 741-5026		Sports Club.
Bashaw Sports Centre	(780) 372-4440	5012 50 St.	Guns, Ammo, Hunting & Fishing Supplies, Competition Shooting and Archery Supplies.
Bashaw Star	(403) 742-2395		Local Newspaper and Advertising.
Bashaw Thrift Shop	(780) 372-3718	5008 50 St.	Second Hand Goods.
Bashaw Tourism Information Booth		5020 52 Ave.	Maps and Information.
Bashaw Tool & Small Equipment Rentals	(403) 588-9958	5036 49 Ave.	Tool Rental.
Bashaw UFA Petroleum Agency & Cardlock	(780) 372-3865	4510 50 St.	Gas, Diesel, General Car Maintenance Supplies and Propane.
Bashaw United Church	(780) 372-3891	5036 52 Ave.	Worship Services.
Bashaw Veterinary Clinic	(780) 372-2411	5113 50 St.	Veterinary Care for Pets and Farm Animals, General Pet and Farm Supplies.
Bashaw Western Financial Group	(780) 372-3584	4907 50 St.	Different Types of Insurance, Class 7 GDL and Class 5 GDL License Tests and Renewals of Vehicle Registration.
Bashaw Youth Centre	(403) 373-2706	4903 50 Ave.	Youth Recreation.
Carlson Construction	(780) 372-2374		Construction.
CC Welding & Tire	(780) 372-4026	42067 RR 204	Tire Sales & Repair and Welding.
Central AB Builders & Renovators	(403) 588-9957	5036 49 Ave.	Renovations and Construction.
Central Alberta Regional Victim Serving Society	(780) 372-3687		Crisis Support.
Cheryl J. Moser Chartered Professional Accountant	(780) 679-8960		Farm, Small Business, Corporate and Personal Accounting and Tax Services.
Cindy's She Shed	(780) 372-4104	4603 45 Ave.	Greenhouse. Opening May 3rd for the 2024 season. Open Mon-Fri 9AM-5PM, Sat 9AM-3PM, Sun 11AM-2PM.
Cliff's Water Well Drilling	(403) 302-2102		Water Well Services.
Country Lane Saskatoons (formerly Oberg Saskatoon Farm)	403-350-5351	6 KM South of Bashaw on Hwy 21	Berry Picking.
Country Nine Golf Course	(780) 372-2427	Range Rd 213A	Golf Course.
East Hills Automotive & Tool Supply	(403) 357-7401	4516 50 St.	Automotive Parts Store.
Fankhanel Construction Ltd.	(780) 679-8403		Shops, Barns, Garages, Roofing, Cement Work, Home Renos, Sheds and More.
Fresh Start Studio	www.freshstartstudio.ca	7KM East of Bashaw on HWY 53	Handmade Studio and Shop.
Friends of the Majestic Theatre	(780) 372-4341 or (780) 372-4163	5110 50 St.	Performing Arts and Dinner Theatre.
Generations Daycare	(780) 372-2053	5020 52 Ave.	Child Care. Proud partner of Bashaw & Area Community Resource Centre.
Hairz Amour	(780) 372-4043	4920 50 St.	Hair Styling, Manicures, Pedicures, Facials, Waxing and Piercing.
Hammer's Construction Ltd.	(780) 385-1886	5327 52 Ave.	Certified Carpenter Specializing In All Types of Concrete Work.
Happy Gang Centre (Bashaw & Area Seniors Activity Centre)	(780) 372-3801	5001 50 St.	Seniors Centre.
Heritage House 1 & 2	(780) 679-2000	5015 53 Ave.	Seniors Subsidized Housing, Independent Living Only.

Holt's Vacuum & Septic Service	(780) 372-3522	5009 50 St.	Septic Services.
Hometown Beauty Co.	(780) 966-8339 Hometownbeautyco@hotmail.com	4819 50 St.	Beauty Salon Offering Makeup, Nails and More.
Hooker Heavy Duty	(403) 358-0388	5031 46 Ave.	Auto Repairs.
I Knead You	(780) 781-7776	4914 50 St.	Massage Therapist.
Immaculate Heart of Mary Roman Catholic Church	(403) 742-2047	4919 51 St.	Worship Services.
J.S. Carpenters Services Corp.	(403) 304-1477		Fence/Deck/Garage/Roofing, Residential & Commercial New Construction and Renovations.
Jones Family Chiropractic Centre	1-866-920-0707	5020 50 St.	Chiropractic Care.
KIJO Welding Ltd.	(780) 781-1607 or (780) 781-4463		Welding.
Lakeside House	(780) 679-2000	4902 54 Ave.	Seniors Subsidized Housing, Independent Living Only.
Lee Industrial	(780) 878-4253		Screened & Washed Sand & Gravel, Site Prep. and Trucking.
Liquor Town	(780) 372-0000	5009 50 St.	Beer, Wine and Spirits.
M & A Butcher	(780) 898-5919		Butcher Shop.
Majek Well Services	(780) 372-2447		Water Well Services.
Max's Drive Inn Restaurant	(780) 372-3771	4415 55 St.	Restaurant and Pizza.
Meeting Place Coffee Roasters	(780) 678-1961	4813 50 St.	Facility Specializing in Roasting Organic Guatemalan and Colombian Beans and More.
Minor Ball	(403) 741-8502		Sports Club.
Minor Hockey	(780) 679-8983		Sports Club.
N.J. Holt & Sons Ltd.	(780) 372-3522		Trucking.
OK Tire	(780) 372-2045	4920 50 Ave.	Vehicle Checkups, Vehicle Maintenance, Vehicle Products, Vehicle Tune-ups & Mods and Garage Inspections.
One Painted Paw	onepaintedpaw@gmail.com	5003 50 St.	Gift Shop. Handmade Home Decor, Accessories, and Wearables.
Pierson Construction Ltd.	(780) 608-6619		Custom Homes, RTM Homes, Shops, Renovations and General Contracting.
Plumbing With Pride	(780) 678-9042	4914 50 St.	Plumbing, Heating and Gas Fitting.
PolyAg Recycling Ltd.	(403) 880-3612	5024 46 Ave.	Rural Recycling.
Pristine Kleen	825-733-7334 Pristinekleencc@gmail.com www.pristinekleen.com		Residential & Commercial Cleaning Services.
Ramstad Realty	(780) 678-6405	5333 55 Ave.	Real Estate.
RCS Enterprises	(780) 372-3832		Concrete Liners.
Rowland Parker & Associates	(780) 372-3627	4909 50 St.	Accounting Services.
Sandin's Paint and Body	(780) 372-2455		Automotive Repair, Windshields/ Rock Chips, Accessories, Custom Painting and Insurance Claims.
Servus Credit Union	(780) 372-3772	5101 50 St.	Bank, Chequing and Savings Accounts, Credit Accounts, Investments and Loans.
St. Peter's Lutheran Church Cemetery	(403) 784-3437	NW 34-42-22 W4	Cemetery.
The Bakery	(780) 372-2141	4912 50 St.	Cannabis Retail and Accessories.
The Cooperators	780-372-4002	5002 50 St.	Different Types of Insurance, Financial Advisors, Party Alcohol Liability, Tax Free Savings Accounts, Prize Indemnity Insurance and Mortgage Guard.
The Other Place	(780) 619-5255	5109 50 St.	Restaurant and Coffee Shop.
The Sweatshop Bashaw	(780) 906-1816 Thesweatshopbashaw@gmail.com	4819 50 St.	Gym/Physical Fitness Center.
The Tipsy Trapper Pub & Grill	thetipsytrapper@gmail.com	4901 50 St.	Pub & Grill.
Town of Bashaw	(780) 372-3911	5011 52 Ave.	Recycling, Bulk Water Sales, Permits, Taxes and Water/Sewage/Garbage.
Town of Bashaw Library	(780) 372-4055	5112 52 St.	Parkland Regional Library Member.
Trailer Parks Bros. RV Storage	(780) 608-5455	Behind Bashaw Farm and Building Supplies Ltd.	Fenced Security, RV Storage and Storage Sheds Available.
Troll Printing	(780) 336-1053 or (780) 372-2210	4920 50 St.	Printing and Vinyl.
W.A. Grain & Pulse Solutions	(780) 372-4194	5110 48 St.	Pulses, Cereals and Oilseeds.
Wong's Restaurant	(780) 372-3823	5013 50 St.	Restaurant.
Worth Repeating Restoration	(780) 678-1234	4914 50 St.	Restore and Modernize Furniture. Home Decor Items and Furniture.
Zion Lutheran Parish	(780) 372-3845	5012 52 Ave.	Worship Services.

Do you see your business or has your information changed?

**The Town of Bashaw Directory details all local business and organization contact information. This is included at no cost!
It is printed every 4 months (March, June, September and December)
and is always available online.**

Please inform us of any updates to your information.

ADVERTISE MONTHLY



HOW TO SUBMIT YOUR CONTENT



Community Connections is a space for Bashaw & Area non-profit groups and community organizations to advertise their information, programs & services, events and activities each month.

FREE Option- Content will be displayed as 'text-only' listings.

To submit please provide the following:

Title, Details, Time, Location, Contact and any other applicable information.

PAID Option- If you wish to format your own AD, please submit 'camera-ready' content.

1/4 PAGE AD- w: 3.4 x h: 4.7, \$15.00 per AD

VERTICAL 1/2 PAGE AD- w: 3.4 x h: 9.3, \$25.00 per AD

HORIZONTAL 1/2 PAGE AD- w: 6.8 x h: 4.7, \$25.00 per AD

Submissions must be edited and ready for print.

Newsletters reach area residents by mail and can be found online,
<https://bashawcrc.com/newsletters>. Contact us to have your content included in the next edition.

VIEW ONLINE

www.bashawcrc.com

SUBMIT TO

frontdesk.bdss@gmail.com or 780-372-4074

