

ANNUAL GENERAL REPORT



Proud to be
a part of
Bashaw and Area
Community
Resource Centre



BASHAW & DISTRICT SUPPORT SERVICES

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Follow us @BashawCRC

2023

WWW.BASHAWCRC.COM

Mission Statement

Bashaw and District Support Services is committed to supporting and operating community based preventative social programs for individuals, families and community; through positive communication, assessment of need and enhancement to the wellbeing of the citizens of Bashaw and Community.



The Board of Directors presents the Annual General Report of the Association together with the Audited Statements of Accounts for the Financial Year ending December 31, 2023.

BOARD OF DIRECTORS:

Mary Ellen Docherty, Chair
 Margaret Baier, Vice Chair
 Sandy Radke, Secretary Treasurer
 Susie Albers, Director
 Mike Stegemann, Director
 Bryan Gust, Town Council Representative



AUDITORS:

The Auditor, Ms. Rebecca Pinches, Thorogood and Pinches, Stettler, Alberta, retires at the ensuing Annual General Meeting and is eligible for re-appointment.

EMPLOYEES:

The Board of Directors appreciates and acknowledges the unstinting efforts put in by all employees of the Association. They continually achieve by increasing productivity levels, responding to programming needs and maintaining a cordial work atmosphere. Thank you!

VOLUNTEERS:

The Board of Directors acknowledges and appreciates the unending commitment and contributions made by the Association volunteers.



Message from The Chair

...Well another very busy year has been completed for our staff and Board Members from BDSS. A huge thank you for all the hard working staff who so diligently fulfill their various, different and sometimes difficult roles in the daily operations of our organization. You never cease to amaze me and the rest of the Board members at how you all step forward to assist each other, the citizens of our large community areas and us as your Board Members. Thank you to each and every one of you.

We just seem to keep on growing and offering more diversified programs to our young children, families, single persons and seniors each and every day.

We honoured our very special Executive Director Christine Buelow, for her over 21 years of exemplary service to this Not For Profit Organization, that is so vital to so many persons in our area. Oh my how this Organization has grown and flourished under her guidance. Thanks for making our volunteer positions so much easier Christine!

I will leave it up to you, the interested individuals, to read the complete program package to see and learn just exactly what Bashaw Support Services does and participates in for our Community on any given day. It really is mind boggling.

Here is too another successful, productive year. Thank you to all of our dedicated volunteer Board Members who make this an enjoyable place to be proud to volunteer at.

Yours Truly,
Mary Ellen Docherty, BDSS Board Chair



Message from The Executive Director

Just when I think BDSS cannot possibly get any busier – I believe we did this year! Post Covid – the world has definitely hit high gear again. BDSS programs saw increased demand, more opportunity for community and regional development, and we were determined to elevate where we could.

2023 saw the resignation of Kathy Berry – Board Chair, from her executive role, and director position on the BDSS Board. Kathy has served since 2009, and has been instrumental in leading the evolution of BDSS programs and services. Thank you very much Kathy, for your commitment, wisdom, insight, and energy! We are grateful for everything you brought to BDSS.

We are busy! I'm not sure where to begin... but the Annual Report now reads like a book with many exciting chapters. Daycare is full to capacity with waitlist, and we look for solutions to meet demands. Preschool has sizeable classes; Home Support and Meals on Wheels saw increased need for service. Family Wellness delivered more one on one support, and experienced uptake in mental health supports referrals. Navigation is a well oiled machine – supporting more community members than we could every imagine.

Two Youth Summer Camps were an exciting addition this year! It was wonderful to see kids come together, enjoying engaging activities outside of our community.

It's been a great success with our transition to the Community Resource Centre – where any door is the right door, and partners truly benefit from meaningful collaboration.

BDSS has spearheaded a few provincial pilots to better support the Bashaw region, and Rural Alberta communities. These include: Rural Alberta Wellness Initiative, Fuel for School Regional Nutrition program, Bashaw Regional Wellness – Primary Care Hub Initiative, Healthy Aging Alberta and more. This has kept us busy with meetings, travel, presentations, advocacy, and stewardship for positive change.

ALL of the work we do would not be possible without ALL of the BDSS Staff. Each and every one of them bring passion, commitment, determination, heart, and hope to all the work they do. BDSS is very lucky to have such a strong work family. I want to thank the staff for never losing sight of our vision, for tirelessly contributing, and for remaining selfless in the work you do. We are blessed to have you!

BDSS Board of Directors are some of our unsung heroes. Their work does not end when meetings are over. They are ambassadors for the work we do on behalf of the community. Every day, they bring wisdom, guidance, and trusted leadership - fostering growth and integrity in our work. Thank you to all of them for being the backbone of our organization!

I appreciate the opportunity to contribute to the vision and work that BDSS completes. I look forward to our next chapter in 2024!

Christine Buelow, BDSS Executive Director



Feature

Thank you to Kathy Berry

FOR HER YEARS OF SERVICE!

On October 13, 2009, Kathy Berry attended a regular BDSS General Meeting to see if it was something she would be interested in joining. At this time in her life, Kathy had young children that were attending our Daycare, and is remembered saying- "how interesting everything was that BDSS did in the community".

♦ long-time chair and volunteer



One month later, on November 24, 2009 – she was formally appointed to the Board of Directors! As an avid community volunteer, Kathy dedicated MANY hours in supporting the work that BDSS completed. In 2011, Kathy became Vice-Chair, and in 2013 she stepped into the Board Chair role. Kathy remained Board Chair until May, 2023, where she retired from her executive role, and Director position.

BDSS has been blessed to have Kathy Berry leading our organization. She has brought strength and lead with resiliency as we navigated effective non-profit operations; Kathy is diligent in ensuring we always considered all community members in our planning – often generating conversation vital to the successful outcomes BDSS strives to meet.

On behalf of BDSS, we wish to Thank Kathy for giving hundreds of hours of her time, for believing in the importance of Social Services and Programming, as well as Community Development work. She is a light in this world; a constant in uncertainty; a significant reason why BDSS is where we are today. We wish her all the best on her next Adventures in life. Thank you Kathy!

Bashaw & District Support Services

ANNUAL GENERAL MEETING FOR 2023

June 12, 2024 6:30PM at Bashaw & Area Community Resource Centre

AGENDA

- 1) Welcome and Call to Order
- 2) Adoption of Agenda
- 3) Adoption of 2023 Annual General Meeting Minutes
- 4) Message from the Chair
- 5) Highlights from 2023
- 6) Financial Report
 - a) Adoption of 2023 Audited Financial Statements
 - b) Appointment of Auditors for 2024
- 7) Election
 - a) Election of Directors
- 8) Introduction of 2024 BDSS Board
- 9) Adjournment



Bashaw & District Support Services

ANNUAL GENERAL MEETING FOR 2022

June 7, 2023 @ 6:30PM

MEETING MINUTES

Present: Mary Ellen Docherty, Sandy Radke, Margaret Baier, Sarah Unsworth, Christine Buelow

1. **Welcome and Call to Order** – In absence of the Chair, Christine Buelow called the meeting to order at 6:40 pm.

2. **Adoption of Agenda**

Motion to adopt the agenda made by Margaret Baier.

CARRIED

3. **Adoption of 2022 Annual General Meeting Minutes**

Motion to adopt the 2022 AGM Minutes by Sandy Radke.

CARRIED

4. **Message from the Chair** – refer to Annual Report.

5. **Financial Report**

- a. **Adoption of 2022 Audited Financial Statements** – Christine Buelow presented the audited financial statements, providing detail to each page. She thanked Thorogood and Pinches for their many years of flawless service, and Sarah Unsworth for her dedication to BDSS bookkeeping, and assisting with financial management needs.

Motion to adopt the 2022 Audited Financial Statements as presented made by Mary Ellen Docherty, seconded by Margaret Baier.

CARRIED

- b. **Appointment of Auditors for 2023**

Motion to appoint Thorogood and Pinches as the Auditors for 2023 made by Sarah Unsworth, seconded by Mary Ellen Docherty.

CARRIED

6. **Election** – Bylaws state that any new nominations must be made three weeks in advance.

- a. **Election of Directors** – Christine Buelow presented the Slate of Directors.

Motion to approve the Slate of Directors as presented made by Sarah Unsworth, seconded by Sandy Radke.

CARRIED

7. **Introduction of 2023 BDSS Board**

Sandy Radke, Margaret Baier, Bryan Gust, Mary Ellen Docherty, Mike Stegemann, and Susie Albers.

8. **Adjournment** – Sandy Radke moved that the meeting be adjourned at 6:50 pm.


Recorded by Christine Buelow


Approved by Mary Ellen Docherty, Director

BASHAW REGIONAL COMMUNITY INITIATIVE - RURAL ALBERTA WELLNESS INITIATIVE

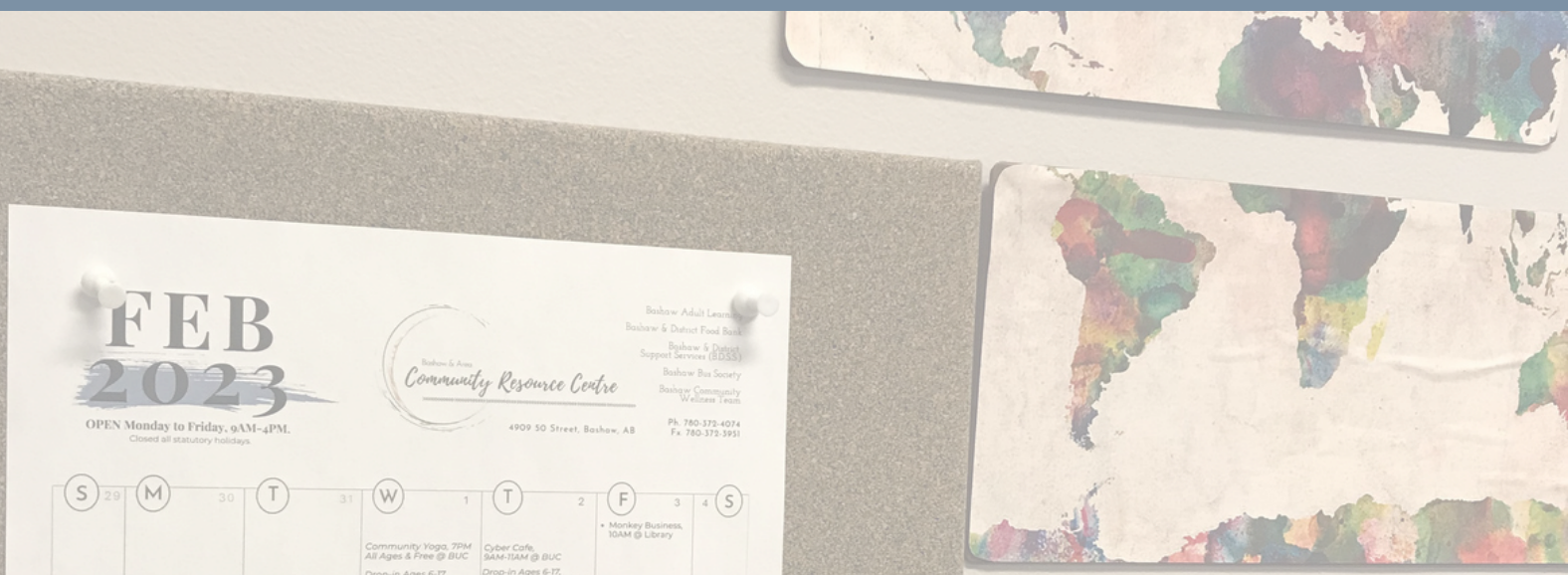
An important part of BDSS success is the work completed surrounding community development. We believe in progressive thinking, pro-active planning, and choose to conduct meetings, special projects, and advocacy that brings benefit not only to the Bashaw Region, but also to other rural areas in Alberta.

In 2023, we partnered with the Alberta Government and the Civil Societies Branch to conduct a pilot project to promote the Bashaw Regional Wellness Hub, as well as offer support to 2 other communities in Alberta to pilot the duplication of this community development and collaboration work.

This project supports the development of partnerships focusing on Regional Wellness within Rural Alberta. Partners work together to implement innovative Wellness Strategies that will promote individual and rural community sustainability, well-being, and success.

Partner communities to the project are Vilna and Stettler. We also brought in the expertise of Unstoppable Conversations to conduct initial community discovery sessions. The work continued with the development of Vilna Wellness Team, and the Circle of Services in Stettler. Vilna has continued to develop their team and enhance true collaboration at the team level. Stettler continues to facilitate discussions at their Circle of Services, as well as they have launched Navigation services, and other innovative programs.

This project will continue through 2024.



As a rural model for serving locally, wrap-around services help to reduce barriers and promote personal health and community well-being. Collaborative partnerships with individuals, agencies and organizations both inside and outside the community form the pillars of this work.

Services are offered in a region comprising of Alix, Bashaw, Buffalo Lake Estates, Donaldla, Doreenlee, Edberg, Ferintosh, Meeting Creek, Mirror, Pelican Point and Tees. Bashaw is a natural hub in the geographic area and the Village of Alix is the second largest center. These communities are a part of a broad vision to bring responsive and accessible programs and services to a rural population.

**Information,
Supports & Referral:**
16,771 Needs Addressed

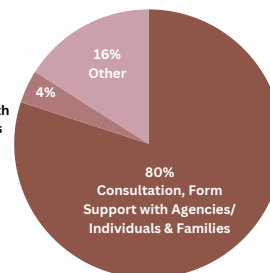
Food Bank:
529 Hampers
545 Adults
287 Children
271 Seniors

**Christmas Hampers/
Fill a Fridge**
94 Households

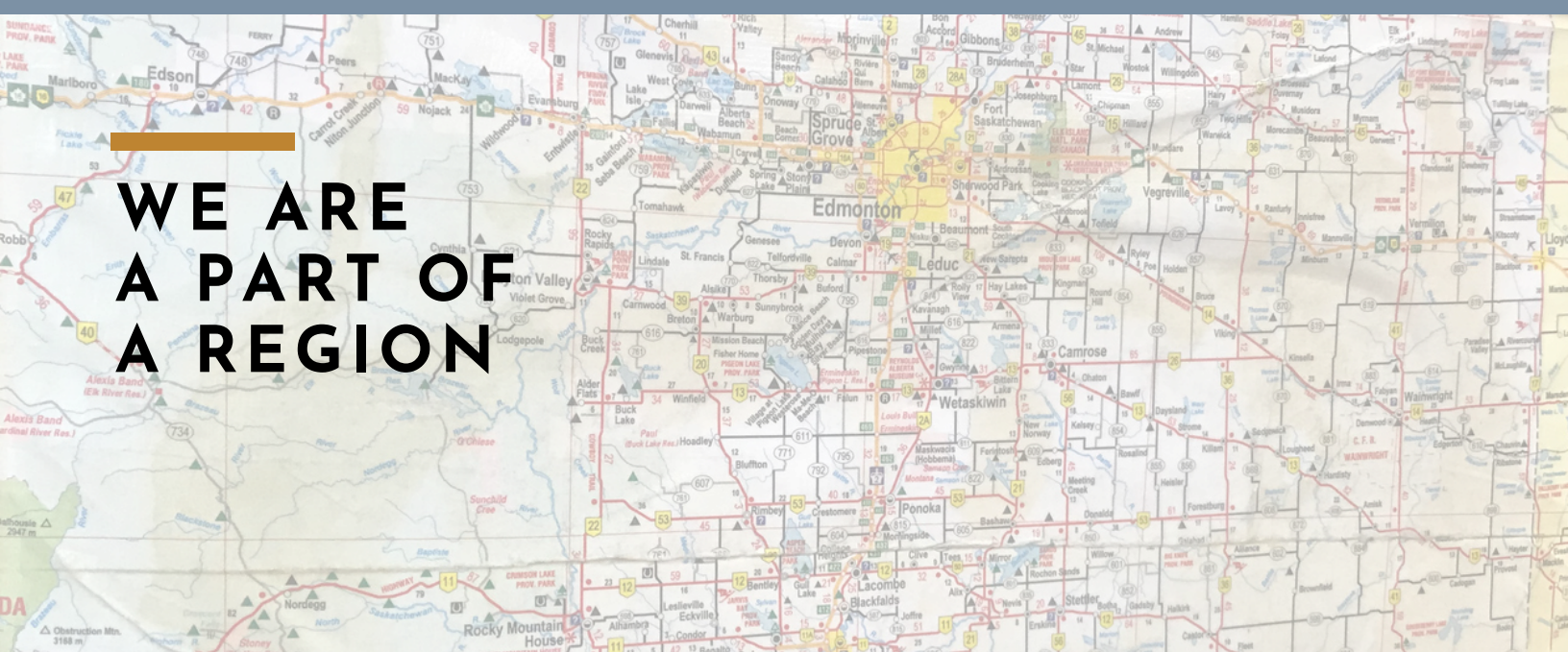
**Resource
Navigation:**
193 Participants



Mental Health
& Addictions



**WE ARE
A PART OF
A REGION**



Founding Member- A Tribute

We are forever grateful for your contributions.

In just six years, Staff Sgt. Bruce Holliday helped create a legacy of kindness, collaboration, support and caring in our community. He was a protector of all things . . . his country, his community, his friends, the young constables he worked with and most importantly, his beautiful family.

His career history was impressive, but in our community, he co-founded and created a model of service that would prove to strengthen and sustain many vulnerable and at-risk community members throughout the region.

Bruce was authentic, generous, and compassionate. He ensured that those who felt rejected knew that he was a safe place to land by taking the time to help them understand that they were important and included.



The courage and wisdom he had to be tough when necessary, and gentle when needed, was not common. Though he is no longer here with us, his legacy will continue to inspire and motivate us as we broaden the work in other rural communities.

We are left with a profound sense of loss, but we take comfort knowing he is at rest after spending his life serving others and that our community had the opportunity to learn and grow because he was here.

We are grateful for his friendship and to his family for sharing him with us.
Thank you for your service, Staff Sgt. Bruce Holliday.



Look Back... 2023 at a Glance



Program & Event Highlights

COMMUNITY

- ~BINGO Nights
- ~Bashaw's Got Talent in conjunction with Bashaw Hometown Days
- ~Pay What You Want Market, Sport Swap, Bake Sale & Concession
- ~High School Drama: Aladdin Jr.
- ~The Grief Project
- ~Community Recreation & Fitness Drop-in
- ~AHS Virtual Mental Health
- ~Regional Transportation & Elks Van

ADULT & SENIOR

- ~Cooking Together
- ~Present Day Homesteading
- ~Emerging Leaders Workshop
- ~Adult & Senior Outings
- ~Cyber Cafe
- ~Journaling Through Clarity & Meditation
- ~Financial Empowerment
- ~Changing Ways

CHILD, YOUTH & FAMILY

- ~Teach Me to Cook
- ~Drop-in & Play at BYC
- ~Monkey Business
- ~Regional Summer Camps: Junior 3-day Camp in Alix Senior 4-day Camp at Pofianga
- ~Preschool Meet & Greet
- ~Tools for School
- ~Fuel for School
- ~Extended Learning

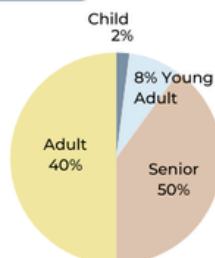
Bashaw Community Wellness Team

Information & Referral

Engagements

4,287
Needs Served

Residence
Bashaw: 82%
Other: 13%
Camrose County: 5%



Resource Navigation

76 Participants

Residence
Bashaw: 70%
Donalda: 20%
Camrose County: 3%
Mirror: 7%



~ Included initial assessments and referrals to community resources for mental health, food bank, housing, form support, RCMP, homecare, Adult Learning and consultation with family or agencies. ~

Camrose FRC



Healthy Families

9
of Families from Bashaw, Mirror, Ferintosh and Donalda

Bashaw Youth Centre

Total # of Youth New Members: 85
Drop-in Visits: 1,830

Bashaw Adult Learning

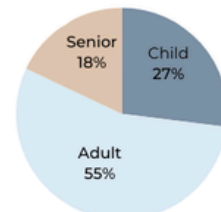
Total # of Sessions

Tutoring:	137
English Language Learning and Literacy:	208
Foundational Learning:	142
Post Secondary Support:	39
Learner Support:	228

Bashaw & District Food Bank

Total # of Unique Individuals: **89**

Total # of Hampers: **339**

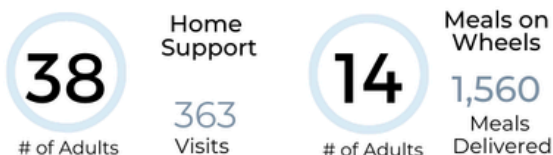


Bashaw & District Support Services

- ~ Family Wellness Program ~ 1 on 1 Support: 1,092 engagements and several informal daily connections.
- Wellness Groups: 3-6 students per weekly gathering.
- Roots of Empathy: 2 hr per week in two classrooms.
- Drama Production & Learning: 4,000 hr senior and 2,000 hr junior.
- ~ Generations Daycare enrollment ranged from 33-41 children and the Bashaw & District Preschool had a total of up to 32 students registered. ~

Santa's Anonymous:

45 Hampers for **103** Individuals

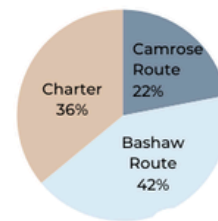


Total hr of Service: 733.25

Bashaw Bus Society

~ Bus trips booked by charter and routine trips. ~

Total # of Passengers
Camrose Bus Trips: **53**
Bashaw Bus Trips: **151**





Regional Wellness Initiative

Bashaw Wellness Team
B.D.S.S., Bashaw Adult Learning, Bashaw Pharmasave, Bashaw RCMP, Bashaw School, Bashaw United Church

Alix Wellness Team
Alix Mirror Wellness Supports Society, Alix Drugs I.D.A., Alix MAC School, B.D.S.S., Bashaw Adult Learning, Bashaw RCMP

B.D.S.S.

Bashaw Adult Learning

Christine Buelow
Executive Director

Jackey Northey
Executive Director

Mentorship & Client Care
Jackie Northey

Administrator Financial
Christine Buelow

Literacy Coordinator
Karen Brooks

Foundational Learning
Carrie Domstad
Natasha Larkin

Marketing
Latisha Niehaus

Navigation
Carrie Domstad
Natasha Larkin
Lee Ann Copland

Extended Learning
Connie Brooks

Summer Programs/Events
Georgia Wray
Jenna Sand
Kennedy Hunter

Bashaw Youth Centre
Alyssa Bergstrom
Jason Clark
Joseph Seale
Taegen Domstad
Jared Berry
Natasha Larkin

Bashaw Early Learning
Marci Albers
Early Childhood Manager

Bashaw & District Preschool
Sheila Seale

Generations Daycare
Terri Mighty Smith, Taylor Hiron,
Jessi Wilton, Janelle Simmers,
Amber Kollman, Brittany Lalonde

Regional Nutrition
Amanda Lyle

Info & Referral
Sheila Seale
Natasha Larkin

Operations
Sarah Unsworth

Family Wellness
Lori Miller

Home Support
Lana Gilmore,
Rebecca Jacobson,
Andrea Hildebrandt

Healthy Aging
Debbie Zembal

Operations
Sarah Unsworth

Program Facilitator
Brady Guyrup
Rhiamon Zimmer

Info & Referral
Heather Meston

Wise Owls/ Home Support
Sarah Mansell

Family Wellness
Dan Geddert
Jason Clark

Program Assistant
Mallorey Henry

Program Report

WELLNESS NAVIGATION

Overview:

The Navigation Program continues its commitment to assisting individuals, and families facing various hardships, empowering them to become more capable and independent. We also try to provide them with a service where they are left with a feeling of hope, compassion, support, that is done with empathy and understanding. Since taking on the navigation role I have quickly learned how many individuals and families in our community are struggling or facing hardships in various ways. There is not one case or story that is the same and each provides different levels of support and resources.

Financial Struggles:

Many clients are facing severe financial constraints, limiting their access to basic needs like housing and food security.

I have met with a handful of clients educating them on budgeting, saving, and managing debt. I have successfully seen a couple of them make major progress with their overspending, eliminate their debt and establish savings.

The food bank is constantly being utilized and vouchers to our local Thrift Store for basic items like clothing or kitchen supplies have been handed out numerous times.

Mental Health Challenges:

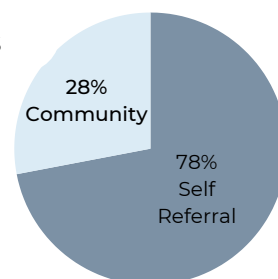
A significant number of clients are struggling with mental health issues, affecting their ability to function effectively in daily life. Dedicated mental health professionals were recommended to provide counseling and support when needed. We also helped individuals access government supports in various circumstances.

~ Included initial assessments and referrals to community resources for mental health, food bank, housing, form support, RCMP, homecare, Adult Learning and consultation with family or agencies. ~

76 Participants

Residence

Bashaw: 70%
 Donalda: 20%
 Camrose
 County: 3%
 Mirror: 7%




Housing Insecurity:

We have lots of Clients that have faced unstable housing situations, some completely homeless leading to increased stress and insecurity in other aspects of their lives. Some of the support we were able to provide to various individuals was helping them find and settle into a place, acquiring new ID's, completing their taxes, providing food security, accessing government supports, and mental health support when needed.

The Navigation Program remains committed to addressing the multifaceted challenges faced by clients, promoting their autonomy and resilience. The program continues to witness positive transformations, empowering clients to overcome hardships and lead more independent lives. Seeing how some of our clients arrived in our program to witnessing how they have been able to make positive changes to help them move on with their future is the most rewarding feeling and makes me want to keep doing the best job I can to support any individual that arrives needing help and support. I believe what we do here is making a huge impact on the needs of individuals in our community and surrounding communities. I look forward to continuing my career here at Bashaw & District Support Services.

Natasha Larkin,
Bashaw Navigation



**-NAVIGATING SYSTEMS
AND PROVIDING
SUPPORT THAT IS KIND,
EMPATHETIC,
CONSISTENT AND IS A
REVOLVING DOOR FOR
ANYONE ACCESSING
SERVICES.-**

Program Report

FAMILY AND COMMUNITY WELLNESS

Overview:

Our role at Bashaw School is supported by the Family Wellness Worker, Lori Miller, in the capacity of emotional and social supports, programming and any other additional services required by bridging the Bashaw & Area Community Resource Centre's offerings, as needed. Students are able to grow and explore new opportunities. Her work includes:

- Visiting approximately 6 students per day, at school receiving one on one support. That would be 1092 visits per school year.
- Lunch wellness group- Thursdays at lunch for 40 min at around 20 lunch time gathering's. This involved 3-6 students per gathering.
- Sr Drama- 28 students at approximately 4000 hours of time for production and learning time for the students as a group.
- Jr Drama involved the junior high students on a trimester rotation basis throughout the school year for approximately 2000 hrs of learning time.
- Roots Of Empathy was 2 classes with 2 baby families at 2 hours per week through 8 months of the school year.
- And throughout the day at school there are several check ins with students on an informal base in the hallways, varying daily in numbers..

Need to talk?

SCHOOL

- Family School Liaison Worker: Stacey, 780-372-3800
- Family Wellness Worker: Call or text Lori, 403-704-3322

LOCAL

- Youth Counsellor: Malorey, 403-396-3369
- Bashaw & Area Community Resource Centre, 780-372-4074

ANONYMOUS

- Kids Help Line: call 1-800-668-6868 or text 686868
- 24 Hour Mental Health Help Line: 1-877-303-2642
- Suicide Support: 1-833-456-4566

*it's okay
not
to be okay...*



Family & Community Wellness

Highlights:

1 on 1 Support-

1,092 engagements and several informal daily connections.

Wellness Groups-

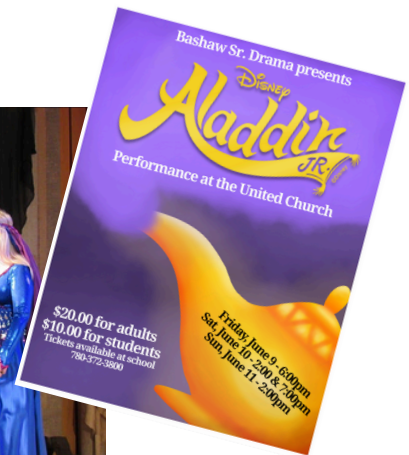
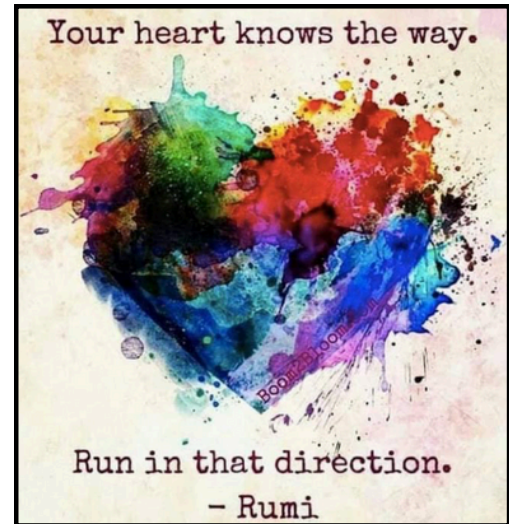
3-6 students per weekly gathering.

Roots of Empathy-

2 hr per week in two classrooms.

Drama Production & Learning-

Senior- 4,000 hr, Junior- 2,000 hr.



*Aladdin Jr.
-2023 Drama*

Program Report

GENERATIONS DAYCARE

Early Programs Manager, Marci Albers maintained the centres daily operations and licensing standards with the support of the alternate director, Taylor Hiron. We work hard to maintain this high quality standard for the children, staff, families, and community.

The first half of the year showed consistent enrollment with steady numbers. July and August did not bring a huge change in numbers. September was our slowest month with only 30 children attending. The majority of our children are enrolled full time while in previous years many of the children were attending part time or attending casually. We still have a waitlist for children needing care.

The new affordability grant has helped to keep our numbers consistent. The grant is available to all families regardless of income as long as children attend a minimum of 50 hours. The vast majority of our children are under 3 years old. We have mainly full time children, 100 or more hours on a consistent basis. In previous years we had a large group of children that were only attending part time. The affordability grant has made it possible for families to access our program with less financial burden.

The staff turn around for 2023 was average. We finished 2023 with an exciting team of 5: Miss Marci, Miss Taylor, Miss Terri, Miss Jessi, and our new hire, Miss Brittany.

Generations Daycare Statistics 2023			
January	36	July	33
February	39	August	34
March	39	September	30
April	40	October	31
May	41	November	34
June	38	December	37



We said farewell to Miss Janelle. Miss Sheila is always willing to step in as a relief staff when needed. Each educator brings a uniqueness that adds to the quality of our dynamic team. We are extremely fortunate to have this wonderful group of educators providing care within our community.

Their hard work and dedication is always noticed and appreciated.

In August we began taking a group of children to Bashaw Meadows. We are grateful to have Iris B. as a partner to help facilitate these inter-generational social gatherings. Due to some pesky germs, we did not visit in November or December. We will be continuing our monthly trips to visit the residents!



Program Report

BASHAW & DISTRICT PRESCHOOL

Program Facilitator Marci Albers ended the 2022-2023 year with Mrs. Sheila Seale as the classroom assistant. We hosted 27 children total in the morning and afternoon classes.

The children enjoyed many events including a Valentine's Day party, building Leprechaun traps, Easter egg hunting, a glow in the dark party, and our year end celebration. The church was packed for our celebration!

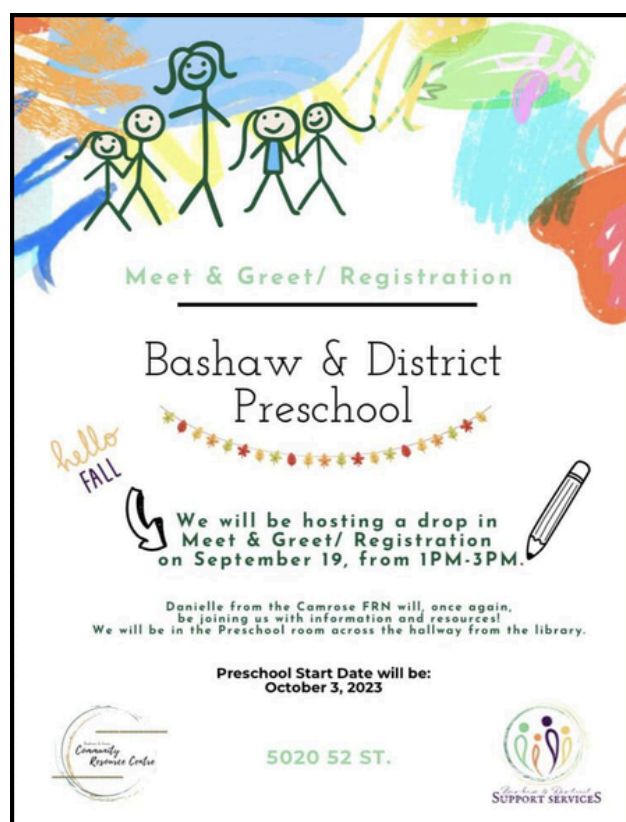
We again chose to start at the beginning of October rather than a September start date. October brings many new faces for the 2023 -2024 yr.

We are facilitating 2 classes again this year as enrollment is even higher than the previous year. We have 14 children in the morning class and 16 children enrolled in the afternoon at the beginning of October. One more child joined each of our classes in November bringing our count to 15 and 17 children for a total of 32 smiling faces!

Some of our fall and early winter highlights were our Halloween Party and Remembrance Day. The children made poppies and learned the significant meaning of November 11th and the importance of poppies.

We had a teddy bear picnic with snacks and hot chocolate and a Christmas party that included an indoor pretend snowball fight! The children were by far the winners!

We had the opportunity to return to Bashaw Meadows for one visit in the fall before the germs hit us full force. It was such an exciting day for all generations to gather again!



Mrs. Hunter was always an important feature in our classroom. She provided story time to both classes and popped in for regular visits. It was important that we continued to build relationships within our community. We were fortunate to have her as another champion of early literacy in our program. She will be missed by all of the children and staff.



Program Report

HOME SUPPORT

Eligible for FCSS Funding, but not FCSS funded at this time. The Home Support program was provided to 38 clients by three part time staff members. In total our Home Support workers provided 733.25 hours for the year 2023 and 363 visits. Program advertising continued through the monthly Community Connections newsletter and word of mouth.

COMMUNITY NEEDS

While the majority of clients were seniors, others with health and/or mobility issues are able to receive Home Support. For the senior clients, having someone caring spend a few hours with them in their homes on a weekly or bi-weekly basis meant that they could stay independently in their own homes.

HOW ARE WE MAKING A DIFFERENCE?

100% are satisfied with the service provided by BDSS Home Support.

100% are comfortable having the Home Support worker in their home and felt the worker handled all their equipment with care.

100% feel that the Home Support Worker performs her job efficiently and effectively.

100% have no concerns and would recommend this program to others.

COMMENTS:

"This is a great service I enjoy it very much... By the cleaning being done really well once a month, I can keep up the housework so it never looks too bad."

"As I have back & joint issues, I am thankful to have someone come to my home and do the cleaning that would take me forever to complete. The company is also very pleasant."

"Certainly enables me to do the extra things I need to do."

"Very satisfied."

"We are unable to do many things as I have a walker and my husband is blind."

"Very thankful for services..."

This helps me greatly due to my mobility problems. In the winter I'm shut-in so running errands once a month great."

Home Support- Light housekeeping, light meal preparation, laundry, and local errands. If you are a senior or have health concerns and need help in your home please inquire.



United Way
Central Alberta

\$20/hour + 55¢/km
If located outside of Bashaw

Program Report

MEALS ON WHEELS

This program serves individuals in the community who have difficulty preparing their own meals. Clients are mostly seniors, but may also include those who have suffered accidents or illness and are unable to care of themselves for a period of time.

COMMUNITY NEED

Meals on Wheels is an essential service. During 2023, 14 people received meals three times weekly. This year 1,560 meals were delivered to those who may not have had the ability to take care of all meals themselves.

COMMUNITY PARTICIPATION/PARTNERSHIPS

This program benefits from the coordination of volunteers to deliver meals along with our staff and sometimes the summer students who completed most of the delivery. During 2023, 2 dedicated volunteers supported these efforts.

A partnership with the Bashaw Meadows also exists, as they prepare the nutritious meals that we deliver.

COMMENTS:

The majority of our Meals on Wheels clients are very satisfied and appreciative of everything, considering the cost and the complete meal they receive each day.

"Get tired of cooking and this helps."

MEALS ON WHEELS PROVIDES HOT MEALS DELIVERED RIGHT TO YOUR DOOR!

This lunch is a 3-course meal prepared at
Bashaw Meadows.

Cost: \$8.00 / meal



Meals are available on Mondays,
Wednesdays and Fridays. Order Now!



HEALTHY AGING ALBERTA

Healthy Aging Alberta (HAA) focuses on developing a coordinated sector in Alberta by bringing together community-based organizations around a common framework for action, with a focus on identifying and addressing priority areas related to healthy aging in the community. Healthy Aging Alberta is a rich network of community-based senior serving organizations and allies across our province united by a shared vision: to make Alberta one of the best places in the world to grow older.

BDSS is a successful applicant under the Community and Home Support funding program. With this funding, we pursue the work of:

- 1) Assisted Transportation
- 2) Enhanced Home Support Services to include:
Companion for medical visits, and liaison with families as per client requests, Social Visits (Friendly Visiting), Social Outings, Yard Maintenance and Snow Removal, Menu Planning and Preparation
- 3) System Navigation and Supported Referrals

Special addition to this project is to work together with Camrose and District Support Services to discover opportunities for integrated Rural Supports. This pilot project is in place until March, 2025, and serves the Bashaw region as defined by RCMP boundaries.

2023 Milestones included:

- 1) Developed, launched, and coordinate assisted transportation to medical appointments.
- 2) Hired Healthy Aging Facilitator (Debbie Zembal) to facilitate intake assessments, develop individualized care plans, and coordinate services for clients.
- 3) Hired additional Home support workers (Kirsten Nugent, Andrea Hildebrand) to support enhanced service delivery.
- 4) Delivered Navigation services (Carrie Domstad, Natasha Larkin) and supported referrals.
- 5) Cultivated new partnerships to support HAA project.
- 6) Attended Healthy Aging Alberta Provincial Summit.
- 7) Initiated Bashaw Regional Wellness Project – Primary Care Hub model to ensure existing primary care remains, and to build partnerships with new Health Care service models.



Bashaw & District Food Bank

Bashaw & District Support Services organizes and administers the Bashaw & District Food Bank, which offers nutritional services to those in need.

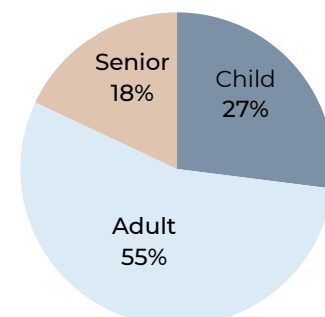
Households- 339, Children (0-17)- 196, Adults (18+)- 403, Seniors (65+)- 133

COMMUNITY SUPPORT/ PARTICIPATION

Our community generously supports the food bank throughout the year with either monetary donations or food items. During 2023, we graciously received from individuals and businesses/ organizations- Donalda Coulee Friendship Club, Western Financial, Genesis Insurance, Bashaw Royal Purple, Schultz Hall, Bashaw Thrift Store, Bashaw Legion, Mirror Museum and Braseth Beach Community. Food Banks Alberta continued to support with all they have to offer.

Total # of Unique Individuals: 89

Total # of Hampers: 339



Program Report

SANTA'S ANONYMOUS

- Angels ordered from Amanda Lyle, ladies at Bashaw Meadows colored them.
- November 13 - Applications were available.
- November 13 - Tree and angels up (added to as more applicants came in).
- Turkeys were ordered from Lacombe No Frills and picked up by Bryan and Terri Gust. Hams were ordered through Nossack.
- Ordered Chocolates from Pharmasave Bashaw
- Ordered groceries from both Bashaw grocery stores.
- Total Hampers prepared - 45
- December 20 - Wrapping/Hamper Day
- Hampers were picked up Dec 21-22
- 45 Household signed up: 103 individuals (41 youth, 37 adults, 25 seniors)

This year we received generous monetary donations from Wong's Restaurant, Zion Lutheran Parish, Ember Resources, St. Peter's Lutheran Church, Majek Well Services, Royal Purple as well as potatoes/carrots/onions from the Bashaw Hutterite Colony and grocery vouchers from Bashaw Home Hardware. This is not limited to numerous donations from individuals in our community, we are so thankful! We were able to get help with wrapping all the gifts from our regular Santa's helpers: Amanda Lyle, Margaret Baier, Sandy Radke, Tony Chizmadia, Cathy Unsworth, Kreg Zembal, Tiffany Johnston and the rest of the staff (Sarah Unsworth, Marci Albers, Sheila Seale, Debbie Zembal & Christine Buelow.

HAMPERS

INCLUDED

Ham Dinners:

1 ham
1 box cake mix
1 can icing mix
1 bottle honey mustard
1 box chocolate
1 can pineapple chunks
1 dozen buns
1 bag frozen veggies
Canned fruit cocktail
Fresh potatoes
Fresh carrots
Onions

Turkey Dinners:

1 turkey
1 box cake mix
1 jar icing ready mix
1 box chocolate
1 can cranberry sauce
2-5 boxes stove top stuffing
(depending on the family size)
1 dozen buns
1 bag frozen veggies
Canned fruit cocktail
Fresh potatoes
Fresh carrots
Onions



FUEL FOR SCHOOL RURAL NUTRITION INITIATIVE

Bashaw & District Support Services was successful in securing funds from the Alberta Government for School Nutrition. Approved funding was to support the development of a regional network to develop and sustain local school programs within the Bashaw area.

The Fuel for School Rural Nutrition Initiative served the schools of Mecca Glen, Alix, Donalda and Bashaw. The overall outcome was to provide universal access to quality food within each school.

Additional Partners included:

BDSS – Administrator	Bashaw Community Resource Center
Bashaw RCMP	Alix Community Resource Center
Costco	Bashaw & District Food Bank
Lionel's No Frills	Wolf Creek School Division
Bashaw Foods	Bashaw United Church
Bashaw Food Town	Battle River School Division

We created a regional school nutrition hub that has representation from all the schools, as well as community partners. This hub focused on the effectiveness, efficiencies, and reliability of nutritious foods. Through this partnership, universal access to food was offered at all schools - there was no requirement for students to participate.

The regional hub negotiated cost savings and cultivated partnerships, shared personnel to manage price watching, ordering, delivery, site safety assessment and remediation, shared storage space, and more. This pilot demonstrated the true example of collaboration and the profound impact of working together.

Together, the hub also assessed volunteer/worker effectiveness/retention, as well as shared in a marketing plan with the vision of building volunteers from within the region (both individuals and corporations) as well as awareness for garnering donations.



2023 Milestones:

- * Hired Regional Coordinator – Amanda Lyle
- * Established Regional Committee and conducted regular meetings
- * Food Purchasing
- * Food Storage intended to be local as well as regional (school based)/centralized (Bashaw CRC)
- * Food Prep and Delivery (Running the Programs)
- * Volunteer Training (ie – Food Safety Certification, orientations)

2023 Outcomes:

- * 748 children on average were fed daily by this pilot program.
- * Portion cost averaged \$2.58, lower than the provincial average of \$5/portion

This project ended in August, 2023. Funding was continued for the 2023/24 school year... but funds were forwarded to School Divisions, rather than left with local non-profit organizations to administer.



Program & Event

HIGHLIGHTS



What can financial empowerment look like?

01

Setting clear financial goals

The ability to define your short-term and long-term financial goals to stay focused and motivated.

02

Budgeting wisely

Create a budget that aligns with your goals and track your expenses regularly.

03

Living within your means

Avoid excessive spending and practice mindful consumption to maintain financial balance.

Meet with our trained facilitator one-on-one and work towards your financial goals. We can provide tailored help based on your unique needs.



2023



REGIONAL SUMMER CAMPS



Junior 3-Day Overnight Campouts in Alix

For youth in grade 4, 5, 6!
Entering Grade 4/5/6 Fall 2023
Cost: \$25

-Price will include food, tents and all activities. Camp will be based at the Alix MAC School... & excursions in Alix and walking distance. Please bring your own bed/ bedding and clothing for all weather. You are welcome to bring your own tent.

July 16, 17 & 18
AND ... OR
July 19, 20 & 21

➡➡➡➡➡


Senior 4-Day Overnight Campout at Pofianga

For youth in grade 7-12!
Entering Grade 7-12 Fall 2023
Cost: \$150

-Prices will include cabin stay, food and all activities. Please bring your own bedding and clothing for all weather.

August 14, 15, 16, 17



**ARE YOU
TALENTED?**

*The stage is
waiting for you*

at the Bashaw
Community Centre

Enter to win the
Bashaw's Got Talent
contest on August 25!

Along with performing
on August 26,
the winner gets to
OPEN for the
Majestic Theatre's
LIGHTING UP THE DIXIE
event on
September 23...

Featuring AWARD-
WINNING country
music band,
The Prairie States.



BINGO NIGHT

A night of fun, prizes &
fundraising for kid's
programming at
hometown days!

August 22

HOSTED AT
BASHAW GOLF & COUNTRY CLUB
6:30 PM-8:00 PM

PRICES:
1 FOR \$5
3 FOR \$15
10 FOR \$45





2023

BDSS PAY WHAT YOU WANT

MARKET, SPORT SWAP, BAKE SALE & CONCESSION

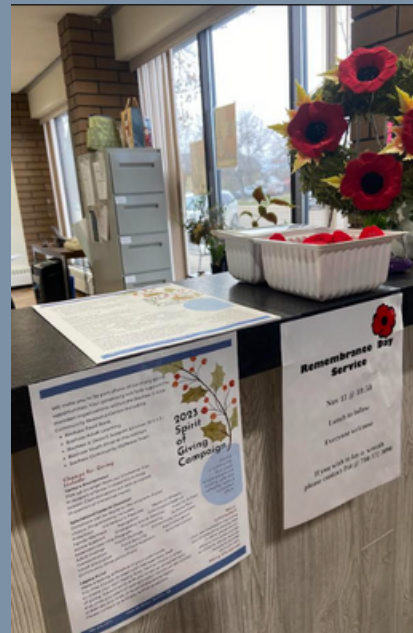
at Bashaw Community Centre

Get rid of unwanted items! Either donate items to the BDSS Market, or sell your own items.
AND
Bring any sporting gear that no longer fits or is not being used to swap with something you need!

SEPT 9, 10AM-3PM



Proceeds support
Bashaw & Area

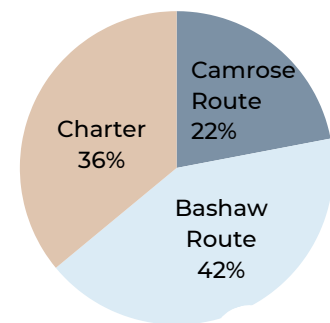


Bashaw Bus Society

The Bashaw bus continues to run in Bashaw every Tuesday, as well as the Camrose trips every other Thursday. BDSS staff were busy with bookings, monitoring drivers and making sure that we are meeting the requirements from Alberta Transportation. The Bus was also being utilized through Charter trips, for medical appointments, shopping trips and seniors field trips in partnership with Bashaw Meadows.

Total # of Passengers
Camrose Bus Trips: **53**
Bashaw Bus Trips: **151**

~ Bus trips booked by charter and routine trips. ~



*The numbers are higher under Bashaw trips passengers for the months of August, September, October and December because the daycare and preschool kids rode the bus to go to the Meadows to visit the seniors.

Month	Bashaw		Camrose		Charter
	Trips	Passengers	Trips	Passengers	
January	2	4	2	8	1
February	4	8	2	2	2
March	4	11	2	4	1
April	2	5	2	5	1
May	5	8	1	2	4
June	3	4	2	4	5
July	3	16	2	4	5
August	5	18	1	3	4
September	3	14	2	6	4
October	4	36	2	3	3
November	4	6	3	10	2
December	3	21	1	2	4



Program Report

TRANSPORTATION

This Program was officially advertised to the public in December of 2023, but we started driving senior clients to their medical appointments under this program in the spring of 2023. May 25th was our very first client, driven to St. Mary's Hospital in Camrose. Transportation is provided for clients 50 and up in Bashaw and surrounding areas. Eligible clients are folks who do not drive and do not have any other alternative drivers.

Our hours of operations are Monday to Friday from 9-4 pm. Rides must be booked at least 36 hours ahead of time to properly secure a driver. We currently have 8 volunteer drivers on our list and our BDSS staff covers on occasions and on an emergency basis. The trips are fully subsidized at this time, so there's no cost for the clients. Many seniors in the community and the surrounding area are taking advantage of this wonderful program, so we have been very busy booking and providing rides in the last few months.

Transportation Trips	
July	2
August	3
September	6
October	6
November	13
December	11
January	8
Total	49

Bashaw Elks Van 2023

Month	Full Day	Half Day
January	0	1
February	0	0
March	0	1
April	0	0
May	0	0
June	0	0
July	10	0
August	8	0
September	1	0
October	1	0
November	0	1
December	0	0
Total	20	3

We acquired the Elks Van in the spring of 2022. The van can accommodate up to 15 passengers. It's been a good addition to our transportation program. The rental fees are \$50 for half a day and \$100 for a full day. It has not been used a lot in the winter time, but it is popular in the spring and summer for weddings, BYC and adult field trips and for community members personal use.

Program Report

ADMINISTRATIVE SERVICES

The administrative services of BDSS include the day-to-day operation of the programs and services including programming, financial records, payroll, accounting and communication tools such as the Community Connections newsletter, website and social media. During 2023 the newly adopted image, the Bashaw and Area Community Resource Centre, strengthened. The goal and overall purpose is to represent the collective efforts of all organizations apart of serving the Bashaw & Area population within our facility. Additionally, the administration and program staff provide information and referral services for the whole community, for any area of need or concern.

TARGET POPULATION

These services are available to the whole community. Community members see Bashaw & District Support Services as a place of support. If they don't know where to go- they go to Bashaw and Area Community Resource Centre. Community members call or drop in for any and all questions or concerns.

COMMUNITY NEED

Statistics and tracking information indicate that the community has a high need for support services in the areas of mental health, social supports, transportation in and out of town (doctor's appointment and other support options) and one-on-one counseling. The administration staff does their best to provide service or referrals to families and individuals in need. During 2023, 4,287 opportunities arose to assist clients between January and December.

OBJECTIVES

To create, develop and maintain services that have been identified as needed. The community will be able to communicate with external agencies with accurate and detailed assessments of need. As a rural community, Bashaw will have services equal to those offered by larger centers.

COMMUNITY SUPPORTS

Engagements:

Community supports include many services on a walk-in basis. These services include (but are not limited to): assistance with photocopying, faxing, technology supports, general information about the community, assistance to fill out paperwork and forms, as well as assisting community members in finding resources and assisting them to access these resources.



2023 ENGAGEMENT STATISTICS

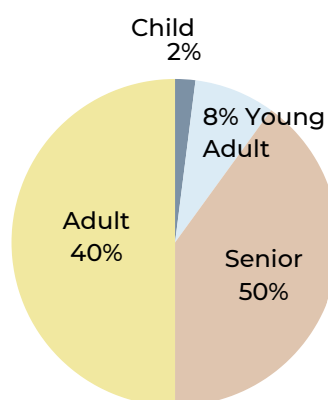
	Child (0-18)	Young Adult (19-30)	Adult (31-54)	Senior (55+)	Total
General Inquiry	3	46	330	312	691
Photo/Fax/Computer	1	17	165	257	440
Forms	4	4	36	64	108
Food Bank	10	29	207	154	400
Daycare/Preschool	4	9	26	7	46
Navigator	7	41	127	82	257
Family Wellness	0	0	4	1	5
Advertising	0	2	29	52	83
Seasonal	3	15	63	66	147
1 on 1	0	3	17	24	44
Mental Health	1	1	20	11	33
Referral	0	2	8	7	17
Meals on Wheels	0	0	23	107	130
Adult Learning	31	52	171	174	428
Bus Society	0	15	61	263	339
Home Support	0	1	27	86	114
Family Resource Network	0	3	3	1	7
Healthy Families	0	1	5	1	7
Bashaw Youth Centre	0	9	46	16	71
Bashaw Elks Van	0	5	6	6	17
Community Programs	3	15	94	134	246
Other	9	50	235	322	616
Total	76	320	1703	2147	4246

Engagements

4,287
Needs
Served

Residence

Bashaw: 82%
Other: 13%
Camrose
County: 5%



COMMUNICATION TOOLS

BDSS utilizes many channels to reach its audience. This includes an online presence via website- www.bashawcrc.com and on social media @bashawcrc (both Facebook and Instagram pages.) All calendars, updates, program and event information and monthly newsletters are available in print and digitally.



OTHER SERVICES

BDSS provides service to the community through a variety of projects, including the following:

COMMUNITY CONNECTIONS

Bashaw District Support Services in partnership with non-profit organizations provides the community

and surrounding area with a general newsletter that promotes local non-profit organizations and their events and activities. The newsletter is a great way for this information to get to the population of seniors, who may not be able to access the information online.

COMMUNITY CAPACITY BUILDING

The board and staff of Bashaw District Support Services are committed to building the community. They actively participate in meetings and events to build resources and programs that meet the social needs of all citizens within the community.

Partnerships and community involvement, including but not limited to: Bashaw Community Wellness Team, Bashaw Chamber of Commerce, Bashaw Municipal Library, Bashaw Regional Health and Wellness Board, Bashaw Historical Society, Bashaw Adult Learning Council, Bashaw School, Bashaw Meadows, Bashaw RCMP, Alberta Health Services, Bashaw & District Food Bank, Bashaw Bus Society, Bashaw United Church, Healthy Families and Camrose Family Resource Centre.



Program Report

VOLUNTEER SERVICES

BDSS encourages, promotes and coordinates volunteer events within the community. Our community flourishes on volunteerism. There is approximately 32 volunteer service organizations in Bashaw.

COMMUNITY PARTICIPATION/ PARTNERSHIPS

In our organization, volunteerism is essential to provide many of the services we offer: Meals on Wheels, Santa's Anonymous, Bashaw Food Bank, Bashaw Bus, Roots of Empathy, Preschool, Generations Daycare, Early Literacy Projects, Extended Learning Program, Summer Programs, fundraising events and of course the BDSS Board itself. As a community, we are truly grateful to our Volunteers! We would like to acknowledge members of our wonderful volunteer board, who continue to be strong pillars of support to our staff.







EMERGENCY SOCIAL SERVICES

BDSS maintained its role as Emergency Social Services Coordinator, prepared to serve the community in the event of any local or global disaster. In addition to local readiness, our team also serves as call out members for any Provincial Disaster needing manpower in operating Reception and Recovery Centres.

In 2023, we continued to develop our BDSS team by offering training and orientation.

COMMUNITY EMERGENCY FUND

Bashaw & District Support Services has appreciated continued partnerships to offer assistance through this fund. Our sincere thanks to members of our community for donating funds to help those in need.



OUR SINCERE THANKS To All Sponsors & Supporters

HOME SUPPORT-

United Way of Central Alberta
Alberta Lottery Funds - Casino
Healthy Aging Alberta



BASHAW REGIONAL WELLNESS

Government of Alberta- Civil Society
Government of Canada- Recovery Fund

GENERATIONS DAYCARE-

Government of Alberta



SUMMER YOUTH PROGRAMS AND CAMPS-

Bashaw Youth Foundation
Bashaw Recreation Board
Donors



FAMILY/ COMMUNITY WELLNESS-

Government of Alberta
United Way of Central Alberta
Town of Bashaw- FCSS
Camrose County - FCSS



BASHAW & DISTRICT FOOD BANK-

Bashaw & District Food Bank
Food Banks Alberta
Donors



BASHAW & DISTRICT PRESCHOOL-

Government of Alberta



EMERGENCY SOCIAL SERVICES-

Government of Alberta



MEALS ON WHEELS-

Town of Bashaw- FCSS
Camrose County - FCSS



NAVIGATION-

Government of Alberta
Bashaw Adult Learning Council
Village of Donalda
Healthy Aging Alberta

SANTA'S ANONYMOUS-

Anonymous Donors

EXTENDED LEARNING PROGRAM-

Government of Alberta



ADMINISTRATION/ COMMUNITY DEVELOPMENT-

Town of Bashaw- FCSS
Camrose County- FCSS
Camrose Association for
Community Living
Government of Alberta
Government of Canada

TRANSPORTATION-

Healthy Aging Alberta

Bashaw & District
SUPPORT SERVICES