

The first newsletter of 2019 is packed with information and advanced notification on some of the dates that have already been finalized for the coming year. We had our first 3M Retirees Club meeting this month and your committee is already working on getting things set up for the year.

Enjoy reading and, as always, your suggestions and comments on content for the newsletter are always welcome.



A message from your 3M Canada Retirees Club President John Banjac

Greetings fellow 3Mer's. I'd like to take the opportunity to wish a Happy New Year and hope everyone had a great Christmas with your loved ones. The team at the Retirees Club welcome 2019 and look forward to seeing all of you at our upcoming functions. We wish you a year of wonderful happiness, good health and a year of great success in whatever you attempt. Most importantly have fun during the year. The Team at the Retirees Club is planning an exciting year- two great luncheons and a banquet and exciting events coming in 2019.

Here are 7 tips for staying energized during 2019

- 1) Get up early at the same time every morning.
- 2) Healthy Breakfast.
- 3) Get moving.
- 4) Drink water.
- 5) Smart snack and listen to some tunes.
- 6) Meditation
- 7) Stare off into space and dream.

Happy New Year 2019!

Open Positions

Two current positions are available and need to be filled in the next few months. Marilyn Piper is currently handling the secretary position as well as web services. Marilyn will keep her position as web services but would like to find a replacement for the **secretary position**.

The **Secretary position** would include establishing dates for monthly meetings, booking conference rooms, taking notes throughout each meeting, capturing topics of discussion, any decisions made or follow-up actions required as examples.

A new position to the executive is the role of **Communications Co-ordinator**. An example of what this role would entail would be establishing a communications plan for the 3M retirees Club i.e. type of content, mode of communication (email, newsletter, website).

A more thorough description is available on the 3Mcanadaretirees website.

If you are interested in either of these positions, please contact John Banjac (EMC4N.PRES@gmail.com) He will be able to share with you a brief description of what the position entails.

3M Canada Update - Chris Allen

Want to learn more about 3M's commitment to sustainability. There are some great articles linking 3M Canada on the "Science Centre" site on the 3M Canada website.

The attached link will take you to the Science Centre.

<https://sciencecentre.3mcanada.ca/articles>

Fall Banquet recap - Held October 22, 2018

We are excited to say that the 3M Retirees Club annual fall banquet held October 22, 2018 welcomed a sold-out crowd who enjoyed a lovely meal served by the staff at the Four Points by Sheraton.



We were also entertained by an engaging speaker, Tina Kalopisis (Health Care Lab Manager), who updated us on 3M Canada and, during her presentation, treated us to a showing of some of the new products and technologies recently launched. I am sure we would like to see Tina join us again at a future event.

Once again, the following prize winners left with their goodies in hand.

Prize Winners

25.00 cheque - Rick Molloy

25.00 cheque - Helen Olmstead

25.00 cheque - Gerry Frank

Employee Store - Tom Fejes

Movie Pass - Bob Stackhouse

3M Gift Basket - Mike Chater

...and the grand prize winner of the 50/50 draw for \$495.00 was Nancy Graham.



Photos of the winners and attendees are available at www.3Mcanadaretirees.com. We hope to see you at this year's luncheons/banquets. Dates and location listed below and the invitation for the March Luncheon is included.

Website update - 3Mcanadaretirees.com

We continue to see steady growth in the number of retirees accessing our website for information. Most communications sent to retirees via email/hardcopy are also posted to the website. Remember to check the "Upcoming Events" section for details of various activities such as trips, meetings, euchre socials, Employee Store openings, retiree luncheons/banquets, 3M Club BBQ's etc. Another good resource is the "Trips/Discounts/Promos" page where you will find information on discounts such as Budweiser Gardens, London Knights, East Park Gardens, Landmark Theatre and day trips. Information is being updated regularly. If you have any suggestions for additions to the website, email Marilyn at EMC4N.secretary@gmail.com.

2019 lunch/banquet dates Four Points Sheraton

We have received overwhelming response to the change of venue to the Four points and we are pleased to announce this year's dates for all events are being held at the same location. Good news...we have secured rooms for all 3 events on the main floor.

Please mark the following dates on your calendars.....

March 18	11:30 am - 1:30PM	Spring Luncheon (invitation included)
June 17	11:30 am - 1:30PM	Summer Luncheon
October 21	5:00 pm - 10:00 PM	Fall Banquet



Menu for the Spring luncheon will consist of Assorted breads, rolls & buns, soup, Salad Station, Assorted Sandwiches & Wraps, Pizza Station and assorted squares and mini cakes. Cost is \$15.00 per person.

With a menu like that, some of the snowbirds probably wish they were home to attend....well maybe not, but will look forward to the summer luncheon.

3M Employee Store - Reminder of Store hours

The Employee Store was exceptionally busy prior to the Holidays. The various gift bags that are created each month, continue to be a huge favourite! A reminder that regular Store hours are 11:30 a.m. - 4:30 p.m. Monday-Friday.

The following Saturday openings will be available for Family & Friends shopping:
February 2nd, March 2nd, April 6th, May 4th, June 1st, July - no Saturday opening, August 10th, September 14th, October 12th, November 2nd and December 7th. Saturday hours are 9:00 a.m. - 2:00 p.m.

Remember to bring your gold card to receive your 10% discount (applicable to retirees and spouses only).

Golf Outings



Brian Piper will once again be coordinating two Golf Outings in the summer. Details will be communicated, once finalized.

3M Retiree outings

We are not sure if everyone is aware of the closing of Take A break Travel (the company who handled our outings in the past). The owners are retiring (who can blame them) and will be working with **Robin Hood Tours**, going forward, to find you the best available day trips.



Their 2019 listing will be available in the next couple of weeks.

If you have a particular interest that you would like us to book as a group trip (wine tour, theatre, shopping U.S., shopping Canada) please let us know by sending an email to Catherine Madden at emc4n.events@gmail.com.

3M Club Events

3M Club has just received a new discount for 2019 for Great Wolf Lodge as well there are also Landmark Cinemas Movie passes (the theatre in south London, near White Oaks mall, as well as other locations in the province) – these passes are available year round!

Information can be found on the 3MCanadaretirees.com website. You should also have received separate notification via email.



3M Euchre Social - Family & Friends



Come one, Come all !

Please join fellow 3M'rs, family and friends for a very social game of euchre every **second Thursday** of the month at the 3M location on Sovereign Road (cafeteria). Cost is a loonie which covers coffee, tea, cookies and supplies. If you need more information, please visit 3Mcanadaretirees.com for schedules or contact Joan Peck 519-268-3737 for more information.

Volunteering in the community

You will already have received information on our first volunteer opportunity in the community.

The Kinsmen Club is looking for a maximum of 14 volunteers to help at the Kinsmen Fanshawe Sugar Bush Festival on Monday March 11, 2019. There are 14 volunteer positions open - 2 shifts of 7 people per shift.

Deadline to volunteer: Feb 24, 2017 after this date positions will be released to others outside the 3M Canada Retirees club.

Information and descriptions of the various duties can be found at 3Mcanadaretirees.com



New Survey coming your way

We announced at the fall banquet that we will be undertaking a new survey for our members. In order to enhance the Club and provide members with meaningful activities/information, we really need your input. You can expect to see this survey in early spring and we sincerely hope you will take the time to complete it.

As always, there is no need to wait for the survey. Please feel free to contact a member of the club committee at any time with suggestions.

3M Canada Retiree Meetings for 2019

The following meetings will be held at 363 Sovereign Rd, London, ON N6M 1A5 - Queen Victoria Conference Room

February 13, 2019	11:00 a.m.- 1:00 p.m.	Sovereign Road
April 10, 2019	11:00 a.m.- 1:00 p.m.	Sovereign Road
May 14, 2019	11:00 a.m.- 1:00 p.m.	Sovereign Road
September 10, 2019	11:00 a.m.- 1:00 p.m.	Sovereign Road

ANNUAL GENERAL MEETING

October 16, 2019 10:00 a.m. - 12:00 p.m.

This meeting will be held at 300 Tartan Dr, London, ON N5V 4M9 - Conference Room #A001 (BASEMENT)

November 12, 2019 11:00 a.m.- 1:00 p.m. Sovereign Road

We hope you can join us at any or all of the above meetings. All 3M retirees are welcome!

3M Canada Retirees Executive Committee

President - John Banjac
Past President - Cindy Knight
Vice President - Lynn Daly
Secretary - (OPEN) Currently being fulfilled by Marilyn Piper
Treasurer - Peter Heisz
Membership - Cindy Knight (Pierre Holden)
Web Services - Marilyn Piper
Event Coordinator - Catherine Madden
Communications Coordinator - OPEN
3M Liaison - Chris Allen

We hope you enjoyed this newsletter and encourage new 3M retirees to join the club. Remember...if you know of someone who hasn't signed up, please encourage them to do so. Retirees can go to www.3mcanadaretirees.com to sign up.

We look forward to seeing you at this year's events.

Your 3M Canada Retirees Club Committee