

Elmhurst Home, Inc.

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ANNUAL  
REPORT



Elmhurst Home, Inc.  
*"Recovery with Dignity"*

*Serving the Community for Over 50 Years*



## MISSION STATEMENT

“The mission of Elmhurst Home, Inc. is to provide person centered, stage matched, evidence based residential treatment for persons with a substance use disorder including persons with co-occurring disorders. Our primary goal is to assist each person served to achieve and maintain recovery and to improve every aspect of their quality of life.”

## VISION STATEMENT

Elmhurst Home, Inc. envisions a future where every individual affected by substance use and co-occurring disorders has access to compassionate, evidence-based treatment that empowers them to achieve lasting recovery. We strive to be a beacon of hope and transformation, fostering a supportive community where individuals rebuild their lives, restore their well-being, and reach their fullest potential.



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# A MESSAGE FROM OUR CEO



JOHN C. ODEN  
Chief Executive Officer

## **Elmhurst Home, Inc.: Expanding Hope and Healing in a Time of Crisis**

For 53 years, Elmhurst Home, Inc. has stood as a beacon of hope for individuals and families affected by substance abuse and mental health disorders in Wayne County, Michigan. Today, as the nation grapples with an unprecedented rise in addiction and mental health challenges, our mission is more critical than ever.

### **The Growing Mental Health and Substance Abuse Crisis**

The statistics are staggering. According to the National Institute on Drug Abuse, overdose deaths have reached record highs, with over 107,000 reported in 2022 alone. The National Alliance on Mental Illness (NAMI) reports that one in five adults in the U.S. experiences mental illness each year, with depression and anxiety rates increasing sharply, particularly among young

adults and marginalized communities. The convergence of economic hardship, social isolation, and the lingering effects of the COVID-19 pandemic has exacerbated the crisis, leaving countless individuals struggling without adequate support.

### **Addressing the Root Causes: Poverty, Stress, and Trauma**

Poverty and chronic stress remain significant contributors to mental illness and substance abuse. Economic instability, housing insecurity, and limited access to healthcare create barriers that prevent many individuals from seeking treatment. At Elmhurst, we recognize that effective recovery must address not only the symptoms but also the underlying social determinants of health.

### **Innovative Approaches to Treatment**

In response to the evolving needs of our community, Elmhurst Home, Inc. has expanded its treatment offerings with innovative, evidence-based approaches designed to support both individuals and their families. Our comprehensive programs now include:

- ◆ **Integrated Behavioral Health Services:** Combining mental health and substance abuse treatment under one roof to ensure holistic, person-centered care.
- ◆ **Trauma-Informed Therapy:** Recognizing the deep impact of trauma on addiction and mental health, we offer specialized counseling and support groups.
- ◆ **Family-Centered Programs:** Recovery does not happen in isolation. Our family therapy sessions and educational workshops empower loved ones to become active participants in the healing process.
- ◆ **Peer Recovery Coaching:** Providing guidance from individuals with lived experience who can offer mentorship and encouragement.
- ◆ **Workforce Development and Life Skills Training:** Helping individuals transition from treatment to independence through job readiness programs and financial literacy education.

### Expanding Our Reach

- ◆ To better meet the needs of our community, Elmhurst Home, Inc. is in the process of expanding its facilities and outreach efforts. In the coming year, we plan to:
- ◆ Open a new outpatient treatment center to increase accessibility for those unable to commit to residential care.
- ◆ Launch a mobile crisis response unit to provide immediate intervention for those in urgent need.
- ◆ Strengthen partnerships with local hospitals, schools, and law enforcement agencies to create a seamless continuum of care.
- ◆ Develop an expanded housing initiative to address homelessness among those in recovery.

### A Call to Action

As we look to the future, our commitment to restoring lives remains steadfast. We invite our community members, stakeholders, and partners to join us in this vital work. Whether through advocacy, volunteerism, or financial support, your contributions can help change lives.

At Elmhurst Home, Inc., we believe that recovery is possible for everyone. Together, we can build a healthier, stronger Wayne County—one person, one family, and one community at a time.

Sincerely,

*John C. Oden*

John C. Oden  
Elmhurst Home, Inc. CEO



# OUR HISTORY

## The Legacy of Elmhurst Home, Inc. A Story of Compassion and Transformation



Naomi & James Oden  
Founders

Elmhurst Home, Inc. was founded in 1972 by James and Naomi Oden, a visionary couple deeply committed to uplifting individuals in need. Long before the establishment of Elmhurst Home, James and Naomi opened their hearts and their home to those struggling with life's hardships, hosting regular meetings to encourage and support individuals they referred to as being "down on their luck." Their home became a sanctuary where people could find not only guidance but also a sense of hope and belonging.

By 1970, Detroit was grappling with a growing drug epidemic, and James and Naomi recognized that more needed to be done. They saw firsthand how substance abuse and criminal behavior were devastating lives, families, and entire communities. Fueled by their unwavering belief in the power of redemption and community support, they envisioned a place where individuals battling addiction and destructive life patterns could find refuge, recovery, and a pathway to a better future.

This vision gave birth to **Elmhurst Home, Inc.**, a transformative organization dedicated to providing structured support for those seeking to break free from addiction and reintegrate into society as productive, self-sufficient individuals. What began as a modest initiative, relying solely on personal donations and a single building, soon grew into a beacon of hope for countless individuals. Through resilience, dedication, and strong community partnerships, Elmhurst Home has expanded over the years into a regionally supported, multi-campus facility that continues to change lives.

Today, Elmhurst Home stands as a testament to the enduring legacy of James and Naomi Oden. Their commitment to helping others has created a lasting impact, offering comprehensive treatment, rehabilitation programs, and a network of support designed to foster long-term recovery and personal transformation. What started as a small grassroots effort has flourished into a vital institution, proving that when compassion meets action, lives can be rebuilt, and communities can be strengthened.

**Recovery with Dignity** is the guiding principle of Elmhurst Home, Inc., ensuring that every individual seeking help is treated with respect, compassion, and support. At Elmhurst, recovery is not just about overcoming addiction—it's about restoring self-worth, rebuilding lives, and empowering individuals to reclaim their futures. . **Recovery with Dignity** means recognizing the humanity in every person and providing them with the tools, encouragement, and resources needed to achieve lasting transformation.

# WHO WE ARE

Elmhurst Home, Inc. is a non-profit 501(c)(3) organization dedicated to offering "Recovery with Dignity" for men and women grappling with substance abuse, mental health challenges, and criminal behavior. Since 1972, Elmhurst Home, Inc. has been committed to providing high-quality, effective addiction treatment. Our mission is to address our clients' physical, mental, and emotional needs throughout their journey to recovery. At Elmhurst Home, we believe that everyone deserves the opportunity to live their best life, free from the constraints of addiction, mental health struggles, and unstable housing. We are here to listen, support, and empower every step of the way.

# WHY WE SERVE

Although there have been practical and innovative advancements in behavioral health policy and treatment in recent years, the nemeses of mental illness and addiction continue to increase in the United States.

Our service to the community is born out of a desire to improve outcomes. Elmhurst Home, Inc. is committed to enhancing prevention, treatment, and recovery support services for mental health and substance use disorders. We strive to meet people where they are, providing a strategic plan that incorporates:

1. **Crisis Services:** Available 24/7, ensuring immediate support during mental health or substance use crises.
2. **Treatment Planning:** Emphasizing individualized care plans that involve both the patient and their family in the treatment process.
3. **Screening, Assessment, and Diagnosis:** Comprehensive assessments to identify mental health and substance use disorders and determine the appropriate level of care.
4. **Risk Management:** Proactive approaches to mitigate risks associated with mental health and substance use disorders.
5. **Outpatient Mental Health & Substance Use Services:** Offering a wide range of outpatient services, including therapy, counseling, and medication management.
6. **Targeted Case Management:** Care coordination to help individuals navigate the complex healthcare system and access necessary services.
7. **Outpatient Primary Care Screening and Monitoring:** Integrating physical health care with behavioral health services, providing screenings and monitoring for physical health conditions.
8. **Peer and Family Support Services:** Support groups and counseling provided by individuals who have experienced similar challenges.
9. **Counselor Services:** Professional counseling to address mental health and substance use issues.
10. **Psychiatric Rehabilitation Services:** Helping individuals develop skills and access resources needed for recovery and community integration.

At Elmhurst Home, Inc., our consumer-driven efforts focus on maximizing the potential for sustained recovery, moral, social, and economic growth and productivity within the community, their families, and individual daily functioning. By addressing the unique needs of each person we serve, we aim to create a supportive environment that fosters resilience and long-term well-being. Together, we can make a significant difference in the lives of those affected by mental health and substance use disorders, driving positive change and improving overall community health.



# EXECUTIVE ADMINISTRATIVE STAFF

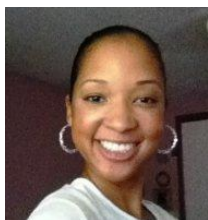
Elmhurst Home, Inc. is recognized as one of Michigan's leading drug and alcohol treatment centers, providing compassionate, evidence-based care to individuals on their journey to recovery. At the heart of our success is our dedicated administrative team and certified treatment professionals, who work tirelessly to ensure that each client receives the highest level of support. Our team includes certified counselors, experienced administrators, and skilled support staff, all committed to guiding individuals through every step of their recovery process.

What sets Elmhurst Home apart is not just the expertise of our team, but the deep sense of compassion and commitment they bring to their work. Our professionals collaborate seamlessly across departments to deliver **comprehensive, person-centered care**, ensuring that each client receives a treatment plan tailored to their unique needs. Whether through our **residential or outpatient programs**, our staff remains dedicated to providing **"Recovery with Dignity"**—helping individuals heal in a supportive and respectful environment, free from stigma.

With decades of combined experience in addiction treatment, our team utilizes **innovative and strategic approaches** that integrate **proven therapeutic techniques** with a **holistic model of care**. Our goal is not only to help individuals achieve sobriety but to equip them with the tools and support necessary for long-term success. At Elmhurst Home, Inc., we believe recovery is a lifelong journey, and our team is honored to walk that path alongside each person we serve.



**JOHN C. ODEN**  
Chief Executive Office



**SARINA C. ODEN**  
Chief Operating Officer



**BETTY SMITH**  
Chief Financial Officer



**DR. MARADA GRIFFIN**  
Chief Clinical Officer



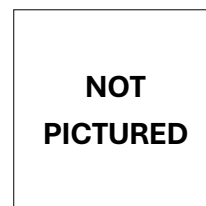
**ANTHONY ALLEN**  
JOC Site Manager



**RACHEL ODEN**  
Naomi's Nest Site Manager



**JOHN ODEN, JR**  
HR Administrator



**CYNTHIA WILSON**  
Peer Recovery Coach



# Executive Summary

## Introduction

In 2024, Elmhurst served 888 (unduplicated count) individuals across Detroit Wayne County, providing comprehensive and compassionate care that fosters recovery and long-term wellness. Our holistic approach integrates evidence-based treatment strategies with person-centered services, ensuring that each individual receives tailored support for both substance abuse and mental health challenges. By addressing these interconnected issues simultaneously, we empower our clients to achieve sustainable healing and improved quality of life.

Our commitment to excellence is upheld through continuous clinical evaluations, client satisfaction surveys, and rigorous administrative oversight. These quality assurance measures allow us to assess program effectiveness, identify areas for enhancement, and implement best practices that align with the latest advancements in behavioral health care. Through collaborative partnerships with community organizations, healthcare providers, and support networks, we extend our impact beyond treatment, fostering a robust ecosystem of care that promotes stability, resilience, and overall well-being for those we serve.

## Key Accomplishments in 2024

- **Expanded Access to Care:** Increased enrollment in both our Men's and Women's Programs.
- **Improved Patient Outcomes:** Achieved an 85% program completion rate, with 70% of clients maintaining sobriety for six months post-treatment.
- **Community Engagement:** Partnered with 15+ local organizations to enhance transitional support and job placement opportunities.
- **Staff Development:** Conducted over 1,000 hours of professional training for clinical staff.
- **Financial Growth:** Secured new grant funding, increasing our operating budget by 15%.

## Client Demographics

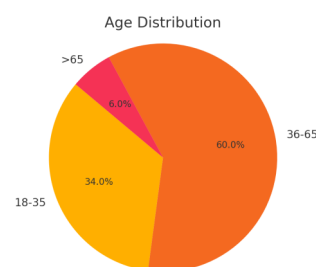
- **Total Persons Served:** 888 (Unduplicated count)

- **Age Distribution:**

18-35: 34% (N=297)

36-65: 60% (N=535)

65: 6% (N=56)

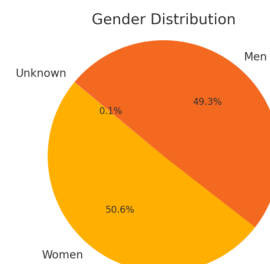


- **Gender**

Women: 50.6%

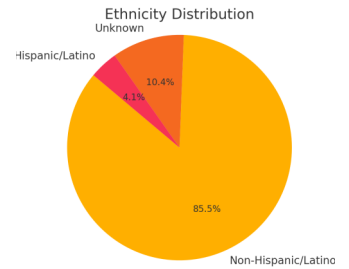
Men: 49.3%

Unknown: 0.1%



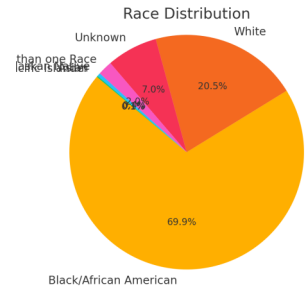
- **Ethnicity**

Non-Hispanic or Latino: 85.5%  
 Unknown: 10.4%  
 Hispanic or Latino: 4.1%



- **Race**

Black or African American: 69.6%  
 White: 20.4%  
 Unknown: 7%  
 More than one Race: 2%  
 American Indian or Alaskan Native: 0.4%  
 Asian: 0.1%  
 Native Hawaiian or Pacific Islander: 0.1%

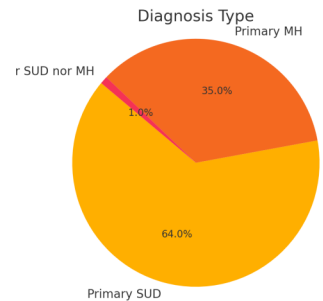


## Morbidity and Mortality Data

N/A

- **Diagnosis Type:**

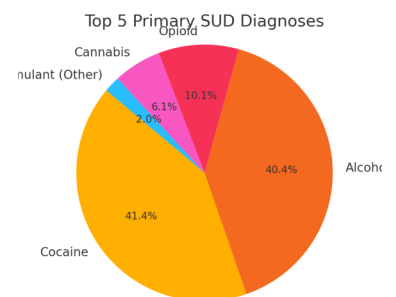
Primary SUD: 64% (N=565)  
 Primary MH: 35% (N=308)  
 Neither SUD nor MH: 1% (N=15)



- **Severe Mental Illness (SMI) or Serious Emotional Disturbance (SED): 56% (N=496)**

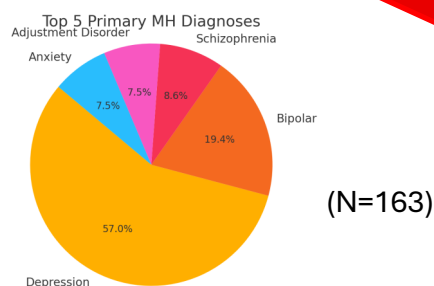
- **Top 5 Primary SUD Diagnoses**

Cocaine: 41% (N=232)  
 Alcohol: 40% (N=228)  
 Opioid: 10% (N=56)  
 Cannabis: 6% (N=35)  
 Stimulant (Other): 2% (N=11)  
 Top 5 Primary MH Diagnoses



- **Top 5 Primary MH Diagnoses**

Depression (includes PDD): 53%  
 Bipolar: 18% (N=55)  
 Schizophrenia: 8% (N=26)  
 Adjustment Disorder: 7% (N=21)  
 Anxiety: 7% (N=21)

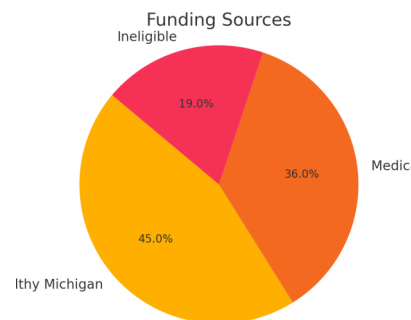


- **Volume of Care**

Total Services: 60,399 (Average of 68 services per person served)  
 Total Units: 67,314  
 Total Minutes: 44,103,625

- **Funding Sources**

Healthy Michigan: 45% (N=402)  
 Medicaid & Medicaid Eligible: 36% (N=322)  
 Ineligible: 19% (N=164)



- **Future Goals for 2025**

Expand outpatient services to reach more individuals in need.  
 Increase telehealth offerings to enhance accessibility.  
 Strengthen partnerships with local employers for workforce reintegration.  
 Further invest in staff development and evidence-based treatment modalities.

- **Conclusion**

In 2024, Elmhurst Home, Inc. bolstered its unwavering dedication to changing lives through both compassionate and effective treatment programs. We are eagerly anticipating the continuation of this mission into 2025, with ambitions to amplify our positive impact within the community even further. Through innovative approaches, dedicated staff, and a deep commitment to those we serve, we strive to create a brighter, healthier future for all. Our focus remains on expanding our reach, enhancing our services, and fostering an environ-





If you, or someone you care about needs urgent advice or support for your mental health, you can call or text the **Michigan Crisis and Access Line** - 24/7 absolutely **free of charge**.

Free 24/7  
**Mental Health**  
Crisis Helpline  
**988**  
CALL OR TEXT



Do you need someone to talk to?  
Are you experiencing feelings of depression or anxiety?  
Are you worried about a loved one's mental health?  
Are you or someone you know struggling with an addiction or substance use disorder?

No matter what you're dealing with, there is no wrong reason to call.  
Our crisis counselors are prepared to help you get the support you need.

.Free, confidential, and available 24/7. Currently serving all Michiganders

**MICHIGAN PEER WARMLINE** is for Michiganders who are living with persistent mental health and/or substance use conditions. To speak with a Peer Support specialist who is certified and trained to support and empower each caller. **7 Days a Week from 10 am - 2 am**  
**1-888-PEER-753 or 1-888-733-7753**

Elmhurst Home, Inc. is a non-profit 501(c)3 organization that provides "Recovery with Dignity" for men and women who have issues with mental health, substance abuse, and criminal conduct. We are an out patient and residential treatment center. For more information call 888 985 0814



# Trying to manage a Mental Health Crisis? **CALL OR TEXT 988**

**MiCAL Crisis Counselors are prepared to help you  
get the support you need.**

**Free, Confidential, and Available 24/7. Serving all Michiganders.**



**MICHIGAN PEER WARMLINE is for Michiganders who are living with persistent mental health and/or substance use conditions. To speak with a Peer Support Specialist who is certified and trained to support and empower each caller. 7 Days a Week from 10 am - 2 am**

**1-888-PEER-753 or 1-888-733-7753**

# TREATMENT PROGRAM



**Elmhurst Home, Inc.** provides both short-term and long term (based on medical necessity) residential substance abuse treatment for men and women over the age of 18. Men and women receive treatment in separate facilities. Elmhurst Home is our Men's Facility. Naomi's Nest is our Women's Facility.

We offer the following residential programming:

- **Mental Health Referrals**
- **Dual Diagnosis Capability in Addiction Treatment** - DDC/DDE Score (3.5-4.49)
- Weekly Individual Sessions
- Cognitive Behavioral Change through Role Play
- Employment/Housing Assistance
- Life/Computer Skills Training
- GED Literacy Program
- Education Didactics
- On-Site/Off-Site AA/NA/FA Meetings
- Relapse/Recidivism Techniques
- Anger Management Skills
- On-Site/Off-Site Community Service (e.g. Urban Farming)
- Group Therapy
- Spiritual/Social Skills Development
- Parenting Classes
- Family Reconciliation
- HIV/STD Testing/Education
- Work Therapy

EHI provides Outpatient (OP) and Intensive Outpatient (IOP) for Adults with MI, Substance Use Disorders (SUD) gender specific and/or co-occurring consumers. The duration of treatment is based on medical necessity. Consumers from this program must reside in Wayne County. We offer the following services within OP and IOP:



# PREVENTION

- Strengthen Family Ties
- Teach Coping Mechanisms
- Educate on the risks, health and legal consequences
- Instruction on how to Live a Healthy, Well-Balanced life
- Meditation and Yoga activities
- Promoting Self Care and Self Worth

# TREATMENT

Elmhurst Home, Inc. is a Certified Community Behavioral Health Clinic ensuring access to coordinated comprehensive behavioral health care.

- Men and Women treated in separate facilities
- Psychiatric Evaluation
- Physical and Mental Health Services
- Substance Abuse Disorder Treatment
- Medication Assessment Treatment

# RECOVERY

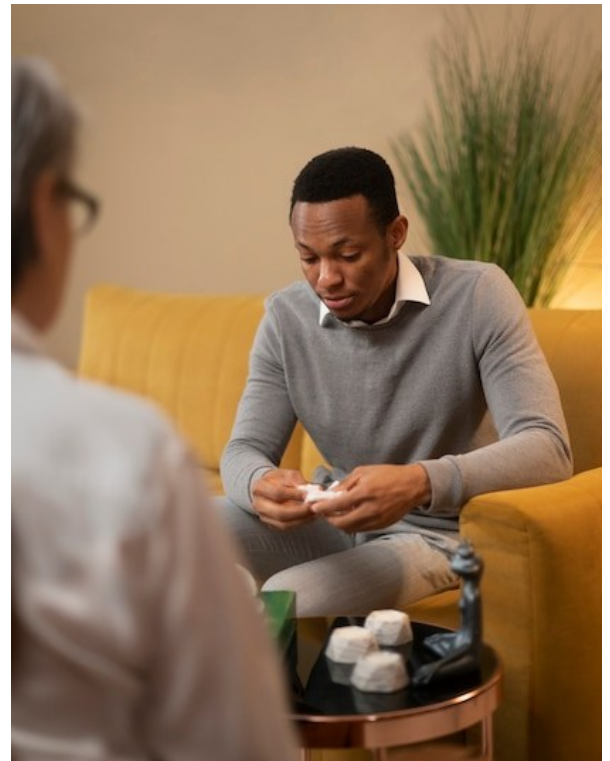
Elmhurst Home, Inc. provides Recovery Services for men and women over the age of 18. We offer the following services in our recovery programs:

- Group Session (SUD & Mental Health)
- Relapse/Recidivism
- Case Management
- Recreational Activities
- Life Skills
- GED Literacy Program
- Money Management
- Life/Computer Skills Training



EHI provides Outpatient (OP) and Intensive Outpatient (IOP) for adults with mental illness, substance use disorders (SUD) gender specific and/or co-occurring consumers. The duration of treatment is based upon medical necessity. Consumers from this program must reside in Wayne County. We offer the following services within OP and IOP:

- Psychiatric Evaluation
- Weekly Individual Sessions
- Group Therapy
- Medication Review
- Case Management
- Patient Education



# WOMEN'S SPECIALTY PROGRAM



Elmhurst Home, Inc.'s women's facility, **Naomi's Nest**, offers both short-term and long-term ( based on medical necessity) residential substance abuse treatment for women with children under the age of 18. This program is an extension of our standard residential offerings and aims to provide comprehensive support for women facing unique challenges.

## Our women's specialty program includes the following services:

1. **Gender-Specific Substance Abuse Treatment:** Tailored interventions that address the distinct needs of women, including issues related to relationships, sexual and physical abuse, parenting, and childcare.
2. **Therapeutic Interventions:** A variety of therapeutic approaches designed to support women in their recovery journey and help them build healthy coping mechanisms.
3. **Custody Assistance:** Support in the process of retaining custody of their children, in collaboration with Child Protective Services (CPS).
4. **Outpatient Services:** Continuum of care for women who have completed our residential substance abuse treatment program, ensuring ongoing support and monitoring.

Naomi's Nest is dedicated to serving women in need, without requiring insurance, money, or material possessions. However, potential residents must have a willing spirit, a determined mindset, and a burning desire to change. They also need a referral from the Detroit Wayne Integrated Health Network (1-800-241-4949), parole or probation agents, the Wayne County Sheriff's Office, or a District Court.

At Naomi's Nest, we believe in the potential for every woman to live a life free from the constraints of substance abuse and mental health challenges. We are here to listen, support, and empower women on their path to recovery, providing them with the tools and resources necessary to build a brighter future for themselves and their families.



# PRESCRIPTION DRUG TAKE BACK EVENT

**Thursday, August 1, 2024**

**10 am - 2 pm**

**Elmhurst Home, Inc. - James Oden Center  
12007 Linwood Ave. | Detroit, Michigan**

Turn in your unused or expired medication for safe disposal.

## We will accept:

- Prescriptions
- Patches
- Over the counter pills
- Vitamins
- Pet medicine

## We cannot accept:

- Liquids, Needles and Sharps
- Mercury (thermometers)
- Chemotherapy / radioactive substances
- Oxygen or pressurized containers



Partnering with the DEA  
**SPONSORED BY**  
Elmhurst Home, Inc. and  
Warriors Pharmacy



[www.ehinc.org](http://www.ehinc.org)  
(313) 867-1090 | (888) 985-0814

[www.warriorpharmacy.com](http://www.warriorpharmacy.com)  
(313) 774-0520

**August 10**  
11:00am - 3:30 pm

**Community Wellness Day**

**FREE AND OPEN TO THE PUBLIC**

## Health Services

**Recovery Mobile Clinic**  
will provide  
**Healthcare Services**  
Medication Refills,  
Blood/STD Testing  
Vaccinations  
**and More**

## Stations

**Art Therapy**  
**Narcan Instruction**  
**Guided Stretching**  
**Guided Meditation**

## Resources

**Community Connections**  
Housing  
Healthcare  
Food Access  
**Workshops**  
Mindfulness  
Coping Skills  
Stress Management  
Harm Reduction



## Refreshments & Giveaways

Partnering Sponsor



Partnering Sponsor



**Elmhurst Home, Inc. - James Oden Center**  
12007 Linwood Parking Lot | (313) 867-1090 | (888) 985-0814

**RESIDENTIAL & OUTPATIENT  
SUD AND  
MENTAL HEALTH  
TREATMENT**

**Residential Intake: 24 hours/7 days**  
**(888) 985-0814 ext. 0**

Serving our Client's Physical, Mental and Emotional Needs on the Road to Recovery.

## Serving This Community for over 50 Years!

Elmhurst Home, Inc. is a non-profit 501(c)3 organization that provides "Recovery with Dignity" for men and women who have issues with substance abuse, mental health, and criminal conduct. Birthed from the vision and passion of James and Naomi Oden, to help those in need, Elmhurst Home, Inc. has delivered high-quality, effective addiction treatment since 1972.

It is our aim to serve our client's physical, mental, and emotional needs on the road to recovery. **Call today for more information (313) 867-1090, ext. 101.** At Elmhurst Home we believe that everyone deserves to live their best life, free from the constraints of substance abuse, mental health challenges, and unstable housing. We are here to listen, support and empower you!

**NO ONE IS TURNED AWAY FOR AN INABILITY TO PAY AND THERE IS A DISCOUNTED/SLIDING FEE SCHEDULE AVAILABLE BASED ON FAMILY SIZE AND INCOME.**



## CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC

- Crisis services available 24 hours / 7 days
- Comprehensive behavioral health services
- Care coordination provided



## PROGRAMS

- Residential & Outpatient Treatment
- Women's Specialty Services
- Recovery Services & Corrections Program
- Drug Abuse Treatment Program



**MEN'S FACILITY**  
**James Oden Center**  
12007 Linwood Ave  
Detroit, MI 48206  
313-867-1090



**WOMEN'S FACILITY**  
**Naomi's Nest**  
245 Pitkin  
Highland Park, MI 48203  
313-865-1500

**Assertive  
Community  
Treatment  
ACT Program**

**ACT TEAMS SERVICES**

- Rehabilitation and recovery
- Psychiatry
- Nursing
- Intensive case management
- Linkage to substance use treatment
- Supported employment
- Peer support
- Supportive housing
- Payee services
- Transportation

**WHAT IS ASSERTIVE COMMUNITY TREATMENT (ACT)?**

Assertive Community Treatment (ACT) is a form of community based mental health care for individuals experiencing serious mental illness that interferes with their ability to live in the community, attend appointments with professionals in clinics and hospitals, and manage mental health symptoms.

**WHO WE SERVE:**

Individuals must be adults (18+) with a primary diagnosis of schizophrenia, schizoaffective disorder, major depressive disorder with psychotic features or other psychotic disorders or bipolar disorder.

**THE ACT TEAM INCLUDES** • Team leader (licensed mental health professional) • Psychiatric care provider • Registered nurse • Vocational specialist • Program administrative assistant

ACT programs provide the highest level of community-based outpatient mental health care. ACT programs adopt a "whatever it takes" approach to care, with services provided several times a week, including weekends and holidays. All programs serve adults and have 24/7 on-call availability

**To Make A Referral Contact:**  
**Elmhurst Home Inc. at**  
**(313) 867-1090 ext 1**  
**(888) 985-0814 ext 0**

**Administrative Office: 12010 Linwood - Detroit, MI 48206**  
**James Oden Center: 12007 Linwood - Detroit MI 48206 | Naomi's Nest: 245 Pitkin - Highland Park, MI 48203**



**ELMHURST HOME, INC.**  
12010 Linwood Ave. | Detroit, MI 48206 | 313 867 1090  
Customer Service: (313) 707-0539 | Toll Free: (888) 985-0814 ext. 0 | TTY Services 711





# PEER RECOVERY SERVICES

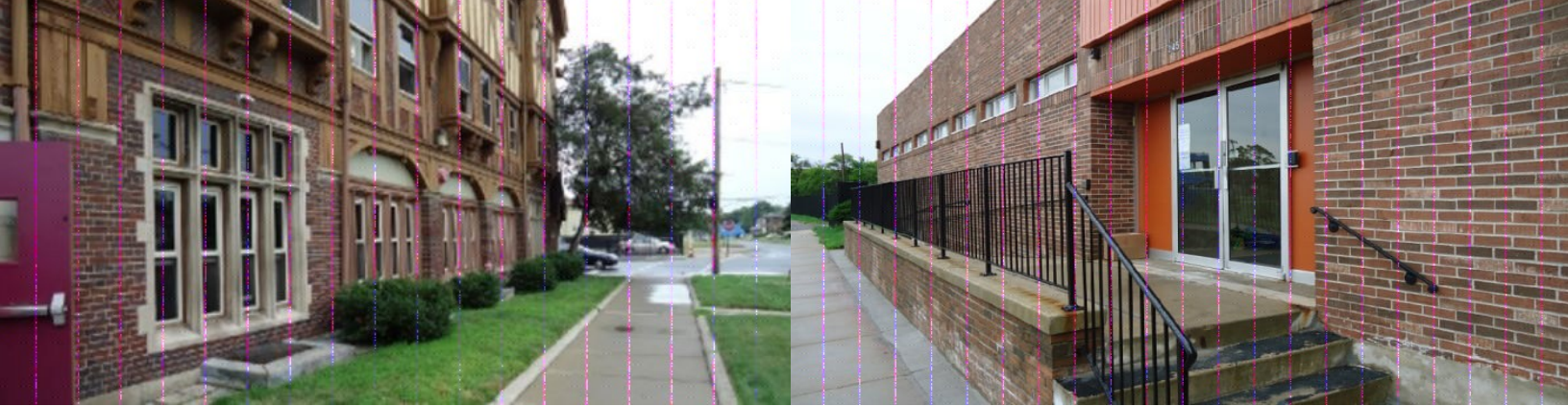
Peer Recovery Support Services play a critical role in helping individuals engage in and sustain the recovery process, significantly reducing the likelihood of relapse. These services are designed and delivered by peers who have personally navigated the recovery journey, making them uniquely equipped to offer a powerful message of hope and a wealth of experiential knowledge.

Here are some key aspects of Peer Recovery Support Services:

1. **Peer-Led Support:** The core of this program lies in its peer-led nature. Peers who have successfully overcome substance use and mental health challenges provide guidance, encouragement, and support to those currently in recovery. Their lived experiences enable them to build strong, empathetic connections with participants.
2. **Person-Centered Approach:** Peer Recovery Support Services are tailored to meet the individual needs of each participant. This person-centered approach ensures that support is relevant and meaningful, addressing the unique challenges and goals of each individual.
3. **Strength-Based Support:** These services focus on leveraging the strengths and resilience of individuals in recovery. By recognizing and building on their existing capabilities, peers help participants develop confidence and self-efficacy.
4. **Extending Beyond Clinical Settings:** Peer Recovery Support Services extend the reach of treatment beyond clinical environments. Peers provide support in everyday settings, helping individuals navigate real-life situations and challenges that may arise during their recovery journey.
5. **Comprehensive Support:** The program offers a wide range of supports, including emotional support, practical assistance, and guidance on navigating the healthcare system. Peers may also provide resources related to housing, employment, and education.
6. **Recovery Planning:** Peers assist individuals in developing and implementing personalized recovery plans. These plans outline specific goals and strategies for maintaining sobriety, managing mental health, and achieving overall well-being.
7. **Community Integration:** Peer Recovery Support Services promote community integration by helping individuals build social connections and engage in positive community activities. This sense of belonging and support within the community is vital for long-term recovery.
8. **Relapse Prevention:** Peers play a key role in relapse prevention by offering ongoing support and monitoring. They help individuals identify potential triggers, develop coping strategies, and maintain motivation to stay on track with their recovery goals.

This proven treatment program can make a life-changing difference for those willing to follow the protocol. By providing a supportive and understanding environment, Peer Recovery Support Services empower individuals to achieve and sustain recovery, leading to improved health, well-being, and quality of life.

At Elmhurst Home, Inc., we are dedicated to offering these transformative services, ensuring that every individual has the opportunity to recover with dignity and support.



## CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC

Certified Community Behavioral Health Clinics (CCBHCs) have had a significant positive impact on community mental health. Here are some key points:

- 1.Increased Access to Care:** CCBHCs have expanded access to mental health and substance use services, serving an estimated 2.1 million people nationwide. They provide care much faster than the national average wait time, with most offering access within a week or less.
- 2.Comprehensive Services:** These clinics offer a wide range of services, including crisis intervention, outpatient mental health and substance use services, and primary care screening. This comprehensive approach ensures that individuals receive holistic care tailored to their needs.
- 3.Workforce Expansion:** CCBHCs have created thousands of new behavioral health jobs, addressing the ongoing workforce shortage and rising demand for services. This expansion has enabled clinics to recruit and retain high-value positions such as psychiatrists and licensed clinical social workers.
- 4.Crisis Intervention:** CCBHCs play a crucial role in diverting individuals in crisis from hospitals, emergency departments, and jails. Nearly all CCBHCs have 24/7 crisis lines, mobile crisis response capabilities, and crisis stabilization services.
- 5.Collaboration with Criminal Justice Agencies:** Many CCBHCs are actively engaged in innovative activities in partnership with criminal justice agencies, helping to improve care transitions and support justice-involved individuals.
- 6.Community Integration:** CCBHCs work closely with schools, childcare, and other youth-serving settings to provide services on-site, ensuring that children, youth, and families receive the support they need.

Overall, CCBHCs are transforming the mental health and substance use care landscape by providing timely, comprehensive, and accessible services to those in need. They are proving that with effective financing and evidence-based clinical care, clinics can dramatically increase access to care and improve overall health outcomes.

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## THE ACT PROGRAM

Assertive Community Treatment (ACT) is a form of community based mental health care for individuals experiencing serious mental illness that interferes with their ability to live in the community, attend appointments with professionals in clinics and hospitals, and manage mental health symptoms.

### PRINCIPLES OF ASSERTIVE COMMUNITY TREATMENT

- Services are targeted to a specific group of individuals with severe mental illness
- Rather than brokering services, treatment, support and rehabilitation services are provided directly by the ACT Team.
- Team members share the responsibility for the individual served by the team.
- The staff to consumer ratio is small (approximately 1 to 10).



# CERTIFICATIONS & AFFILIATIONS



## Certified Community Behavioral Health Clinic

Elmhurst Home, Inc became a **Certified Community Behavioral Health Clinic** in 2021. We provide comprehensive range of mental health and substance use services.

CCBHCs must meet standards for the range of services they provide and are required to get people into care quickly. The CCBHC model requires:

- Crisis services to be available 24 hours a day, 7 days a week.
- Comprehensive behavioral health services to be available so people who need care don't have to piece together the behavioral health support they need across multiple providers.
- Care coordination to be provided to help people navigate behavioral health care, physical health care, social services, and the other systems they are involved in.

CCBHC Demonstration Site - Michigan Dept of Health and Human Services

## CARF Accreditation

CARF accreditation signals a service provider's commitment to continually improving services, encouraging feedback, and serving the community. CARF stands for continuous quality improvement with a focus on the satisfaction of the people served. CARF accreditation makes a difference! CARF-accredited service providers enjoy international recognition for their commitment to excellence.



## DWIHN

The Detroit Wayne Integrated Health Network is compassionate and committed to the 75,000 children and adults it serves in Detroit and Wayne County. They understand the immense responsibility that they have been given and they go above and beyond in supporting the people we serve and the hundreds of Providers in their System of Care. Their Provider Network supports and serves individuals with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities, and those with substance use disorder.





# CERTIFICATIONS & AFFILIATIONS

## NHSC Partnership

NHSC participants serve at more than 9,000 community health care sites seeing more than 21 million patients. They provide care to patients regardless of their ability to pay for services and increase access to much-needed mental health and opioid use disorder treatment in hard-hit areas of the country by supporting more than 9,600 behavioral health providers. Elmhurst Home, Inc. continues to focus on its vision for recovery, empowerment, and resiliency. We are responsive to the needs and preferences of consumers and families, and a major part of our vision is to fully embrace the concept of recovery.



## MARR

Elmhurst Home, Inc. is an accredited MARR operator. MARR (Michigan Association for Recovery Residences) certifies provider compliance with the code of ethics and national standards based on the Social Model of Recovery Philosophy. Recovery-oriented housing founded on Social Model principles continues to be studied academically due to its proven effectiveness in promoting & sustaining long-term recovery.



## Elmhurst Home, Inc. is funded by:

- Michigan Dept of Health and Human Services
- CCBHC Demonstration
- Detroit Wayne Integrated Health Network
- Wayne County Department of Children and Family Services
- Wayne County Sheriff's Office
- Michigan Department of Corrections



# Elmhurst Home, Inc.

**Toll Free: (888) 985-0814 ext. 0**  
**Customer Service: (313) 707-0539**  
**Hearing Impaired: TTY Services 711**

## **Administrative Offices**

**Monday thru Friday: 8am - 4:30pm**

*SUD residential is 24 hours 7 days a week*

*Outpatient is 8 am - 5 pm (Monday - Friday)*

**12010 Linwood | Detroit, Michigan 48206**

**John C. Oden, Chief Executive Officer**

**Sarina C. Oden, Chief Operating Officer**

**Betty J. Smith, Chief Financial Officer**

**Dr. Maranda Griffin, Chief Clinical Officer**

## **Men's Facility - James Oden Center**

**12007 Linwood | Detroit, Michigan 48206**

**(313) 867-1090**

**Anthony Allen, Site Manager**

## **Women's Facility - Naomi's Nest**

**245 Pitkin | Highland Park, MI 48203**

**(313) 865-1500**

**Rachel Oden, Site Manager**

**[www.ehinc.org](http://www.ehinc.org)**