



Arkansas Department of Health

4815 West Markham Street • Little Rock, Arkansas 72205-3867 • Telephone (501) 661-2000
Governor Asa Hutchinson
José R. Romero, MD, Secretary of Health

September 4th, 2020

Paul Gigliotti, Race Director
Mountain Home Marathon, Inc.
Via Email: paul@pirateperryevents.com

RE: White River Marathon for Kenya—November 21st, 2020—Cotter, Arkansas

Dear Mr. Gigliotti:

The plan submitted to the Department of Health is reviewed and can be implemented with the following comments:

- The wearing of face coverings must comply with Executive Order 20-37 and the Face Coverings Directive. This directive requires face coverings at all times, except for persons actively participating in athletic activities when a six (6) feet distance is not achievable and when a face covering is inhibitory to the activity or active exercise. Face coverings that completely cover the nose and mouth are required for everyone 10 years of age or older for indoor and outdoor sports while not actively participating. Children between ages of 2 years and 9 years are strongly encouraged to wear a face covering.
 - Athletes
 - For outdoor sports, face coverings must be worn when not actively participating in an outdoor sports activity and there is not ample space to maintain physical distancing of six (6) feet between persons. Face coverings must be worn while actively participating, if the face covering is not inhibitory to the activity
 - Coaches and Staff
 - Face coverings must be worn at all times for indoor and outdoor sports, except for a brief time when coach or staff member has physically distanced at least 12 feet from athletes and other staff.
- Due to the increased respiration and subsequent production of respiratory droplets, runners should maintain 12 feet physical distance while running unless they reside in the same household or have the intent to pass.
- Six (6)-feet physical distance should be maintained and face coverings shall be required on the shuttle. Windows on the shuttle should remain open to promote increased airflow.
- Frequently touched surfaces shall be cleaned periodically during the course of the event. Products with an EPA-approved emerging viral pathogen claims are expected to be effective against COVID-19. Follow the manufacturer's instructions for these products. For a list of EPA-approved emerging pathogen sanitizers: <https://www.epa.gov/pesticide-registration/listn-disinfectants-use-against-sars-cov-2>.

Adherence to the plan as well as the Directives of the Arkansas Department of Health is the sole responsibility of Mountain Home Marathon, Inc.

Please let us know if you have any questions.

Sincerely,

A handwritten signature in blue ink, appearing to read "Jeff Jackson, R.S.", is written over a light blue horizontal line.

Jeff Jackson, R.S.
ADH Environmental Supervisor-Retail Food Section
Arkansas Department of Health

To: Arkansas Department of Health Representative
adh.ehs@arkansas.gov

From: Paul Gigliotti, Race Director

Thank you for taking the time to review this plan for our community to hold the 17th annual White River Marathon for Kenya. I am truly appreciative of all you are doing with these challenging times. We in the Cotter & Gassville areas want to SAFELY encourage our citizens, friends, and guests to have fun and enjoy this running event while safely following the guidelines set forth by the professional organizations such as yours. I have outlined a plan for our volunteers staff and athlete to promote healthy choices while having fun and enjoying this event. Please contact me with any questions, concerns, recommendations, or changes required. My contact information can be found at the bottom of this document.

Thank you again for all you are doing for our community and for Arkansas!

Who: Mountain Home Marathon, Inc., DBA White River Marathon for Kenya

What: 17th annual White River Marathon (Half & 5K) for Kenya

Where: Cotter, Arkansas (Cotter Public Schools, Denton Ferry Road)

When: Saturday, November 21st 2020 5:00 am – 6:45 am is runner packet pickup at Cotter schools. 7:00 am – 2:00 pm race is held along Denton Ferry Road.

Why: To promote a safe way for our the running community to enjoy a actual outdoor road race while promoting outdoor activity and a positive economic impact on Cotter, Arkansas and the surrounding communities.

Details: On the November 21, WRM will conduct the marathon, half marathon and 5K races along with the tasks to conduct the event to include: packet pickup at the Cotter School Cafeteria, holding the race itself along Harding Blvd and Denton Ferry Road, providing aid stations, shuttling runners from the finish line/Denton Ferry RV Park back to the school, and awards presentation. This year we will not be offering any of the following things which promote unnecessary gathering of people.

- No onsite registration
- No onsite packet pickup prior to race day
- No pre-race pasta dinner
- No pre-race expo the morning of race
- No post-race participant massages
- No cooling gel on the course
- No post-race meal
- No award ceremony
- No participants allowed to approach the timing tent

Arrival, screening, and management of Packet Pickup (Pre-race) Volunteer: All staff and volunteers will all be screened at the Cafeteria and the results documented prior to handing out and picking up t-shirts, timing chips and race bibs; taking their temperature (using a forehead measuring thermometer) to ensure they do not have a temperature greater than 100.4. They will also be given a questionnaire which they will have to initial and sign off on. We will ask the following questions per the directive: 1. Do they have fever, cough, shortness of breath, sore throat, or loss of taste or smell, 2. Have they had known exposure to someone with Covid-19 in the past 14 days. If any of these are answered positively, they will

be asked to leave the area and not authorized to help or participate. Provided the volunteers pass this screening, they will be required to wear a mask and gloves while volunteering.

Arrival, screening, and management of athletes: Athletes entering the school will enter through the south set of doors to their respective pick up line, handed their items and asked to leave through the north set of doors. Athletes will be monitored to ensure a minimum of 6 feet between visitors and family groups, where there will be multiple signs to comply with the directive as follows:

Signs must be posted at all entrances advising the public not to enter if *They have fever, cough, shortness of breath, sore throat, or loss of taste or smell. *They have had known exposure to someone with Covid-19 in the past 14 days. **Signs must be posted at all entrances advising the public that they may wish to refrain from entering if** *They are 65 years of age or older. *They have underlying health conditions including high blood pressure, chronic lung disease, diabetes, severe obesity, asthma, or weakened immunity.

There will be hand sanitizer available at the south set of doors entry point encouraging all visitors to sanitize as they enter.

Conducting the Event: Prior to the 7:00 am starting time as athletes are finding their way to the starting line, announcements will be made reminding of the 6 feet requirements and any final announcements will be made by the Race Director (or designated staff member). Based on the number of participants runners will either be started 6 feet apart or six feet apart in staggered start times. Once the race starts, athletes will be instructed to use the entire road and course to maintain a 6-foot separation unless they are a family member, running partner or with the intent to pass 6 feet.

Aid Stations: WRM provides four aid stations for participants. All aid station volunteers will be required to wear face masks and gloves when dispensing and handing out water and sports drink. Any items such as gels will be set on the tables in a fashion that allows the runners to pick up a single item vs. taking from a pile or stack.

At the Conclusion of the Event: As runners finish the race they will be handed a bottle of water and disposable face mask and then directed to the Denton Ferry RV park where shuttle busses will take them back to the Cotter School parking lot. Runners may wait for friends and family in the Runner Rest Area, an open field adjacent to the finish line. Runners visitors will be reminded to maintain a minimum of 6 feet as they leave, both verbally and through signage posted in the shuttle vans.

Once arriving back to the Cotter School parking lot, runners who have won awards may pick up awards inside the school. We will not be conducting any type of "awards ceremony" or post-race meal which will alleviate the need for participants to congregate within the school.

Thank you again for all you are doing! I look forward to hearing from you.
Respectfully,

Paul Gigliotti
Race Director
paul@pirateperryevents.com
(870) 404-8363

Enclosures: Directives from ADH concerning Large Outdoor Venues Amended May 11, 2020, Diagram Outlining Packet Pickup Area, Race Start and Finish Line.

Additional requirements/adjustments per ADH guidance:

- **Face coverings are required for all persons present, except for children under 10 years of age, who are exempt.**

It will be advertised in advance that face coverings will be required for all individuals above the age of 10 while indoors and in shuttle vans. Movement around the area will require individuals to once again put the face coverings back on to ensure safety for everyone. Six (6)-feet physical distance should be maintained and face coverings shall be required on the shuttle. Windows on the shuttle shall remain open to promote increased airflow.

- **Restrooms (portable toilets) should be provided. These facilities should be disinfected before, during, and after the event. Additionally, handwashing sinks/stations or hand sanitizer should be provided in or adjacent to the restrooms.**

The course will host 6 port-a-potties. Volunteers will be provided disinfectant and will sanitize at least hourly during the event and again after the event is finished to ensure safety. The sanitizing will be in accordance with the guidance provided utilizing a recommended solution by the ADH and healthcare facilities.

- **Please identify any other high touch surfaces that may exist at this event and advise of the disinfection schedule for those surfaces.**

The only surfaces that may be touched are tabletop surfaces within the cafeteria during packet pickup. Tabletop will be sanitized prior to the event, periodically during the event, as well as following the event to ensure the safety of all visitors and guests following the event.

FACE MASK DIRECTIVE PER ARKANSAS DEPARTMENT OF HEALTH

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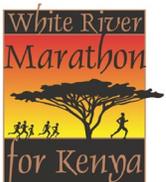
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Packet Pickup

Runners will enter the South Doors, retrieve packets and immediately exit through the North Doors.

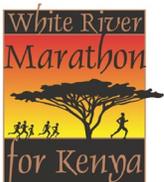
Awards / Post Race

Runners will enter the South Doors, retrieve any award and immediately exit through the North Doors.



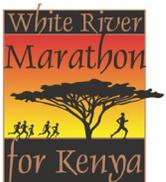
Race Start

Runners can stagger start as the race is “chip timed.” Runners will be asked to maintain 6-feet of separation lining up from the starting line down Harding Blvd all the back to the Cafeteria. The facility allows for plenty of room to “snake” runners through parking lots and open fields to maintain distance.



Finish Line

Runners complete the course coming down Rainbow Drive/Denton Ferry Road. Upon crossing the finish line they will be handed a bottle of water and directed to the Shuttle Bus Pickup Area, or if they wish to wait for friends and family they may wait in the open field, staying 6-feet apart in the post-race resting area.

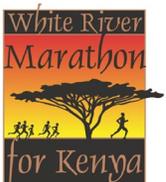


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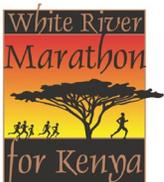
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