

36th Al-Anon Adult Children Workshop

An Open Weekend for anyone whose lives have been affected by the family disease of alcoholism

The Miracle of Looking Within One Day at a Time

May 2nd - 4th 2025

GREEN LAKE CONFERENCE CENTER(GLCC)
W2511 State Hwy 23
Green Lake, WI 54941

Main Speakers:

Lorena R — Elburn, IL

Father Tom W — Oakland, CA

Marielle S — Baraboo, WI

A Panel on “The Miracle of Looking Within One Day at a Time”

30+ Breakout Meetings! New this year “The No-Talent Talent Show”

Campfire, Movie, Meditation Room & much more!

Room & Meal Reservation: 920-294-3323

- Mention you are attending the “ACAFG Workshop” when booking your room.
- \$97.00 per Night (Single or Double) each additional person \$15 per night
- Friday - Sunday 5 meal package - \$74.25 per person (*required with lodging*)
- The First OR Last meal is optional. You must inform GLCC of meal choices.
- After registering, special dietary requests can be made at glcc.org/dining
- Meal Packages after April 18, 2025 incur an additional \$2 per meal charge
- GLCC cannot guarantee meals if you do not register by April 28, 2025



Register Early and Share
this flyer at your meeting!!

Workshop Registration – Online at acafg.org or by mail

Registration fee is only for the cost of the Workshop: speakers, meetings, and social events.
You are responsible for informing GLCC regarding any special needs.
Cancellations less than 30 days before event may not receive a refund.
For those not staying at GLCC, there is a \$7 per day facility charge.

Service Opportunities:

- Lead A Meeting, (Read Script & 3-5 Minute Share)

List Your Top Choices (see schedule on back of flyer):

1. _____
2. _____
3. _____

- | | |
|--|--|
| <input type="checkbox"/> Registration Table | <input type="checkbox"/> Raffle Ticket Sales |
| <input type="checkbox"/> Literature Table | <input type="checkbox"/> Skit |
| <input type="checkbox"/> Campfire | <input type="checkbox"/> Wherever needed |
| <input type="checkbox"/> Talent Show (Participate) | |

For more information or questions:

Text / Call Dave M 630-235-5895

Visit acafg.org or Email acafgworkshop@gmail.com

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

\$35 Early Registration – Postmarked by March 15, 2025

\$40 Late Registration – Postmarked after March 15, 2025

\$45 Walk-ins – Friday or Saturday

If you would like to request a scholarship to attend,
please email acafgworkshop@gmail.com

Please make check payable to: ACAFG WORKSHOP




Mail to: ACAFG WORKSHOP

PO Box 416, Sandwich, IL 60548

Repeat nightly: I will register early and volunteer at the workshop, I will register early and volunteer at the workshop, I will register early....

36th AL-ANON ADULT CHILDREN WORKSHOP

The Miracle of Looking Within, One Day at a Time, An open weekend for those whose lives have been affected by the family disease of alcoholism

	Brayton-Case (Main Room)	Brown Room	Hanson Room	Stansbury Room	Boehr Room	Cary Room	Johnson Room	Social Activities		
Friday May 2	4:00 PM Registration begins at 4:00 pm (Kern Lodge Lobby)									
	5:00 PM DINNER served 5:00 - 6:00 pm (Kraft Center)									
	7:00 PM Welcome - Daily Readings, Steps, and Announcements (Brayton-Case)									
	8:00 PM Main Speaker- Lorena R									
	9:00 PM	Respecting Boundaries Mine & Theirs	Came to Believe	Handling Conflict	Our Beginnings	Dealing with Anger & Resentments	Self Expression	Meditation	 Movie Second Floor Lounge	 Campfire Picnic Area
	10:00 PM	Detachment with Love	Grieving is Healing	Conference Approved Literature in Recovery	AA Meeting	Overextending Ourselves	Self Expression	Meditation		
	ZZZZZZZZZZZZZZZZZZZZZZZZZZZZ									
Saturday May 3	7:30 AM BREAKFAST served 7:30 - 8:30 am (Kraft Center)									
	9:00 AM	Needs, Feelings & Emotions 1	Sexual Abuse	Steps 1, 2, 3	Newcomers to Al-Anon	Family Relationships 1	Rock Painting & Coloring	Guided Meditation	Self Care: Take a break, a nap, meditate, journal, go for a walk, explore, or enjoy fellowship in a lounge.	
	10:00 AM	Encouraging & Understanding Our Alcoholics	Sponsorship	Steps 4 & 5	Guilt & Shame	Forgiving Ourselves & Others 1	Rock Painting & Coloring	Meditation		
	11:00 AM	Adult Children & Food	Awareness, Acceptance & Action	Steps 6 & 7	Sexual Integrity	A Sense of Belonging	Rock Painting & Coloring	Sharing Meditation Experiences		
	12:00 PM LUNCH served 12:00 - 1:00 pm (Kraft Center)									
	1:30 PM Panel Speakers - The Miracle of Looking Within									
	2:30 PM	Minding my Own Business	Service Speeds Recovery	Steps 8 & 9	Right Here Right Now	H.A.L.T. Hungry, Angry, Lonely, Tired	Expression Through Lyrics	Meditation	Self Care: Take a break, a nap, meditate, journal, go for a walk, explore, or enjoy fellowship in a lounge.	
	3:30 PM	Didn't Cause Can't Control Can't Cure	A Little Time For Myself	Steps 10, 11, 12	AA Meeting	Respect	Guided Journaling	Meditation		
	5:00 PM DINNER served 5:00 - 6:00 pm (Kraft Center)									
	6:30 PM (Brayton-Case) Steps, Traditions, Daily Reading, Announcements and Raffle (Must be present to win)									
7:15 PM Main Speaker - Fr. Tom W										
8:30 PM	 No Talent Talent Show	Prioritizing Our Recovery	Using the Slogans	AA Meeting	I Am Not Alone		Meditation	Self Care: Take a break, a nap, meditate, journal, go for a walk, explore, or enjoy fellowship in a lounge.		
9:30 PM		Forgiving Ourselves & Others 2	Family Relationships 2	Needs, Feelings & Emotions 2	Loving Myself - Teddy Bear Mtg		Meditation			
ZZZZZZZZZZZZZZZZZZZZZZZZZZZZ										
Sunday May 4	7:00 AM 11th Step Meditation Hike - Meet at Registration Desk In Kern Lodge									
	7:30 AM BREAKFAST served 7:30 - 8:30 am (Kraft Center)									
	8:30 AM	Joy & Laughter	The Miracle of Recovery	Responsible Choices & Decisions	AA Meeting	One Day at A Time	Closed	Meditation	Self Care: Take a break, a nap, meditate, journal, go for a walk, explore, or enjoy fellowship in a lounge.	
	9:30 AM Daily Readings, Steps, Traditions, and Announcements (Brayton-Case)									
	9:45 AM Skit (Brayton-Case)									
	10:00 AM Let Go and Let God - Resentment Roast (Brayton-Case)									
	10:30 AM Main Speaker - Marielle S									
	11:30 AM "Something Special" Giving & Receiving Unconditional Love in a Safe & Trusting Environment									
	12:00 PM "Amazing Grace", Closing and Open Microphone.									
12:30 AM	Workshop Ends..... Safe travels									

Please bring your teddy bear (or stuffed animal) to the Loving Myself - Teddy Bear Meeting 3 Repeated Meeting 1 & 2