33rd AL-ANON ADULT CHILDREN WORKSHOP

An Open Weekend for those whose lives have been affected by the family disease of alcoholism

April 29th - May 1st 2022 perfectly Imperfect

GREEN LAKE CONFERENCE CENTER (GLCC)

W2511 State Highway 23, Green Lake, WI 54941

The Wisdom to See the Difference

Main Speakers:

Cathy S. - Yorkville, IL

Linda D. - Batavia, IL

Ron K. - Plainfield, IL

30+ Breakout Meetings!

Panel of 4 Wisdom Seekers

For more information or questions:

Text/Call Tanzi M. 815-908-8734

GLCC LODGING & MEAL RESERVATION: acafg.org or Call 920-294-3323

- \$96 per Night (Single or Double) each additional person \$15 per night
- Friday Sunday 5 meal package (required with lodging) total cost \$65.50
- · Late arrivals may opt out of Friday meal \$15. (Indicate on reservation, I do not want Friday meal)
- Ask for ACAFG discount (if making reservation by phone)
- Reservations after April 15, 2022 incur an additional \$2 per meal charge
- Local health & safety guidelines will be followed at GLCC

WORKSHOP REGISTRATION: acafg.org or Mail

\$40 Early Owl - Postmarked by Feb. 27th, 2022

\$45 Late Owl - Postmarked after Feb. 27th, 2022

\$50 Walk-ins - Friday or Saturday

I understand that:

 Registration fee is of speakers, meetings 	only for the cost of the Workshop: and social events	ADDRESS			
 I am responsible for 	informing GLCC regarding any				
	mobility needs, dietary needs). nan 30 days before event may not				
receive a refund.		EMAIL			
SERVICE OPPORTUNITIES					
□ Lead A Meeting, (5 Min	ute Maximum Lead Time)	EMERGENCY CONTACT: NAME			
Please List Your Top Choice	ces from schedule:				
1					
2		PHONE			
3					
□ Registration Table	□ Raffle Ticket Sales	Please make check payable to: ACAFG WORKSHOP			
□ Literature Table	□ Skit	Mail to: ACAFG WORKSHOP			
☐ Temporary Sponsor	□ Wherever needed	PO Box 87473			
		Carol Stream, IL 60188			

NAME

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	2	Brayton-Case (Main Room)	Brown	Hanson	Stansbury	Johnson	Social Activities		
F	4:00 PM	Registration begins at 4:00 pm (Kern Lodge Lobby)							
Friday April 29nd	5:00 PM	DINNER served 5:00 - 6:00 pm (Kraft Center)							
	7:00 PM	Welcome - Daily Readings, Steps, and Announcements (Brayton-Case)							
	8:00 PM	Daily (Coalings, Clops, and Announcements (Drayton-Case)							
	9:00 PM	Upropliate Welson							
	3.00 1 101	Anger & Rage	Detachment with Love	Expectations	Newcomers	- Movie	100		
Frid	10:00 PM	Victim Role	Serenity, Acceptance, Courage, Wisdom	Procrastination	Over Extending Myself	Movie	Campfire Picnic Area		
and the second		777777777777777777							
	7:30 AM	BREAKFAST served 7:30 - 8:30 am (Kraft Center)							
AND	9:00 AM	Rejection and Abandonment	Forgiving Ourselves and Others	I Can't; He can;	Clearly Seeing My Needs, Feelings & Emotions		Self Care: Take a break, a nap,		
	10:00 AM	Resentment	Discovering New & Hidden Talents	Taking Inventory Steps 4 & 5	Fear of Criticism	Meditation	meditate, journal, go for a walk,		
	11:00 AM	Adult Children & Food	Our Enormous Potential	Getting Ready Steps 6 & 7	Isolation	Meditation	explore, or rest in the lounge room		
	12:00 PM	LUNCH served 12:00 - 1:00 pm (Kraft Center)							
4	1:30 PM	Panel of 4 Wisdom Seekers							
aturday April 30th	2:30 PM	Need to Control	Learning to Trust	Making Amends Steps 8 & 9	Sexual Abuse	Meditation	Self Care: Take a break, a nap,		
	3:30 PM	Boundaries	Caring for Myself	Spirituality Steps 10, 11 & 12	Perfectly Imperfect	Meditation	meditate, journal, go for a walk, explore, or rest in the lounge room		
	5:00 PM	DINNER served 5:00 - 6:00 pm (Kraft Center)							
ഗ	6:30 PM	Daily Readings, Steps, Traditions, and Announcements (Brayton-Case)							
	7:00 PM	Raffle (must be present to win) (Brayton-Case)							
	7:30 PM	Main Speaker - Cathy S. (Brayton-Case)							
	8:30 PM	404	Transforming Our Losses	Intimacy and Vulnerability	Blinded by Guilt and Shame	Meditation			
	9:30 PM	Entertainment: Dancing, Games, etc	Loving Myself - Teddy Bear Mtg. BYO Bear	AA (Open Meeting)	Fear of Authority Figures	Meditation	Campfire Picnic Area		
		ZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZZ							
	7:00 AM	11th Step Meditation Hike - Meet at Registration Desk In Kern Lodge							
	7:30 AM	BREAKFAST served 7:30 - 8:30 am (Kraft Center)							
Sur	8:30 AM	Being Myself	Joy, Humor and Happiness	Carrying the Message	Wisdom to Know the Difference	Guided Meditation			
	9:30 AM	Daily Readings, Steps, Traditions, and Announcements (Brayton-Case)							
	9:45 AM	Skit (Brayton-Case)							
	10:00 AM	Let Go and Let God - Resentment Roast (Brayton-Case)							
	10:30 AM	Main Speaker - Ron K. (Brayton-Case)							
	11:30 AM	"Something Special" Giving & Receiving Unconditional Love in a safe & trusting environment							
	12:00 PM	"Amazing Grace", Closing and Open Microphone.							