

Spiritual Oppression

The Bible says that the devil seeks to devour believers ([1 Peter 5:8](#)), and Satan and his demons “scheme” against Christians ([Ephesians 6:11](#)). As Satan attempted with Jesus ([Luke 4:2](#)), demonic forces tempt us to sin and oppose our efforts to obey God. Should a Christian allow the demons to succeed in these attacks, oppression results. Demonic oppression is when a demon is temporarily victorious over a Christian, successfully tempting a Christian to sin and hindering his ability to serve God with a strong testimony. If a Christian continues to allow demonic oppression in his/her life, the oppression can increase to the point that the demon has a very strong influence over the Christian's thoughts, behavior, and spirituality. Christians who allow continuing sin open themselves up for greater and greater oppression. Confession and repentance of sin are necessary to restore fellowship with God, who can then break the power of demonic influence. The apostle John gives us great encouragement in this area: “We know that anyone born of God does not continue to sin; the one who was born of God keeps him safe, and the evil one cannot harm him” ([1 John 5:18](#)).

For the Christian, the power for victory over and freedom from demonic oppression is always available. John declares, “The One who is in you is greater than the one who is in the world” ([1 John 4:4](#)). The power of the indwelling Holy Spirit ([Romans 8:9](#)) is always available to overcome demonic oppression. No demon, not even Satan himself, can prevent a Christian from surrendering to the Holy Spirit and thereby overcoming any and all demonic oppression. Peter encourages believers to resist the devil, “standing firm in your faith” ([1 Peter 5:9](#)). Being firm or steadfast in the faith means relying on the power of the Holy Spirit to successfully resist demonic influence. Faith is built up through the spiritual disciplines of feeding on the Word of God, persistent prayer, and godly fellowship. Strengthening our faith by these means enables us to put up the shield of faith with which we can “extinguish the flaming arrows of the evil one” ([Ephesians 6:16](#)).

Sins

Denying Christ, murder, theft, adultery, false witness, pride, envy, lust, greed, wrath, gluttony, sloth, idolatry, blasphemy, cruelty, gossip, addiction, becoming a stumbling block to a weaker brother/sister, bitterness, boasting, brawling, burying our talents, ridiculing others, complaining, loudness, corruption, isolation, covenant breakers, manipulation, doing things to gain praise, and more.

Spirit of religion- legalistic
Spirit of rejection - people pleaser

<https://www.angelfire.com/empire2/psuclass0/sinlist.html>

7 spirits of oppression makes you thirst for:

Control
Influence
Fear
Distress
Sin
Disobedience

7 Steps the Devil uses to Oppress believers.

- Personal Attack - Attacks mind and emotions - Fiery darts
- Reinforcements - He will use people who yield to him to corroborate lies about what he is speaking.
- Life Experiences and Disappointments - Reminds us of negative life experiences and disappointments to fortify his deceptive lies
- Influential Voices - Are used to bolster the intensity of the devil's attacks
- Negative Faith - Negative faith in the lie is release by the one whose mind and emotions are being attacked
- What is believed becomes a living reality - Lies are believed and embraced, they leave the mental realm and enter the physical realm.
- Domination for a Lifetime - The ultimate aim of the enemy is to take us hostage so he can dominate us for the rest of your life.

Example:

- God says you are healed, but your flesh or mind says you are not healed and that you will never be healed.
- God also says you are made perfect in Christ, but your flesh will say you are a failure and that you're never going to change or be anything in life.

- God declares you are His very own righteousness in Christ and that there is no condemnation for you as you seek to walk with Him — but the enemy will assault your mind with thoughts that you are a guilty sinner!

7 spirits of God - Isaiah 11: 1-5

Fear of the Lord

Power

Understanding

The Lord

Wisdom

Counsel

Knowledge

Armour of God

Helmet of Salvation - Eph 6:17

Breastplate of Righteousness - Eph 6:14

Belt of Truth - Eph 6:14

Sword of the Spirit - Eph 6:17

Feet of Peace - Eph 6:15

Shield of Faith - Eph 6:16

Biblical Examples and Interpretations:

- **Acts 10:38:** This verse describes Jesus as "healing all that were oppressed of the devil". This suggests that oppression is a real spiritual force that Jesus has authority over.
- **[Luke 10:19](#):** This verse promises believers power to overcome the power of the enemy.
- **[Ephesians 6:10-18](#):** This passage encourages believers to wear the [armor of God](#) to stand firm against spiritual oppression.
- **[2 Samuel 13:1-16](#):** This story can be interpreted as an example of demonic oppression, where the spirit of lust and control is shown to take hold of Amnon, leading to destructive actions.
- **[Isaiah 1:17](#):** This verse calls for justice and the correction of oppression.