VERBO West Coast





DAILY PRAYER JOURNAL



Will you join us for the next 21 days of praying for God's direction for our lives, for our churches, for our communities, and for our vision for the years to come? Will you take time to fast, giving up physical sustenance in order to be spiritually filled by God in preparation for the work to come? Will you pray in expectation that God will show us his power and faithfulness in this harvest time? We believe that as we all unite in complete submission to God in prayer, He will show us his presence and power as never before. The Lord will advance the gospel so that more people will come out to meet him, know him, and follow him as his disciples.

The key to fruitfulness, according to Jesus, is knowing Him, abiding in Him, connecting with Him, depending on Him, seeking His will, and doing all things in His power and for His glory. True fruit will not come without true fidelity to prayer.

We encourage you to join our 21 Day fasting! We will be focusing on Fasting and Prayer where we can focus on getting closer to God and seeking His purpose for our lives.

It is one thing to know about God and another thing to have a relationship with God. Prayer and fasting are powerful ways to prepare ourselves to receive His presence, and all that He has planned for our lives.

Thanks for joining us!

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Fatherhood

1. God the Father - Abba

Do you consider God your Father or do you have difficulty seeing him as your Father at all times?

"But when the right time came, God sent his Son, born of a woman, subject to the law. God sent him to buy freedom for us who were slaves to the law, so that he could adopt us as his very own children. And because we are his children, God has sent the Spirit of his Son into our hearts, prompting us to call out, "Abba, Father." Now you are no longer a slave but God's own child. And since you are his child, God has made you his heir."

The definition of the Aramaic word ABBA – in Spanish, "Father" – means: "source". He who provides the family with strength, support, sustenance and structure.

The attribute of God "Abba" allows you to enter His presence, through the redemptive work of Jesus, so that you receive the adoption of a son, as well as the strength, the support, the sustenance and the structure that you need in your life so that the Father's design is carried out in the way in which He intended, designed and carried out in the secret place where He formed you. "My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth." (Psalm 139:15, NIV). His "loving" character gave you everything you need (Christ) to belong to His family and to be able to obtain all the benefits of a son. His authority as a Father gives you the blessing of being governed by a loving, merciful and faithful Father who always looks for a way to draw you to Him, even when you have been far from His design.

With the spirit of adoption you are no longer a servant who is afraid to speak to his master. You are a son, and through the sacrifice of our Lord on the cross, you can cry out Abba Father. You can approach the throne of grace in order to have a relationship with your Abba who longs to give you the best according to His will.

hat did you hear?
hat word or phrase was most meaningful to you?
/hat is your prayer?







2. Son - my true identity

When you read the word "adoption" in the scriptures, do you understand the full extent of what that means?

"And I will ask the Father, and he will give you another Advocate, who will never leave you. He is the Holy Spirit, who leads into all truth. The world cannot receive him, because it isn't looking for him and doesn't recognize him. But you know him, because he lives with you now and later will be in you. No, I will not abandon you as orphans—I will come to you. Soon the world will no longer see me, but you will see me. Since I live, you also will live. When I am raised to life again, you will know that I am in my Father, and you are in me, and I am in you."

Adoption means that the Father decided to choose you as a legitimate child and let you enjoy all its benefits. Being adopted by the Father gives you the same privileges as a child by blood.

The Spirit Himself testifies to your spirit that you are a child of God, according to Paul in Romans 8:15. Jesus promises you that the Spirit guides you to all Truth – who is Christ – and that same Spirit lives in you to affirm your identity, because he will never abandon you as an orphan. Being secure and firm in your identity allows you to:

- Enjoy, live and accept redemption;
- Know that your spiritual life depends on your intimacy with the Father;
- Have a relationship based on respect and love with the Father, with yourself and with others;
- Live a life governed by the Word of God;
- Rely on the love of the Father;
- Enjoy the victory of Christ;
- Accept discipline from the Father;
- Be clear about our purpose;
- Never doubt the love of the Father.

Vhat did you hear?	
Vhat word or phrase was most meaningful to you?	
Vhat is your prayer?	





3. In Christ, the Father is completely satisfied with me

When you think about how the Father sees you...do you think that he is completely satisfied with you or do you have lingering thoughts that he may be disappointed in you?

"Blessed and worthy of praise be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms in Christ, just as [in His love] He chose us in Christ [actually selected us for Himself as His own] before the foundation of the world, so that we would be holy [that is, consecrated, set apart for Him, purpose-driven] and blameless in His sight. In love He predestined and lovingly planned for us to be adopted to Himself as [His own] children through Jesus Christ, in accordance with the kind intention and good pleasure of His will—to the praise of His glorious grace and favor, which He so freely bestowed on us in the Beloved [His Son, Jesus Christ]."

If, in love, the Father predestined you for adoption as a son to himself through Jesus Christ, the work of Christ on the cross of Calvary is sufficient grace (that undeserved gift) to know that the Father, through Christ, chose you and is completely satisfied with you. Many times when you see your own failures you can doubt His love or acceptance, since you feel condemned and undeserved of His perfect love. But even though you fail him, that grace given through the redemptive work of Christ is enough not to doubt His fatherhood and perfect love for you. There is nothing good you can do to make him love you more, and nothing bad to make him stop loving you.

Enjoy that grace by allowing Him to become strong in your weaknesses and accepting His discipline to correct your path and return to the loving arms of your Father, which are always open to receive you and give you His fatherhood.

What did you hear?
What word or phrase was most meaningful to you?
What is your prayer?







4. Intimacy with the Father

How often do you find yourself in the secret place – where your Father is – to know him and to know yourself in Him?

"But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you."

The secret place of the Father is a dimension that was opened by the redemptive work of the Messiah. All of us who have accepted that Jesus govern us have the right to enter that place, because it is His blood that gives us entrance to the Holy of Holies.

The word "secret" comes from the original Hebrew SOD which means a hidden place, a private family assembly where advice is given, a place where divine affairs are revealed to us.

Understanding its meaning teaches you that here in the secret you have access to know His Truth, to know the hidden wisdom that is not of this age, to understand what the eye has not seen nor ear heard (1 Corinthians 2:6-10). This place is where the Father designed you, created you and where the Father waits to meet you in order to reveal to you, through His spirit that searches the depths of His mind, what He has thought of you and for you. "My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth." (Psalm 139:15, NIV).

Therefore, in this secret place is where you will receive His fatherhood, instruction, identity, revelation, fulfillment, provision, protection, rest and transformation to be just as He designed you to be.

Jesus gave us the key to access this place. Do not hesitate to enter and meet your Father and enjoy His presence and his blessings.

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at word or phrase was most meaningful to you?
nat is your prayer?





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DAY 5

Matthew 17: 20-21 (KJV 1960)

Jesus said to them: Because of your little faith; because truly I tell you, if you have faith like a mustard seed, you will say to this mountain: Move from here to there, and it will pass; and nothing will be impossible for you. But this genre does not come out except with prayer and fasting.

"One day a young lumberjack challenged a veteran lumberjack to cut more trees in one day using only one ax, the veteran lumberjack accepted. At the beginning of the day, the young woodcutter began to cut tree after tree using his strength and youth, he was encouraged more when he saw that the veteran woodcutter only cut trees for an hour and took 15 minutes breaks. At the end of the day when they counted the young woodcutter lost the challenge. The young lumberjack, shocked and admired at the same time, asked him how was it possible? Could it be that he cheated, or did he use a new technique? Especially after taking 15 minutes of rest every hour and taking into account that He did not stop all day. What happened? The experienced woodcutter replied: Every time I took a break, apart from drinking water, I used the time to sharpen my ax. "

Many of us in January make "New of the year resolutions or goals" ... but by the month of March or April, our goal "lost its edge" and the trees in our path stop falling.

Prayer and Fasting is the sharpening the ax of our inner man. Prayer and Fasting is the door that allows us to pass from the natural world to the spiritual world. Prayer and Fasting is the "sharp spiritual ax" that helps us cut down the trees that come our way.

We cannot start another year in our lives without sharpening our spiritual being.

What did you hear?	
What word or phrase was most meaningful to you?	
What is your prayer?	
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Zechariah 7: 5-6 (KJV) ... When you fasted and cried in the fifth and seventh month these seventy years, did you fast for me? And when you eat and drink, don't you eat and drink for yourselves?

We all experience crisis in our lives, the time of Fasting and Prayer is a personal time that we decide to take to allow God to work on that crisis.

Fasting and Prayer is the means with which we develop that connection with God that guides us in each personal situation of our lives.

In the bible, fasting occurred when the person needed a spiritual intervention in the physical situation they were experiencing, for example: financial problems, emotional relationships, guidance in decisions, etc.

Fasting is the personal decision of a physical gratification (food) to achieve a spiritual goal. It is to deny the flesh, in order to obtain the spiritual, it is to renounce the natural to achieve the spiritual, Fasting is saying NO to myself, and saying YES to God.

Every Sunday after service we leave to have lunch, we eat to satisfy ourselves, none of us eat to satisfy others. We can say then, that we eat "thinking" of ourselves. But, when we fast, it is a time we take to think about God. Eating satisfies the physical need of our bodies, when we fast, we satisfy the spiritual need of our soul.

When we fast, we recognize that there is an important relationship in our life (soul-God) that needs time, needs connection, needs time together. We prioritize our relationship with God.

hat did you hear?
hat word or phrase was most meaningful to you?
hat is your prayer?







Isaiah 58: 8-9 (NLT) Then his salvation will come like the dawn, and his wounds will heal quickly; Your righteousness will guide you Forward and backward the glory of the Lord will protect you. Then when you call, the Lord will answer you. "Yes, here I am," he will answer them right away.

When we fast (deny personal satisfaction) and pray (connect with God) we are prioritizing our spiritual satisfaction: our relationship with God.

The foundation of each of our relationships depends on our priority. Every time you and I decide to fast, we are giving priority to our relationship with the Holy Spirit, the deeper (intimate) relationship with God, the greater and higher will be our understanding of God, his guide, his love, his Grace, Etc.

We all long to become "Super Disciples." It cannot happen without "Super Sacrifices".

How many of us have stopped eating (sacrifice) to get off work early, to finish a project, to be on time, to lose a few pounds? The greater the reward, the greater the sacrifice. In the spiritual world it is the same, the more we sacrifice ourselves in the physical, the more gratification there is in the spiritual. There is no greater spiritual gratification than spending time with Jesus and developing his character. If it is possible to become "Super Disciples" it only takes a personal sacrifice. Stopping eating "certain foods" for a set period of time is not as important as the time I will spend drawing close to God and the time in His presence.

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hat word or phrase was most meaningful to you?	
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Psalm 42: 1-2 (NLT)

As the deer longs for the streams of water, so I long for you, O God. I thirst for God, for the living God.

When we are hungry, human beings are capable of turning things into "tacos" that were not designed to be "tacos." We go to great lengths to eat. The fast food restaurant line will always be very long when we want to eat even though we are the only ones in the line. Have we ever felt desperate because of our hunger? Let me ask you a question... How desperate have you felt when the internet or RV has not worked?

When was the last time we were desperate of spending time with God?

Fasting means humiliation (of the flesh), and humiliation means denying oneself. God promises to listen to people who focus on Him. "Then when you call, the Lord will answer you. "Yes, here I am," he will answer them right away. "Isaiah 58: 8-9 (NLT).

In many examples in the Bible, only that which dies, lives or bears fruit. When we do not eat hunger, we feel desperate hunger, our body's saying am I dying? And that is precisely what we are doing, we are dying, denying ourselves to live spiritually.

Many of our "personal goals" each year (especially those that we have not met) will not be met until we humble ourselves and recognize that we need the supernatural help of the Holy Spirit.

We have to be desperate in such a way that we are left with no other option but to humble ourselves before the Presence of God.

What did you hear?
What word or phrase was most meaningful to you?
What is your prayer?







A true worshiper

After removing Saul, he made David their king. God testified concerning him: 'I have found David son of Jesse, a man after my own heart; he will do everything I want him to do.'
 "From this man's descendants God has brought to Israel the Savior Jesus, as he promised."

Acts 13:22-23 (NIV)

1- God bears witness to David.

God gave testimony about David. David had a passion for God and that his obedience was steadfast.

If God gave testimony about you, what would He say today?
2- What did God see in David to choose him as king?
David wrote poetry, love songs, fell in love with God, he blessed and exalted God's name exday of his life. Let's do the same. What would God find in your heart today?
3- God has a destiny for you. From the seed of David God raised Jesus as Savior. God will do great things in your life, pray for God to fulfill his purpose in you.

Pray that God will give you a worshipping spirit and reveal his destiny in your life.







The Power of Worship

¹⁸ One of the servants answered, "I have seen a son of Jesse of Bethlehem who knows how to play the lyre. He is a brave man and a warrior. He speaks well and is a fine-looking man. And the Lord is with him."

1 Samuel 16:18 (NIV)

7 characteristics of a worshiper.

- 1- He knows how to play his instrument (use of gifts)
- 2- He is brave (face adversity)
- 3- He is vigorous (remains strong)
- 4- He is a man of war (spiritual warfare)
- 5- He is prudent in his words (he is careful of what he says)
- 6- He is beautiful (spiritual beauty)
- 7- The presence of God is with him (God's protection)

what characteristic do you identify with the most?	
What are your strongest areas?	
What are your weak areas and which of these characteristics would you like to develop?	
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Pray for God to give you a worshipping spirit and to develop these characteristics in your life.







The anointing changes the Atmosphere

²³ Whenever the spirit from God came on Saul, David would take up his lyre and play. Then relief would come to Saul; he would feel better, and the evil spirit would leave him.

1 Samuel 16:23 (NIV)

1- Saul lost the anointing and an evil spirit took over. Saul not only lost the anointing, but he lost the kingdom too. Has there been some kind of loss in your life? The anointing, joy, peace?
2- Saul valued position more than the presence of God. Saul valued position and power, he wanted to be in control. Express to God in your own words how much you value being in his presence.
3- We are called to create a pleasant atmosphere. David transformed the atmosphere when he played the harp. Take time to hear a song of worship and see how the atmosphere will change
Pray for God to give you a loving heart that transforms the atmosphere.







No more crying

¹ The Lord said to Samuel, "How long will you mourn for Saul, since I have rejected him as king over Israel? Fill your horn with oil and be on your way; I am sending you to Jesse of Bethlehem. I have chosen one of his sons to be king."

1 Samuel 16: 1 (NVI)

	will you cry for something that happened to you? that have stopped you? Why do you keep crying, are angry or sad	!?
Leave pain, sadnes	up from that condition you are in. s and sin behind. gs you will leave behind.	
3- Fill your h Seek the anointing Ask in prayer to be		

Pray that God will give you a worshipping spirit and leave behind all that God has thrown away.







Break the silence

¹² Now King David was told, "The LORD has blessed the household of Obed-Edom and everything he has, because of the ark of God." So David went to bring up the ark of God from the house of Obed-Edom to the City of David with rejoicing.

2 Samuel 6:12 (NVI)

1- The ark represents the Glory and the presence of God.

For 20 years the ark had been in the hands of the Philistines and the first thing David does as king is to bring the ark back to Jerusalem.

Are you willing to defeat the Philistines and remove all obstacles in your life to bring God's presence?

2- David brings the bow with joy.

David teaches us to break the silence in our lives and to always have a joyful heart.

The effect in our lives according to Proverbs:

Proverbs 17:22 (NIV)

²² A cheerful heart is good medicine, but a crushed spirit dries up the bones.

The key is consistency:

Psalms 34: 1 (NIV)

¹I will extol the Lord at all times; his praise will always be on my lips.

Decide to have a song in your heart at all times.

Depression appears when there is silence in our lives.

Jesus said in Luke 19:40 Reina-Valera 1960

⁴⁰ "I tell you," he replied, "if they keep quiet, the stones will cry out."

Pray that God will give you a worshipping spirit and that you break the silence with your praise!







Where does your Identity come from?

45 Then David said to the Philistine, You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have provoked. 46 Today the Lord will deliver you into my hand, and I will defeat you, and I will cut off your head, and today I will give the bodies of the Philistines to the birds of the sky and to the beasts of the earth; and all the earth will know that there is God in Israel.

1 Samuel 17:45 - 46 Reina-Valera 1960

Why do you think David trusted God so much?
David was able to understand God's heart while shepherding his sheep in times alone in intimacy with God.
How can you today have that same trust in our God?
Lord, we ask that you give us identity about who we are as your children.

And all the earth will know that there is God in Israel!

When we have identity we understand that all glory and honor is for our God!







Do you long for the presence of God?

15 And Moses answered: If your presence is not going to go with me, do not take us out of here. 16 And how will it be known here that I and your people have found grace in your eyes, except that you walk with us, and that I and your people are separated from all the peoples that are on the face of the earth?

Exodus 33:15 - 16 Reina-Valera 1960

What does the presence of God mean?

- a- There we find Health
- b- There we find Peace
- c- There we find Jov
- d- There we find Power
- e- There we find their Promises

How can you perceive his presence?

He is present all the time. How can you be aware that he is present?
What do you want most in his presence? It will be known here that I have found grace in your eyes.

Do you long for God's presence more, more than God Himself?

Why do we long for the presence of God? Just because of what it means, is it the benefits of being in the presence of God or because we only yearn for God?







Promises

1 It happened after these things, that God tested Abraham, and said to him: Abraham. And he answered: Here I am. 2 And he said, Take now your son, your only son, Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I will tell you.

Genesis 22: 1 - 2 King James Version

What are the promises that God has not yet answered in your life?
Appreciation for the promises that he will keep
Do you long for God's promises more than God himself?
In this example: Abraham was asked to sacrifice his GREAT promise, are you and I willing to sacrifice what we have most asked of our God?





Focus on the needs of others.



DAY 17

Remain

3 And they said to me: The remnant, those left from the captivity, there in the province, are in great evil and shame, and the wall of Jerusalem is broken down, and its gates burned with fire. 4 When I heard these words I sat down and wept, and I mourned for a few days, and fasted and prayed before the God of heaven. 5 And I said, I pray you, O Jehovah, God of heaven, strong, great, and awesome, who keeps the covenant and mercy to those who love him and keep his commandments;

Nehemiah 1: 3 - 5 King James Version

When I heard these words I sat down and wept, and I mourned for a few days, and fasted and prayed before the God of heaven.
He calls us according to his plans
May our calling be aligned with your plans for us.
Stand on God's direction
Who keeps the covenant and mercy to those who love him and keep his commandments.







Is your heart still burning? (Luke 24: 13-34 NLT)

In this passage from Luke, there is an account of two disciples who set out on a journey with the goal of leaving everything behind.

The interesting thing about the story is that when they were walking away, Christ came out to meet them and although "God prevented them from recognizing him" a great truth is revealed to us today, it is that in moments of uncertainty such as those we have lived in 2020 and many continue to live, Christ walks with us even though we cannot see it. He has promised that he would be there every day until the end. (Mt 28: 20)

These disciples were disappointed because their expectations had not been met, "We expected that..."(Lk 24: 21)

Our expectation should not be placed on external circumstances, nor on our desires, they have to rest on His Word and His promises.

When Christ is revealed to our lives, two events occur:

Our spiritual eyes are open, and our hearts burn when we open the Scriptures. "Didn't our hearts burn when he spoke to us on the road, and explained the Scriptures to us?"

A heart that has stopped burning is a heart that has closed the Scriptures. Do you want your heart to burn again with passion for Christ and the Word? Open your Bible, return to your daily devotional, systematic reading and study of the Word. "Ignorance of the Scriptures is ignorance of Christ"

Do you remember when was the last time your heart burned for His Word?	
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Are your expectations set on external circumstances or on His Word?	







Meditate on the Word (Joshua 1: 7-8 NLT)

In this story we see Joshua, who would soon be in charge of a new task from God, and it was not an easy task, it was to guide the people of Israel to the promised land. At this point in time he was alone, his spiritual leader (Moses) had died, he had people who depended on him and no guarantee (according to the circumstances) of what would happen in the future.

That is when God appears to encourage, commission and guide him in order to guide the people of Israel.

In this time, where no one can give us security in any area and uncertainty reigns, God assures us that He will be with us and that our plans and projects will prosper if we obey his Word.

Today and tomorrow we will be learning three important steps that we have to take for that.

1. **Meditate on the Word:** It is a daily exercise, it is reading the text and asking three simple questions. What does the text say? Who was the original recipient of the text? What does the text say to me? This will result in a greater understanding of the text and its context and more clarity of what God is telling me through His Word.

Read Psaim 119: 1-8 NLI	
What does the text say?	
Who is the original recipient of the text?	
What does the text say to me?	







Speak the Word and Live the Word

- **2. Speak the Word:** God tells him: "it will not depart from your mouth", (Joshua 1: 8) do not stop proclaiming His Word in the face of the daily circumstances that you face. May there always be a Word of God on your lips.
- **3. Live the Word**: that is, practice the Word, make it real in your life. God's Word has the power to change our life when we obey, we have authority when we live it.

These were the orders God gave Joshua for what was to come. **Joshua 1: 7 Be strong and courageous.**

Meditate, speak and obey my Word. Why? Because seven years of war would come, seven nations to conquer, thirty-one kings to defeat. God wants us to live by faith trusting in Him and obeying His Word. Let's go forward. Be strong and courageous!!!

Psalm 19: 7-8

- 7. The Lord's teachings are perfect, they revive the soul. The decrees of the Lord are reliable, they make the simple wise.
- 8. The commandments of the Lord are right; bring joy to the heart. The Lord's commands are clear; they give good perception to live.

you have to face, declare it and look for the opportunity to put it into practice.			







Do you understand what you read? (Acts 8: 26-40 NLT)

In this story we find Philip, in the middle of a revival in the city of Samaria, doing healings, and liberating demons. After receiving the baptism of the Holy Spirit, he is sent by God into the desert to bring the Good News to one person; leave the crowds to take care of one.

The eunuch, a high official from Ethiopia, "returned reading aloud to the prophet Isaiah"

Someone said: if you want God to speak to you read the Bible, if you want to hear God read the Bible aloud. "Faith comes by hearing and hearing the Word of God."

What a blessing it is for our spiritual lives to also be able to invest time in studying the Bible

Here the central question of the passage will be given by Philip asking the Ethiopian, "Do you understand what you read?"

Humility is the path that will lead us out of darkness. Being in the dark or in darkness is synonymous with being lacking in understanding. He who recognizes that he does not understand what he is reading is the one who will receive from God the help of the Holy Spirit to understand and have light from what is read.

How can I, if someone does not guide me?

God wants you to be a teacher, a guide, a leader, an envoy of the Lord for others who are in darkness. Just like the Ethiopian, there are many who live in ignorance, waiting for someone to guide them to Christ and His Word.

In what way do you identify with this story?	
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Would you be willing, like Philip, to share with someone about Christ?	



