





# February 2026

## Woodside Hall Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library)  3-4:45pm Activities with Mary  6-8pm Movie/ Staff (L)	<b>2) Groundhog Day</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise, Barb & Lizzie(D)  1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 3:15-4:30pm Game with Kai & Patty/D/Barb 6-8pm Movie/ Staff (L)	<b>3)</b> 10:15-11:15am Conversation & Trivia/ Barb & Lizzie /D 11-11:30am Visit with Cathy & Niichii/Lizzie 11:30-12pm Chair Exercise/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 4-4:50pm Bluegrass music with Jack Cooper & Patsy Lyon /Barb & Lizzie/D  6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>4)</b> 10:15-11:15am Conversation & Trivia/ Lizzie /D  11:30-12pm Chair Exercise/ Lizzie(D)  1:30-3pm Games with Carole & Edie /Lizzie /D  6-8pm Movie/ L/Staff	<b>5)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11am-12pm Visit with Kathie & therapy dogs/Lizzie/D  11:30-12pm ChairExercise, balloon bop/Lizzie (D) 1:30-2:45pm Baking cinnamon rolls/prep in D/ Barb & Lizzie 3:45-4:50am Reading with Susan & Dewey/library/Lizzie 6-8pm Movie/ L/Staff	<b>6)</b> 10:30am-11:15am Conversation & photos / Barb/D 11:30-12pm ChairExercise, balloon bop/Barb (D)  1:30-3pm Game or craft/Barb & Lizzie /D  6-8pm Movie/ Staff (L)	<b>7)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff  6-8pm Movie/ L/Staff
<b>8)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library)  3-4:45pm Activities with Mary  6-8pm Movie/ Staff (L)	<b>9)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D)  1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6-8pm Movie/ Staff (L)	<b>10)</b> 10:15-11:15am Conversation & Trivia/ Lizzie /D 11:30-12pm Chair Exercise/Barb (D)  2-3pm Share & Reminisce /Barb & Lizzie /library  6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>11)</b> 10:15-11:15am Conversation & Trivia/ Barb & Lizzie/D 11:30-12pm Chair Exercise/ Barb & Lizzie(D) 1:30-3pm Games with Carole & Edie /Barb & Lizzie /D 4:15-4:45pm "Blue Skies" sing-a- long with piano player Polly Messenger & lead singers, /Barb & Lizzie/D 6-8pm Movie/ L/Staff	<b>12)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Lizzie (D)  1:30-2:45pm Baking chocolate cookies/prep in D/ Barb & Lizzie  3:45-4:50am Reading with Susan & Dewey/library/Lizzie 6-8pm Movie/ L/Staff	<b>13)</b> 10:30am-11:15am Conversation & photos / Barb & Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb & Lizzie (D) 1:30-3pm Game or craft/Barb & Lizzie /D  4-4:45 Valentine's Tea party/Barb & Lizzie/D  6-8pm Movie/ Staff (L)	<b>14)</b>  <b>Valentine's Day</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff  6-8pm Movie/ L/Staff
<b>15)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library)  3-4:45pm Activities with Mary  6-8pm Movie/ Staff (L)	<b>16) President's Day</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D)  1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie  6-8pm Movie/ Staff (L)	<b>17)</b> 10-11am Conversation & Trivia/Barb & Lizzie /D 11-11:30am Visit with Cathy & Niichii/Lizzie 11:30-12pm ChairExercise, Barb & Lizzie (D)  2-3pm Share & Reminisce /Barb & Lizzie /library 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>18)</b> 10:15-10:45am trivia & sing-a- long/Barb & Lizzie/D 11:30-12pm Chair Exercise/Barb & Lizzie(D)  1:20-1:50pm Resident Council meeting/ Barb/ D  2-3:30pm Games with Carole & Edie /Barb /D 6-8pm Movie/ Staff/L	<b>19)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11am-12pm Visit with Kathie & therapy dogs/Lizzie/D  11:30-12pm ChairExercise, balloon bop/Barb (D)  2-4pm Painting with Mary Nolan/ Barb & Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library 6-8pm Movie/ L/Staff	<b>20)</b> 10:30am-11:15am Conversation & photos / Lizzie & Barb/D 11:30-12pm ChairExercise, balloon bop/Barb(D)  1:30-3pm Game or craft/Barb & Lizzie /D  6-8pm Movie/ Staff (L)	<b>21)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff  6-8pm Movie/ L/Staff
<b>22)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library)  3-4:45pm Activities with Mary  6-8pm Movie/ Staff (L)	<b>23)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie & Lizzie /D 11:30-12pm Chair Exercise, Barb & Lizzie(D)  1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6-8pm Movie/ Staff (L)	<b>24)</b> 10:15-10:45am news, trivia /Barb & Lizzie/D  11:30-12pm Chair Exercise/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library  6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>25)</b> 10:15-11:15am Conversation & Trivia/Barb /D  11:30-12pm Chair Exercise/Barb & Lizzie(D)  1:30-3pm Games with Carole & Edie /Barb & Lizzie /D  6-8pm Movie/ L/Staff	<b>26)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D)  2-4pm Painting with Mary Nolan/ Barb & Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library 7-9pm Movie/ L/Staff / L/Staff	<b>27)</b> 10:30am-11:15am Conversation & photos / Barb/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1-4pm Doris's Hair salon/ rm 203/staff 1:30-3pm Rummikub or other game/Barb /D 6-8pm Movie/ Staff (L)	<b>28)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff  6-8pm Movie/ L/Staff

Activity location key: dining room (D) library (L)