



# January 2026

## Woodside Hall Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1)</b> <u>New Year's Day</u> 11am "The Rose Parade" broadcast on NBC/Staff/library 12:30pm New Year's dinner/staff 6-8pm Movie/ L/Staff	<b>2)</b> 10:30am-11:15am Conversation & photos / Barb/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-8pm Movie/ Staff (L)	<b>3)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ L/Staff
<b>4)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	<b>5)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 4-4:45pm Artist Annie Halverson/ library/ Barb & Lizzie 6-8pm Movie/ Staff (L)	<b>6)</b> 10:15-11:15am Conversation & Trivia/ Lizzie /D 11:30-12pm Chair Exercise/ Lizzie (D) 1:30-3pm Word Play or other game/ Lizzie/ D 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>7)</b> 10:15-11:15am Conversation & Trivia/ Lizzie /D 11:30-12pm Chair Exercise/ Lizzie(D) 1:30-3pm Games with Carole & Edie / Lizzie /D 6-8pm Movie/ L/Staff	<b>8)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11am-12pm Visit with Kathie & therapy dogs/Lizzie/D 11:30-12pm ChairExercise, balloon bop/Lizzie (D) 1:30-3pm Word Play or other game/ Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library/Lizzie 6-8pm Movie/ L/Staff	<b>9)</b> 10:30am-11:15am Conversation & photos / Barb & Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb & Lizzie (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-8pm Movie/ Staff (L)	<b>10)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ L/Staff
<b>11)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	<b>12)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 6-8pm Movie/ Staff (L)	<b>13)</b> 10-11am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, Barb & Lizzie (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>14)</b> 10:15-10:45am trivia & sing-a-long/Barb & Lizzie/D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:30-3pm Games with Carole & Edie / Barb & Lizzie /D 4:15-4:45pm "King of the Road" sing-a-long with piano player Polly Messenger & lead singers, /Barb & Lizzie/D 6-8pm Movie/ Staff/L	<b>15)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 2-4pm Painting with Mary Nolan/ Barb & Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library 6-8pm Movie/ L/Staff	<b>16)</b> 10:30am-11:15am Conversation & photos / Lizzie & Barb/D 11:30-12pm ChairExercise, balloon bop/Barb(D) 1:30-3pm Game or craft/Barb & Lizzie /D 6-8pm Movie/ Staff (L)	<b>17)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ L/Staff
<b>18)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	<b>19) Martin Luther King Day</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie & Lizzie /D 11:30-12pm Chair Exercise, Barb & Lizzie(D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6-8pm Movie/ Staff (L)	<b>20)</b> 10:15-10:45am news, trivia /Barb & Lizzie/D 11:30-12pm Chair Exercise/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>21)</b> 10:15-11:15am Conversation & Trivia/Barb /D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:20-1:50pm Resident Council meeting/ Barb/ D 2-3:30pm Games with Carole & Edie / Barb /D 6-8pm Movie/ L/Staff	<b>22)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11am-12pm Visit with Kathie & therapy dogs/Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 2-4pm Painting with Mary Nolan/ Barb & Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library 6-8pm Movie/ L/Staff / L/Staff	<b>23)</b> 10:30am-11:15am Conversation & photos / Barb/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1-4pm Doris's Hair salon/ rm 203/staff 1:30-3pm Rummikub or other game/Barb /D 6-8pm Movie/ Staff (L)	<b>24)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ L/Staff
<b>25)</b> 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6-8pm Movie/ Staff (L)	<b>26)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6-8pm Movie/ Staff (L)	<b>27)</b> 10:30-11:15pm Music trivia & Sing-a-long/Barb & Lizzie /D 11:30-12pm ChairExercise/Barb & Lizzie(D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	<b>28)</b> 10:30-11:15am Conversation & Trivia/Barb /D 11:30-12pm Chair Exercise/Barb (D) 1:30-3pm Games with Carole & Edie / Barb /D 6-8pm Movie/ L/Staff	<b>29)</b> 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1:30-3pm Painting or Game/ Barb & Lizzie/D 3:45-4:50am Reading with Susan & Dewey/library 7-9pm Movie/ L/Staff / L/Staff	<b>30)</b> 10:30am-11:15am Conversation & photos / Barb/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1:30-3pm Rummikub or other game/Barb /D 6-8pm Movie/ Staff (L)	<b>31)</b> Magazines, newspaper puzzles, line art, playing cards & other games available through staff 6-8pm Movie/ L/Staff

Activity location key: dining room (D) library (L)