



October 2025

Woodside Hall Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:30-3pm Game with Carole & Edie /Barb /D 6:30am-7:15pm "Ah Coopella" singing group/dining room/Staff	2) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1:30-Word Play/Barb & Lizzie /D 3:45-4:50am Reading with Susan & Dewey/library 6:30-8:30pm Movie/ L/Staff	3) 10:30am-11:15am Conversation & photos /Barb & Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 11am-12pm Visit with Kathie & therapy dogs/Lizzie/D 1:30-3pm Craft or outdoor time /Barb & Lizzie/D 6:30-8:30pm Movie/ Staff (L)	4) Magazines, puzzles, line art, playing cards & other games available through staff 6:30-8:30pm Movie/ L/Staff
5) 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6:30-8:30pm Movie/ Staff (L)	6) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6:30-8:30pm Movie/Staff /L	7) 10:15-10:45am trivia & sing-a-long/Lizzie /D 11-11:30am Therapy dog"Niichii" with Cathy/Lizzie/D 11:30-12pm Chair Exercise/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	8) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:30-3pm Game with Carole & Edie /Barb /D 6:30-8:30pm Movie/ Staff/ L	9) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 2-4pm Painting with Mary Nolan/ Barb & Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library 6:30-8:30pm Movie/ L/Staff	10) 10:30am-11:15am Conversation & photos / Lizzie/D 11:30-12pm ChairExercise, balloon bop/Lizzie (D) 1:30-3pm Rummikub or other game/Lizzie /D 6:30-8:30pm Movie/ Staff (L)	11) Magazines, puzzles, line art, playing cards & other games available through staff 6:30-8:30pm Movie/ L/Staff
12) 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6:30-8:30pm Movie/ Staff (L)	13) Indigenous Peoples' Day 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6:30-8:30pm Movie/Staff /L	14) 10-11am Conversation & Trivia/Barb /D 11:30-12pm ChairExercise, Barb & Lizzie (D) 1-4pm Haircuts with Doris /rm 206/Staff 1:30-3pm Game or craft/Barb & Lizzie /D 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	15) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:30-3pm Game with Carole & Edie /Barb /D 4:15-4:45pm "Moon songs" sing-a-long with piano player Polly Messenger & lead singers, /Barb & Lizzie/D	16) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 3:45-4:50am Reading with Susan & Dewey/library 6:30-8:30pm Movie/ Staff (L)	17) 10:30am-11:15am Conversation & photos / Lizzie/D 11am-12pm Visit with Kathie & therapy dogs/Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb(D) 1:30-3pm Game or craft/Lizzie /D 6:30-8:30pm Movie/ Staff (L)	18) Magazines, puzzles, line art, playing cards & other games available through staff 6:30-8:30pm Movie/ L/Staff
19) 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6:30-8:30pm Movie/ Staff (L)	20) 10:15-11:15am Conversation & Trivia/Barb & Lizzie & Lizzie /D 11:30-12pm Chair Exercise, Barb & Lizzie(D) 1:30-2:45pm BINGO/ Barb & Lizzie/D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6:30-8:30pm Movie/Staff /L	21) 10:15-10:45am trivia & sing-a-long/Barb & Lizzie/D 11-11:30am Therapy dog"Niichii" with Cathy/Lizzie/D 11:30-12pm Chair Exercise/Barb (D) 2-3pm Share & Reminisce /Barb & Lizzie /library 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	22) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:20-1:50pm Resident Council meeting/ Barb/ D 2-3:30pm Game with Carole & Edie /Barb /D 6:30-8:30pm Movie/ Staff (L)	23) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 2-4pm Painting with Mary Nolan/ Barb & Lizzie/ D 4:15-4:50am Reading with Susan & Dewey/library 6:30-8:30pm Movie/ L/Staff	24) 10:30am-11:15am Conversation & photos / Barb & Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1:30-3pm Rummikub or other game/Barb & Lizzie /D 3:45-4:50pm Tea party with piano player Mike Bauer/ Barb & Lizzie/ D 6:30-8:30pm Movie/ Staff (L)	25) Magazines, puzzles, line art, playing cards & other games available through staff 6:30-8:30pm Movie/ L/Staff
26) 1:30pm-2:30pm Prayer & Communion with Mary (Library) 3-4:45pm Activities with Mary 6:30-8:30pm Movie/ Staff (L)	27) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie (D) 1:30-2:45pm BINGO/ Barb & Lizzie /D 3-3:30pm Visit with Linda & "Burt"/Lizzie 6:30-8:30pm Movie/Staff /L	28) 10:30-11:15pm Music trivia & Sing-a-long/Barb & Lizzie /D 11:30-12pm ChairExercise/Barb & Lizzie(D) 2-3pm Share & Reminisce /Barb & Lizzie /library 3:30-4:30 Game with Kai & Patty/Lizzie & Barb 6-6:20pm Ramsey&Kate/Staff/D 6:45-8:30pm Movie/ Staff (L)	29) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm Chair Exercise/Barb & Lizzie(D) 1:30-3pm Game with Carole & Edie /Barb /D 6:30-8:30pm Movie/ Staff (L)	30) 10:15-11:15am Conversation & Trivia/Barb & Lizzie /D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1:30-Word Play/Barb & Lizzie /D 3-5pm Halloween Party residents, staff & community/D 6:30-8:30pm Movie/ L/Staff	31) HALLOWEEN 10:30am-11:15am Conversation & photos / Barb & Lizzie/D 11:30-12pm ChairExercise, balloon bop/Barb (D) 1:30-3pm Rummikub or other game/Barb & Lizzie /D 7:30-9:30pm Movie/ Staff (L)	

Activity location key: dining room (D) library (L)



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