



14 West Second St, Suite 20
Whitefish, MT 59937
(406) 318-7775
www.sagepsychologicalservices.org

Electronic Communication Policy

In order to maintain clarity regarding our use of electronic modes of communication during your treatment, I have prepared the following policy. This is because the use of various types of electronic communications is common in our society, and many individuals believe this is the preferred method of communication with others, whether their relationships are social or professional. Many of these common modes of communication, however, put your privacy at risk and can be inconsistent with the law and with the standards of my profession. Consequently, this policy has been prepared to assure the security and confidentiality of your treatment and to assure that it is consistent with the highest level of ethics, as outlined by the American Psychological Association (APA), and law.

If you have any questions about this policy, please feel free to discuss this with me.

Email Communications

I use email communication and text messaging only with your permission and only for administrative purposes, unless we have made another agreement. That means that email exchanges and text messages with my office should be limited to things like setting and hanging appointments, billing matters, and other related issues.

Please do not email me about clinical matters because, although my email is HIPAA-compliant, it is not the best way to communicate clinical matters. If you need to discuss a clinical matter with me, please feel free to call me so we can discuss it briefly on the phone or wait so we can discuss it during your therapy session.

Text Messaging

Generally, text messaging is a very unsecure and impersonal mode of communication. Thus, I do not text message to, nor do I respond to text messages from anyone in treatment with me. The only exception to this is to confirm appointment times or for cancellations (with at least 24 hours notice, with the exception being emergencies).

My business text messaging is NOT HIPAA-compliant. So, please do not text unless we have made other arrangements, such as to use when you are running late.

Social Media

I do not communicate with, or contact, any of my clients through social media platforms, such as Twitter or Facebook. In addition, if I discover that I have accidentally established an online relationship with you, I will cancel that relationship. This is because these types of casual social contacts can create significant security risks for you.

I participate on various social networks, but not in my professional capacity. If you have an online presence, there is a possibility that you may encounter me by accident. If that occurs, please discuss it with me during our time together. I believe that any communications with clients online have a high potential to compromise the professional relationship. In addition, please do not try to contact me in this way. I will not respond and will terminate any online contact, no matter how accidental.



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Websites

I have a website that you are free to access. I use it for professional reasons to provide information to others about me and my practice. You are welcome to access and review the information that I have on my website and, if you have questions about it, we should discuss this during your therapy sessions.

Web Searches

I will not use web searches to gather information about you without your permission. I believe that this violates your privacy rights; however, I understand that you might choose to gather information about me in this way. In this day and age, there is an incredible amount of information available about individuals on the internet, much of which may actually be known to that person and some of which may be inaccurate or unknown. If you encounter any information about me through the web searches, or in any other fashion for that matter, please discuss this with me during our time together so that we can deal with it and its potential impact on your treatment.

Recently, it has become fashionable for clients to review their health care provider on various websites. Unfortunately, mental health professionals cannot respond to such comments and related errors because of confidentiality restrictions. If you encounter such reviews of me or any professional with whom you are working, please share it with me so we can discuss it and its potential impact on your therapy. Please do not rate my work with you while we are in treatment together on any of these websites. This is because it has a significant potential to affect our ability to work together; it is imperative for best treatment not to have such influences. Rather, it is much healthier for the therapeutic relationship (and any relationship) to discuss feelings and dynamics directly with the other person.



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I have received and reviewed/read the Electronic Communication Policy and agree to its terms.

Client's Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ DOB: _____

Client's Signature: _____ Date ____/____/____

Parent/guardians/personal representative (if applicable)

Signature: _____ Date ____/____/____

Witness (if client is unable to sign)

Signature: _____ Date ____/____/____