

TRAVEL PLANNING MADE EASY

# THE EXPERT EXPLORER

*Thailand*  
*March 2023*



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## Bangkok

HIGHLIGHTS



### MUST SEES

#### **Wat Pho**

A visit to Wat Pho is a must for any traveler to Bangkok, it is the home to the Reclining Buddha which stands at fifteen metres tall and forty six metres long, the feet alone are measured at over five meters. The whole statue is covered in gold leaf and looks incredible when you get up close.

#### **Wat Arun**

Located on the Thonburi side of the Chao Phraya River, this temple is often called the 'Temple of the Dawn'. The stairs to reach the balcony on the main tower are quite steep, usually easier to climb up than to walk down, but the view from up there is really worth it.

#### **Grand Palace**

Located at the heart of Bangkok, Thailand, the Grand Palace was a former residence for King Rama I to King Rama V of the Rattanakosin Kingdom. Today, the place is used for hosting royal ceremonies and is separated into two zones: temple of the emerald buddha and the royal residence.

#### **Chili Paste Food Tour**

In this historic area, Bangkok's rich and compelling heritage is expressed in every bite. The Old Bangkok Food & Culture Walk is a great choice for dedicated foodies looking to explore the historic district through their taste buds.

#### **Visit a floating market**

There are a bunch to try in Bangkok and some are more popular than others. In downtown Bangkok, Khlong Lad Mayom and Taling Chan are the most popular. You can get here by public transportation. These markets are only held on Saturday and Sunday mornings.



# Bangkok

## HIGHLIGHTS



### Sunset Drinks

A great way to end the day is to grab a table at a rooftop bar and watch the sunset over Wat Arun. Some options:

- [Eagles Nest Bar](#)
- [The Deck Restaurant at Arun Residence](#).
- The [Vertigo bar](#), close to Lumpini Park, is one of the best choices as it's on the 61st floor and you will have a great sunset / night view of Bangkok.

### Chatuchak Market

Every weekend, thousands of shops sprawling across 27 acres sell food, clothing, souvenirs, and home goods. Don't just expect cheap clothing and gaudy souvenirs - you can buy beautiful jewelry, high quality hand-crafted goods, and fashionable clothing. Be prepared to barter.

### Boat tour

The Chao Phraya River is the heart of Bangkok and taking a boat tour along the river is an attraction unto itself. The Chao Phraya is what gives Bangkok its name, "The Venice of the East" and it is filled with water taxis, longtail boats, and public ferries ready to take you to anything you want to see for as little as 15 Baht (.45 cents) Many of the top places you'll want to visit in Bangkok are located on the river with their own pier where you can hop on and hop off to explore as you wish.

### Bangkok City Tour

- [Option 1](#): Trip Advisor
- [Option 2](#): BKK Tours

Both look good - I would be more inclined to do the one Chin recommended just because she's a local. If you pick that one, definitely add in the Grand Palace.

# Tips & Tricks



- Travel insurance is highly recommended: try [Geoblue Travel Insurance](#), voyager single trip. You can get a quote [here](#).
- If anyone is nervous about traveling, you can also register with the [STEP program](#), a free program that allows you to register your trip with the US embassy.
- The weather is hot and humid and there are lots of mosquitos. Make sure you pack accordingly, so lots of thin clothes in light colors, and plenty of bug spray.
- Knees and shoulders must be covered in temples. Bring a sarong to wrap around your legs and a light scarf for your shoulders.
- Thai people consider feet to be the dirtiest part of the body so you will often need to remove your shoes before entering a temple. Bring a pair of socks with you.
- Someone may try to tell you that a temple is closed and offer you an opportunity to visit another attraction, which is conveniently a long tuk tuk ride away. The best thing to remember is that no, they are not closed and yes, this is probably a scam.
- It is always a good idea to keep a small container of tissues or toilet paper with you, just in case. You never know when you will be caught short since many bathrooms in Thailand have squat toilets.
- Have a suit or dress made while you're in Bangkok. You can have one tailor-made to fit for a fraction of what it would cost in the states.

*Thanks for booking!*

HAPPY TRAVELS!