

MY ROAD TO WELLNESS

YOUR LIFE YOUR JOURNEY

<i>My Road To Welln Palm Beach Garde 561-307-7025</i>		Client Info	
MY ROAD TO WELLNESS	ZYTO Report	Test test Range 5.34 test test 5/17/2021	
YOUR LIFE YOUR JOURNEY			

Wellness Report

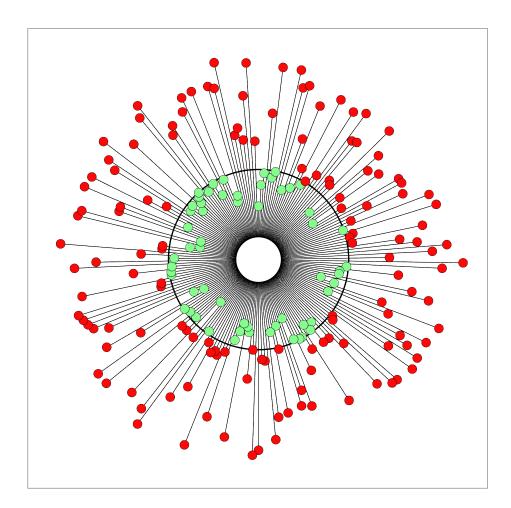
YOUR DYNAMIC PROFILE



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Biomarkers: 198 Range: 5.34

Biomarkers In Range: 58 Biomarkers Out of Range: 140

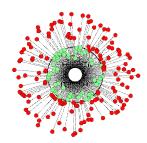




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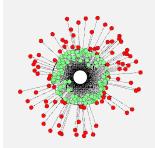
BALANCER VIRTUAL ITEM RE-SCAN RESPONSES

This section of the report shows your top balancer Virtual Items and how many out-of-range biomarkers each balancer progressively brought into range. Each balancer adds to the cumulative amount of biomarkers brought into range.



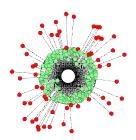
Baseline

Biomarkers Out of Range: 140



YL - Longevity Essential Oil

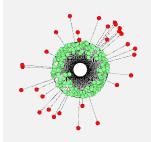
Biomarkers Brought Into Range: 50 Category: All Young Living Products, Inventory, Products (US)



BR - Lipid-X

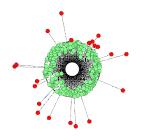
Additional BioMarkers Brought Into Range: 33 Category: All Biotics Research Corp Products, Inventory

Usage Directions: 1 Tablet 3 times per day



YL - RutaVaLa Roll-On

Additional BioMarkers Brought Into Range: 27
Category: All Young Living Products, Inventory, Products (US)



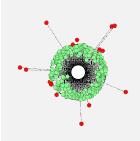
NSP - SugarReg

Additional BioMarkers Brought Into Range: 9
Category: All Nature's Sunshine Products, Inventory

Usage Directions: 1 Capsule 3 times per day

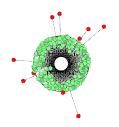


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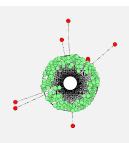
NSP - Krill Oil with K2

Additional BioMarkers Brought Into Range: 6 Category: All Nature's Sunshine Products, Inventory Usage Directions: 1 Capsule 2 times per day



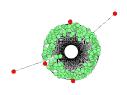
BR - Butyric-Cal-Mag

Additional BioMarkers Brought Into Range: 5 Category: All Biotics Research Corp Products, Inventory Usage Directions: 1 Capsule 3 times per day



NSP - KB-C Chinese

Additional BioMarkers Brought Into Range: 2 Category: All Nature's Sunshine Products, Inventory Usage Directions: 3 Capsules 3 times per day



NSP - Olive Leaf Extract

Additional BioMarkers Brought Into Range: 3 Category: All Nature's Sunshine Products, Inventory Usage Directions: 1 Capsule 1 times per day



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PRODUCT DESCRIPTIONS

Top balancer Virtual Items are listed in order below along with their respective dR values and detailed product descriptions.



32.79 YL - Longevity Essential Oil

Longevity Vitality Aromatic | Topical | Dietary

Longevity Vitality™ is a powerful combination of powerful essential oils, including Thyme, Orange, Clove, and Frankincense. It can be incorporated into a wellness regimen along with other Young Living favorites, such as Master Formula™, AgilEase™, and Life 9™ and is a fantastic supplement that your senior parents or grandparents will love.

Perfect for those looking to get the most of their silver years, Longevity Vitality is the perfect choice to support a healthy immune system and overall wellness.*

Topical: Dilute 1 drop with 4 drops of V-6™ or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed.

Aromatic: Diffuse up to 10 minutes 3 times daily.

Dietary: Dilute 1 drop with 4 drops of carrier oil. Put in a capsule and take once daily or as needed.



29.34 BR - Lipid-X 1 Tablet 3 times per day

Lipid-X® (Inhibits Dietary Fat Absorption) Item # 7710

Lipid-X® is a combination of magnesium oxide and citrate. It has been clinically demonstrated to bind ingested dietary fats, and may be used as part of a comprehensive weight management program.

Dosage:

One (1) tablet with each fat-containing meal as a dietary supplement or as otherwise directed by a healthcare professional.

Active Ingredients

Magnesium (as magnesium oxide and citrate), Superoxide Dismutase (from vegetable culture†), Catalase (from vegetable culture†), †Specially grown, biologically active vegetable culture containing naturally associated phytochemicals, including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors. Other Ingredients:

Stearic acid (vegetable source), cellulose, calcium carbonate, magnesium stearate (vegetable source) and modified cellulose gum. This product is gluten and dairy free.

Product Warnings:

KEEP OUT OF REACH OF CHILDREN.



28.60 YL - RutaVaLa Roll-On

RutaVaLa™ Roll-On

RutaVaLa™ Roll-On utilizes a proprietary blend of Ruta, Lavender, and Valerian essential oils. Although Lavender and Valerian essential oils are well known, Young Living's RutaVaLa oil blend includes the less well known—yet still effective—Ruta oil. The Ruta graveolens herb is farmed, harvested, and distilled at Young Living's Ecuador farm. RutaVaLa is formulated to create a refreshing aroma that can be quickly and conveniently applied as a fragrant scent to your wrists, neck, or temples.

Topical: Dilute 1 drop with 1 drop of V-6™ or olive oil and apply to desired area as needed.

Aromatic: Diffuse up to 30 minutes 3 times daily.



27.72 NSP - SugarReg 1 Capsule 3 times per day

SugarReg® (60 caps) Stock No. 927-1

SugarReg supports already-normal range blood sugar levels. It activates cell glucose transporters and supports the liver.

Benefits:

Supports the glandular system. Supports already normal-range blood sugar levels. Activates cell glucose transporters. Supports the liver.



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How It Works:

SugarReg is a formulation of eight nutrients that support proper glandular function. Specifically, this combination helps support the body's effort to maintain blood sugar levels that are already within the normal range.

Banaba leaf, gymnema and bitter melon provide nutrients that support the healthy function of the glandular system, particularly the pancreas. All three have been used extensively. Fenugreek supports normal blood sugar levels and provides significant antioxidant benefits. Nopal provides needed nutrients to the liver and aids in digestion. This prickly pear cactus has a well-documented history of helping the body maintain acceptable blood sugar levels. Chromium, an important trace mineral, is essential for healthy blood sugar levels. It helps insulin get into the cell. A deficiency in chromium can affect blood sugar levels. Vanadium may help the body control blood sugar because it mimics the activity of insulin. Cinnamon extract may have a positive effect on blood glucose levels.

Ingredients:

Chromium, vanadium, cinnamon bark extract, fenugreek seeds, bitter melon fruit, gymnema leaves extract, nopal leaves and banaba leaf.

Recommended Use:

Take 1 capsule with a meal three times daily.

KRILL OIL KRILL OIL ACARSLIS

27.53 NSP - Krill Oil with K2 1 Capsule 2 times per day

Krill Oil w/K2 (60 Softgel Caps)

Stock No. 1516-3

Krill contains omega-3s that support cardiovascular, brain and skin health. It may also support cholesterol levels already in the normal range.

Benefits:

Supports cardiovascular system and brain function.

Provides joint and skin support.

Is a natural source of astaxanthin, a powerful antioxidant carotenoid.

Provides omega-3 essential fatty acids (EPA and DHA).

May support already-normal-range cholesterol levels.

How It Works:

Antarctic Krill provides a highly bioavailable source of EPA and DHA, essential omega-3 fatty acids (EFAs). EFAs are vital to the health of the cell membrane and also contribute to cardiovascular, brain and structural system function. They provide joint and skin support and may help support cholesterol levels already within the normal range. Krill is also a natural source of astaxanthin, a powerful antioxidant carotenoid. Krill oil also contains phospholipids, which bind to the omega-3 fatty acids, improving their absorption in the body. These phospholipids provide strength and elasticity to the cell membrane, helping to keep toxins out and let nutrients and oxygen in. Vitamin K2 provides added support for the cardiovascular system and bone health.

Ingredients

20 mcg vitamin K (25% of Daily Value), plus krill oil, fish oil, EPA, DHA and astaxanthin.

Recommended Use:

Take 1 capsule with a meal one or two times daily.



26.85 BR - Butyric-Cal-Mag 1 Capsule 3 times per day

Butyric-Cal-Mag™ Item # 7810

Butyric-Cal-Mag™ supplies a supplemental source of butyric acid (as calcium & magnesium butyrate), the primary fuel of colonic cells. Butyric acid is a naturally-occurring 4-carbon fatty acid formed in the healthy colon from the fermentation of dietary fiber by friendly bacteria.

Dosage:

One (1) to two (2) capsules with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

Active Ingredients:

Butyric Acid, Calcium, Magnesium, Panthothenic Acid, Vitamin A

Other Ingredients:

Ethyl vanillin (flavoring) and capsule shell (gelatin and water).

Product Warnings:

KEEP OUT OF REACH OF CHILDREN.



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25.13 NSP - KB-C Chinese 3 Capsules 3 times per day

KB-C Chinese (100 caps) Stock No. 1883-3

This unique formula contains specially selected Chinese herbs that strengthen the urinary and structural systems. KB-C nourishes the kidneys and may help to strengthen the bones.

Benefits:

Strengthens the urinary system.

Supports the structural system, specifically the bones.

May help the body restore energy.

How It Works

Its Chinese name jian gu can be translated to mean "strengthen the bones." It is designed to strengthen the water element. In Traditional Chinese Medicine, this formula is used to nourish the kidneys and nutritionally support the urinary and structural systems, eliminating water and providing extra joint support.

Chinese herbalists believe eucommia nourishes the kidney yang and the ligaments and bones. Eucommia has been used for centuries in the Far East for weakness. No single Western herb has been found to substitute for these qualities. Chinese herbalists also believe achyranthes relieves the body of excess fluids and strengthens it. They hold that achyranthes strengthens the liver, kidneys, bones and tendons. It has been used for convalescence, comfort and certain gynecological needs.

Ingredients:

Eucommia bark, cistanche stem, achyranthes root, dipsacus root, drynaria rhizome, hoelen sclerotium, morinda root, rehmannia root tuber, astragalus root, cornus fruit without seeds, dioscorea rhizome, epimedium

Recommended Use:

Take 3 capsules with a meal three times daily.

NOTE: Pregnant or lactating women should consult their health care provider prior to taking this supplement.

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25.04 NSP - Olive Leaf Extract 1 Capsule 1 times per day

Olive Leaf Extract Concentrate (60 caps) Stock No. 204-7 Kosher

Naturally contains the plant polyphenol oleuropein.

Benefits:

Olive leaf extract supports cardiovascular health and has antioxidant properties. It naturally contains the plant polyphenol oleuropein

Protects LDL particles from oxidative damage

Supports the circulatory system

Supports blood sugar levels already within the normal range

How It Works:

Most people know the benefits of olive oil for circulatory health. But NSP Olive Leaf Extract appears to support several circulatory needs all at once, including blood pressure balance, arterial health, heart rhythm and providing free radical protection. Oleuropein, a key constituent, is thought to prevent LDL or "bad" cholesterol from oxidation.

Ingredients:

Olive leaf extract, standardized to 12 percent oleuropein.

Recommended Use:

Take 1-3 capsules daily with a meal.



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4 CORE BODY SYSTEMS FOR WELLNESS



The 4 core systems that are critical to maintaining health are:

- 1. Detoxification System
- 2. Gastrointestinal System
- 3. Hormonal/Endocrine System
- 4. Immune System

Why These 4?

Whether you are very ill, seeking to prevent illness, or just trying to improve your overall health or fitness levels, it is important to evaluate these four systems. How these systems function both independently and interdependently has a profound influence on your health. If one or more is compromised, the negative effects spill over to all other systems, creating a chain of events that can greatly impact your overall health.

If you are serious about preventing health problems or creating an environment where the body can heal, you are cheating yourself out of success if you do not focus on these systems.

STRESSOR VIRTUAL ITEM RESPONSES: 4 CORE SYSTEMS



STRESSOR VIRTUAL ITEM RESPONSES: LIFESTYLE AREAS





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DETOXIFICATION SYSTEM



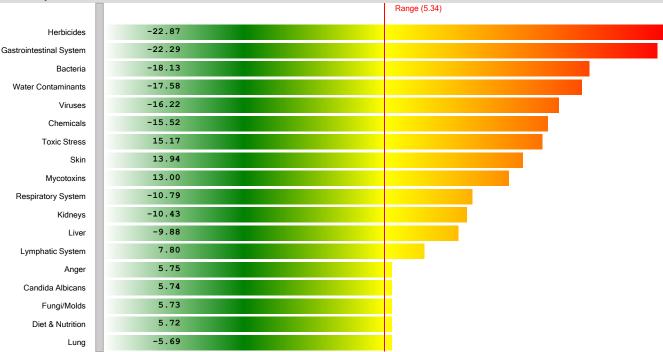
A toxin is any substance that causes harm in the body. Never before in human history have we been exposed to as many toxins as we are now.

If your body's ability to process these toxins—detoxification—is compromised, the dominoes will fall on your core functional systems and your health will suffer, with the quiet stirrings of chronic illness taking hold.

Fortunately, there are everyday things you can do to cleanse the body of toxins, strengthen the detoxification system, and prevent toxic overload.

The body has an amazing capacity to process and dispose of toxins. However, like any waste disposal system, it has limitations; chronic illness is the consequence when the body's capacity to process toxins is hindered. Impaired detoxification impacts us on a cellular level. Toxic build up will slow you down, zap your zest for life, and limit basic metabolic functions.

Detoxification System Stressors



Top Detoxification Balancers

32.79 YL - Longevity Essential Oil

27.72 **NSP - SugarReg**

27.53 NSP - Krill Oil with K2

24.86 BR - NitroGreens

23.55 BR - Acti-Mag Plus



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GASTROINTESTINAL SYSTEM

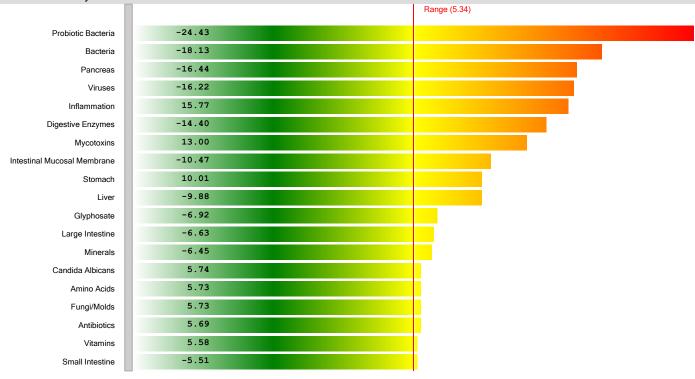


The saying "You are what you eat" can be said more accurately; "You are what you digest"! However, if digestive function is compromised, it's not just your body's nutrient status that suffers. The health of the gut greatly impacts brain function, hormone balance, immune regulation, and so much more...

The Gastrointestinal System, which handles your digestive function, also contains a vast mucosal barrier. Gut inflammation and a compromised mucosal barrier can be caused by bacterial and parasitic infections, food additives, environmental toxins, mental & emotional stress, and a host of other stressors. This can severely limit digestion, lead to inflammation in other areas of the body, and have a huge negative impact on the Immune System and Hormonal/Endocrine System.

In order for your body's cells, tissues, and organs to get both proper nutrition and eliminate toxins, your digestive organs need to be supported in a way that eliminates any stress that compromises this amazing system.

Gastrointestinal System Stressors



Top Gastrointestinal Balancers

29.34 **BR - Lipid-X**

27.53 NSP - Krill Oil with K2

26.85 BR - Butyric-Cal-Mag

25.13 NSP - KB-C Chinese

25.04 NSP - Olive Leaf Extract



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HORMONAL/ENDOCRINE SYSTEM

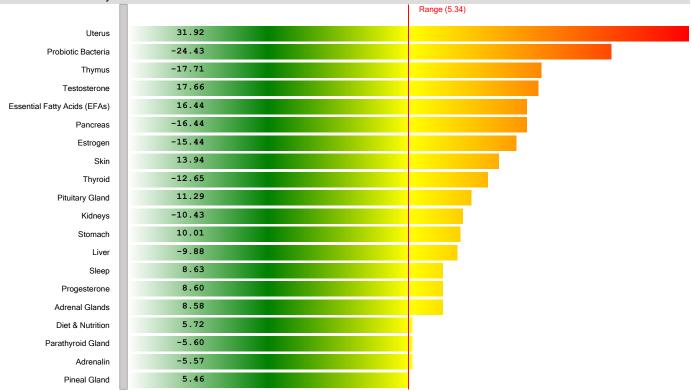


Hormones are chemical messengers that travel through your bloodstream and enter tissues, where they turn on switches to the genetic machinery that regulates everything from reproduction to emotions to your sense of well-being. The body's system of hormone production is formally known as the Endocrine System.

Hormones can be thought of as the chemical force that animates you physically, mentally, and emotionally. Balanced levels are necessary for the optimal function of numerous physiological processes.

In today's world, there are many environmental chemicals that act as endocrine disruptors that have a significant impact on your body's ability to utilize hormones both correctly and efficiently. In addition, there are many food and water additives that also impact Endocrine/Hormonal health. Being aware of and avoiding these toxins and stressors when possible will be a proactive step to improving your overall health.

Hormonal/Endocrine System Stressors



Top Hormonal/Endocrine Balancers

- 27.53 NSP Krill Oil with K2
- 25.13 NSP KB-C Chinese
- 22.92 NSP Vitamin D3
- 22.37 YL Idaho Blue Spruce Essential Oil
- 21.07 NSP Vitamin C Citrus Bioflavonoids



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IMMUNE SYSTEM

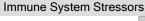


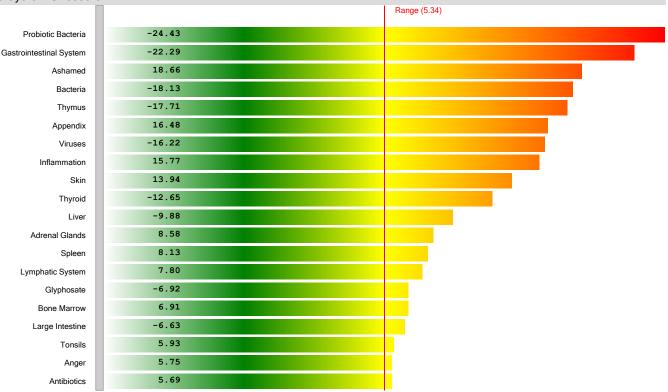
The first line of defense against disease-causing microorganisms is the skin and mucosal barriers. Behind this is a complex defensive system. Collectively these parts are known as the immune system.

The immune system neutralizes or destroys microorganisms and the toxins created by them wherever they attack the body via the extensive lymphatic system (comprised of the spleen, thymus gland, tonsils, bone marrow, and other organs and tissues). The network of lymph vessels (capillaries and lymphatics) drains the clear body fluid known as lymph from the tissues into the bloodstream. Special white blood cells that originate in bone marrow, known as lymphocytes, along with antibodies (proteins that neutralize foreign objects), are primarily responsible for carrying out the work of the immune system.

The first line of immune defense is called the mucosal barrier. Mucous membranes are an integral part of the immune system. They form a protective barrier between the interior of the body and the outside environment. The mucosal barrier is permeable and allows nutrients into the body while protecting it from infectious agents, allergens, and other harmful substances. If testing reveals that mucosal immunity is impaired, therapies should be initiated to rebuild it.

In addition to evaluating mucosal immunity, it is relevant to assess cell-mediated immunity and humoral immunity. Cell-mediated immunity works by the activation of specialized cells called macrophages and natural killer cells, which destroy intracellular pathogens (disease-causing microorganisms). Humoral immunity is the aspect of immunity that involves antibodies. Knowing the status of these immune components provides a comprehensive understanding of one's ability to fight infectious agents, defend against toxic exposures such as chemicals and heavy metals, and kill aberrant cancer cells.





Top Immune System Balancers

- 32.79 YL Longevity Essential Oil
- 27.72 NSP SugarReg
- 27.53 NSP Krill Oil with K2
- 25.13 NSP KB-C Chinese
- 25.04 NSP Olive Leaf Extract



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DIET & NUTRITION



Regardless of the diet you follow, the primary goal should always be the same: maintaining good blood sugar (glucose) control. You can achieve and maintain optimal health only when you are on a diet that promotes hormone balance; that balance depends on a steady blood sugar level. Eating the proper combination of proteins, fats, and carbohydrates regularly and in moderate amounts helps to sustain that balance.

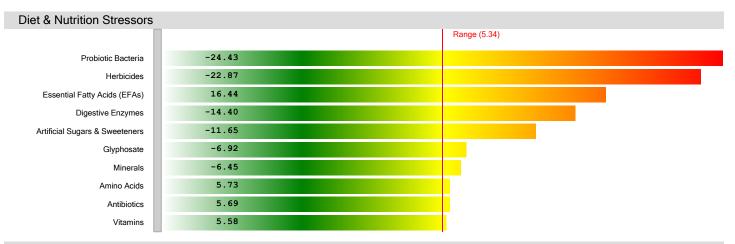
Clinically speaking, blood sugar control occurs when insulin and glucagon, two hormones produced by the pancreas, are in balance. Carbohydrate consumption and the resulting rise in blood sugar induce the stimulation of insulin, the hormone responsible for lowering blood sugar and storing excess blood sugar as fat. Protein consumption induces the stimulation of glucagon, the hormone that promotes the mobilization and utilization of fat for energy and, in the process, raises blood sugar.

Insulin and glucagon are antagonists, meaning that the secretion of one acts to balance or modulate the effects of the other. Above-average levels of insulin caused by a diet high in sugar, processed foods, and unhealthy fats are associated with almost every disease known to mankind, especially cancer, diabetes, and cardiovascular disease.

Signs of low blood sugar consist of headaches, brain fog, shakiness, fatigue, worry, carbohydrate cravings, and lethargy.

Signs of high blood sugar consist of anxiety, racing mind, nervous energy, headache, difficulty thinking and concentrating, and cravings for protein or fat.

If your blood sugar is low, you will mobilize cortisol to break down muscle, organ, and bone tissue—not fat—to ensure that a constant supply of blood sugar is delivered to your brain and the rest of your body. In effect, your body digests itself to continue operating. If your blood sugar is sustained at high levels, metabolism becomes chaotic and blood vessels may become damaged, which in turn creates a cascade of undesirable events. Stable blood sugar levels, on the other hand, form a strong foundation for hormone balance and homeostasis.



Top Diet & Nutrition Balancers

29.34 **BR - Lipid-X**

27.72 NSP - SugarReg

26.85 BR - Butyric-Cal-Mag

23.55 BR - Acti-Mag Plus

22.92 **NSP - Vitamin D3**



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HYDRATION



Water is life. You need water to eliminate toxic substances, produce digestive enzymes, maintain healthy skin, hair, and organs, and to help your body absorb essential vitamins, minerals, and natural sugars. Water also regulates body temperature, stimulates metabolism, and helps promote regularity. Fluids other than pure water don't act the same as water in your body, and they don't meet your needs for hydration like water does. Most people are slightly dehydrated from relying on other fluids besides water for their fluid intake. Coffee, tea, alcohol, and sodas (or any other caffeinated beverages) don't count; they're diuretics, which means they actually remove water and nutrients from the body.

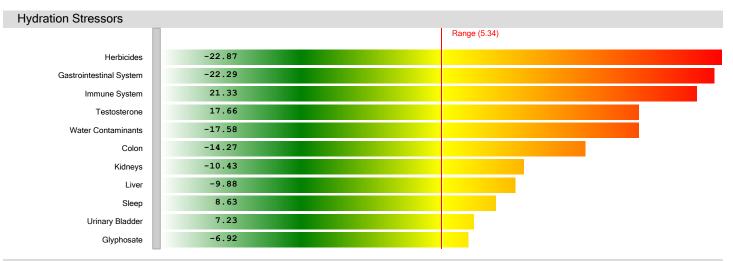
Chronic dehydration has been linked to the following symptoms and disease processes:

- Fatigue
- Constipation
- Headaches
- · Indigestion
- Muscle and joint aches and pains
- · High blood pressure
- Depression
- Allergies
- Lack of mental clarity
- Skin issues
- Excess weight

To prevent dehydration, drink as many ounces of water every day equal to half your body weight in pounds (e.g., body weight 150 pounds = 75 ounces of water a day). Use more water in hot weather or after strenuous exercise. When you're actually drinking enough water, your urine will be essentially clear.

Many digestive problems, joint and muscle issues, problems with fatigue, and even your complexion will clear up with the use of more water, especially when you limit or eliminate fluids that actually dehydrate your body (sodas/caffeinated beverages/alcohol).

It's okay to drink some water with meals because digestive enzymes are hydrolytic (activated by water). So drinking a little water with meals is fine. The bulk of the water you drink throughout the day, however, is best taken between meals. (1)



Top Hydration Balancers

- 21.61 NSP Hand and Body Lotion
- 16.28 NSP EverFlex w/ Hyaluronic Acid
- 15.02 NSP Collatrim
- 14.98 YL AlkaLime
- 14.47 NSP Silver Shield Gel



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INFLAMMATION



Acute Inflammation is the body's natural response to injury or infection. It's normally short in duration and it recedes as the body heals. The purpose of acute inflammation is to aid the body in healing.

When the body is injured, inflammation helps to improve the blood flow to the area generally resulting in redness, warmth, and/or swelling. The cells and nerves then send out signaling molecules called inflammatory cytokines to the immune system to attract white blood cells and aid in the healing process. As the healing progresses, anti-inflammatory cytokines are produced to turn off the inflammation process once the body has healed. Overall, acute inflammation helps by increasing the blood flow and immune response which then heals damaged cells, removes infection, and protects the body during the healing process.

Chronic Inflammation is consistent, low grade, or systematic. Scientists believe that is caused by faulty signaling to the immune system resulting in an unorganized white blood cell response. Since there's not an injury to be healed, the white blood cells become confused and begin to attack healthy organs and tissue. Over time, chronic inflammation can cause significant damage to the body and can be an underlying cause of disease or significantly impact existing diseases such as:

- Cancer
- · Heart disease
- · Diabetes
- · Obesity
- · Auto-Immune Disorders
 - Rheumatoid arthritis
 - Inflammatory Bowel diseases (ulcerative colitis, Crohn's)
 - Lupus
 - Asthma
- · Depression
- Allergies (2)



Top Inflammation Balancers

27.53 NSP - Krill Oil with K2

25.04 NSP - Olive Leaf Extract

24.86 BR - NitroGreens

22.79 NSP - PLS II

21.91 NSP - Bee Pollen



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MENTAL/EMOTIONAL STRESS



While you can't always control what happens to you, you can control how you react to it. Channeling your emotions in a consciously positive way helps you to dramatically decrease the negative impact of stressful events. Learning how to do this is part of personal growth—mental and emotional, as well as spiritual. Integrating relaxation exercises such as meditation and deep breathing into your daily routine can make a dramatic improvement in your entire life, giving you the resolve to positively channel your emotions.

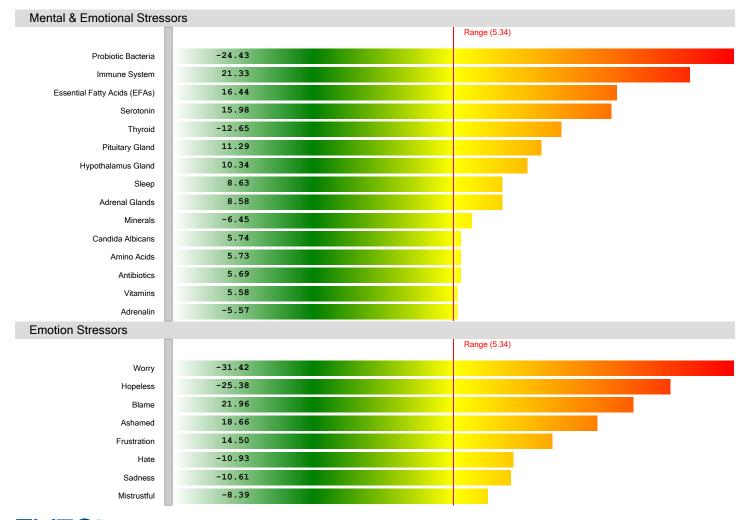
Mental and emotional responses to stimuli are referred to as limbic responses. The limbic system of the brain, sometimes called the emotional nervous system, moderates your moods, maintains homeostasis, and helps form memories.

The hypothalamus is a principal limbic structure whose primary purpose is to maintain homeostasis in the body—meaning that it returns systems within your body to their "set points." Specifically, the hypothalamus regulates hunger, thirst, levels of pain and pleasure, sexual satisfaction, and aggressive or defensive behavior.

The hypothalamus is known as the master switchboard because it's the part of the brain that controls the endocrine system. The pituitary gland, which hangs by a thin stalk from the hypothalamus, is called the master gland of the body because it regulates the activity of the endocrine glands.

The hypothalamus detects the rising level of the target organ's hormones then sends either hormonal or electrical messages to the pituitary gland. In response, the pituitary gland releases hormones, which travel through the bloodstream to a target endocrine gland, instructing it to stop producing its hormones.

The hypothalamus—under the control of your thoughts, feelings, and attitude—sends instructions through the autonomic nervous system and the pituitary gland. The autonomic nervous system regulates blood pressure, heart rate, breathing, digestion, and sweating, and serves other vital functions. The pituitary gland releases hormones that cause other endocrine glands, such as the adrenal glands and the thyroid, to secrete their hormones. The hypothalamus, therefore, is the principal intermediary between the nervous and endocrine systems—your body's two major control systems. (3)





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Envy	6.57	
Lonely	-5.86	
Impatient	5.85	
Anger	5.75	
Jealous	5.73	
Anxiety	5.68	
Helpless	-5.62	
Resentful	5.56	
Complacency	5.35	
Tense	5.10	
Guilty	4.86	
Grief	4.07	
Exhausted	-4.01	
Fear	-3.58	
Greed	3.37	

Top Mental/Emotional Balancers

- 32.79 YL Longevity Essential Oil
- 28.60 YL RutaVaLa Roll-On
- 27.72 NSP SugarReg 1 Capsule 3 times per day
- 27.53 NSP Krill Oil with K2 1 Capsule 2 times per day
- 25.13 NSP KB-C Chinese 3 Capsules 3 times per day



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SLEEP



Ample rest for the body is critical, yet an estimated 68% of the United States population has insomnia. They take more than 20 minutes to fall asleep, they wake up periodically throughout the night, or they wake up and are unable to fall back to sleep. These sleep patterns fit the clinical definition of insomnia, a major source of chronic stress that promotes a chronic stress response and compromises the hormone, immune, digestive, and detoxification systems.

Cortisol, DHEA, progesterone, melatonin, human growth hormone, estrogens, and testosterone all depend on quality sleep, as do neurotransmitters in the brain that can regenerate only with deep sleep. Poor sleep interferes with virtually all body functions and undermines homeostasis.

You can't have optimal health and longevity if you are not sleeping well.

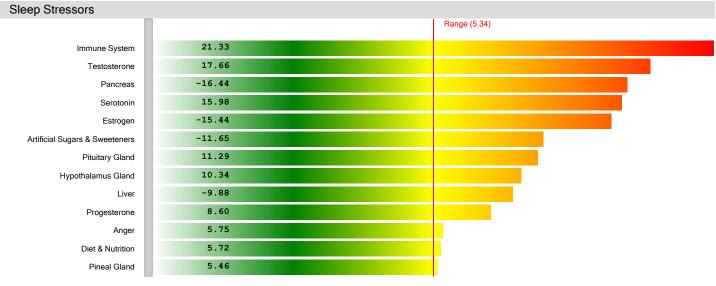
The hormone, immune, digestive, and detoxification systems are hardwired to your internal "clock," or circadian rhythm. The circadian clock in mammals is located in the hypothalamus. In modern society, we have chosen to ignore this basic law of nature, attempting to bend this physiological imperative to our own needs and desires. We pay a hefty price for disturbing the internal clock and sleep cycle.

It's interesting to note that we live in a time where the days are extended with artificial light, which creates a shorter dark cycle. By shortening the dark cycle, we deprive ourselves of sleep. To lengthen this cycle, try sleeping in a room that is completely dark. A dark sleeping environment supports the body's ability to regenerate.

Another reason we are sleeping less, in addition to indoor lighting and multitasking lifestyles, is the universal acceptance and abuse of caffeine. Caffeine junkies are caught in a vicious cycle of inadequate nightly recovery. The more caffeine you consume, the worse your sleep will be as a result of hormone disturbance, and your tendency to increase caffeine consumption rises, further robbing you of adequate sleep, and so on. If you insist on drinking coffee or other stimulants such as "energy" drinks, caffeinated teas, and sodas, limit your consumption to about 8 ounces and take these substances before noon to minimize their interference with your sleep.

Poor blood sugar control may be a factor in your inability to rest and recover given the highs and lows at play with your nervous system and hormone levels. Exercise can support your ability to get a good night's sleep, or can interfere with it. Both over exercising, such as pushing yourself to run even when you're tired, injured, or experiencing pain, or exercising during times when you should be resting can feed this problem.

Emotion is another lifestyle component that affects the quality of your sleep. If you are easily upset and carry around the negative emotions of the day, your mind will be busy and your body will be on alert. Learn to breathe deeply throughout your day and do not internalize negative experiences.



Top Sleep Balancers

28.60 YL - RutaVaLa Roll-On

23.55 BR - Acti-Mag Plus 1 Scoop 1 times per day

22.88 NSP - BREATHE DEEP Essential Oil Blend



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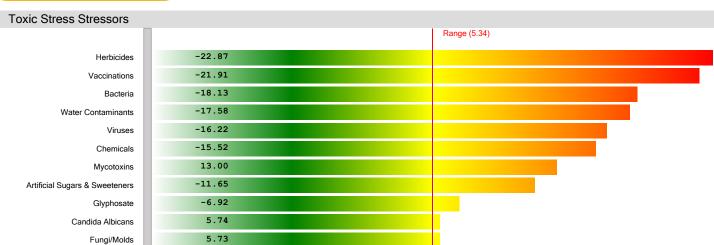


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TOXIC STRESS



Many of the toxic substances that enter the body are fat-soluble, which means they dissolve only in fatty or oily solutions and not in water. This makes them difficult for the body to excrete. Toxins may be stored for years in fatty tissues, and are released during times of exercise, stress, or fasting. During the release of these toxins, symptoms such as headaches, poor memory, stomach pain, nausea, fatigue, dizziness, and heart palpitations can occur. (4)



Top Toxic Stress Balancers

- 32.79 YL Longevity Essential Oil
- 27.72 NSP SugarReg 1 Capsule 3 times per day
- 27.53 NSP Krill Oil with K2 1 Capsule 2 times per day
- 24.86 BR NitroGreens 1 Scoop 1 times per day
- 22.14 BR Liquid lodine 1 Drop 2 times per day



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SERVICES



Your positive responses indicate a stronger coherent response, or preference, for the service Virtual Items shown here.

19.14 Intramuscular Vitamin B12 Injections

Vitamin B12 deficiency causes macrocytic anemia, fatigue, loss of appetite, and mood disturbances. It also can cause serious neurologic and neuropsychiatric illness such as paresthesias, ataxia, and memory loss. Traditionally, vitamin B12 replacement has been administered intramuscularly because absorption through the gastrointestinal tract is deficient.

16.90 Exercise

Physical exercise is any bodily activity that enhances or maintains physical fitness, and overall health and wellness. It is performed for various reasons, including: strengthening muscles and the cardiovascular system, honing athletic skills, weight loss or maintenance, as well as for the purpose of enjoyment. Frequent and regular physical exercise boosts the immune system, and helps prevent certain diseases, such as heart disease, cardiovascular disease, Type 2 diabetes and obesity. Physical exercise can also improve mental health.

14.35 Reflexology

Reflexology is a therapy in which a practitioner applies physical pressure to the feet, hands, or ears with specific thumb, finger and hand techniques. The practitioners focuses on certain zones or reflex areas that are believed to reflect another area in the body. By working on these zones, reflexology can bring about improvements in health in other areas in the body.

12.76 Dental Evaluation / Treatments

A proper dental evaluation involves the examination of your oral health, most specifically your teeth, gums and mouth tissue, but can also provide insight into your overall health, pathologies, and health concerns. Additionally, your dentist can prescribe specific oral treatments to further better your health.

12.55 Intravenous Vitamin C (IVC) (high dosage)

This therapy introduces high doses of vitamin C intravenously to allow the body to absorb higher doses than would be possible with a similar dose taken orally. This therapy has been used in conjunction with chemotherapy to enhance the chemo's ability to kill cancer cells while possibly providing some protection to healthy cells within the body.



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Today's Basic Immunity Report

TODAY'S BASIC IMMUNITY BODY SYSTEMS



This report displays responses to 6 foundational areas of immunity:

Gastrointestinal System Immune System Lymphatic System Mental/Emotional Stress Respiratory System Sleep

Optimizing these 6 areas of immune health can put the body in a stronger position to fend off illness and disease while enhancing overall health.

STRESSOR VIRTUAL ITEM RESPONSES: IMMUNITY BODY SYSTEMS





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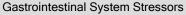
GASTROINTESTINAL SYSTEM

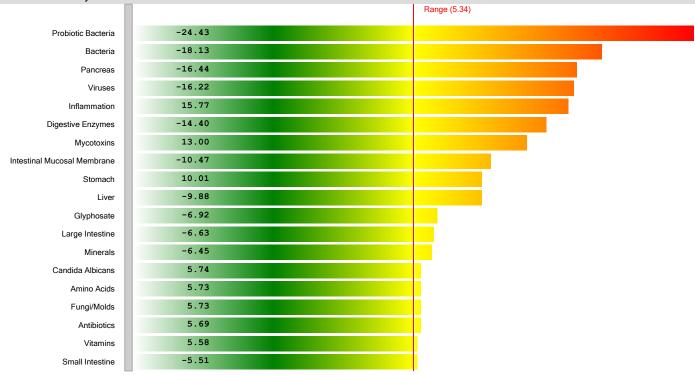


The saying "You are what you eat" can be said more accurately; "You are what you digest"! However, if digestive function is compromised, it's not just your body's nutrient status that suffers. The health of the gut greatly impacts brain function, hormone balance, immune regulation, and so much more...

The Gastrointestinal System, which handles your digestive function, also contains a vast mucosal barrier. Gut inflammation and a compromised mucosal barrier can be caused by bacterial and parasitic infections, food additives, environmental toxins, mental & emotional stress, and a host of other stressors. This can severely limit digestion, lead to inflammation in other areas of the body, and have a huge negative impact on the Immune System and Hormonal/Endocrine System.

In order for your body's cells, tissues, and organs to get both proper nutrition and eliminate toxins, your digestive organs need to be supported in a way that eliminates any stress that compromises this amazing system.





Top Gastrointestinal Balancers

29.34 **BR - Lipid-X**

27.53 NSP - Krill Oil with K2

26.85 BR - Butyric-Cal-Mag

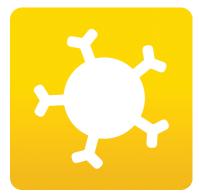
25.13 NSP - KB-C Chinese

25.04 NSP - Olive Leaf Extract



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IMMUNE SYSTEM

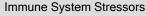


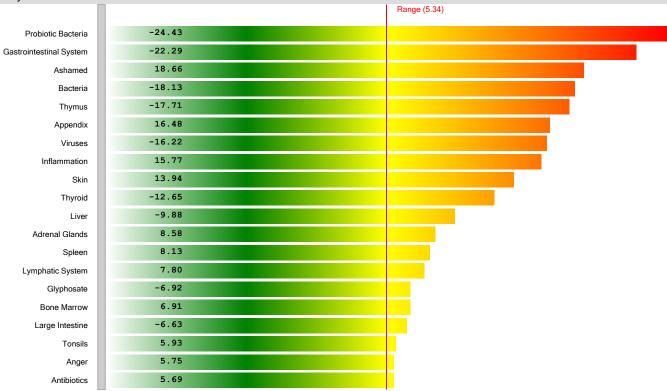
The first line of defense against disease-causing microorganisms is the skin and mucosal barriers. Behind this is a complex defensive system. Collectively these parts are known as the immune system.

The immune system neutralizes or destroys microorganisms and the toxins created by them wherever they attack the body via the extensive lymphatic system (comprised of the spleen, thymus gland, tonsils, bone marrow, and other organs and tissues). The network of lymph vessels (capillaries and lymph nodes) drains the clear body fluid known as lymph from the tissues into the bloodstream. Special white blood cells that originate in bone marrow, known as lymphocytes, along with antibodies (proteins that neutralize foreign objects), are primarily responsible for carrying out the work of the immune system.

The first line of immune defense is called the mucosal barrier. Mucous membranes are an integral part of the immune system. They form a protective barrier between the interior of the body and the outside environment. The mucosal barrier is permeable and allows nutrients into the body while protecting it from infectious agents, allergens, and other harmful substances. If testing reveals that mucosal immunity is impaired, therapies should be initiated to rebuild it.

In addition to evaluating mucosal immunity, it is relevant to assess cell-mediated immunity and humoral immunity. Cell-mediated immunity works by the activation of specialized cells called macrophages and natural killer cells, which destroy intracellular pathogens (disease-causing microorganisms). Humoral immunity (occurring in body fluid) is the aspect of immunity that involves antibodies. Antibodies recognize and attach themselves to foreign substances, called antigens, to neutralize and carry them away. Supporting the immune system enhances overall wellness by improving one's ability to fight infectious agents, defend against toxic exposures such as chemicals and heavy metals, and kill aberrant cancer cells.





Top Immune System Balancers

- 32.79 YL Longevity Essential Oil
- 27.72 NSP SugarReg
- 27.53 NSP Krill Oil with K2
- 25.13 NSP KB-C Chinese
- 25.04 NSP Olive Leaf Extract

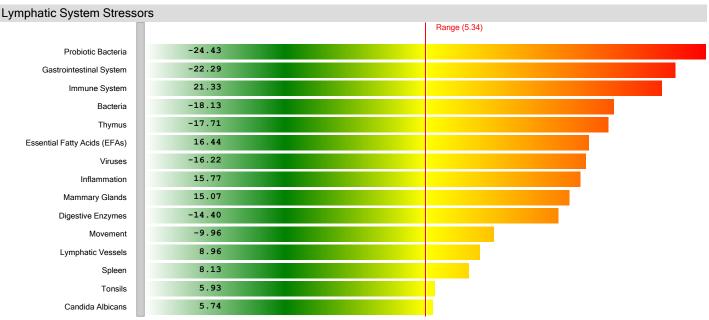


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LYMPHATIC SYSTEM



In addition to removing excess fluids and transporting fat to the circulatory system, the lymphatic system plays an integral role in the immune functions of the body. It is the first line of defense against disease. This network of vessels and nodes transports and filters lymph fluid containing antibodies and lymphocytes (good) and bacteria (bad). The body's first contact with these invaders signals the lymphatic system to orchestrate the infection-fighting process to neutralize, destroy, and remove the invading microorganisms. The spleen also helps the body fight infection and keep the blood healthy. The spleen contains lymphocytes which weaken and kill bacteria, viruses, and other unwanted organisms. The spleen also contains a type of white blood cell called a macrophage. Macrophages engulf and destroy bacteria, viruses, parasites, dead tissue, and foreign matter, and remove them from the blood. You might think of macrophages as your body's garbage collectors. (5)



Top Lymphatic Balancers

- $32.79\,$ YL Longevity Essential Oil
- 22.92 NSP Vitamin D3
- 22.88 NSP BREATHE DEEP Essential Oil Blend
- 22.17 YL MegaCal
- 18.90 NSP Echinacea/Golden Seal



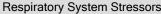
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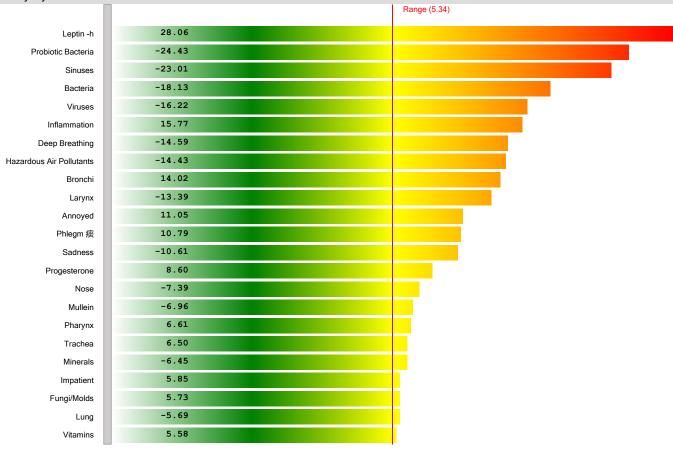
RESPIRATORY SYSTEM



The respiratory system is not only essential for oxygenating the body, but also plays a role in immune health. The respiratory system relies on components of both the innate and adaptive immune systems to protect the lungs and the rest of the respiratory tract against inhaled microorganisms.

In the first line of defense, inhaled bacteria are trapped by mucus and are swept toward the pharynx and are swallowed. Bacteria which penetrate the mucous layer are dealt with a second line of defense which includes antimicrobial peptides that are secreted by the surface epithelium of the respiratory tract which kill many strains of bacteria. Those bacteria that are resistant to antimicrobial peptides are killed by a variety of reactive oxygen species produced by phagocytes. In a third line of defense and as a last resort, persistent bacterial infections which escape the innate immune system are eliminated by the adaptive immune system. (6)





Top Respiratory Balancers

- 22.92 NSP Vitamin D3
- 22.88 NSP BREATHE DEEP Essential Oil Blend
- 22.14 BR Liquid lodine
- 21.07 NSP Vitamin C Citrus Bioflavonoids
- 18.90 NSP Echinacea/Golden Seal



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MENTAL/EMOTIONAL STRESS



While you can't always control what happens to you, you can control how you react to it. Channeling your emotions in a consciously positive way helps you to dramatically decrease the negative impact of stressful events. Learning how to do this is part of personal growth—mental and emotional, as well as spiritual. Integrating relaxation exercises such as meditation and deep breathing into your daily routine can make a dramatic improvement in your entire life, giving you the resolve to positively channel your emotions.

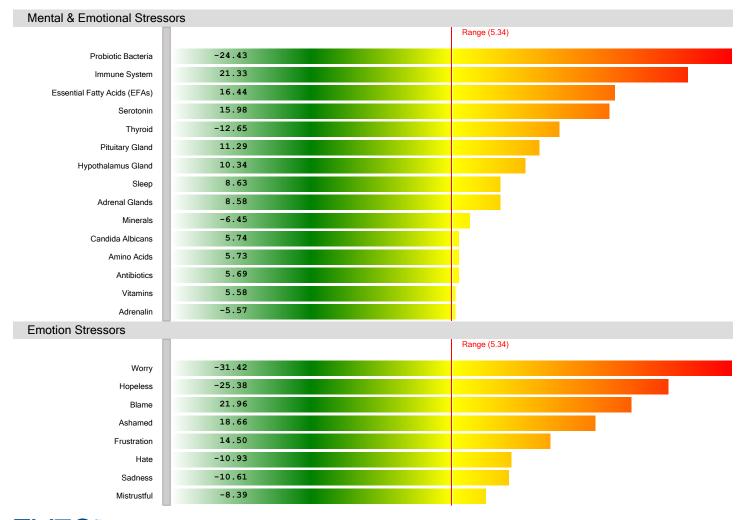
Mental and emotional responses to stimuli are referred to as limbic responses. The limbic system of the brain, sometimes called the emotional nervous system, moderates your moods, maintains homeostasis, and helps form memories.

The hypothalamus is a principal limbic structure whose primary purpose is to maintain homeostasis in the body—meaning that it returns systems within your body to their "set points." Specifically, the hypothalamus regulates hunger, thirst, levels of pain and pleasure, sexual satisfaction, and aggressive or defensive behavior.

The hypothalamus is known as the master switchboard because it's the part of the brain that controls the endocrine system. The pituitary gland, which hangs by a thin stalk from the hypothalamus, is called the master gland of the body because it regulates the activity of the endocrine glands.

The hypothalamus detects the rising level of the target organ's hormones then sends either hormonal or electrical messages to the pituitary gland. In response, the pituitary gland releases hormones, which travel through the bloodstream to a target endocrine gland, instructing it to stop producing its hormones.

The hypothalamus—under the control of your thoughts, feelings, and attitude—sends instructions through the autonomic nervous system and the pituitary gland. The autonomic nervous system regulates blood pressure, heart rate, breathing, digestion, and sweating, and serves other vital functions. The pituitary gland releases hormones that cause other endocrine glands, such as the adrenal glands and the thyroid, to secrete their hormones. The hypothalamus, therefore, is the principal intermediary between the nervous and endocrine systems—your body's two major control systems. (3)





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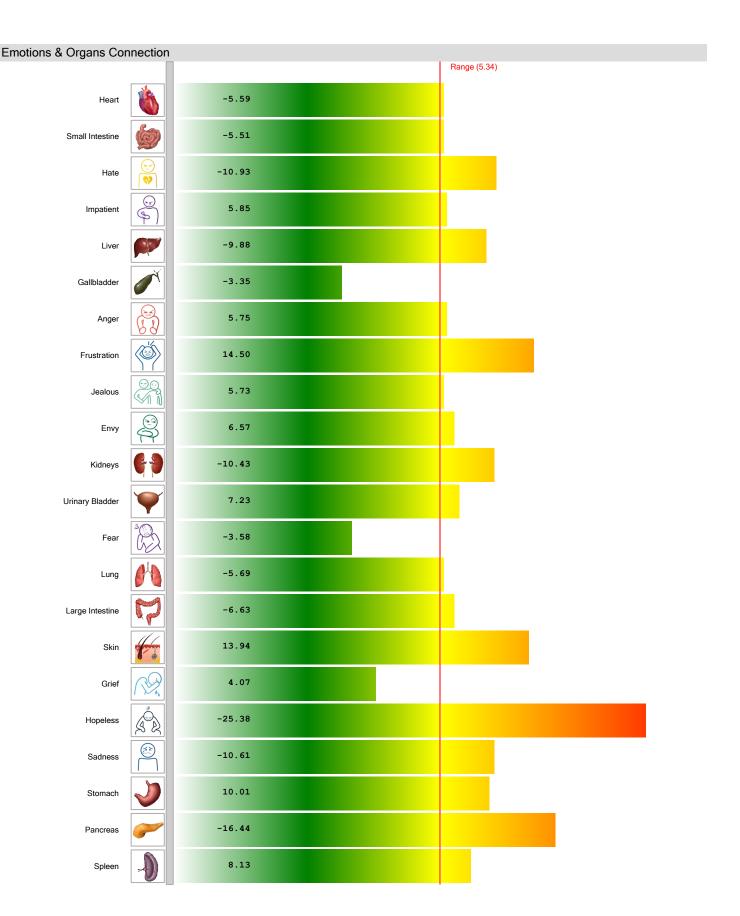
Envy	6.57	
Lonely	-5.86	
Impatient	5.85	
Anger	5.75	
Jealous	5.73	
Anxiety	5.68	
Helpless	-5.62	
Resentful	5.56	
Complacency	5.35	
Tense	5.10	
Guilty	4.86	
Grief	4.07	
Exhausted	-4.01	
Fear	-3.58	
Greed	3.37	

Top Mental/Emotional Balancers

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- 27.53 NSP Krill Oil with K2 1 Capsule 2 times per day
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SLEEP



Ample rest for the body is critical, yet an estimated 68% of the United States population has insomnia. They take more than 20 minutes to fall asleep, they wake up periodically throughout the night, or they wake up and are unable to fall back to sleep. These sleep patterns fit the clinical definition of insomnia, a major source of chronic stress that promotes a chronic stress response and compromises the hormone, immune, digestive, and detoxification systems.

Cortisol, DHEA, progesterone, melatonin, human growth hormone, estrogens, and testosterone all depend on quality sleep, as do neurotransmitters in the brain that can regenerate only with deep sleep. Poor sleep interferes with virtually all body functions and undermines homeostasis.

You can't have optimal health and longevity if you are not sleeping well.

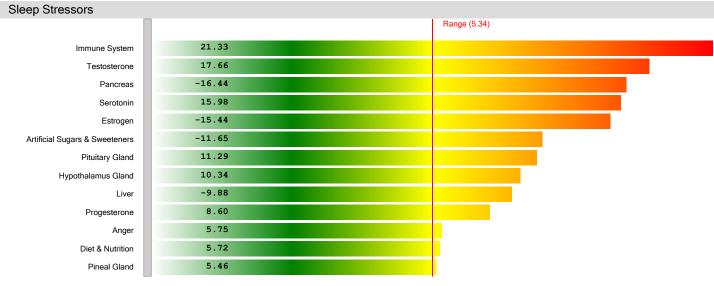
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22.88 NSP - BREATHE DEEP Essential Oil Blend



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SERVICES



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Vitamin B12 deficiency causes macrocytic anemia, fatigue, loss of appetite, and mood disturbances. It also can cause serious neurologic and neuropsychiatric illness such as paresthesias, ataxia, and memory loss. Traditionally, vitamin B12 replacement has been administered intramuscularly because absorption through the gastrointestinal tract is deficient.

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OUT-OF-RANGE BIOMARKER PROGRESS CHART

This chart shows you the order in which the biomarker Virtual Items came into range and the product Virtual Items that influenced those changes. The biomarkers at the top of the left column are the ones that came into range last, indicating they are the most intractable.

	<i>a</i> .	(140)		(90)		(57)		(30)		(21)	٦.	(15)	_	(10)	<u> </u>	(8)		(5)
Viruses	Baseline	-16.22	ō	9.09	Lipid-X	-5.97	Roll-On	29.52	SugarReg	-6.62	with K2	5.59	Cal-Mag	-5.47	Chinese	-17.57	Extract	23.86
S 4	se	-9.89	<u>.</u>	-13.19	<u>iğ</u>	-23.19	∣능	-13.70	F	-6.11	<u>.</u> ≘	-5.90	골	-15.59	Į.≝	19.81	×	-17.57
Trachea	Ba	6.50	sential	-13.49	-	28.40		-5.56	gn	-5.49	<u>></u>	5.87	ပ္ပ	-10.41		28.98	4	-5.58
Anger		5.75	Ess	19.08	BR	13.98	La	6.48	လှ	16.56	ē	-11.39	Butyric-	-5.47	KB-C	7.82	Leaf	-5.51
Respiratory System		-10.79		17.09	"	5.42	RutaVal	9.51	SP	7.40	Κri≣	-5.55	[]	-7.54	쮼	22.26	آ آ	5.46
Mullein		-6.96	ongevity	-9.73		-8.65	#	13.50	ž	15.89		-5.36		-9.31	- 1	8.22	Olive	
L 2		14.71)ge	5.42		-9.26	۳	-18.36		-6.14	SP	-15.92	l &	-5.72	NSP	5.59	'	
L 3		-8.95	Lo	8.37		10.09	굿	-16.87		7.75	ž	-19.34	Δ	-8.18	~	5.46	NSP	
T 25 / 1-		7.72	١.	-11.09		-5.80		15.19		14.00		-6.24		14.10			ž	
Probiotic Bacteria		-24.43	₹	-7.79		15.28		17.73		14.90		17.93		-9.38				
Movement		-9.96		-11.02		11.22		-8.36		-8.54		18.77						
Minerals		-6.45		5.58		-5.89		-17.23		-16.83		11.68						
TCM - Spleen Meridian		7.95		5.37		17.88		7.13		-13.99		11.30						
Chemicals		-15.52		12.37		5.79		-19.19		9.52		5.73						
S 1		5.79		-16.02		5.60		-16.64		5.89		-5.71						
Parathyroid Gland		-5.60		17.53		-7.67		15.14		15.31								
Bacteria		-18.13		19.90		-17.29		-10.88		14.38								
Jealous		5.73		-8.04		-15.03		9.68		-12.99								
Blame		21.96		8.35		5.81		18.42		12.85								
Mammary Glands		15.07		-7.38		-21.99		-19.00		7.58								
TH 12		-13.00		17.78		18.06		11.20		-5.72								
TH 5		7.07		5.60		-5.42		-13.88										
S 2		15.40		13.80		5.87		-13.79										
Mistrustful		-8.39		24.99		23.93		13.07										
Kidneys		-10.43		-10.58		6.10		13.04										
TCM - Urinary Bladder Meridian		7.97		-11.06		-9.91		-11.13										
Herbicides		-22.87		7.61		-9.02		8.87										
L 5		5.93		-9.51		-10.59		-7.24										
Bone Marrow		6.91		9.09		-9.16		-6.79										
Sinuses		-23.01		-5.57		-5.39		6.66										
Diet & Nutrition		5.72		6.27		-24.65												
C 4		8.54		19.03		20.77												
Resentful		5.56		5.58		-19.40												
TH 11		5.38		6.11		16.39												
T 08 / 1+		15.41		5.68		16.26												
Annoyed		11.05		-6.16		15.99												
TH 9		14.21		5.80		-14.94												
Leptin -h		28.06		-20.68		-14.41												
Colon		-14.27		-5.63		13.63												
Helpless		-5.62		-20.14		13.07												
Worry		-31.42		-5.62		12.82												
Toxic Stress		15.17		5.35		11.75												
Hypothalamus Gland		10.34		13.28		-11.38												
Lymphatic System		7.80		-16.92		-11.15												
T 04 / 5+		9.53		5.43		-9.92												
Inflammation		15.77		5.73		-9.66		l		l		l				I		



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Envy	6.57	12.29	9.64	1 1	1 1			
Deep Breathing	-14.59	-6.75	8.23					
	-13.39	-5.71	7.74					
Larynx								
T 03 / 6+	16.75	24.60	-7.43					
Impatient	5.85	-12.05	-6.99					
Estrogen	-15.44	9.67	6.53					
Progesterone	8.60	-9.43	-6.15					
Pancreas	-16.44	-8.33	5.97					
T 12 / +4	-5.90	5.91	-5.71					
Fungi/Molds	5.73	-8.22	-5.71					
T 32 / 8-	-14.56	14.60	5.48					
Antibiotics	5.69	-26.32						
TH 3	-14.66	-26.26						
Thymus	-17.71	-22.84						
TCM - Stomach Meridian	-9.62	-21.15						
Hate	-10.93	-21.14						
T 06 / 3+	5.43	18.89						
T 28 / 4-	-5.40	-18.79						
TH 8	5.71	17.90						
Complacency	5.35	-17.15						
TCM - Large Intestine	-12.88	-16.84						
Lung	-5.69	-13.26						
Testosterone	17.66	-12.99						
Joints/Connective Tissue	-11.78	12.53						
Large Intestine	-6.63	-11.65						
Pineal Gland	5.46	10.26						
TH 2	13.53	-8.97						
Adrenalin	-5.57	8.80						
Small Intestine	-5.51	-8.78						
T 09 / +1	-14.87	-8.45						
Essential Fatty Acids (EFAs)	16.44	-7.93						
Nose	-7.39	7.70						
Bronchi	14.02	-7.42						
COCCYX-s	5.76	7.22						
Pituitary Gland	11.29	-7.21						
TCM - Governing Meridian	15.56	6.75						
T 05 / 4+	17.66	6.36						
Vaccinations	-21.91	5.91						
Amino Acids	5.73	-5.88						
T 31 / 7-	-9.93	-5.68						
T 17 / -8	11.30	5.66						
Liver	-9.88	5.59						
Anxiety	5.68	5.55						
Uterus	31.92	5.40						
Hopeless	-25.38							
Gastrointestinal System	-22.29							
Immune System	21.33							
TH 1	20.89							
C 5	-20.52							
TCM - Conception Meridian	20.04							
Ashamed	18.66							
Water Contaminants	-17.58							
TCM - Lung Meridian	-16.85							
Appendix	16.48							
. pponon	10.40						ı l	1



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Serotonin	15.98	1								ı
Frustration	14.50									
Hazardous Air Pollutants	-14.43									l
Digestive Enzymes	-14.40					1				l
Skin	13.94									
Mycotoxins	13.00					1				
Thyroid	-12.65									
T 11 / +3	-12.03									
T 02 / 7+	-12.14									
Artificial Sugars & Sweeteners	-11.65					1				
TH 6	10.93									
Phlegm 痰	10.93									
Sadness	-10.61									
Intestinal Mucosal Membrane	-10.61									
T 01 / 8+	-10.47									
Stomach	10.01									
T 29 / 5-	-9.56 9.53									
T 24 / -1 L 4										
	-9.17									
T 26 / 2-	9.12									
Lymphatic Vessels	8.96									
Sleep	8.63									
Adrenal Glands	8.58									
Spleen	8.13									
\$5	-7.97									
Urinary Bladder	7.23									
TCM - Kidney Meridian	-7.20									
Glyphosate	-6.92									
T 21 / -4	-6.73									
Pharynx	6.61									
T 10 / +2	6.55									
Tonsils	5.93									
T 14 / +6	5.88									
Lonely	-5.86									
T 18 / -7	-5.85									
L1	5.77									
Candida Albicans	5.74									
Heart	-5.59									
Vitamins	5.58									
T 07 / 2+	5.53									
					J		J	ı	 1	$oldsymbol{ol}}}}}}}}}}}}}}}}}$

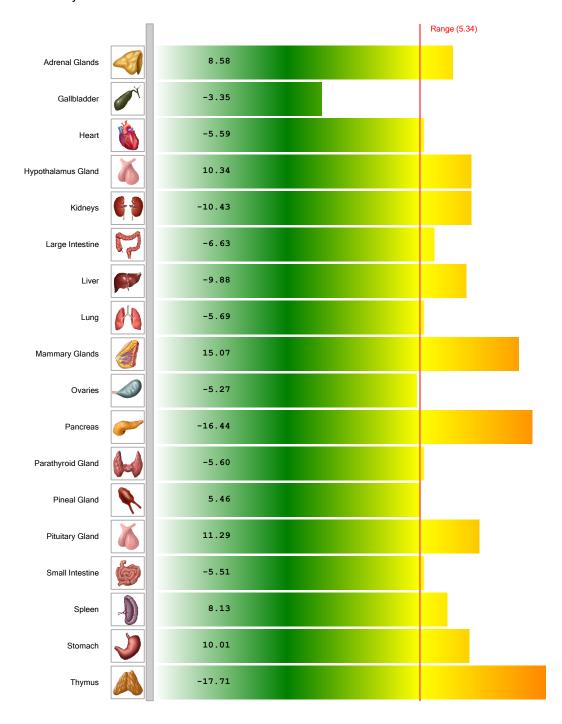


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Organs Vector Report

ORGANS & VECTORED BIOMARKERS

This report displays all organ biomarker responses, followed by your top out-of-range organ biomarkers and the dR values of all biomarkers that have a vector relationship to those biomarkers. Any organ biomarkers with 0 dR values and their associated vector responses are also displayed. Vectors that show up repeatedly throughout the report may be areas to consider and analyze further.





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Thyroid		-12.65		
Urinary Bladder		7.23		
Uterus	693	31.92		



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ORGAN BIOMARKERS: TOP OUT OF RANGE & ASSOCIATED VECTORS



Vector Responses

Mammary Glands

- 31.92 **Uterus**
- 16.75 T 03/6+
- -14.66 **TH 3**
- -13.00 **TH 12**
- -12.11 **T 02 / 7+**
- -10.61 Sadness
- 10.01 Stomach
- -9.88 **Liver**
- -9.62 TCM Stomach Meridian
- -9.56 **T 29 / 5-**
- 8.13 Spleen
- 7.95 TCM Spleen Meridian
- 7.80 Lymphatic System
- -7.20 TCM Kidney Meridian
- -6.73 **T21/-4**
- 5.88 T 14/+6
- 5.77 **L1**
- 5.75 **Anger**
- 5.68 Anxiety
- -5.40 **T 28 / 4-**
- 5.38 **TH 11**

Pancreas

- 18.66 Ashamed
- 16.75 **T 03/6+**
- -13.00 **TH 12**
- -12.65 **Thyroid**
- -12.11 **T 02 / 7+**
- 10.93 **TH 6**
- 10.01 Stomach
- -9.62 TCM Stomach Meridian
- -9.56 **T 29 / 5**-
- 8.54 **C4**



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- 8.13 Spleen
- 7.95 TCM Spleen Meridian
- 7.80 Lymphatic System
- 5.77 **L1**
- 5.71 TH 8
- -5.60 Parathyroid Gland
- -5.40 **T 28 / 4-**
- 5.38 **TH 11**

Thymus

- 20.89 **TH 1**
- -20.52 **C5**
- -14.66 **TH 3**
- 13.53 **TH 2**
- 9.53 T 04/5+
- -9.17 **L4**
- -6.63 Large Intestine
- 5.93 **L5**
- -5.69 **Lung**

Thyroid

- 20.89 **TH 1**
- 16.75 T 03/6+
- -16.44 Pancreas
- -13.00 **TH 12**
- 10.01 Stomach
- 8.13 Spleen
- 5.88 T 14/+6
- 5.77 **L1**
- 5.38 **TH 11**

Uterus

- 20.04 TCM Conception Meridian
- 15.41 **T 08 / 1+**
- 15.40 **S2**
- 15.07 Mammary Glands
- -14.87 **T 09 / +1**
- -9.89 **S4**
- 9.53 **T 24 / -1**
- 9.12 **T 26/2-**
- -8.95 **L3**
- -7.97 **S5**
- 7.97 TCM Urinary Bladder Meridian
- 7.72 **T 25 / 1-**
- 6.55 T 10/+2
- 5.79 **S 1**
- 5.53 T 07/2+



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ORGAN BIOMARKERS: ALL 0 dR VALUES & ASSOCIATED VECTORS

0 dR Response Items Vector Responses



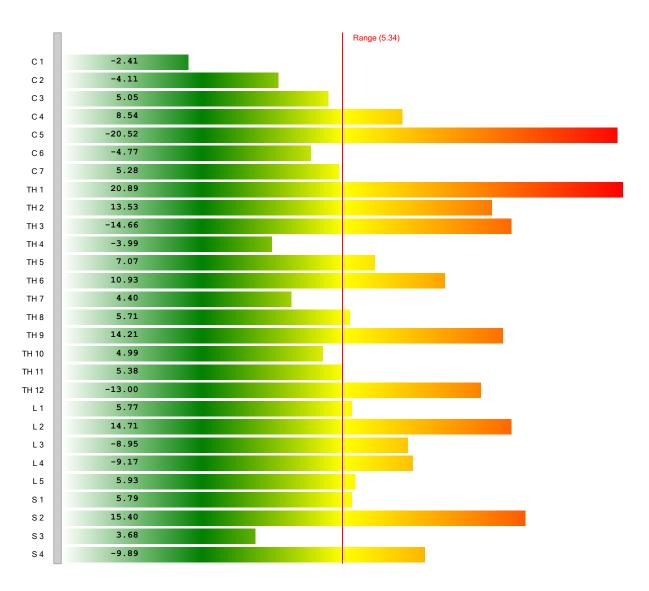
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Vertebrae Vector Report

VERTEBRAE & VECTORED BIOMARKERS



This report displays all vertebrae biomarker responses, followed by your top out-of-range vertebra biomarkers and the dR values of all biomarkers that have a vector relationship to those biomarkers. Any vertebra biomarkers with 0 dR values and their associated vector responses are also displayed. Vectors that show up repeatedly throughout the report may be areas to consider and analyze further.





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VERTEBRAE BIOMARKERS: TOP OUT OF RANGE & ASSOCIATED VECTORS

Vector Responses

C 5

-17.71 **Thymus**

17.66 **T 05/4+**

-16.85 **TCM - Lung Meridian**

-12.88 TCM - Large Intestine

11.29 Pituitary Gland

-10.61 Sadness

-9.93 **T31/7-**

9.53 T 04/5+

-6.63 Large Intestine

-5.90 T 12/+4

-5.85 **T 18/-7**

-5.69 **Lung**

L 2

-16.85 TCM - Lung Meridian

15.41 T 08/1+

-14.87 T 09/+1

-12.88 TCM - Large Intestine

-10.43 **Kidneys**

9.53 **T 24 / -1**

9.12 **T 26/2-**

8.58 Adrenal Glands

7.72 **T 25 / 1-**

7.23 Urinary Bladder

-6.63 Large Intestine

6.55 T 10/+2

5.53 T 07/2+

5.46 Pineal Gland

S 2

31.92 **Uterus**

18.66 Ashamed

-14.56 **T32/8-**

11.30 T 17/-8

11.29 Pituitary Gland

-10.16 **T 01/8+**

8.58 Adrenal Glands

7.23 Urinary Bladder

-5.59 **Heart**



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-5.51 Small Intestine

TH 1

- -17.71 **Thymus**
- -14.56 **T 32 / 8-**
- -12.65 **Thyroid**
- 11.30 **T 17/-8**
- 11.29 Pituitary Gland
- -10.93 Hate
- -10.61 Sadness
- -10.16 **T 01/8+**
- 10.01 Stomach
- -5.69 **Lung**
- -5.60 Parathyroid Gland
- -5.59 **Heart**
- -5.51 Small Intestine

TH 3

- -17.71 **Thymus**
- 17.66 T 05/4+
- -16.85 TCM Lung Meridian
- 15.07 Mammary Glands
- -12.88 TCM Large Intestine
- 11.29 Pituitary Gland
- -10.61 Sadness
- -9.93 **T 31 / 7-**
- 9.53 **T 04 / 5+**
- -6.63 Large Intestine
- -5.90 **T 12/+4**
- -5.85 **T 18/-7**
- -5.69 **Lung**
- -5.59 **Heart**



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VERTEBRAE BIOMARKERS: ALL 0 dR VALUES & ASSOCIATED VECTORS

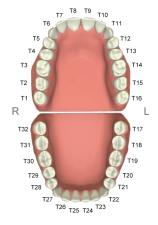
0 dR Response Items Vector Responses



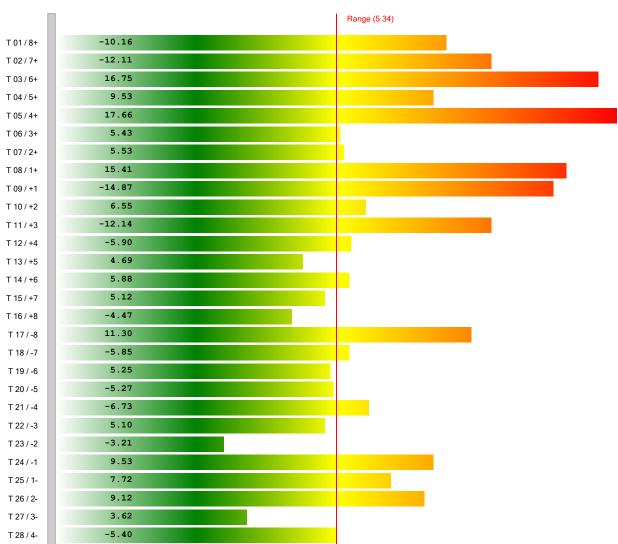
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Teeth Vector Report

TEETH & VECTORED BIOMARKERS



This report displays all teeth biomarker responses, followed your top out-of-range teeth biomarkers and the dR values of all biomarkers that have a vector relationship to those biomarkers. Any teeth biomarkers with 0 dR values and their associated vector responses are also displayed. Vectors that show up repeatedly throughout the report may be areas to consider and analyze further.





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T 29 / 5-	-9.56		
T 30 / 6-	-4.02		
T 31 / 7-	-9.93		
T 32 / 8-	-14.56		



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TEETH BIOMARKERS: TOP OUT OF RANGE & ASSOCIATED VECTORS

Vector Responses

T 03 / 6+

- -16.44 Pancreas
- 15.07 Mammary Glands
- -13.00 **TH 12**
- -12.65 **Thyroid**
- -10.93 Hate
- 10.01 Stomach
- -9.62 TCM Stomach Meridian
- 7.95 TCM Spleen Meridian
- 5.77 **L1**
- 5.68 Anxiety
- 5.38 **TH 11**

T 05 / 4+

- -20.52 **C5**
- -16.85 TCM Lung Meridian
- -14.66 TH 3
- -12.88 TCM Large Intestine
- 11.29 Pituitary Gland
- -10.61 Sadness
- -9.17 **L4**
- -6.63 Large Intestine
- 5.93 **L5**
- -5.69 **Lung**

T 08 / 1+

- 31.92 Uterus
- 18.66 Ashamed
- 14.71 **L2**
- -10.43 Kidneys
- -9.89 **S4**
- -8.95 **L3**
- -7.97 **S5**
- 7.97 TCM Urinary Bladder Meridian
- 7.23 Urinary Bladder
- -7.20 TCM Kidney Meridian
- 5.76 COCCYX-s
- -5.62 Helpless
- 5.46 Pineal Gland

T 09 / +1



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- 31.92 Uterus
- 18.66 Ashamed
- 14.71 **L2**
- -10.43 Kidneys
- -9.89 **S4**
- -8.95 **L3**
- -7.97 **S5**
- 7.97 TCM Urinary Bladder Meridian
- 7.23 Urinary Bladder
- -7.20 TCM Kidney Meridian
- 5.76 COCCYX-s
- -5.62 Helpless
- 5.46 Pineal Gland

T 32 / 8-

- 20.89 **TH 1**
- 15.40 **S2**
- 10.93 **TH 6**
- 7.07 **TH 5**
- -5.86 **Lonely**
- 5.79 **S1**
- -5.59 **Heart**
- -5.51 Small Intestine



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TEETH BIOMARKERS: ALL 0 dR VALUES & ASSOCIATED VECTORS

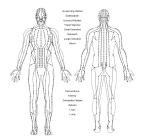
0 dR Response Items Vector Responses



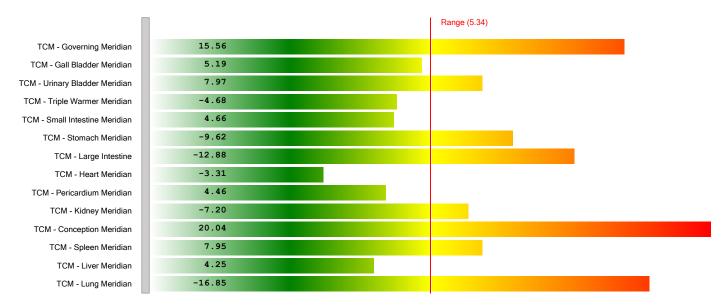
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TCM Meridians Vector Report

TCM MERIDIANS & VECTORED BIOMARKERS



This report displays all TCM Meridian biomarker responses, followed your top out-of-range TCM Meridian biomarkers and the dR values of all biomarkers that have a vector relationship to those biomarkers. Any TCM Meridian biomarkers with 0 dR values and their associated vector responses are also displayed. Vectors that show up repeatedly throughout the report may be areas to consider and analyze further.





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TCM MERIDIAN BIOMARKERS: TOP OUT OF RANGE & ASSOCIATED VECTORS



Vector Responses

TCM - Conception Meridian

- 31.92 **Úterus**
- 15.56 TCM Governing Meridian

TCM - Governing Meridian

20.04 TCM - Conception Meridian

TCM - Lung Meridian

- -20.52 **C5**
- 17.66 T 05/4+
- 14.71 **L2**
- -14.66 **TH3**
- -12.88 TCM Large Intestine
- -10.61 Sadness
- -9.93 **T31/7-**
- 9.53 T 04/5+
- -9.17 **L4**
- -6.63 Large Intestine
- -5.90 **T 12/+4**
- -5.85 **T 18/-7**
- 5.77 **L1**
- -5.69 **Lung**
- 5.68 Anxiety

TCM - Stomach Meridian

- 16.75 T 03/6+
- -16.44 Pancreas
- 15.07 Mammary Glands
- -12.11 T 02/7+
- -10.93 Hate
- 10.93 **TH 6**
- 10.01 Stomach
- -9.56 **T 29 / 5-**
- 8.54 **C4**
- 8.13 **Spleen**
- 7.95 TCM Spleen Meridian
- -6.73 **T 21 / -4**
- 5.88 **T 14/+6**
- 5.75 Anger
- 5.71 **TH 8**
- -5.40 T 28/4-



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TCM - Urinary Bladder Meridian

- 31.92 **Uterus**
- 15.41 **T 08 / 1+**
- -14.87 **T 09/+1**
- 14.21 **TH 9**
- -13.00 **TH 12**
 - 9.53 **T 24 / -1**
 - 9.12 **T 26 / 2-**
- -8.95 **L3**
- 7.72 **T 25 / 1-**
- 7.23 Urinary Bladder
- -7.20 TCM Kidney Meridian
- 6.55 **T 10/+2**
- 5.53 **T 07 / 2+**
- 5.38 **TH 11**



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TCM MERIDIANS: ALL 0 dR VALUES & ASSOCIATED VECTORS

0 dR Response Items Vector Responses

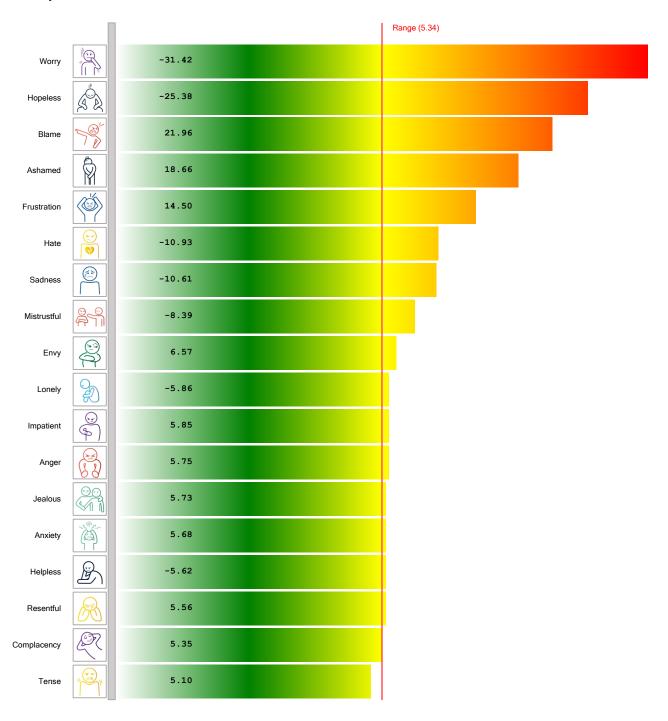


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Emotions Vector Report

EMOTIONS & VECTORED BIOMARKERS

This report displays all emotion biomarker responses, followed by your top out-of-range emotion biomarkers and the dR values of all biomarkers that have a vector relationship to those biomarkers. Any emotion biomarkers with 0 dR values and their associated vector responses are also displayed. Vectors that show up repeatedly throughout the report may be areas to consider and analyze further.





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Guilty		4.86	
Grief		4.07	
Exhausted	z ^z z S	-4.01	
Fear		-3.58	
Greed	(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)	3.37	



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EMOTIONS: TOP OUT OF RANGE & ASSOCIATED VECTORS

Top Out of Range Response Items



Vector Responses

Ashamed

- 21.33 Immune System
- -16.44 Pancreas
- 15.41 T 08/1+
- 15.40 **S2**
- -14.87 **T 09 / +1**
- -9.89 **S4**
- 9.53 **T 24 / -1**
- 9.12 **T 26 / 2-**
- -8.95 **L3**
- -7.97 **S5**
- 7.72 **T 25 / 1-**
- 6.55 **T 10/+2**
- 5.76 COCCYX-s
- 5.53 **T 07 / 2+**
- -5.51 Small Intestine

Blame

- -12.14 T11/+3
- -10.43 **Kidneys**
 - 7.23 Urinary Bladder

Frustration

- 15.77 Inflammation
- 14.21 **TH 9**
- -12.14 **T 11/+3**
- 10.34 Hypothalamus Gland
- -9.88 **Liver**
- 5.43 **T 06/3+**

Hopeless

-10.61 Sadness



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EMOTIONS: ALL 0 dR VALUES & ASSOCIATED VECTORS

0 dR Response Items Vector Responses



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