



MY ROAD TO WELLNESS

YOUR LIFE YOUR JOURNEY

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Our Story, Part 1

*H*ave you ever experienced nerve-wracking news that you think might change your life forever? Ever felt so helpless, shocked, and lost? Well, this is my story in 2013; our trip to Europe was cut short when my husband experienced sharp pain in his lower back. Upon diagnosis, my biggest fear and nightmare befell us; it was cancer. We were both shocked and did not know what to do, it was tough, but we never lost hope. My husband and I decided that we will fight and explore all possibilities.



Our quest began in search of every single treatment available to us. Like most cancer patients, we started Chemotherapy. As my husband was going through Chemo, I started feeling a strange

emptiness and did not find the real meaning of healing with toxic substances. Despite all that, I felt science says that this was our best chance to defeating the disease.

Having little knowledge on Chemo and cancer, I decided to ask questions from my husband's nurse, who told me "be smart." The response came with a significant breakthrough, after which I searched for ways to heal cancer naturally and met this massive world of hope and beautiful people. From that point, one point led to the other, we changed oncologists, and I started the quest to research alternative ways to supplement my husband's Chemo treatment.

After three months of Chemo and my husband had a low cancer load, we traveled to Tijuana, Mexico. I must inform

you that this is the moment that my life transformed forever. It is the experiences in Mexico that shaped my passion and quest for knowledge on alternative treatment methods.

In Tijuana, the main goal was to rebuild the body with Ozone treatment, high dose vitamin C, supplements, and coffee enemas. All this was a new experience, I was afraid it would fail, but I continued with hope and peace that I got from the songs, and guitar melodies played alongside the treatment. All through the process, I was calm, reserved, and trusted the process. From the supplements and alternative treatments, my husband felt stronger and healthier.

From the start, my husband was always positive and highly energetic. After the diagnosis, he told me, "It's not about healing just the Physical body, but the Soul," and since that moment we put every treatment in God's hands. I became a Naturopathic Doctor who has passion, experience, and testimony with love for Supplements, Herbs, and Medicine.



Join our journey to wellness and learn more about Alternative Medicine and how supplements help aid the body in the healing and recovering process during a Cancer diagnosis with Conventional and Natural methods, The best of both Worlds.

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