



MY ROAD TO WELLNESS

YOUR LIFE YOUR JOURNEY

Newsletter Vol 2

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Our Story, Part 2

When we received the Cancer diagnosis, I had anxiety attacks, fears, and felt hopeless, and all I wanted to do was to cry. However, my father convinced to get up and fight because my husband would need all my strength. So, I got my spirits up, and during the chemo months, I did so much research day and night, endless nights, reading, printing, and little sleep meditating on my research to see what would resonate with me.

I got obsessed trying to help my husband to get well at any cost. One of the first pieces of information was to find Dr.



Sircus, He explained to me all regarding magnesium and DNA, Infrared-negative Ions, the healing power of the amethyst infrared mat, sodium bicarbonate, He explained

all about water, and air toxins, and the most important of all regardless of any methods was to heal the spirit.

And this is how our road to alternative treatment started. Tijuana was our first encounter with actual alternative medicine, but I can say it was more of spiritual recharge for us. After Tijuana's visit, I was more optimistic and felt that we were on the right track.

At the beginning of 2014 determined to look further and deeper, we took a trip to Houston, Texas, to meet Dr. Burzysnki at his clinic. We were disappointed to find the

FDA had stopped his antineoplastons treatment until further notice. They would only offer part of the treatment and that he should do a stem cell transplant then go back to them. I got disappointed and kept doing natural methods until March 2015,

I am sharing this to enlighten you on the Journey, the risks, and sacrifices that one is to make along the way.



With my research, I learned different theories about how the cell loses negative charge and becomes too weak that pathogens can get in, so this was an

especially important point, if not the most important. So, nutrition was essential. Heavy metals are also a problem because they get into the cell to loosen its power. They get into the bloodstream and make it difficult for the white blood cells to move around and find invaders, the heavy metal detox was now part of the daily protocol after seeing the results from a heavy metal test. Glyphosate and chemicals in our foods disrupt our endocrine system, so thyroid problems could arise. Organically grown fruits and vegetables were a priority as drinking daily green juices. One research took me to another and so on. Later that year I found an expert researcher that led me to meet an Herbal expert, Dr. Loyd, using his tinctures and methods helped my husband to stay healthy and to get strong for future treatments for chemo. It was endless to learn and still is. I will keep sharing our Journey with my weekly newsletters.

www.myroadtowellness.com www.my.balance.net