

What We Believe

Children and adolescents need a strong network of caring adults (parents, relatives, teachers, mentors) to safeguard their well-being.

The emotional and social development of children and adolescents is as important as their intellectual development.

Children and adolescents grow, learn, and develop in stages. Expecting or imposing too much too soon is stressful for them.

Unstructured play allows young people to use their own imagination and resourcefulness and helps to build a wide range of skills important to success in life.

Children and adolescents feel more secure and thrive when parents create appropriate boundaries and demonstrate their authority wisely.

Why the Dandelion?

SEEDING CONNECTIONS

Just as the dandelion spreads thousands of seeds, Family Central is seeding social change through conversations across our community about what matters most – the health and well-being of children and families.

HEALING

The dandelion is medicinal and a source of nourishment. Family Central believes it can help relieve some of the confusion parents feel in today's world and be a source of hope for families.

CO-OPERATIVE

Its great taproot brings nutrients from deep within the earth, sharing them with plants closer to the surface. Family Central believes that caring adults working together and tapping into one another's resources can make a difference in the future of our children, our families, and our schools.



A Parenting Support Network
SEEDING CONNECTIONS

“Parenting our children is not a solo act.
As the village goes, so go our children and
as the children go, so goes our village.”

W.J. Doherty



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WARWICK, NY

What Is Family Central?

Family Central is an all-volunteer, non-profit Parenting Support Network based in Warwick, NY. Our grassroots movement provides parenting information, resources, and workshops to address a host of social trends undermining the well-being of children and adolescents:

- Lack of creative play and time in nature
- Over-scheduling
- Addiction to media and technology
- Aggressive marketing to kids
- Exposure to sexual and violent content
- School pressures/testing
- Stress, anxiety, and depression
- Prescription and illicit drugs
- A peer-oriented culture
- Less intergenerational interaction

Family Central is a proud partner with Community 2000, a 501c3 quality-of-life organization in Warwick, NY since 1994

OUR VISION

We envision communities of caring adults working together to address the future of Warwick's children, their families and their schools.

“Let us put our minds together and see what life we will make for our children.”

Sitting Bull, Lakota

OUR MISSION

Family Central's mission is to:

Strengthen the role of community in supporting the well-being of families and children;

Raise awareness about the critical issues facing today's families using social media and workshops;

Create a parenting community to reduce isolation, build connection, and share information and resources;

Provide leadership training for volunteers to sustain our movement.

