

2022-2023 Dancer's Workshop Schedule

Mondays

Room 1		Room 2		Room 3	
4:30	Stretch/Conditioning	4:30	Stretch/Conditioning	4:15	Ballet
5:00	Junior Ballet	5:00	Teen/Sr Technique	5:00	Mini Acro
5:30	Continued	5:30	Continued	5:30	Continued
6:00	Teen/Sr Ballet	6:00	Junior Technique	6:00	Mini Technique
6:30	Continued	6:30	Continued	6:30	Continued
7:00	Star Team	7:00	Jr/Sr Acro	7:00	Finish
8:00	Star Team Finish	8:00	Jr/Sr Tap	7:45	
8:30	Sr Hip Hop	8:30	Junior Jazz	8:30	
9:15	Finish at 9:15	9:15	Finish at 9:15	9:15	

Tuesdays

Room 1		Room 2		Room 3	
5:00	Tap Beginner	5:00	Tap Intermediate	5:00	Pre-school 2-3
5:30	Ballet 2	5:30	Ballet 1	5:30	Continued
6:00	Jazz/Lyrical Combo	6:00		6:00	Pre-school 3-4
6:30	Continued	6:30		6:30	Continued
7:00	Hip Hop	7:00		7:00	
7:30	Acro	7:30		7:30	
8:30	Finish at 8:30	8:30		8:30	

Wednesdays

Room 1		Room 2		Room 3	
4:30	Senior Ballet	4:30	Junior Technique	4:30	Stretch/Conditioning
5:00	Continued	5:00	Continued	5:00	Mini Ballet
5:30	Junior Ballet	5:30	Teen/Sr Technique	5:30	Mini Lyrical
6:00	Continued	6:00	Continued	6:00	Mini Jazz
6:30	Junior Lyrical	6:30	Teen/Sr Jazz	6:30	Mini Tap
7:00	Mini/Jr Hip Hop	7:00	Teen/Sr Lyrical	7:00	
7:30-7:45	Junior Break	7:30-7:45	Teen/Sr Break	7:30-7:45	Mini Break
7:45		7:45	Jazz Line	7:45	
8:30	Small Groups	8:30	Small Groups	8:30	Small Groups
9:00	Finish at 9:00	9:00	Finish at 9:00	9:00	Finish at 9:00

Thursdays

Room 1		Room 3	
5:00	Tap Group 1	5:00	Tap Group 2
5:30	Ballet Group 1	5:30	Ballet Group 2
6:00	Jazz	6:00	Pre-school 4-5
6:30	Acro	6:30	Continued

Fridays

Room 2	
6:00	Petite Comp Team Prac
7:00	Petite Comp Team Prac
8:00	Practice ends at 8pm

Saturday

Room 3

10:00	Pre-school 3-4
	Finish at 10:45
11:00	Pre-school 4-5
	Finish at 11:45

DANCER'S
WORKSHOP