
Social Emotional Learning skills results in improved outcomes in well-being, health, self-efficacy and better school performance.

Integration of SEL into whole-school community, including parents is the key to success.



GET IN TOUCH
Meraviglia EQ Academy



+91- 9315277905
Phone- +91-9354525069
info@meqacademy.com
www.meqacademy.com

**MERAVIGLIA
EQ ACADEMY**

EQ FOR EDUCATION



www.meqacademy.com

WHAT IS SEL?

Social Emotional Learning (SEL) provides the skills for children and adults to navigate in a complex world.

What is EQ?

Emotional intelligence (EQ) is the capacity to blend thinking and feeling to make optimal decisions — which is key to having a successful relationship with yourself and others.



EQ FOR TEACHERS

SEL infusion is a 3 days EQ program for teachers that allows them to experience new energy and power of connecting with their students.

EQ FOR PARENTS

SEL EQ workshop for parents help them build thriving relationship with their kids.

EQ FOR STUDENTS

SEI EQ Workshop for students help them learn skills to be responsible human beings and increase resilience, tenacity, perseverance, and positive academic mindsets.



SEL skills are the foundation for high-performing students, classrooms, and schools.

Based on SEI-EQ Assessments

