

43 yr. Female, 12/3/1982

CONSENT - Lymphatic Therapy & Postop Care Consent:**– Consent-Lymphatic Therapy (MLT) & Postop Care** PLEASE READ CAREFULLY AND SIGN WHERE INDICATED:

I understand this technique supports my post-surgical recovery. If medical records are unavailable, I will provide necessary details to help create an effective treatment plan.

Lymphatic therapy and post-op care include a personalized plan, lymphatic therapy, education, self-care programs, compression guidance, measurements, and photos to track progress or complications.

Recovery after cosmetic or plastic procedures varies; individual responses to sutures, adhesives, or scarring may differ. Each treatment is tailored to the patient.

Therapists do not provide medical advice outside their scope, and any concerns for a nurse or surgeon will be referred appropriately.

- It's beneficial to have one session before your surgery if possible.
- Ensure you drink plenty of water and consume protein.
- Bring any accessories and supplies if you have questions about fit and use.
- Please do not be concerned about shaving before your sessions after surgery.

These services require specific areas of contact, including the axillary, side breast, sternum, and groin. Please wear or bring under garments. We will also provide disposable items if necessary.

Breast Work Consent

This section authorizes hands-on breast work as part of your post-operative care, in accordance with your individualized treatment plan. Procedures may include post-surgical lymphatic therapy, scar release, tissue and adhesion management, and instruction for home care. The objectives are to minimize the risk of capsular contracture, provide education on implant placement, and support optimal surgical results. Surgeries commonly associated with these services include:

- Breast Augmentation
- Breast Lift
- Breast Reduction
- Combination Procedures
- Gynecomastia Surgery

Facial Work Consent

This section authorizes hands-on post-operative care for the face, an area requiring specialized attention due to its complexity. Each session is tailored to your healing progression and may include lymphatic therapy, scar management, tissue and adhesion release, and instruction in self-care or use of small facial tools. The goals are to reduce the risk of adhesions, enhance mobility, and minimize bruising and swelling, thereby optimizing surgical results. The following procedures are typically associated with these techniques:

- Rhinoplasty
- Traditional Face Lift (Lower or Full)
- Deep Plane Facelift
- Platysmaplasty
- Submentoplasty
- Chin or Cheek Implants
- Eyebrow Lift

Liability Disclaimer

Lymphatic therapy and post-operative care services described herein are adjunct modalities intended to complement, but not replace, medical advice, diagnosis, or treatment provided by licensed healthcare professionals. These sessions are not a substitute for the care, instructions, or follow-up appointments required by your surgeon or physician. Any medical issues, complications, or concerns must be promptly communicated to and addressed by your primary surgeon or healthcare provider.

Patient Responsibilities

1. Provide complete and accurate medical information, including relevant surgical records and health history, to facilitate the development of an appropriate treatment plan.
2. Attend scheduled therapy sessions as recommended to support optimal recovery and healing.

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3. Follow guidance regarding hydration, nutrition, and any specific pre- or post-session instructions provided by your therapist.
4. Bring all necessary garments, compression accessories, or supplies to each session, and communicate any questions or concerns regarding their use or fit.
5. Promptly report any medical concerns, complications, or unusual symptoms to your surgeon or physician.

By signing below, I acknowledge that I have read, understood, and agree to the terms and conditions outlined in this consent form.