



Essential Edge

Comprehensive Micronutrient
Support for Health and Longevity[^]

PRACTITIONER EXCLUSIVE

Essential Multi Supplementation

Vitamins and minerals are key micronutrients required by the body for optimal health and longevity.[^] Essential Edge is a comprehensive vitamin, mineral, and herbal extract blend of bioavailable ingredients including Biofolate[®].

Research shows that deficiencies in certain vitamins and minerals are a major cause of health concerns.^{^1,2} A lack of essential micronutrients in the diet can hinder normal growth, repair, and maturation of vital organs and tissues, leading to problems down the road.^{^3}

Using Essential Edge is a convenient way to meet micronutrient needs on a daily basis.^{^9}

Clinical research cited herein suggests the benefits of Essential Edge supplementation may include:

- Supports cognitive function and mood[^]
- Provides antioxidants to help support oxidative stress[^]
- Supports vibrant, healthy skin[^]
- Supports energy production and vitality[^]
- Supports healthy immune function[^]
- Supports healthy gastrointestinal function[^]

How Essential Edge Works

Essential Edge takes your ordinary “multivitamin” supplement to the next level by using bioavailable forms of key micronutrients so your body can properly utilize them.[^] The vitamins and minerals included in the Essential Edge are of pharmaceutical grade quality for optimal health and longevity.[^]

Deficiencies in B vitamins and folate are common conditions that may be supported with a quality supplement.^{^5} Biofolate[®], a patented ingredient in Essential Edge, contains biologically active folate ensuring proper absorption essential for healthy cellular functions.[^]

The proprietary phytonutrient blend in Essential Edge features highly potent herbal extracts providing beneficial polyphenols and plant compounds rarely found in the diet. Phytonutrients play specific biological and pharmacological roles in supporting immune function.^{^6} Herbal extracts contain numerous bioavailable compounds that may have beneficial outcomes such as antioxidant and anti-inflammatory properties.^{^7,8}



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Why Use Essential Multi?

While eating a healthy and balanced diet is important to maintaining overall health, it is not always possible to obtain all of the critical micronutrients the body needs through food alone.^4 Supplementing with Essential Edge may help support micronutrient levels in the body and lower the chances of specific micronutrient deficiencies.^

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30/60

Ingredients:

| | Amount | %DV* |
|---|----------------------------------|--------|
| Vitamin A(50% as beta-carotene and as retinyl acetate) | 3000 mcg RAE | 333% |
| Vitamin C(as ascorbic acid and ascorbyl palmitate) | 120 mg | 133% |
| Vitamin D3(as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Vitamin E(as d-alpha tocopheryl succinate) | 67 mg | 447% |
| Vitamin K(as phytonadione) | 120 mcg | 100% |
| Thiamin(as thiamin mononitrate) | 25 mg | 2,083% |
| Riboflavin | 15 mg | 1,154% |
| Niacin (as niacinamide and niacin) | 50 mg NE | 313% |
| Vitamin B6(as pyridoxine HCl) | 25 mg | 1,471% |
| Folate (as calcium l-5-methyltetrahydrofolate) (Biofolate®) | 800 mcg DFE (480 mcg folic acid) | 200% |
| Vitamin B12(as methylcobalamin) | 200 mcg | 8,333% |
| Biotin | 500 mcg | 1,667% |
| Pantothenic Acid (as calcium-D-pantothenate) | 75 mg | 1,500% |
| Iodine(as potassium iodide) | 150 mcg | 100% |
| Magnesium(as magnesium citrate) | 40 mg | 10% |
| Zinc (as zinc citrate) | 15 mg | 136% |
| Selenium(as selenium aspartate) | 100 mcg | 182% |
| Copper(as cupric citrate) | 1 mg | 111% |
| Manganese(as manganese citrate) | 0.5 mg | 22% |
| Chromium(as chromium polynicotinate) | 200 mcg | 571% |
| Molybdenum(as molybdenum aspartate) | 50 mcg | 111% |
| Choline(as choline bitartrate) | 25 mg | 5% |
| Inositol | 25 mg | ** |
| Resveratrol(root; Polygonum cuspidatum) | 10 mg | ** |

Ingredients:

| | Amount | %DV* |
|---------------------------------|--------|------|
| Lycopene | 6 mg | ** |
| Lutein | 6 mg | ** |
| Zeaxanthin | 2 mg | ** |
| Proprietary Phytonutrient Blend | 400 mg | ** |

Artichoke Extract (leaf; *Cyanara scolymus*; standardized to 5% caffeic acid derivatives), Bitter Melon Extract (fruit; *Momordica charantia*), Blueberry Extract (fruit; *Vaccinium* spp.; standardized to 20% polyphenols, 15% anthocyanins), Cinnamon Extract (bark; *Cinnamomum cassia*), Citrus Extract (fruit; Citrus aurantium; standardized to 50% citrus bioflavonoids, 50% hesperidin), Grape Seed Extract (seed; *Vitis vinifera*; standardized to 95% polyphenols), Green Coffee Bean Extract (beans; *Coffea arabica*; standardized to 50% chlorogenic acid), Green Tea Extract (leaf; *Camellia sinensis*; standardized to 98% polyphenols, 75% catechins, and 45% EGCG), Heartwood Extract (wood/bark; *Acacia catechu*; standardized to 6% catechins), Prune Extract (fruit; *Prunus domestica*; standardized to 50% polyphenols), Pomegranate Extract (fruit; *Punica granatum*; standardized to 40% gallic acid equivalents), Rosemary Extract (leaf; *Rosmarinus officinalis*; standardized to 7.6% carnosol and carnosic acid), Watercress Extract (leaf/stem; *Nasturtium officinale*).

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, starch, dicalcium phosphate, vegetable magnesium stearate, silica.

Biofolate is a federally registered trademark of MTC Industries, Inc.

Directions: Take 3 capsules once daily with food or as directed by your healthcare practitioner.

Caution: *If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of reach of children.*

Warning: Do not use if pregnant or nursing. Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg RAE (10,000 IU) of preformed vitamin A (retinyl acetate) per day unless directed to do so by a healthcare practitioner.

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References:

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^These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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