



Preparation and Delivery of Between Meal Snacks Supplements



Key Points

- A large percentage of clients receive some type of between-meal supplements.
- Certified Dietary Managers have to be prepared to manage the preparation and service of these supplements as well as manage the burgeoning cost of supplements.



Resources

- Textbook Chapter 6
- ANFP Sample Policy Between Meal Feedings and Snacks
https://www.anfponline.org/docs/default-source/supplemental-textbook-material/fsm2015/chapter-6/between_meal_feedings_snacks.pdf
- Fairview Health Services High-Calorie, High-Protein Recipes
<http://www.fvfiles.com/520324.pdf>
- Chapter 6 PowerPoint presentation (YouTube)
<https://youtu.be/N8EyDlviHn8>
- Chapter 6 Lesson Review Questions

Additional Resources

Nutricopia Dietetic Services Policy and Procedure Manual

Labels and cost information from nourishments and supplemental feedings

Learning Objectives

- a) Identify clients who need nourishments or supplemental feeding
- b) Define schedules/needs for special food preparation/foodservice
- c) Monitor implementation of special foodservices
- d) Identify appropriate supplemental products
- e) Monitor cost of supplements
- f) Monitor the passing of nourishments and supplements
- g) Use a system to audit the passing of nourishments or supplement

Learning Activities

- 1) READ Chapter 6 _____
- 2) REVIEW the resources for Chapter 6. _____
- 3) COMPLETE Worksheet 6. _____

Assessment Activities – Submit to Online Dietitian Preceptor
(using correct format with all the required information – see assignment completion instructions)

- 1) SUBMIT Worksheet 6; it is 100% complete and correct. _____
- 2) COMPLETE and SUBMIT the online Lesson Review Quiz. _____

Refer to Assignment Completion Instructions for details on how to submit your work to your preceptor