

# **COVID-19 PROGRAM SAFETY GUIDELINES**



A Process to Follow When Running In-Person Programming



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We at Operation 36 HQ are following all COVID-19 related guidelines and practices issued by the CDC and W.H.O with respect to our employees. The purpose of this document is to help coaches in the Operation 36 Network apply the recommendations in a golf program environment as your facility returns back to normal program environments.

If you are going to continue running any in-person programs we highly recommend you follow your individual state or local guidelines, and emergency or executive orders with respect to COVID-19.

If your state or local governing body allows you to participate in any programming, you are voluntarily assuming all risks associated with in-person activities. We will continue to monitor the situation closely and provide updated information on this topic. If you have any other questions, don't hesitate to reach out to us directly.



## **ACADEMY CLASSES / SUPERVISED PRACTICE**

#### **SMALL GROUP COACHING**

- Social distancing of 6' or more at all times
  - No physical contact at all between participants and coaches
    - For example, no high fives and no fist bumps
    - Alternative Give "Air Fives" where you have 6' of distance between each other

#### Student Equipment

 Only the individual student can touch their own items such as water bottles, golf bag, tees, ball markers, clubs and golf balls.

#### Coach Equipment

- Only the Coach can touch the Coach's equipment
- Precautions need to be taken to eliminate any need for the students to touch the Coach's equipment.
- Do not touch your hands to your eyes, nose or mouth.



### Social distancing of 6' or more at all times

- No physical contact at all between participants and coaches
  - 1-person in golf cart
  - Use of Modeling vs Moving teaching delivery
    - Watch me and "Copy Me"
  - Transition to larger device to keep 6' distance
    - iPhone to iPad

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#### Coach Equipment

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- Do not touch your hands to your eyes, nose or mouth.



# 9-HOLE EVENTS

- Social distancing of 6' or more at all times
  - Format Tee Times
    - Tee times limits the number of people in 1 space at a time.
      This includes the practice facility and golf course during a 9-hole event.
  - Format 2 somes or 3 somes
    - If possible, limit your groups to 2-3 players versus the normal
      4-somes.
  - Registration/Scoring Table
    - One person to the table at a time to check in and score
  - During Play
    - Continuous putting to limit number of players around the hole



## **Protect Yourself and Others**

#### **Know How it Spreads**

- No vaccine currently to prevent it
- Virus is spread from person to person who are in close contact (within about 6 feet)

#### Takes steps to protect yourself

- Advise all students to wash their hands prior to arriving to the golf course
- Advise all students to use hand sanitizer (that contains at least 60% alcohol) in the car when they return from the golf course. If they cannot, wash hands immediately upon arriving home.
- Do not touch your eyes, nose or mouth with unwashed hands.



Avoid many people



Wear a surgical mask if you are sick



Cover coughs and sneezes



Stay home if you're sick



Wash your hands often



Use alcohol-based hand sanitizer



Avoid touching your face with unwashed hands



Clean and disinfect