

June 2021

Oregon Christian
Convention 6/22-6/27

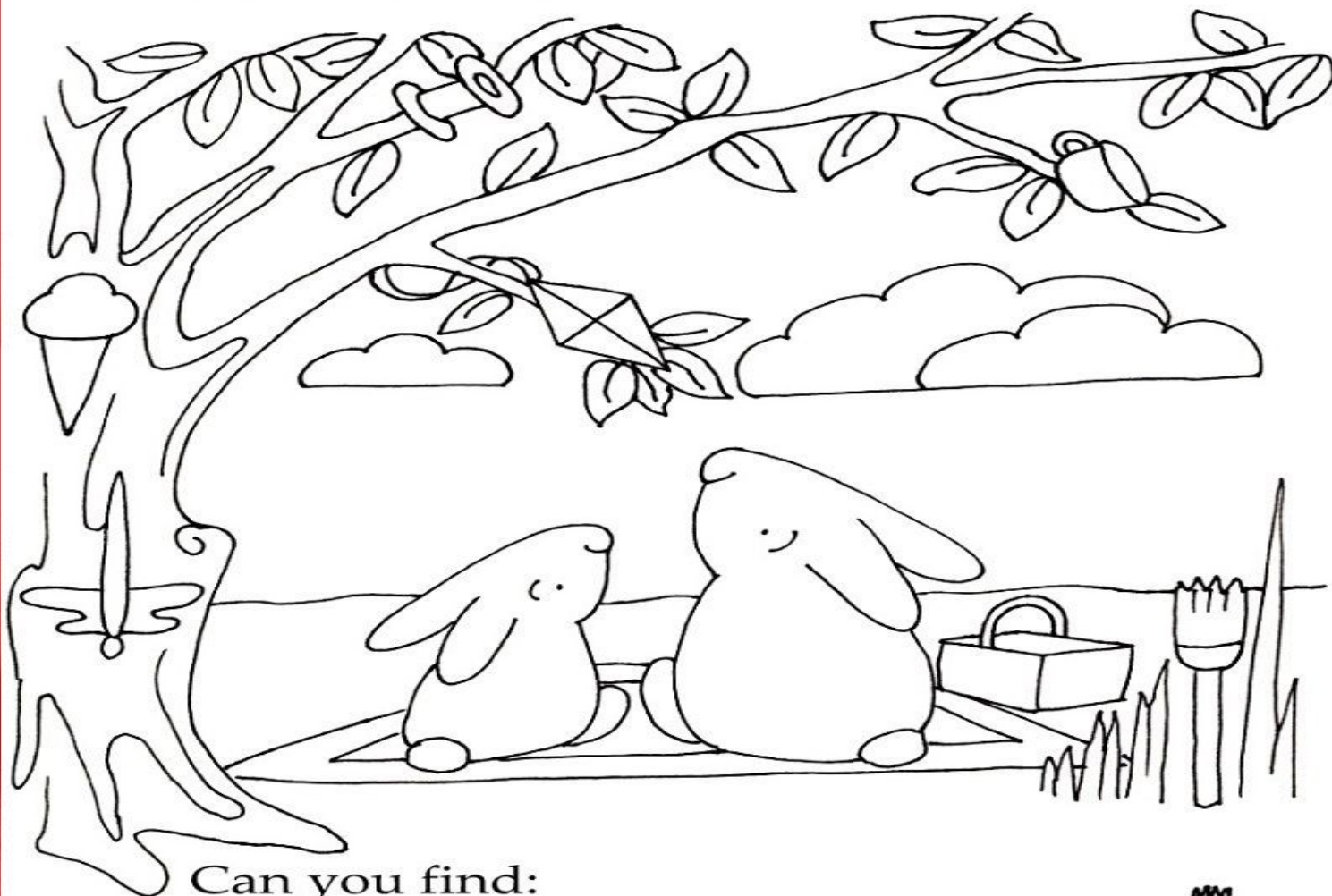
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10 AM TBA 3 PM Stretch and Breathe in Sickafoose	2 10 AM TBA 3 PM BINGO in Sickafoose	3 REIMBERSEMENT DAY 10 AM TBA 2-4 PM Crafty Club in Sickafoose	4 NATIONAL DONUT DAY 9:30 AM Shopping, WINCO 3 PM GAMES! (in Sickafoose)	5 CONSTITUTION DAY
6 10:45 AM Worship at TCC, meet at 10 AM for the bus.	7 NATIONAL CHOCOLATE ICE CREAM DAY 10 AM Card games in Sickafoose	8 10 AM Chapel 3 PM Stretch and Breathe in Sickafoose	9 10 AM Bible Study 3 PM BINGO in Sickafoose	10 10 AM Chapel 2-4 PM Crafty Club in Sickafoose	11 9:30 AM Shopping, BiMart/Roths 3 PM GAMES! (In Sickafoose)	12
13 10:45 AM Worship at TCC, meet at 10 AM for the bus.	14 FLAG DAY 10 AM Card games in Sickafoose	15 10 AM Chapel 3 PM Stretch and Breathe in Sickafoose	16 10 AM Bible Study 3 PM BINGO in Sickafoose	17 10 AM Chapel 2-4 PM Crafty Club in Sickafoose	18 NATIONAL GO FISHING DAY 9:30 AM Shopping, WINCO 3 PM GAMES! (In Sickafoose)	19
20 HAPPY FATHER'S DAY 10:45 AM Worship at TCC, meet at 10 AM for the bus.	21 SUMMER SOLSTICE 10 AM Card games in Sickafoose	22 10 AM Chapel 3 PM Stretch and Breathe in Sickafoose	23 10 AM Bible Study 3 PM BINGO, Sickafoose	24 10 AM Chapel 2-4 PM Crafty Club, Sickafoose	25 NO SHOPPING TODAY 3 PM GAMES! (in Sickafoose)	26
Northwest Christian Convention June 22-27 Load bus daily at 8:40 am and 6:40 pm						
27 Worship at Convention 10:30 am Load bus at 10 am	28 10 AM CARD games in Sickafoose	29 10 AM Chapel 3 PM Stretch and Breathe in Sickafoose	30 10 AM Bible Study 3 PM BINGO in Sickafoose	Psalm 46:10 He says, " Be still, and know that I am God."		

HAPPY BIRTHDAY!



HAPPY ANNIVERSARY!

Summer Seek and Find



Can you find:



an ice cream cone, a dragonfly, a kite, a teacup, a spool and a paint brush?

TURN of EVENTS

IT'S TIME FOR THE **169TH NORTHWEST CHRISTIAN CONVENTION,**
JUNE 22-27.

Basic Daily Schedule: 7-8:45 AM Breakfast, 9 AM Worship and Word, 10:20-10:45-break, 10:45-NOON Workshop, Noon-Lunch, Afternoon activities/ Targeted Workshops/Special Events/OCC Business Meeting 5 PM-Dinner, 7 PM-Evening Session.

The bus will load daily for RCF and independent residents at 8:40 am for morning session, and return at noon. Then run at 6:40 pm for the evening session. Residents are to meet at the Care Station loading zone.



"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. 3 Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart." Hebrews 12:1-3



GET OUTSIDE MORE!!!!

As reported by Friday Health Plans in their blog on May 5, going outside is good for you, because.....

- 1) It boosts Vitamin D levels
- 2) Stress goes down
- 3) You will feel more balanced as the sun helps regulate certain hormones
- 4) Your creative thoughts will thrive
- 5) You will get into shape and live longer

