



it's
Fall
y'all

**Calling All Veterans!
We Want You!**

We are planning something special for our Veterans here at Turner Homes.

If you are a Veteran please contact the office. We would like to make sure you are honored on Veteran's Day.

Time marches on, but on the night of OCTOBER 31st, before going to bed, remember to set your clocks BACK one hour Daylight Savings Time comes to an end.

Turner Times

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The Key to Change is A Strong Foundation

I don't know about you, but I tend to like predictability. I like knowing certain things are going to happen, and it's even better if it's at the same time, every time. Knowing that Monday comes after Sunday every week makes me happy. (Notice though I didn't say Monday makes me happy!) But there's a predictability in the days of the week, and the months of the year. I like knowing that on certain days of the week I'm responsible for getting my grandson to school. I don't really care for late-start Wednesdays, though, because that throws off my schedule. They don't happen consistently enough. I like knowing my daily work schedule, and my job duties are usually consistent, so I know what I'll do that day. I like knowing that Thursdays are the days I make sure the garbage can is at the street. It's safe to say I like routine. Throw something different in, and it can throw me out of my comfort zone for a bit, but I can adapt.

I guess when it comes down to it, I really don't like most change. Yet here we are, just living our best lives and life is full of change. So, I've learned to accept that change is a part of life, as I'm sure we all have. The birth of a baby brings change to the family. Having a child start school brings change, and then when they reach college and move out of the home, you become an empty nester, and with that change, life can shift. A new job can bring change, along with sometimes relocating, and that together can be a big change which also can be exciting.

When you retire from a day-to-day job, you have a whole new way of life that can bring welcome changes. As we age, our health can change, and that can bring new ways we have to cope with a different lifestyle. The death of a loved one can bring change to all parts of your life. All these are big changes!

But in everyday life, sometimes it's the little changes that affect us. Time will change back to standard time on October 31st; that's the night of Halloween. Remember to change your clocks back an hour. We are quickly on our way to fall and then winter, so the weather is changing. It's time to take out the fall jackets and raincoats again. Maybe in your household that means switching to activities that keep you inside instead of outside. With all the changes we face wouldn't it be nice if some things just stayed the same? There is one! It's a BIG one!

I'm so glad the foundation of my life doesn't change! When God spoke to Moses, he said, "I am Who I Am." I believe that. He is the eternal presence and ultimate authority. Hebrews 13:8 says, "Jesus Christ is the same yesterday, and today, and forever." I believe that too! And last, but not least, James 1:17 says, "Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like the shifting shadows." Who does not change! With all the changes that happen in my life and in today's world, it's nice to know that I can put my trust in the Lord and rest in His Word. ~Cindy Brammer

Make your own "Autumn Simmer Pot" to make your home smell warm and cozy

Take one small pot or a crock pot if you have one.
Add a combination of any of the following:

- Apple Slices and/or Orange Slices**
- Cinnamon Sticks (or powdered cinnamon)**
- Whole Cloves (or powdered cloves)**
- A splash of extract - Almond, Peppermint, or Vanilla**
- Small pine branch tips or pine needles**

Add a combination of any of the above items to a small pot or crock pot and add water to cover. Place the pot on a very low simmer on the stove and let it sit. (Or plug in your crockpot.) Soon your whole house will have a lovely scent. Remember to check your pot so it doesn't run out of water!

October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			"Hear me, you who know what is right, you people who have taken my instruction to heart: Do not fear the reproach of mere mortals or be terrified by their insults. For the moth will eat them up like a garment; the worm will devour them like wool. But my righteousness will last forever, my salvation through all generations." Isaiah 51:7-8	1 10 am Puzzles	2	3
4	5	6 10 am Knit & Sew 1 pm Woodcarving	7 10 am Bible Study 12:45 PM BINGO!	8 10 am Puzzles Open Table RSVP by Today!	9	10
11	12 HAPPY COLUMBUS DAY	13 10 am Knit & Sew 1 pm Woodcarving	14 10 am Bible Study 12:45 PM BINGO!	15 10 am Puzzles Open Table 11:20 am - 1 pm	16	17
18	19	20 10 am Knit & Sew 1 pm Woodcarving	21 10 am Bible Study 12:45 PM BINGO!	22 10 am Puzzles	23	24
25	26	27 10 am Knit & Sew 1 pm Woodcarving	28 10 am Bible Study 12:45 PM BINGO!	29 10 am Puzzles	30	31 Happy Halloween



October

Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty."
John 6:35



Monday Tuesday Wednesday Thursday Friday

Please RSVP before 9 am if you plan to come for a meal
503-743-4253

Soup, Salad & Dessert Served Every Day!

Please RSVP before 9 am if you plan to come for a meal 503-743-4253				1 Meatballs in Brown Gravy Mashed Potatoes Vegetable	2 Grilled Cheese & Tomato Soup
5 Shrimp Scampi Garlic Bread Vegetable	6 Chicken Broccoli Rice Casserole Vegetable	7 Chicken Enchiladas Mexican Rice	8 OPEN TABLE RSVP Kielbasa Roasted Potatoes Sauerkraut Vegetable	9 BLT Chips	
12 Sloppy Joes Baked Beans Vegetable	13 Pancakes Scrambled Eggs Bacon	14 Hamburger French Fry Vegetable	15 OPEN TABLE Roasted Chicken Thighs, Stuffing, Gravy Vegetable	16 Egg Salad Sandwich Chips	
19 Spaghetti Garlic Bread Vegetable	20 Stroganoff Egg Noodles Vegetable	21 Shepherds Pie Vegetable	22 Chicken Stir Fry White Rice Egg Roll	23 Hot Roast Beef & Cheddar on a Bun Fries	
26 Tacos Refried Beans	27 Sweet & Sour Pork Rice Vegetable	28 Chicken Alfredo Garlic Bread Vegetable	29 Pizza Vegetable	30 Tuna Melt Chips	