



The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. In fact, an evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned.

\$29.95 Class Cost

**The South Salem Senior Center is hosting  
AARP Driver Safety classes  
Tuesday, October 14<sup>th</sup> at 9:15 AM  
Tuesday, November 11<sup>th</sup> at 9:15 AM  
and Tuesday, December 9<sup>th</sup> at 9:15 AM.  
To register for one of the classes  
call 503-588-0748**

# Apple Trivia Quiz



1. Apple trees can live to be how old and still produce apples?  
a. 30 years    b. 100 years    c. over 200 years
2. The liquid made from freshly pressed apples is called:  
a. apple juice    b. apple cider    c. apple water
3. How many acres of Wisconsin are apple orchards?  
a. 1,500 acres    b. 5,000 acres    c. 7,400 acres
4. How many varieties of apples are grown throughout the world?  
a. 5500    b. 7500    c. 9500
5. How many calories are in one apple?  
a. 80    b. 120 calories    c. none
6. Apple trees begin to bear fruit at what age?  
a. right away    b. 2 years    c. 3 years
7. Apples should be stored where to keep them freshest?  
a. in the freezer    b. in the refrigerator    c. on the table
8. How many varieties of apples are grown in the United States.  
a. 2500    b. 3500    c. 4500
9. Apples are the second most valuable fruit grown in the United States. Which fruit comes first?  
a. Apricots    b. Bananas    c. Oranges
10. Which city is sometimes called the Big Apple?  
a. New York    b. Chicago    c. London
11. Pruning his apple trees was one of George Washington's hobbies.  
a. True    b. False
12. How many apples does it take to make 1 gallon of cider  
a. 12-20    b. 36-42    c. 52-68
13. Which apple variety is native to North America?  
a. Crab    b. Granny Smith    c. Gala
14. Apples are a member of the rose family.  
a. True    b. False

Answers: 1-c; 2-b; 3-c; 4-b; 5-a; 6-c; 7-b; 8-a; 9-c; 10-a; 11-a; 12-b; 13-a; 14-a)



For a limited time only, we're lowering our housekeeping rates to welcome NEW CUSTOMERS to Tidy Time Housekeeping! Roni, your housekeeper, will come in and clean your home for \$30 per hour for the first three months. (Regular charges are \$37.50 per hour.) This includes cleaning and disinfecting your bathroom; tub, sink and toilet, vacuuming and mopping floors, dusting surfaces, wiping down appliances and kitchen surfaces, including cleaning the microwave. She will even change the bed if you have clean sheets available for her. You decide if you want her to come once a week, every other week, or only once a month. To take advantage of this special contact the office by calling 503-743-2490. Offer ends 9/30/2025

# Turner Times

## A Publication of Turner Homes

September

2025



Sometimes the hardest personal decisions we have to make affect our independence. We all love our independence, but aging changes us, and over time aging can impact our capabilities. So let's face it, losing our independence is the last thing we want to do, but in some cases, giving up our independence when it comes to driving is the right thing to do.

You may have been driving for years without incident, but as you age many things influence your driving abilities. Your vision may be changing, or your fitness ability may have changed, and both of those can affect your reaction times when driving. Certain medications can make you drowsy. If you are driving in an area you are unfamiliar with, you may become confused or anxious. Sometimes having to drive at highway speeds may make you nervous, and driving in traffic may also be a challenge. If any of these things have made you feel unsafe on the road, it may be time to take a hard look on whether that independence is worth your safety, or the safety of others.

Here are some check points to consider when assessing your skills on driving safely:

- Do you have trouble turning to look back over your shoulder?
- Do you have trouble quickly moving your foot from the gas pedal to the brake?
- Have you recently fallen down and injured yourself?
- Can you raise both arms above your shoulders?
- Do you have any pain in your legs or knees when walking up or down a flight of stairs?

- Do you ever feel overwhelmed in traffic by all the cars, signs and stoplights that you have to pay attention to all at once?
- Are gaps in traffic harder to judge making it more difficult to pull out in traffic?
- Are you confident that you can handle the demands of high speed traffic?
- Are you slow to recognize cars coming out of side streets and driveways?
- Do you experience more discomfort at night from the glare of oncoming headlights?
- Do you avoid driving at night?

If you answered yes to any of these points above it might be time to face the hard truth that you just shouldn't be behind the wheel. Remember, your mobility affects your driving ability. The last thing you want to do is ignore the fact that these changes have any affect on your driving. Self awareness is the key! Yes, I know it's not an easy decision, but it's one you need to take seriously because when you put yourself behind the wheel on the road with others, you have other's lives to consider besides your own.













People who can accurately assess their ability to drive safely limit the risks to themselves and others on the road. But it can be hard to recognize this in ourselves. Especially when it comes to our independence and driving. If a family member or friend has ridden with you in the car and has expressed concern about your driving, or if you have been pulled over by an officer for your poor driving behavior, it's time to stop and take notice. Also, if you have had near misses, or have had accidents in the last three years, it's time to consider the facts to avoid a more serious outcome.

I have put information on the back page for the AARP Drivers Safety Course that is available to take at the South Salem Senior Center. It's a great opportunity to take as a refresher course, and possibly lower your insurance rates.

**Remember, Drive Safe to Stay Safe!**





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bible Study will be taking a break This month! It will resume in October.	<b>1</b> LABOR DAY OFFICE CLOSED	<b>2</b> 1 pm—Knit & Sew	<b>3</b> 1 PM—BINGO! 	<b>4</b> 10:30 AM—  Puzzles	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> 1 PM—WII Bowling 	<b>9</b>	<b>10</b> 1 PM—BINGO! 	<b>11</b> 10:30 AM—  Puzzles	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> 1 PM—WII Bowling 	<b>16</b>	<b>17</b> 1 PM—BINGO! 	<b>18</b> 10:30 AM—  Puzzles	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> 1 PM—WII Bowling 	<b>23</b>	<b>24</b> 1 PM—BINGO! 	<b>25</b> 10:30 AM—  Puzzles	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> 1 PM—WII Bowling 	<b>30</b>	Like an apple tree among the trees of the forest is my beloved among the young men. I delight to sit in his shade, and his fruit is sweet to my taste.  Song of Songs 2:3			



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Soup is back on the menu starting September 15th	<b>1</b> HOLIDAY/ CAFÉ CLOSED	<b>2</b> Salad Bar Grilled Shrimp Rice Pilaf Vegetable	<b>3</b> Salad Bar Pork & Beans Carrots Cornbread	<b>4</b> Salad Bar Corned Beef Hash Scrambled Eggs Toast	<b>5</b> Salad Bar Turkey Sandwich Chips	<b>6</b>
<b>7</b>	<b>8</b> Salad Bar Roasted Kielbasa & Potatoes with Green Beans	<b>9</b> Birthday Celebration! Salad Bar Ham, Mashed Potatoes Vegetable 	<b>10</b> Salad Bar Shepherd's Pie Biscuits	<b>11</b> Salad Bar Honey Mustard Chicken, Sweet Potatoes & Vegetable	<b>12</b> Salad Bar American Sub Sandwich, Chips & Milkshakes	<b>13</b>
<b>14</b>	<b>15</b> Soup Salad Bar Cheeseburger Tater Tots Vegetable	<b>16</b> Soup Salad Bar Chicken Enchiladas Rice & Beans	<b>17</b> Soup Salad Bar Pizza 	<b>18</b> Soup Salad Bar KFC Bowl (Mashed Potato, Chicken, Corn, Gravy)	<b>19</b> Soup Salad Bar Grilled Cheese Sandwich	<b>20</b>
<b>21</b>	<b>22</b> Soup Salad Bar Chicken Chop Suey Crunchy Noodles Fried Rice	<b>23</b> Soup Salad Bar Beef Stew w/ Potatoes, Carrots, & Peas; Roll	<b>24</b> Soup Salad Bar Chili Rellenos Casserole Mexican Rice Corn Bread	<b>25</b> Soup Salad Bar Chicken Alfredo Broccoli	<b>26</b> Soup Salad Bar Tuna Melt French Fries	<b>27</b>
<b>28</b>	<b>29</b> Soup Salad Bar Chicken Cordon Bleu Mashed Potatoes Peas	<b>30</b> Soup Salad Bar Spaghetti Garlic Bread Vegetable				